

5 Km Men 2007-2024

1	Sam	Vincent	14:36	30-34	Kleefeld	2023
2	Simon	Berube	15:00	25-29	Riddell-3	2023
3	Daniel	Heschuk	15:08	25-29	Riddell-3	2023
4	Abduselam	Yussuf	15:23	20-24	Windburn	2015
5	Jeremy	Walker	15:24	20-24	Puma	2007
6	Brian	Walker	15:25	25-29	Puma	2010
7	Mike	Wood	15:26	20-24	Riddell-3	2023
8	Justin	Kroeker	15:33	20-24	Riddell-3	2023
9	Matt	Van Schepdael	15:34	25-29	Riddell-3	2024
10	Brendan	Gemmell	15:54	20-24	Headingley	2013
11	Calvary	De Jong	15:55	20-24	Puma	2010
12	Brad	Keefe	15:57	25-29	Puma	2008
13	Darren	Klassen	15:58	40-44	Puma	2010
14	Alastair	Brown	15:59	15-19	Puma-3	2010
15	Christian	Marmen	16:00	30-34	Puma	2008
16	Darcy	Ready	16:03	40-44	Puma	2007
17	Jay	Ort	16:04	15-19	Pure Life-3	2014
18	Calvin	Reimer	16:05	20-24	Riddell-3	2023
19	Thomas	Miller	16:06	15-19	Puma-3	2010
20	Blair	Peters	16:08	15-19	Puma	2007
21	Patrice	Lecercq	16:11	20-24	Puma	2008
22	Ignacio	Fontes	16:11	15-19	MEC-5	2014
23	Steffan	Reimer	16:14	30-34	Kleefeld	2021
24	Desire	Budigoma	16:15	15-19	Puma	2008
25	Joel	Laurier	16:17	15-19	Puma	2008
26	Corey	Gallagher	16:17	20-24	Puma	2011
27	Jason	Redpath	16:20	15-19	Puma	2008
28	Colin	Barnett	16:22	15-19	Puma	2008
29	Steven	Graupner	16:25	20-24	Puma	2012
30	Tyler	Mislawchuk	16:26	15-19	Puma-2	2010
31	Nickolas	Kosmenko	16:26	25-29	April Run	2016
32	Caleb	De Jong	16:28	15-19	Pure Life	2014
33	Nathan	Dyck	16:29	15-19	Riddell-3	2024
34	Greg	Penner	16:30	30-34	Puma	2008
35	Paul	Carr	16:30	20-24	Puma	2009
36	Mikhail	Gerylo	16:34	30-34	Riddell-1	2024
37	David	Snider	16:35	30-34	Prediction	2023
38	Ben	Paterson	16:37	20-24	Pure Life	2014
39	Elliot	Cooke	16:40	20-24	Puma-2	2011
40	Joshua	Malenchak	16:41	25-29	Riddell-3	2024
41	Tyler	Derksen	16:42	20-24	Windburn	2015
42	Adam	Naylor	16:42	15-19	April Run-3	2016

43	Les	Friesen	16:43	40-44	Kleefeld	2021
44	Charles	Brault	16:46	15-19	Puma-3	2010
45	Conrad	Drover	16:47	25-29	MEC-1	2019
46	Benji	Dueck	16:47	15-19	Kleefeld	2021
47	Eric	Tranquada	16:48	25-29	Puma	2009
48	Noel	Kendle	16:49	20-24	Riddell-3	2024
49	Adam	Czuchmicki	16:54	20-24	Puma-2	2011
50	Kris	Shaw	16:54	35-39	Gimli	2023

Age Group

1	Unai	Apraiz Zenon	17:36	1-14	April Series-2	2017
2	Andrew	Lawler	17:52	1-14	10 K Champ	2009
3	Jay	Ort	17:56	1-14	Headingley	2011
4	Haydn	Lysiuk	18:02	1-14	Apr Series-3	2018
5	Riley	McCharles	18:05	1-14	Puma-3	2008
6	Levi	Neufeld	18:07	1-14	Puma-2	2009
7	Carson	Cortvriendt	18:13	1-14	April Series-3	2017
8	William	Boyle	18:18	1-14	East St Paul	2016
9	Tom	Sherwin	18:22	1-14	Puma	2007
10	Sylvain	Carriere	18:27	1-14	Police	2019

1	Alastair	Brown	15:59	15-19	Puma-3	2010
2	Jay	Ort	16:04	15-19	Pure-3	2014
3	Thomas	Miller	16:06	15-19	Puma-3	2010
4	Blair	Peters	16:08	15-19	Puma	2007
5	Ignacio	Fontes	16:11	15-19	MEC-5	2014
6	Desire	Budigoma	16:15	15-19	Puma	2008
7	Joel	Laurier	16:17	15-19	Puma	2008
8	Jason	Redpath	16:20	15-19	Puma	2008
9	Brendan	Gemmell	16:20	15-19	Headingley	2012
10	Colin	Barnett	16:22	15-19	Puma	2008

