



# 2024 MRA RACE CALENDAR

April 4, 2024

J A N	Jan 21	<b>11th Annual Frost Bite River Run 5 Mile and 5k</b> Riverview Community Centre, Winnipeg, MB 10:00 am Dennis Cunningham: frostbiteriverrun@outlook.com 204-452-9944	M A R  A P R  I L	M A Y	May 25	<b>Boyne Book It Fun Run</b> 2k, 5k & 10k <i>Youth Series-2k or 5k</i> Carman Fairgrounds & Arena, Carman, MB 9:00 am Michelle Froese:204-745-9547; boynebookitfunrun@gmail.com
	Mar 17	<b>12th Annual People's St Paddy's Day 5k, 5 Mile&amp;1k</b> Riverview Community Centre, Winnipeg, MB 9:00 am Guy Madill: 204-698-6218; guysmadi@mymts.net			May 25	<b>Headingley Fire Dept. Run for Wishes</b> 5k 🏃 & 3k <i>Classic Series-5k</i> Headingley Fire Hall, Headingley, MB 9:00 am Josh Mulvenna: 204-963-7663; headingleyrun@gmail.com
	Apr 7	<b>Patrick Riddell April Run Series #1 2k &amp; 5k 🏃 (virtual Apr 1-7)</b> <i>Classic Series-5k; Youth Series 2k or 5k</i> Assiniboine Park Pavilion 8:30 am Rick Champagne: aprilrunseries@gmail.com; 204-293-5255			May 25	<b>Suffer on Centennial Trail Provincial Championship</b> Falcon Lake, Whiteshell Provincial Park, MB 6:00 am Kristian Andres: trailsoftoba@gmail.com
	Apr 8	<b>MRA Annual General Meeting</b> <b>Virtual 7:30 p.m.</b> MRA office: 204-477-5185; office@mraweb.ca All 2024 members welcome!			May 26	<b>Ste Anne Rock &amp; Run 1k, 5k &amp; 10k 🏃</b> <i>Youth Series-1k or 5k</i> Redemptoriste Park, Ste Anne, MB 8:30 am Vanessa or Jessica: rockandrun24@gmail.com
	Apr 14	<b>Patrick Riddell April Run Series #2</b> 2k, 5k 🏃 & 10k 🏃 (virtual Apr 8-14) <i>Classic Series-10k; Youth Series-2k or 5k</i> Assiniboine Park Pavilion 8:30 am Rick Champagne: aprilrunseries@gmail.com; 204-293-5255			Jun 1	<b>Winnipeg Pride Run 3k &amp; 6k</b> The Forks, Winnipeg, MB 9:00 am Jennifer Bhatla: winnipegfrontrunners@gmail.com
	Apr 21	<b>Patrick Riddell April Run Series #3</b> 2k, 5k 🏃 & 15k 🏃 (virtual Apr 15-21) <i>Classic Series-15k; Youth Series-2k or 5k</i> Assiniboine Park Pavilion 8:30 am Rick Champagne: aprilrunseries@gmail.com; 204-293-5255			Jun 2	<b>CMV Canada Half Marathon 🏃</b> <i>Classic Series-Half Marathon</i> St Vital Park, Winnipeg, MB 9:00 am Diego Guzman: dguzman@cgf.com
	Apr 22	<b>2024 MRA Hall of Fame Banquet</b> <b>Presented by Birchwood Automotive Group</b> <i>Exhibitors' tables, 50/50 Draw, Plated Dinner, Bar, Guest Speaker and the Induction Ceremony!</i> Centro Caboto Centre, 1055 Wilkes Avenue, Wpg Start Time 5:00 pm Contact: 204-477-5185; office@mraweb.ca			Jun 7	<b>Run 4 Your Cause (Fri)</b> 5k 🏃 Awesome Twosome & 3.3k <i>Classic Series-5k; Youth Series-3.3k or 5k</i> Canadian Mennonite University, Winnipeg, MB 7:00 pm Richard Plant: run4yourcause@gmail.com
	Apr 27	<b>Go for the Burn 10k 🏃, 5k 🏃 &amp; 3k</b> <i>Classic Series-5k; Youth Series-3k or 5k</i> Assiniboine Park, Winnipeg 9:00 am Barbara-Anne Hodge: 431-482-1844; barb@mamingwey.ca			Jun 16	<b>Manitoba Marathon &amp; Cdn Half Championships</b> Full 🏃 & Half 🏃 Marathon, Marathon Relay, 10k 🏃 & 5k Super Run <i>Classic Series-Full Marathon</i> University of Manitoba, Winnipeg, MB 7:00 am Sarah: 204-415-4517; running@manitobamarathon.mb.ca
	May 5	<b>Foodfare WPS Half Marathon 🏃, 5k 🏃 &amp; 2-Person Relay (virtual Apr 30-Jun 4)</b> <i>Classic Series-Half Marathon</i> Assiniboine Park, Winnipeg 8:00 am Contact: questions@wpshalfmarathon.ca			Jun 22	<b>Run Niverville 3k &amp; 5k</b> <i>Youth Series-3k or 5k</i> Hespeler Park, Niverville, MB 10:00 am Candis or Melanie: runnivervillemb@gmail.com
	May 11	<b>Physio Fit Run 32nd Anniversary</b> 10k 🏃, 5k, 3k & 1k Kid's Run <i>Classic Series-10k; Youth Series-1k, 3k or 5k</i> Assiniboine Park 8:00 am Stephanie Roberecki: 204-771-7844; adventuregirl02@hotmail.com			Jun 23	<b>Stonewall Quarry Run 10k 🏃, 5k 🏃 &amp; 1 mile</b> <i>Classic Series-5k</i> Stonewall Quarry Park, Stonewall, MB 9:00 am Dwayne Olson: 204-451-1349; lakelandfr@gmail.com
May 11	<b>Lockport River's Edge Run/Walk for HD</b> 30k, Half Marathon, 10k & 5k Skinner's Restaurant, Lockport, MB 8:30 am Vern Barrett: 204-694-1779; vbarrett@mts.net	<p>There are 22 races in the MRA Classic Race Series. MRA members 17+ must run 5 races to qualify for an MRA Classic Series award, with your best 10 races to count.</p> <p>There are 22 races in the MRA Youth Race Series. MRA members 16 and under must run in 3 of these races to qualify for Youth Series awards, with your best 10 races to count.</p> <p>Age for both Series is determined as of January 1st, 2024.</p>				
May 11	<b>Run &amp; Walk to Remember sponsored by the Curtis Klassen Memorial Fund</b> 10k run & 5k run/walk Altona Centennial Park, Altona, MB 9:00 am Wendy Dyck: 204-324-7681; ckmf2012@gmail.com	 <p>This symbol indicates a course that has been measured and certified by Athletics Canada</p> <p><b>Manitoba Runners' Association</b> Box 34148 Fort Richmond Winnipeg, MB R3T 5T5 (204) 477-5185 Email: office@mraweb.ca Website: www.mraweb.ca</p>				
May 12	<b>Sara Riel Wellness Walk &amp; Run 5k &amp; 10k</b> St Vital Park, Winnipeg, MB Karen Carr: 204-396-7281; kcarr@sarariel.ca					
May 18	<b>Sam Quit Smoking Run 5k &amp; 10k</b> L.A. Barkman Park, Steinbach, MB 9:00 am Lindsay Mulholland: 204-346-5124; mulhollandl@gmail.com					

