



# 2026 MRA RACE CALENDAR

June 9, 2026

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Jan 18	<b>13th Annual Frost Bite River Run 5 Mile and 5k</b> Riverview Community Centre, Winnipeg, MB 10:00 am Dennis Cunningham: frostbiteriverrun@outlook.com 204-452-9944
Mar 15	<b>14th Annual The People's St Paddy's Day Run 5k, 5 Mile &amp; Kids' Run</b> Lord Roberts Community Centre, Winnipeg, MB 9:15 am Guy Madill: 204-698-6218; guysmadi@mymts.net
Apr 4	<b>Patrick Riddell April Run Series #1 2k &amp; 5k</b> <i>Classic Series-5k; Youth Series 2k or 5k</i> Assiniboine Park Pavilion, Winnipeg 8:30 am Rick Champagne: aprilrunseries@gmail.com; 204-293-5255
Apr 12	<b>Patrick Riddell April Run Series #2 2k, 5k &amp; 10k</b> <i>Classic Series-10k; Youth Series-2k or 5k</i> Assiniboine Park Pavilion, Winnipeg 8:30 am Rick Champagne: aprilrunseries@gmail.com; 204-293-5255
Apr 13	<b>MRA Annual General Meeting</b> <b>Virtual 7:30 p.m.</b> MRA office: 204-477-5185; office@mraweb.ca All 2026 members welcome!
Apr 19	<b>Patrick Riddell April Run Series #3 2k, 5k &amp; 15k</b> <i>Classic Series-15k; Youth Series-2k or 5k</i> Assiniboine Park Pavilion, Winnipeg 8:30 am Rick Champagne: aprilrunseries@gmail.com; 204-293-5255
Apr 25	<b>Go for the Burn 10k, 5k &amp; 3k</b> <i>Classic Series-5k; Youth Series-3k or 5k</i> Assiniboine Park, Winnipeg 9:00 am Hon Ha O'Donovan: 204-688-0336; honha@mamingwey.ca
Apr 27	<b>2026 MRA Hall of Fame Banquet</b> <b>Presented by Birchwood Automotive Group</b> <i>Exhibitors' tables, 50/50 Draw, Plated Dinner, Bar and the Induction Ceremony!</i> Centro Caboto Centre, 1055 Wilkes Avenue, Wpg 4:30 pm Contact: 204-477-5185; office@mraweb.ca
May 3	<b>Foodfare WPS Half Marathon, 5k &amp; 2-Person Relay</b> <i>Classic Series—Half Marathon</i> Assiniboine Park, Winnipeg 8:00 am Contact: questions@wpshalfmarathon.ca
May 9	<b>34th Annual Physio Fit Run 10k, 5k, 3k &amp; 1k Kid's Run</b> <i>Classic Series-10k; Youth Series-1k, 3k or 5k</i> Assiniboine Park, Winnipeg 8:00 am Stephanie Roberecki: info@physiofitrun.ca
May 9	<b>Lockport River's Edge Run/Walk for HD</b> <b>30k, Half Marathon, 10k &amp; 5k</b> Skinner's Restaurant, Lockport, MB 8:00 am Vern Barrett: 204-294-7729; barrett.vern@gmail.com
May 9	<b>Stride Together: Run/Walk for TCE 5k &amp; 10k</b> (formerly Run & Walk to Remember) Altona Centennial Park, Altona, MB 9:00 am Susie Fisher: 204-216-1577; Susie@tcealtona.ca
May 23	<b>Suffer on Centennial Provincial Trail</b> <b>Championship 100k, 100k Relay, 50k, 25k &amp; 8k</b> Falcon Lake, Whiteshell Provincial Park, MB 6:00 am Kristian Andres: trailsoftoba@gmail.com
May 23	<b>Run HFD 5k &amp; 3k</b> <i>Classic Series-5k</i> Headingley Fire Hall, Headingley, MB 9:00 am Josh Mulvenna: headingleyrun@gmail.com
May 23	<b>Knox Your Sox Off! 5k &amp; 2k</b> Selkirk Park, Selkirk, MB 11:00 am Candyce Aisman: 204-785-0692; candyceaisman@gmail.com
May 24	<b>Ste Anne Rock &amp; Run 1k, 5k &amp; 10k</b> <i>Youth Series-1k or 5k</i> Redemptoriste Park, Ste Anne, MB 8:00 am Vanessa or Jessica: steannerockandr@gmail.com
May 24	<b>Springfield Spring Run 1k, 2.5k &amp; 5k</b> Dugald Community Club, Dugald, MB 8:30 am Holly Masters: springfieldspringrun@gmail.com
May 24	<b>Manitoba RCMP Family 3k Walk/Run &amp; 10k Individual Run</b> Hosted by the RCMP Foundation Assiniboine Park, Winnipeg 10:00 am James Follette: 204-890-4356; james.follette@rcmp-grc.gc.ca

