	Traini	ng	Races														Medal Progress			
Participant	Training Runs	Training Points	Frost Bite River Run	Patrick Riddell April Series #1	Patrick Riddell April Series #2	Patrick Riddell April Series #3	Go For the Burn Run	Foodfare WPS Run	Physio Fit Run	Lockport River's Edge Run	Run and Walk to Remember	Sara Riel Wellness Walk & Run	Boyne Book It Fun Run	Headingley Fire Dept Run for Wishes	Ste Anne Rock & Run	CMV Canada Half Marathon	Race Points	<b>Total Points</b> (Training + Race Points)	<b>Points</b> (Minimum of 50 required)	Race count (Minimum of 3 required)
Don Bevington	22	44	3	3	3	3		3		4						3	22		Qualified	Race Qualified
Brenda Krueger	22	44	3	3	3	3		3	3							3	21		Qualified	Race Qualified
Phillip Pawluk	22	44		3	3	3		3	3							3	18		Qualified	Race Qualified
Jack Dubnicoff	20	40	3	3	3			3									12	52	Qualified	Race Qualified
Lindsey Fairman	17	34	3	3	3	3		3	3								18	52	Qualified	Race Qualified
Clemus Laurila	21	42	3					3	3								9	51	Qualified	Race Qualified
Reg Brown	18	36		3	3	3		3	3								15	51	Qualified	Race Qualified
Jeremy Birkbeck	22	44	3														3	47	94.00%	
Beth Millard	18	36		3	3	3											9	45	90.00%	
Danielle Burtch	13	26		3	3	3	3	3	3								18	44	88.00%	Race Qualified
Bryan Mintenko	17	34	3	3													6	40	80.00%	66.67%
Jared Desrosiers	14	28		3	3	3			3								12	40	80.00%	Race Qualified
Tim Coombs	8	16	3	3	3	3		3	3							3	21		74.00%	Race Qualified
Carol Weselak	13	26		3	3	3											9	35	70.00%	Race Qualified
Kate Isanski	16	32					3										3	35	70.00%	33.33%
Fiona Stewart	17	34															0	34	68.00%	6 0.00%
Heather Boyd	12	24		3				3							4		10	34	68.00%	Race Qualified
Shawn Crorey	11	22	3				3	3	3								12	34	68.00%	Race Qualified
Aldo Furlan	13	26		3	3												6	32	64.00%	66.67%
Chrissy Tournier Croft	6	12	3	3	3	3					4		4				20	32	64.00%	Race Qualified
Daryl Croft	6	12	3	3	3	3		3			4						19	31	62.00%	Race Qualified
Isaac Weselak	11	22		3	3	3											9	31	62.00%	Race Qualified
Bill Gamache	4	8	3	3	3	3		3	3				4				22	30	60.00%	Race Qualified
Corinna Grenier	13	26											4				4	30	60.00%	33.33%
José Neves	15	30															0	30	60.00%	6 0.00%
Lisa Witt	7	14	3	3	3	3		3									15	29	58.00%	Race Qualified
Colleen Semmler	14	28															0	28	56.00%	6 0.00%
Louise Stuart	14	28															0	28	56.00%	6 0.00%
Michelle Skaftfeld	3	6	3	3	3	3		3	3					4			22	28	56.00%	Race Qualified
Sheldon Pohl	5	10		3	3	3		3	3							3	18	28	56.00%	Race Qualified
Tejas Bertrand-Meadows	1	2		3	3	3	3	3	3				4			3	25	27	54.00%	
Connor Boyd Miller	8	16		3		3									4		10	26	52.00%	Race Qualified
Thomas S Weselak	12	24															0	24	48.00%	
Angus Weselak	7	14		3	3	3											9	23	46.00%	Race Qualified
Christy Rogowski	7	14		3				3	3								9	23	46.00%	Race Qualified
Logan Boyd Miller	7	14		3	3	3											9	23	46.00%	Race Qualified
Bryce Desender	8	16						3	3								6	22	44.00%	
Janie Parson	4	8						6								6	12	20	40.00%	
Jonathan Hales	0	0	3	3	3	3					4		4				20	20	40.00%	
Elise Pierre	0	0		3	3	3		3	3							3	18	18	36.00%	*
Bruce Bertrand-Meadows	4	8		3	3	3											9	17	34.00%	
Jonathan Hales	0	0		3	3	3							4	4			17	17	34.00%	
I																				qualifica

	Trai	Training Races															Medal Progress			
Participant	Training Runs	Training Points	Frost Bite River Run	Patrick Riddell April Series #1	Patrick Riddell April Series #2	Patrick Riddell April Series #3	Go For the Burn Run	Foodfare WPS Run	Physio Fit Run	Lockport River's Edge Run	Run and Walk to Remember	Sara Riel Wellness Walk & Run	Boyne Book It Fun Run	Headingley Fire Dept Run for Wishes	Ste Anne Rock & Run	CMV Canada Half Marathon	Race Points	<b>Total Points</b> (Training + Race Points)	Points (Minimum of 50 Race count (Minimum o	f 3 required)
