



# ATHLETICS CANADA

## ROAD RACE MEASUREMENT CERTIFICATE

### Race Information

Name of the course	<del>Twissome Relay</del> YOUR NAME HERE				
Certificate number	MB-2024-007-DRY	Distance	5 km	Race date	June 7, 2024
City	Winnipeg	Province	MB		
Race contact name	Richard Plant	Race contact email	Run4YourCause@gmail.com		

### Course Information

Start elevation	235 m	Finish elevation	235 m
Elevation change (m/km)	0 m/km	Percent separation	0%

### Measurer Information

Measurer name	Murray Rose	mvrose@shaw.ca	204-253-1934
Measurement date	Apr 25, 2024	Expiry date	Dec 31, 2033

### Official Notice

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the **Road Running Technical Council**. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

### Validation of Course

In the event a **National Open Record** is set on this course, or at the discretion of **Athletics Canada**, a validation remeasurement may be required to be performed by a qualified measurer. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

### As Nationally Certified by

  
\_\_\_\_\_  
Signature of certifier

May 6, 2024  
\_\_\_\_\_  
Date

Any inquires regarding this certificate should be directed to [coursemeasurement@athletics.ca](mailto:coursemeasurement@athletics.ca)

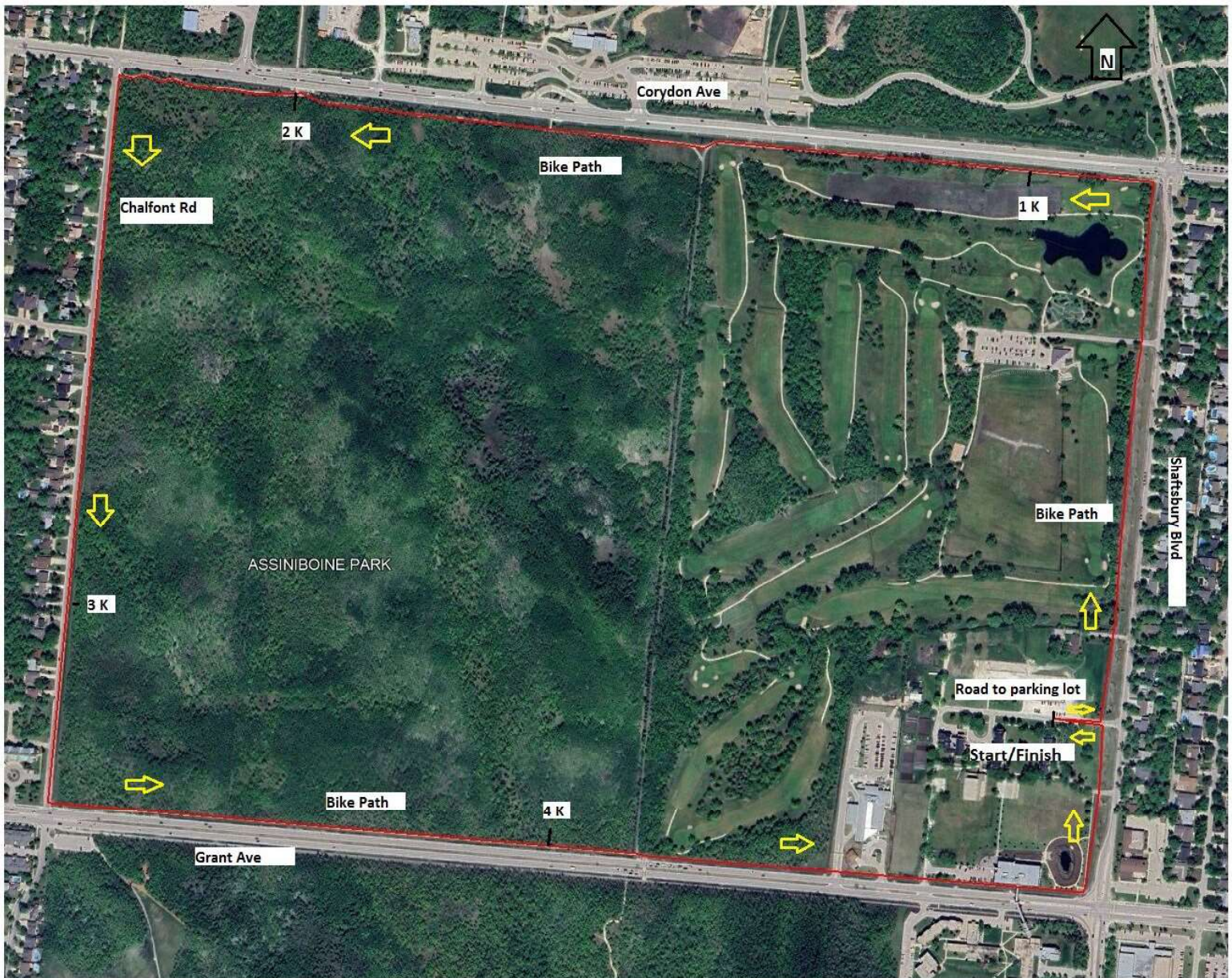




# Twosome Relay 5 Km

Winnipeg Mb

Athletics Canada Certified  
 MB-2024-007-DRY  
 Certification expires Dec 31, 2033



### Course Description:

- Full course is SPR
- Start on parking lot road heading east
- Turn left onto bike path beside Shaftsbury Blvd (North)
- Turn left staying on bike path at corner of Corydon and Shaftsbury (West)
- Turn left onto Chalfont rd (South)
- Turn left onto bike Path at corner of Grant and Chalfont (East)
- Turn left staying on bike path at corner of Grant and Shaftsbury (North)
- Turn left into parking lot and sprint to the finish (West)

### Km Splits:

- 1 Km: 15.9 m west of electrical green box
- 2 Km: 2 m east of west edge of culvert fence
- 3 Km: 2 m North of Hydrant at 396 Chalfont Rd
- 4 Km: 74 m west of trail intersection

### Start/Finish Line