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Jun 6	<b>Winnipeg Pride Run 5k &amp; 3k</b> The Forks, Winnipeg 9:00 am Sylvie Ong: winnipegfrontrunners@gmail.com
Jun 7	<b>Run Niverville 3k, 5k &amp; 10k</b> <i>Youth Series-3k or 5k</i> Hespeler Park, Niverville, MB 8:00 am Melanie or Rachel: runnivervillemb@gmail.com
Jun 7	<b>Duck &amp; Run Oak Hammock Marsh 1k &amp; 5k</b> Oak Hammock Marsh, MB 10:00 am Eli Ouimet: 204-995-2843; e_ouimet@ducks.ca
Jun 14	<b>Run 4 Your Cause</b> <b>5k, 10k, 15k, 20k, 25k, 30k, 35k, 40k, 45k, 50k, 55k, 60k, 65k, 70k, 75k, 80k, 85k, 90k, 95k, 100k</b> <i>Classic Series-5k; Youth Series-3.3k or 5k</i> CMU Marpeck Commons, Winnipeg, MB 9:00 am Derek Boutang: run4yourcause@gmail.com
Jun 20	<b>Course Pepere Gerry Run 5k, 10k &amp; Half Marathon</b> Centre Hylife Centre, La Broquerie, MB 9:00 am Rob: 204-259-2859; rtetrault@cgf.com
Jun 21	<b>Manitoba Marathon, Half Marathon, Marathon Relay, 10k &amp; 5k Super Run</b> <i>Classic Series-Full Marathon</i> University of Manitoba, Winnipeg, MB 7:00 am Sarah: 204-415-4517; running@manitobamarathon.mb.ca
Jun 28	<b>Tough Track Mile U14 600m, Mile, 2 Mile, 3 Mile, 4 Mile, 5 Mile, 6 Mile, 7 Mile, 8 Mile, 9 Mile, 10 Mile, 11 Mile, 12 Mile, 13 Mile, 14 Mile, 15 Mile, 16 Mile, 17 Mile, 18 Mile, 19 Mile, 20 Mile, 21 Mile, 22 Mile, 23 Mile, 24 Mile, 25 Mile, 26 Mile, 27 Mile, 28 Mile, 29 Mile, 30 Mile, 31 Mile, 32 Mile, 33 Mile, 34 Mile, 35 Mile, 36 Mile, 37 Mile, 38 Mile, 39 Mile, 40 Mile, 41 Mile, 42 Mile, 43 Mile, 44 Mile, 45 Mile, 46 Mile, 47 Mile, 48 Mile, 49 Mile, 50 Mile, 51 Mile, 52 Mile, 53 Mile, 54 Mile, 55 Mile, 56 Mile, 57 Mile, 58 Mile, 59 Mile, 60 Mile, 61 Mile, 62 Mile, 63 Mile, 64 Mile, 65 Mile, 66 Mile, 67 Mile, 68 Mile, 69 Mile, 70 Mile, 71 Mile, 72 Mile, 73 Mile, 74 Mile, 75 Mile, 76 Mile, 77 Mile, 78 Mile, 79 Mile, 80 Mile, 81 Mile, 82 Mile, 83 Mile, 84 Mile, 85 Mile, 86 Mile, 87 Mile, 88 Mile, 89 Mile, 90 Mile, 91 Mile, 92 Mile, 93 Mile, 94 Mile, 95 Mile, 96 Mile, 97 Mile, 98 Mile, 99 Mile, 100 Mile</b> <i>Youth Series-1 mile or 5k</i> Scurfield Park, Winnipeg 8:30 am Andy Tough: 204-963-2502; toughtrack11@shaw.ca
Jul 8	<b>MRA/John Wichers Family Ice Cream Run #1</b> <i>Youth Series-1k or 2k</i> Crescent Drive Park Picnic Shelter, Winnipeg 7:00 pm MRA Office: 204-477-5185; office@mraweb.ca
Jul 12	<b>CMV Canada Half Marathon, 10k &amp; 5k</b> Whittier Park, Winnipeg 7:00 am Rob Tetrault: 204-259-2850; unfo@cmvcanada.com
Jul 15	<b>MRA/John Wichers Family Ice Cream Run #2</b> <i>Youth Series-1k or 2k</i> Hespeler Park, Niverville, MB 7:00 pm MRA Office: 204-477-5185; office@mraweb.ca
Jul 18	<b>Flying Acorn Trail Run 5k, 10k &amp; Half Marathon</b> Squirrel Hills Trail Park, Minnedosa, MB 7:30 am Dave: dave@singletrackcomms.com; Ryan: ryan.lamont@rylam.com
Jul 19	<b>Stonewall Quarry Run 10k, 5k &amp; 2k</b> <i>Classic Series-10k; Youth Series-2k (trail) or 5k</i> Stonewall Quarry Park, Stonewall, MB 9:00 am, Dwayne Olson: prairietiming@gmail.com
Jul 19	<b>Clearwater Lake Half Marathon, 10k, 5k, 3k &amp; 1k</b> Airport Hall, Clearwater Lake, The Pas, MB 8:30 am Michael O'Rourke: 204-623-0288; michaelorourke@mymts.net
Jul 22	<b>MRA/John Wichers Family Ice Cream Run #3</b> <i>Youth Series-1k or 2k</i> Park City West CC/Transcona Trail, Winnipeg 7:00 pm MRA Office: 204-477-5185; office@mraweb.ca
Jul 25	<b>Joy in Action Series Event #1 8k</b> Steinbach Soccer Park, Steinbach, MB 8:30 am Natasha Smith: 403-260-0000; natasha@joysmithfoundation.com