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- Jul 3 MRA/John Wichers Family Ice Cream Run #1  
1k & 2.2k fun run/walk**  
*Youth Series-1k or 2.2k*  
Crescent Drive Park Picnic Shelter, Winnipeg 7:00 pm  
MRA Office: 204-477-5185; office@mraweb.ca
- Jul 17 MRA/John Wichers Family Ice Cream Run #2  
1k & 2.5k fun run/walk**  
*Youth Series-1k or 2.5k*  
Park City West CC/Transcona Trail, Winnipeg 7:00 pm  
MRA Office: 204-477-5185; office@mraweb.ca
- Jul 21 Clearwater Lake Half Marathon, 10k, 5k & 1k**  
Airport Hall at Clearwater Lake, The Pas, MB 8:30 am  
Michael O'Rourke: 204-623-0288;  
michaelorourke@mymts.net

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- Aug 4 Islendingadagurinn Road Race 10 mile 🇨🇦 (56th),  
5k 🇨🇦 (6th) & Jan's 1 Mile Family Fun Run (33rd)**  
*Classic Series-10 mile; Youth Series-1 mile or 5k*  
10 Mile: Winnipeg Beach to Gimli, MB 8:00 am  
5k & 1 Mile: Gimli Park Pavilion 8:00 am  
Brett Lamoureux: 204-642-7417; ifmrunning@gmail.com
- Aug 7 MRA/John Wichers Family Ice Cream Run #3  
1k & 2.5 k fun run/walk**  
*Youth Series-1k or 2.5k*  
Bunn's Creek Centennial Park 7:00 pm  
MRA Office: 204-477-5185; office@mraweb.ca
- Aug 17 Grand Beach Sun Run 3k, 5k 🇨🇦 & 10k 🇨🇦**  
*Classic Series-10k; Youth Series-3k or 5k*  
Grand Beach Provincial Park, Grand Marais, MB 8:30 am  
Michelle Kusano: GBSunrun@gmail.com
- Aug 21 MRA/John Wichers Family Ice Cream Run #4  
Youth Series-1k or 2.5k**  
Grant's Old Mill, Sturgeon Creek Parkway, Wpg 7:00 pm  
MRA Office: 204-477-5185; office@mraweb.ca
- Aug 24 Abas Auto Stony Mountain Run 2.5k, 5k 🇨🇦 & 10k**  
*Classic Series-5k; Youth Series 2.5k or 5k*  
Centennial Park Bandstand, Stony Mountain, MB 10:00 am  
Tony Hoess: thoess2@gmail.com
- Aug 25 TRACKtastic!**  
U of M Stadium Track 2:00 pm  
More info to come!