1	Abduselam	Yussuf	15:23	20-24	Windburn-1	2015
2	Jeremy	Walker	15:24	20-24	Puma	2007
3	Mike	Wood	15:26	20-24	Riddell-3	2023
4	Brian	Walker	15:27	20-24	Puma	2007
5	Justin	Kroecker	15:33	20-24	Riddell-3	2023
6	Brendan	Gemmell	15:54	20-24	Headingley	2013
7	Calvary	De jong	15:55	20-24	Puma	2010
8	Calvin	Reimer	16:05	20-24	Riddell-3	2023
9	Thomas	Miller	16:08	20-24	Pure-3	2014
10	Patrice	Leclercq	16:11	20-24	Puma	2008

1	Simon	Berube	15:00	25-29	Riddell-3	2023
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2	Daniel	Heschuk	15:08	25-29	Riddell-3	2023
3	Brian	Walker	15:25	25-29	Puma	2010
4	Jeremy	Walker	15:31	25-29	Investors	2007
5	Matt	Van Schepdael	15:34	25-29	Riddell-3	2024
6	Calvary	De Jong	15:55	25-29	Puma	2012
7	Brad	Keefe	15:57	25-29	Puma	2008
8	Nicholas	Kosmenko	16:26	25-29	April Run-1	2016
9	Joshua	Malenchak	16:42	25-29	Riddell-3	2024
10	Conrad	Drover	16:47	25-29	MEC-1	2019
1	Sam	Vincent	14:36	30-34	Kleefeld	2023
2	Christian	Marman	16:00	30-34	Puma	2008
3	Brad	Keefe	16:12	30-34	Headingley	2011
4	Brian	Walker	16:14	30-34	Haiti	2014
5	Steffan	Reimer	16:14	30-34	Kleefeld	2021
6	Greg	Penner	16:30	30-34	Puma	2008
7	Mikhail	Gerylo	16:34	30-34	Riddell-1	2024
8	David	Snider	16:35	30-34	Prediction	2023
9	Eduard	Bojo Gallart	16:57	30-34	Kleefeld	2024
10	Patrick	Peacock	16:58	30-34	Puma	2007
1	Darren	Klassen	16:06	35-39	Puma	2008
2	Steffan	Reimer	16:44	35-39	Kleefeld	2024
3	Kris	Shaw	16:54	35-39	Gimli	2023
4	Jeff	McMillan	17:05	35-39	Headingley	2012
5	Sam	Zhou	17:15	35-39	Puma	2007
6	Brad	Keefe	17:18	35-39	April Run-1	2016
7	Joshua	Markham	17:19	35-39	Riddell-1	2023
8	Corey	LaBerge	17:44	35-39	Headingley	2008
9	Michael	Terepa	18:01	35-39	Supene	2009
10	Jason	Bruce	18:01	35-39	April Series-1	2017
1	Darren	Klassen	15:58	40-44	Puma	2010
2	Brian	Walker	15:59	40-44	Lindenwoods	2023
3	Darcy	Ready	16:03	40-44	Puma	2007
4	Les	Friesen	16:43	40-44	Kleefeld	2021
5	Greg	Penner	16:51	40-44	Kleefeld	2021
6	John	Coffin	16:55	40-44	Kleefeld	2023
7	Dane	Samuel	16:58	40-44	Puma	2007
8	Jeff	McMillan	17:00	40-44	Headingley	2013
9	Robert	Beinke	17:38	40-44	Pure Life	2013
10	Matthew	Hamilton	17:38	40-44	Headingley	2024
1	Darcy	Ready	16:10	45-49	Puma	2010
2	Darren	Klassen	17:05	45-49	April Series-1	2017