There are 21 races in the MRA Classic Race Series. MRA members 17+ must run 5 races to qualify for an MRA Classic Series award, with your best 10 races to count.

There are 24 races in the MRA Youth Race Series. MRA members 16 and under must run 3 of these races to qualify for Youth Series awards, with your best 10 races to count.

Age for both Series is determined as of January 1st, 2026.



This symbol indicates a course that has been measured and certified by Athletics Canada

**Manitoba Runners' Association**  
Box 34148 Fort Richmond  
Winnipeg, MB R3T 5T5  
(204) 477-5185  
Email: office@mraweb.ca  
Website: www.mraweb.ca

AUGUST

- Aug 2** **Islandingadagurinn Road Race 10 mile 🇨🇦 (58th), 5k 🇨🇦 (8th) & Jan's 1 Mile Family Fun Run (35th)**  
*Classic Series-10 mile; Youth Series-1 mile or 5k*  
10 Mile: Winnipeg Beach to Gimli, MB 8:00 am  
5k & 1 Mile: Gimli Park Pavilion Gimli, MB 8:00 am  
Brett Lamoureux: ifmrunning@gmail.com
- Aug 5** **MRA/John Wichers Family Ice Cream Run #4**  
*Youth Series-1k or 2k*  
Morden Park, 13th Street, Morden, MB 7:00 pm  
MRA Office: 204-477-5185; office@mraweb.ca
- Aug 8** **Joy in Action Series Event #2 5k**  
Brandon Riverbank Discovery Centre, Brandon, MB 8:30 am  
Natasha Smith: 431-260-0000; natasha@joysmithfoundation.com
- Aug 12** **MRA/John Wichers Family Ice Cream Run #5**  
*Youth Series-1k or 2k*  
Grant's Old Mill, Sturgeon Creek Parkway, Wpg 7:00 pm  
MRA Office: 204-477-5185; office@mraweb.ca
- Aug 15** **Grand Beach Sun Run 3k, 5k 🇨🇦 & 10k 🇨🇦**  
*Classic Series-10k; Youth Series-3k or 5k*  
Grand Beach Provincial Park, Grand Marais, MB 8:30 am  
Michelle Kusano: GBSunrun@gmail.com
- Aug 22** **Abas Auto Stony Mountain Run 2.5k, 5k 🇨🇦 & 10k 🇨🇦**  
*Classic Series-5k; Youth Series 2.5k or 5k*  
Centennial Park Bison Bandstand, Stony Mountain, MB 9:00 am  
Tony Hoess: thoess2@gmail.com; 204-825-7881
- Aug 22** **Joy in Action Event #3 7k**  
Selkirk Park, Selkirk, MB 8:30 am  
