

# Physio Fit Run 5 Km

Assiniboine Park  
Winnipeg MB

Athletics Canada Certified  
MB-2024-016-DRY

Certification expires Dec 31, 2034



Untitled Map  
Write a description for your map.

Legend  
Path Measure

Assiniboine River

N

Assiniboine Park Dr

Assiniboine Park Dr

Zoo Dr

A

B

Zoo Dr

Two way running on Assiniboine Park Dr between A and B

Bike Path

Pavillion Dr

Start

Finish

1 K

2 K

3 K

4 K

Cricket Dr

Google Earth  
Images © 2024, 2023, 2022

- Course Description:**  
Entire course is SPR.  
Start east bound in parking lot.  
Veer right through parking lot entrance (SE)  
Turn right at Pavillion Dr (West)  
Turn left onto Cricker Dr (South)  
Turn right at Zoo Dr (West then North)  
Turn left at Assiniboine Park Dr and continue to park exit (West, South)  
Turn left onto bike path (East)  
Turn left at bike path intersection (North)  
Turn right onto Assiniboine Park Dr (NE, East)  
Turn left at Zoo Dr (South)  
Turn left at Pavillion Dr (East)  
Turn left at parking lot exit and proceed straight to Finish Line (NE)

- Km Splits:**  
1 K: 14 m north of no parking sign  
2K: 26 m west of corner fence post at gate 7  
3K: 14 m north of concrete pillar at park exit  
4K: 10 m west of east edge of Gate 7