3	Robert	Beinke	17:09	45-49	Haiti Relay	2015
4	Keith	Bilous	17:28	45-49	Headingley	2007
5	Rick	Preston	17:43	45-49	Headingley	2007
6	Dimitry	Melman	17:44	45-49	Puma	2007
7	Gordon	Funk	17:59	45-49	Kleefeld	2021
8	Daryl	Somers	18:15	45-49	Investors	2007
9	Murray	Rose	18:17	45-49	Headingley	2007
10	Jon	Hunt	18:32	45-49	Headingley	2013
1	Clyde	Van Caeyzeele	17:09	50-54	Puma	2007
2	Keith	Bilous	18:23	50-54	Supeene	2009
3	Darren	Klassen	18:46	50-54	ESP	2022
4	Alan	Hopkins	18:58	50-54	Headingley	2013
5	Murray	Rose	19:07	50-54	Supeene	2009
6	Marc	Fournier	19:09	50-54	Police	2018
7	Bruce	Young	19:12	50-54	Headingley	2012
8	James	Slade	19:14	50-54	Headingley	2013
9	Scott	Gibbons	19:14	50-54	Pure-1	2014
10	Darcey	Harder	19:15	50-54	Riddell-1	2023
1	Dennis	Lang	17:45	55-59	Puma	2008
2	Bruce	Young	19:49	55-59	ESP	2018
3	Bo	Huang	19:54	55-59	Kleefeld	2023
4	Neil	Ferguson	19:58	55-59	History	2013
5	Bob	Cox	20:06	55-59	Headingley	2017
6	Wes	Robinson	20:08	55-59	Puma	2007
7	Jim	Simm	20:33	55-59	Pure Life-3	2013
8	Alan	Hopkins	20:35	55-59	Headingley	2018
9	Martin	Krowina	20:48	55-59	Apr Series	2018
10	Al	Stewart	20:55	55-59	Inverstors	2007
1	Dennis	Lang	18:25	60-64	Puma	2012
2	Leon	Clegg	19:05	60-64	Headingley	2007
3	Karl	Sproll	19:38	60-64	ESP	2018
4	Bruce	Young	19:50	60-64	ESP	2019
5	Tibor	Bodi	20:27	60-64	Puma	2008
6	Shawn	Watters	20:32	60-64	Kleefeld	2023
7	Bob	Cox	20:54	60-64	Kleefeld	2024
8	Alphonse	Bernard	21:01	60-64	Puma	2010
9	Sheldon	Pohl	21:01	60-64	Twosome	2024
10	Neil	Ferguson	21:08	60-64	Apr Series	2018
1	Dennis	Lang	19:21	65-69	Headingley	2017
2	Grant	Towns	19:25	65-69	Headingley	2012
3	Leon	Clegg	20:21	65-69	Headingley	2012

4	Jim	Cooke	20:55	65-69	Puma	2008
5	Alphonse	Bernard	21:23	65-69	Headingley	2015
6	Brent	Willows	21:31	65-69	Ted's Run	2024
7	Sheldon	Reynolds	22:14	65-69	Run-Cause	2018
8	Larry	Konotopetz	22:20	65-69	Headingley	2015
9	John	Nelson	22:39	65-69	Puma	2011
10	Al	Stewart	22:48	65-69	MEC-5	2016
1	Grant	Towns	20:18	70-74	Headingley	2017
2	Dennis	Lang	20:19	70-74	ESP	2022
3	Ed	Klassen	20:24	70-74	Headingley	2007
4	Leon	Clegg	21:09	70-74	Headingley	2017
5	Alphonse	Bernard	23:05	70-74	Kleefeld	2023
6	Jim	Cooke	23:37	70-74	Haiti	2014
7	Al	Stewart	23:39	70-74	Ted's Run	2022
8	Sean	Drain	23:42	70-74	Haiti	2014
9	Sheldon	Reynolds	23:49	70-74	Kleefeld	2024
10	Robert	Stewart	23:53	70-74	Kleefeld	2024
1	Ed	Klassen	22:06	75-79	Headingley	2011
2	Leonard	Clegg	22:59	75-79	Headingley	2022
3	Sean	Drain	25:00	75-79	ESP	2017
4	George	Chapman	26:47	75-79	Investors	2007
5	Jim	Anderson	28:10	75-79	Headingley	2014
6	Larry	Konotopetz	28:25	75-79	Ted's Run	2024
7	James	Goho	28:41	75-79	Riddell-1	2024
8	James	King	29:30	75-79	History	2013
9	Ray	Garrity	29:32	75-79	Headingley	2010
10	Robert	Doolan	31:08	75-79	Headingley	2023
1	Zachary	Kaspersion	32:20	80-84	Ted's Run	2023
2	Jim	Anderson	33:30	80-84	Headingley	2019
3	Ray	Garrity	36:11	80-84	Haiti	2014
4	Jack	Dubnicoff	39:22	80-84	RCAF	2019
5	Declan	Hickman-shaw	48:42	80-84	Police	
6	Bruce	Beatson	50:50	80-84	Headingley	2008
7	Dick	Tunny	54:16	80-84	Kleefeld	2022
8	Gary	Davis	55:44	80-84	Police	2023
9	Robert	Paulet	1:11:20	80-84	Police	2023
10	George	Chapman	1:20:35	80-84	R4R	2016
1	Jim	Anderson	40:42	85-89	Riddell-1	2024
2	Jack	Dubnicoff	43:34	85-89	Police	2023