Natasha Smith: 431-260-0000; natasha@joysmithfoundation.com
- Aug 26** **MRA/John Wichers Family Ice Cream Run #6**  
*Youth Series-1k or 2k*  
Bunn's Creek Centennial Park 7:00 pm  
MRA Office: 204-477-5185; office@mraweb.ca

SEPTEMBER

- Sep 2** **TRACKtastic!**  
Victor Mager Track, Winnipeg 5:30 pm  
MRA Office: 204-477-5185; office@mraweb.ca
- Sep 5** **Superhero Run 5k & 10k**  
Assiniboine Park, Winnipeg 8:00 am  
Marco Suzio: 204-996-0371; madoxswarriors@gmail.com
- Sep 12** **Run Sage Creek 1k, 3k, 5k 🇨🇦 & 10k 🇨🇦**  
*Classic Series-5k; Youth Series-1k, 3k or 5k*  
Parc Ron Duhamel Park, Winnipeg, MB 8:30 am  
Jessica Drakul: runsagecreek@gmail.com
- Sep 12** **Southport RUNway 10k, 5k & Kids' Run**  
Southport Aerospace, Southport, MB 8:00 am  
Nate Coates: ncoates@southport.ca; 204-871-0173
- Sep 13** **Winnipeg 10&10 10 Mile 🇨🇦, 10k 🇨🇦 & 5k 🇨🇦**  
*Classic Series-10 Mile*  
MB Legislative Buildings 7:30 am  
Sarah: 204-415-4517; running@manitobamarathon.mb.ca
- Sep 19** **Kleefeld Honey Run 5k 🇨🇦 & 1k 🇨🇦**  
*Classic Series-5k; Youth Series-1k or 5k*  
Kleefeld Park, Kleefeld, MB 9:00 am  
Veronica English: kleefeldhoneyrun@gmail.com; 204-899-4558
- Sep 19** **MASRC Run for Indigenous Women & Girls 5k, Relay & 2k**  
*Youth Series-2k or 5k; Indigenous Run Series*  
St Vital Park, Winnipeg 9:00 am  
Avery Bighetty: avery.bighetty@masrc.com
- Sep 19** **Paul Wawryko Memorial Run 2k & 5k**  
Wellington Crescent, Winnipeg 6:00 pm  
Kelsey Jones: pwwmemorialrun@gmail.com
- Sep 20** **Riding Mountain Half Marathon, 10k & 5k**  
Riding Mountain National Park  
Wasagaming Townsite (Clear Lake), MB 9:00am  
Luke Love: rmhalfmarathon@gmail.com
- Sep 20** **Treherne Run for the Hills**  
**Full 🇨🇦 & Half 🇨🇦 Marathon, 10k, 5k & 1 Mile**  
*Classic Series-Full Marathon*  
Treherne Arena, Treherne, MB 9:00 am  
Laura or Rebecca: trehernerun@gmail.com
- Sep 20** **Treherne Pinker-TEN Trail Race 10k & 10 Mile**  
Treherne Arena, Treherne, MB 9:00 am  
Laura or Rebecca: trehernerun@gmail.com

