

2024 MRA RACE CALENDAR

February 8, 2024

11th Annual Frost Bite River Run 5 Mile and 5k A Riverview Community Centre, Winnipeg, MB 10:00 am N Dennis Cunningham: frostbiteriverrun@outlook.com 204-452-9944 Mar 17 12th Annual People's St Paddy's Day 5k, 5 Mile&1k M M Riverview Community Centre, Winnipeg, MB 9:00 am Guy Madill: 204-698-6218; guysmadi@mymts.net R Patrick Riddell April Run Series #1 2k & 5k 🌦 Apr 7 γ (virtual Apr 1-7) Classic Series-5k; Youth Series 2k or 5k Assiniboine Park Pavilion 8:30 am Rick Champagne: aprilrunseries@gmail.com; 204-293-5255 Apr 8 MRA Annual General Meeting Virtual 7:30 p.m. MRA office: 204-477-5185; office@mraweb.ca All 2024 members welcome! Apr 14 Patrick Riddell April Run Series #2 2k, 5k 🌉 & 10k 🌉 (virtual Apr 8-14) A Classic Series-10k; Youth Series-2k or 5k Assiniboine Park Pavilion 8:30 am P Rick Champagne: aprilrunseries@gmail.com; 204-293-5255 Apr 21 Patrick Riddell April Run Series #3 R 2k, 5k 🌦 & 15k 🌦 (virtual Apr 15-21) Ι Classic Series-15k; Youth Series-2k or 5k U Assiniboine Park Pavilion 8:30 am N L Rick Champagne: aprilrunseries@gmail.com; 204-293-5255 Apr 22 2024 MRA Hall of Fame Banquet E Presented by Birchwood Automotive Group Exhibitors' tables, 50/50 Draw, Plated Dinner, Bar, Guest Speaker and the Induction Ceremony! Centro Caboto Centre, 1055 Wilkes Avenue, Wpg Start Time 5:00 pm Contact: 204-477-5185; office@mraweb.ca Go for the Burn 10k 🌦 , 5k 🌦 & 3k Classic Series-5k; Youth Series-3k or 5k Assiniboine Park, Winnipeg 9:00 am Barbara-Anne Hodge: 431-482-1844; barb@mamingwey.ca Foodfare WPS Half Marathon 🌦 , 5k 🌦 & 2-Person May 5 Relay (virtual Apr 30-Jun 4) Classic Series—Half Marathon Assiniboine Park, Winnipeg 8:00 am Contact: questions@wpshalfmarathon.ca May 11 Physio Fit Run 32nd Anniversary 10k 🌦 , 5k 🌦 , 3k & 1k Kid's Run Classic Series-10k; Youth Series-1k, 3k or 5k Assiniboine Park 8:00 am Stephanie Roberecki: 204-771-7844; adventuregirl02@hotmail.com M May 11 Lockport River's Edge Run/Walk for HD 30k, Half Marathon, 10k & 5k A Skinner's Restaurant, Lockport, MB 8:30 am Y Vern Barrett: 204-694-1779; vbarrett@mts.net May 11 Run & Walk to Remember sponsored by the Curtis Klassen Memorial Fund 10k run & 5k run/walk Altona Centennial Park, Altona, MB 9:00 am Wendy Dyck: 204-324-7681; ckmf2012@gmail.com May 12 Sara Riel Wellness Walk & Run 5k & 10k St Vital Park, Winnipeg, MB Karen Carr: 204-396-7281; kcarr@sarariel.ca

May 25 Boyne Book It Fun Run 2k, 5k & 10k

Youth Series-2k or 5k

Carman Fairgrounds & Arena, Carman, MB 9:00 am Michelle Froese:204-745-9547; boynebookitfunrun@gmail.com

May 25 Headingley Fire Dept. Run for Wishes

5k 🌦 & 3k

Classic Series-5k

Headingley Fire Hall, Headingley, MB 9:00 am Josh Mulvenna: 204-963-7663; headingleyrun@gmail.com

May 26 Ste Anne Rock & Run 1k, 5k & 10k

Youth Series-1k or 5k

Redemptoriste Park, Ste Anne, MB 8:30 am Vanessa or Jessica: rockandrun24@gmail.com