Shelley Bertrand-Meadows	4	8		3	3	3											9	17	34.00% Ra	ace Qualified
Brent Houle	0	0	3	3	3	3				4							16	16	32.00% Ra	ace Qualified
Lily Croft	0	0		3	3	3		3			4						16	16	32.00% Ra	ace Qualified
Samantha Kee	5	10		3	3												6	16	32.00%	66.67%
Bob Cox	0	0	3		3	3		3								3	15	15	30.00% Ra	ace Qualified
Kathleen Caithness	0	0		3	3	3		3	3								15	15	30.00% Ra	ace Qualified
Lisa Stansell	0	0	3	3	3			3	3								15	15	30.00% Ra	ace Qualified
Noel Beckel	6	12		3													3	15	30.00%	33.33%
Stacey Bazak	0	0		3	3	3		3	3								15	15	30.00% Ra	ace Qualified
Adam Masters	3	6			3										4		7	13	26.00%	66.67%
Jeff Vince	3	6						3		4							7	13	26.00%	66.67%
Teague Bertrand-Meadows	0	0			3	3		3						4			13	13	26.00% Ra	ace Qualified
Tiernan Bertrand-Meadows	2	4		3	3	3											9	13		ace Qualified
Christina Barry	0	0		3	3	3			3								12	12	24.00% Ra	ace Qualified
Kingsley Jamieson	0	0	3	3	3	3											12	12	24.00% Ra	ace Qualified
Scotia Jamieson	0	0	3	3	3	3											12	12	24.00% Ra	ace Qualified
Jim Campbell	0	0	3									3			4		10	10	20.00% Ra	ace Qualified
Olivia Burtch	2	4			3	3											6	10	20.00%	66.67%
Talia Bertrand-Meadows	3	6												4			4	10	20.00%	33.33%
Tane Bertrand-Meadows	0	0			3	3								4			10	10	20.00% Ra	ace Qualified
Amy Passmore	0	0	3					3				3					9	9	18.00% Ra	ace Qualified
Emmett Dejaeger	0	0		3	3	3											9	9	18.00% Ra	ace Qualified
Jessica Drakul	0	0	3					3	3								9	9	18.00% Ra	ace Qualified
Josh Gilbert	0	0		3	3			3									9	9	18.00% Ra	ace Qualified
Tejas Bertrand-Meadows	1	2		3				3									6	8	16.00%	66.67%
Alexander Schinkel	0	0		3		3											6	6	12.00%	66.67%
Derek Boutang	0	0	3					3									6	6	12.00%	66.67%
Guy Madill	0	0	3					3									6	6	12.00%	66.67%
Jon Skaftfeld	0	0		3		3											6	6	12.00%	66.67%
Mack Atamanchuk	0	0			3	3											6	6	12.00%	66.67%
Martina Reslerova	0	0	3					3									6	6	12.00%	66.67%
Sean Terichow Parrott	0	0		3		3											6	6	12.00%	66.67%
Christy Pasveer	0	0													4		4	4	8.00%	33.33%
Hannah Kuleza	0	0													4		4	4	8.00%	33.33%
Jeff Jones	0	0													4		4	4	8.00%	33.33%
Kai Kuleza	0	0													4		4	4	8.00%	33.33%
Payton Jones	0	0													4		4	4	8.00%	33.33%
Colin Reed	0	0		3													3	3		33.33%
Grace Brykaliuk	0	0						3									3	3		33.33%
Maeve Millard-Hales	0	0			3												3	3	6.00%	33.33%
Melissa Pryce	0	0	3														3	3	6.00%	33.33%
Lorraine Walton	1	2															0	2	4.00%	0.00%

	Trai	ning								Races									Me	edal Progress	
Participant	Training Runs	Training Points	Frost Bite River Run	Patrick Riddell April Series #1	Patrick Riddell April Series #2	Patrick Riddell April Series #3	Go For the Burn Run	Foodfare WPS Run	Physio Fit Run	Lockport River's Edge Run	Run and Walk to Remember	Sara Riel Wellness Walk & Run	Boyne Book It Fun Run	Headingley Fire Dept Run for Wishes	Ste Anne Rock & Run	CMV Canada Half Marathon	e Po	Total Point (Training + Race Points	Points (Minimum of 50	Race count (Minimum of 3 requ	quired)
Elise Pierre	0	0															0		0.00%	6	0.00%
Félix Dupuis	0	0															0		0.00%	6	0.00%
Félix Dupuis	0	0															0		0.00%	6	0.00%
Kathleen Caithness	0	0															0		0.00%	6	0.00%
Kathy Wiens	0	0															0		0.00%	6	0.00%
Lynn Dupuis	0	0															0		0.00%	6	0.00%
Sherry Seymour	0	0															0		0.00%		0.00%
Vanessa Geswein	0	0															0		0.00%	6	0.00%