SEPTEMBER

- Sep 26** **Reconciliation Run Half Marathon**  
*Indigenous Run Series*  
Former Birtle Residential School Ruins, Birtle, MB 9:00 am  
Trechelle Bunn: trechellebunn@reconciliationrun.ca; 431-360-2855
- Sep 26** **Roblin Park Fall Festival 1k, 5k & 10k**  
*Youth Series-1k or 5k*  
Roblin Park Community Centre, Winnipeg 10:00 am  
Heidi Ouellette: 204-223-9939; heidi.ouellette@gmail.com
- Sep 26** **Cousins Memorial Run 5k, 10k & 20k**  
Lake Minnewasta, 100 Colert Road, Morden, MB 10:00 am  
Jonathan & Megan Goertzen: cousinmemorialrun@gmail.com
- Sep 26/27** **Falcon Trail Fest 8k, 16k, 28k & Full Marathon (42.2k)**  
Falcon Ridge Ski Hill, Falcon Lake, MB  
Sep 26-10:00 am; Sep 27-9:00 am  
Kristian Andres: trailsoftoba@gmail.com
- Sep 27** **Fort Garry Rotary Club Half Marathon 🇨🇦 & 5k**  
*Classic Series-Half Marathon*  
St. Vital Park, Winnipeg 8:00 am  
Jeff Miller: 204-799-7449; jeff@thomasdesignbuilders.ca

OCTOBER

- Oct 3** **Kicking PancreAS 5k**  
St Vital Park, Winnipeg 6:00 pm  
Stefanie Condon-Oldreive: info@craigscause.ca
- Oct 3** **Wheat City Run 5k, 10k & Half Marathon**  
Dinsdale Park, Brandon, MB 9:00 am  
Sam Esler: contact@wheatcityrun.com
- Oct 4** **Ted's Run for Literacy 10k 🇨🇦, 5k 🇨🇦 & 2k 🇨🇦**  
Kildonan Park, Winnipeg 10:00 am  
Michael Bennett: 204-793-0934; mikebennett1004@gmail.com
- Oct 4** **Linden Woods Fall Classic Race**  
**10k 🇨🇦 & 5k 🇨🇦 Run/Walk, Mighty Mile Kids' Run**  
*Classic Series-10k; Youth Series-1 mile or 5k*  
Ecole Van Wallegem School, Winnipeg 9:00 am  
Rochelle Reynolds: lwfc@outlook.com
- Oct 10** **Thanks for Giving Run**  
**Half Marathon 🇨🇦, 10k 🇨🇦, 5k & 1.5k Kids' Run**  
*Classic Series-10k*  
Meridian Exhibition Centre, Winkler, MB 9:30 am  
Dwight Suderman: 204-362-8223; thanksforgivingrun@gmail.com
- Oct 18** **14th Annual WFPS Run**  
**Half Marathon 🇨🇦, 10k 🇨🇦, 5k & 1k**  
*Classic Series-Half Marathon*  
Canadian Mennonite University, North Campus 8:00 am  
Jonathan Torchia: director@wfpsrun.com; 204-510-2706
- Oct 24** **Pinawa Dam Trail Run 5k & 14k Run/Hike**  
Pinawa Dam Provincial Park, Pinawa, MB 10:00 am  
Wanda Mathers: 204-292-8057; wandamathers@hotmail.com
- Oct 25** **Pinawa Road Classic 5k & 10k**  
Pinawa Golf Club, Pinawa, MB 10:00 am  
Wanda Mathers: 204-292-8057; wandamathers@hotmail.com

NOVEMBER

- Nov 14** **2026 MRA Race Directors' Meeting**  
**Virtual 9:00 am**  
MRA office: 204-477-5185; office@mraweb.ca  
All Race Directors welcome!
- Nov 29** **2026 MRA Awards Celebration**  
Sorrento's at the Caboto Centre 3:00 pm  
1055 Wilkes Ave, Winnipeg  
MRA office: 204-477-5185; office@mraweb.ca



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