Jun 1 Winnipeg Pride Run 3k & 6k

The Forks, Winnipeg, MB 9:00 am Jennifer Bhatla: winnipegfrontrunners@gmail.com

Jun 2 CMV Canada Half Marathon 🌦

CMV Canada Half Marathon

Classic Series-Half Marathon

St Vital Park, Winnipeg, MB 9:00 am

St Vital Park, Winnipeg, MB 9:00 am Diego Guzman: dguzman@cgf.com

Jun 7 Run 4 Your Cause

(Fri) 5k ♣ Awesome Twosome & 3.3k Classic Series-5k; Youth Series-3.3k or 5k

Canadian Mennonite University, Winnipeg, MB 7:00 am Richard Plant: run4yourcause@gmail.com

Jun 16 Manitoba Marathon & Cdn Half Championships Full & & Half & Marathon, Marathon Relay, 10k & & 5k Super Run

Classic Series-Full Marathon

University of Manitoba, Winnipeg, MB 7:00 am Sarah: 204-415-4517; running@manitobamarathon.mb.ca

Jun 22 Run Niverville 3k & 5k

Youth Series-3k or 5k

Hespeler Park, Niverville, MB 10:00 am Candis or Melanie: runnivervillemb@gmail.com

Jun 23 Stonewall Quarry Run 10k ♣, 5k ♣ & 1 mile Classic Series-5k

Stonewall Quarry Park, Stonewall, MB 9:00 am Dwayne Olson: 204-451-1349; lakelandfr@gmail.com

There are 22 races in the MRA Classic Race Series. MRA members 17+ must run 5 races to qualify for an MRA Classic Series award, with your best 10 races to count.

There are 22 races in the MRA Youth Race Series. MRA members 16 and under must run in 3 of these races to qualify for Youth Series awards, with your best 10 races to count.

Age for both Series is determined as of January 1st, 2024.



This symbol indicates a course that has been measured and certified by Athletics Canada.

Manitoba Runners' Association

Box 34148 Fort Richmond Winnipeg, MB R3T 5T5 (204) 477-5185 Email: office@mraweb.ca Website: www.mraweb.ca