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- Sep 7 Point Douglas Run 10k, 5k & 2.5k Fun Run/Walk**  
*Youth Series-2.5k or 5k*  
Norquay Community Centre, Winnipeg 9:00 am  
Bridget Robinson: 204-330-0022; bridget@mymts.net  
Kim McCallum: 204-261-9006; mcckim03@gmail.com
- Sep 8 Winnipeg 10&10 10 Mile 🇨🇦, 10k 🇨🇦 & 5k**  
*Classic Series-10 Mile*  
MB Legislative Grounds-South Plaza 8:00 am  
Sarah: 204-415-4517; running@manitobamarathon.mb.ca
- Sep 14 Kleefeld Honey Run 5k 🇨🇦 & 1k**  
*Classic Series-5k; Youth Series-1k or 5k*  
Kleefeld Park, Kleefeld, MB 10:00 am  
Veronica English: kleefeldhoneyrun@gmail.com;  
204-899-4558
- Sep 15 Riding Mountain Half Marathon, 10k & 5k**  
Riding Mountain National Park  
Wasagaming Townsite (Clear Lake), MB 9:00am  
Luke Love: rmhalfmarathon@gmail.com
- Sep 21 Run Sage Creek 1k, 3k, 5k & 10k**  
*Youth Series-1k, 3k or 5k*  
Parc Ron Duhamel Park, Winnipeg, MB 8:30 am  
Jessica Drakul: 204-250-3401; runsagecreek@gmail.com
- Sep 22 Fort Garry Rotary Club Half Marathon 🇨🇦 & 5k**  
*Classic Series-Half Marathon*  
St. Vital Park, Winnipeg 8:00 am  
Jeff Miller: 204-799-7449; jeff@thomasdesignbuilders.ca

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- Sep 22 Treherne Run for the Hills**  
**Full 🇨🇦 & Half 🇨🇦 Marathon, 10k & 5k**  
*Classic Series-Full Marathon*  
Treherne Arena, Treherne, MB 9:00 am  
Melanie Wall: 204-723-0648; trehernerun@gmail.com
- Sep 28 Reconciliation Run Half Marathon**  
Former Birtle Residential School Ruins, Birtle, MB 9:00 am  
Trechelle Bunn: 218-242-7621;  
trechellebunn@reconciliationrun.ca
- Sep 29 Ted's Run for Literacy**  
**10k 🇨🇦, 5k 🇨🇦 & 2k**  
*Classic Series-10k; Youth Series 2k or 5k*  
Kildonan Park, Winnipeg, MB 10:00 am  
Mauricio Alfaro: tedsrnforliteracy@gmail.com

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- Oct 4 Kicking PancreAS 5k & 2.5k**  
**(Fri)** *Youth Race Series-2.5k or 5k*  
St Vital Park, Winnipeg 6:00 pm  
Jim Rennie: 204-795-0941  
Stefanie Condon-Oldreive: 902-222-4612;  
stefanie@craigscouse.ca
- Oct 6 Linden Woods Fall Classic Run**  
**10k 🇨🇦 & 5k 🇨🇦 Run/Walk, Mighty Mile Kids' Run**  
*Classic Series-10k; Youth Series-1 Mile or 5k*  
Ecole Van Walleghem School, Winnipeg, MB 9:30 am  
Rochelle Reynolds: lwfc@outlook.com
- Oct 12 Thanks for Giving Run**  
**Half Marathon 🇨🇦, 10k, 5k & 1.2k Kids' Run**  
*Classic Series-Half Marathon*  
Winkler Arena, Winkler, MB 9:30 am  
Dwight Suderman: 204-362-8223;  
thanksgivingrun@gmail.com
- Oct 20 12th Annual WFPS Run**  
**Half Marathon 🇨🇦, 10k 🇨🇦 & 5k**  
*Classic Series-Half Marathon*  
Canadian Mennonite University, North Campus 8:00 am  
Jonathan Torchia: director@wfpsrun.com
- Oct 27 Pinawa Road Classic 5k & 10k**  
Pinawa Golf Club, Pinawa, MB 10:00 am  
Mark Yakimishen: 204-572-6058;  
myakimishen@hotmail.com

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- Nov 16 2024 MRA Race Directors' Meeting**  
**Virtual 9:00 am**  
RSVP: MRA office: 204-477-5185; office@mraweb.ca  
All Race Directors welcome!
- Nov 25 2024 MRA Awards Celebration**  
**Location TBA**

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