J U L Y	Jul 3 Jul 17	MRA/John Wichers Family Ice Cream Run #1 1k & 2.2k fun run/walk Youth Series-1k or 2.2k Crescent Drive Park Picnic Shelter, Winnipeg 7:00 pm MRA Office: 204-477-5185; office@mraweb.ca MRA/John Wichers Family Ice Cream Run #2 1k & 2.5k fun run/walk Youth Series-1k or 2.5k Park City West CC/Transcona Trail, Winnipeg 7:00 pm MRA Office: 204-477-5185; office@mraweb.ca	S E P T	Sep 28 Sep 29	Reconciliation Run Half Marathon Former Birtle Residential School Ruins, Birtle, MB 9:00 am Trechelle Bunn: 218-242-7621; trechellebunn@reconciliationrun.ca Ted's Run for Literacy 10k , 5k & 2k Classic Series-10k; Youth Series 2k or 5k Kildonan Park, Winnipeg, MB 10:00 am Mauricio Alfaro: tedsrunforliteracy@gmail.com
	Aug 4	Islendingadagurinn Road Race 10 mile (56th), 5k (6th) & Jan's 1 Mile Family Fun Run (33rd) Classic Series-10 mile; Youth Series-1 mile or 5k 10 Mile: Winnipeg Beach to Gimli, MB 8:00 am 5k & 1 Mile: Gimli Park Pavilion 8:00 am Brett Lamoureux: 204-642-7417; ifmrunning@gmail.com		Oct 4 (Fri)	Kicking PancreAS 5k & 2.5k Youth Race Series-2.5k or 5k St Vital Park, Winnipeg 6:00 pm Jim Rennie: 204-795-0941 Stefanie Condon-Oldreive: 902-222-4612; stefanie@craigscause.ca
A U G	Aug 7	MRA/John Wichers Family Ice Cream Run #3 1k & 2.5 k fun run/walk Youth Series-1k or 2.5k Bunn's Creek Centennial Park 7:00 pm MRA Office: 204-477-5185; office@mraweb.ca	O C	Oct 6	Linden Woods Fall Classic Run 10k & 5k Run/Walk, Mighty Mile Kids' Run Classic Series-10k; Youth Series-1 Mile or 5k Ecole Van Walleghem School, Winnipeg, MB 9:30 am Rochelle Reynolds: lwfc@outlook.com
U S T		Grand Beach Sun Run 3k, 5k & & 10k & Classic Series-10k; Youth Series-3k or 5k Grand Beach Provincial Park, Grand Marais, MB 8:30 am Michelle Kusano: GBsunrun@gmail.com MRA/John Wichers Family Ice Cream Run #4	T O B	Oct 12	Thanks for Giving Run Half Marathon , 10k, 5k 1.2k Kids' Run Classic Series-Half Marathon Winkler Arena, Winkler, MB 9:30 am Dwight Suderman: 204-362-8223;
		Youth Series-1k or 2.5k Grant's Old Mill, Sturgeon Creek Parkway, Wpg 7:00 pm MRA Office: 204-477-5185; office@mraweb.ca Abas Auto Stony Mountain Run 2.5k, 5k & 10k Classic Series-5k; Youth Series 2.5k or 5k Centennial Park Bandstand, Stony Mountain, MB 10:00 am Tony Hoess: thoess2@hotmail.com	E R	Oct 20	thanksforgivingrun@gmail.com 12th Annual WFPS Run Half Marathon ,10k & & 5k Classic Series-Half Marathon Canadian Mennonite University, North Campus 8:00 am Jonathan Torchia: director@wfpsrun.com
	Sep 7	Point Douglas Run 10k, 5k & 2.5k Fun Run/Walk Youth Series-2.5k or 5k Norquay Community Centre, Winnipeg 9:00 am Bridget Robinson: 204-330-0022; bridget@mymts.net		Oct 27	Pinawa Road Classic 5k & 10k Pinawa Golf Club, Pinawa, MB 10:00 am Mark Yakimishen: 204-572-6058; myakimishen@hotmail.com
S E	Sep 8	Kim McCallum: 204-261-9006; mcckim03@gmail.com Winnipeg 10&10 10 Mile , 10k & 5k Classic Series-10 Mile MB Legislative Grounds-South Plaza 8:00 am Sarah: 204-415-4517; running@manitobamarathon.mb.ca	N O V E	Nov 16	2024 MRA Race Directors' Meeting Virtual 9:00 am RSVP: MRA office: 204-477-5185; office@mraweb.ca All Race Directors welcome!
P T E	Sep 14	Kleefeld Honey Run 5k & 1k Classic Series-5k; Youth Series-1k or 5k Kleefeld Park, Kleefeld, MB 10:00 am	M B E	Nov 25	2024 MRA Awards Celebration Location TBA RSVP: MRA office: 204-477-5185; office@mraweb.ca
M B E	Sep 15	Veronica English: kleefeldhoneyrun@gmail.com; 204-899-4558 Riding Mountain Half Marathon, 10k & 5k Riding Mountain National Park Wasagaming Townsite (Clear Lake), MB 9:00am Luke Love: rmhalfmarathon@gmail.com	R	There are 22 races in the MRA Classic Race Series. MRA members 17+ must run 5 races to qualify for an MRA Race Series award with your best 10 races to count. There are 22 races in the MRA Youth Race Series. MRA members 16 and under must run in 3 of these races to qualify for awards, with your best 10 races to count. Age for both series is determined as of January 1st, 2024.	
		Run Sage Creek 1k, 3k, 5k & 10k Youth Series-1k, 3k or 5k Parc Ron Duhamel Park, Winnipeg, MB 8:30 am Jessica Drakul: 204-250-3401; runsagecreek@gmail.com Fort Garry Rotary Club Half Marathon & & 5k			
	Sep 22	Classic Series-Half Marathon St. Vital Park, Winnipeg 8:00 am Jeff Miller: 204-799-7449; jeff@thomasdesignbuilders.ca Treherne Run for the Hills Full & & Half Marathon, 10k & 5k Classic Series-Full Marathon Treherne Arena, Treherne, MB 9:00 am Melanie Wall: 204-723-0648; trehernerun@gmail.com		Manito Runner Associa	Canada