	Trainir	ng											F	Races															Med	al Progress
Participant	Training Runs	Training Points	Frost Bite River Run	Patrick Riddell April Series #1	Patrick Riddell April Series #2	Patrick Riddell April Series #3	Go For the Burn Run	Foodfare WPS Run	Physio Fit Run	Headingley Fire Dept Run for Wishes	R4YC		MRA Family Ice Cream Run #1	World Police & Fire Games MRA Family Ice Cream Run #2		Islendingadagurinn Road Race	Grand Beach Sun Run	Southport RUNaway Kleefeld Honey Run	Fort Garry Rotary Club Run	Riding Mountain Run	Treherne Run for the Hills	Ted's Run for Literacy	Lindenwoods Fall Classic	Thanks for Giving Run	WFPS Run	Kicking PancreAS	Race Points	(Training + Race Points)	required)	50 <b>Race count</b> (Minimum of 3 required)
Debbie Felgate-Stone	42	84	3	3	3	2	3	3		4		3		3	4	4	4	4						4	3	4	46		Qualified	Race Qualified
Phillip Pawluk	43	86		3	3	3	3	3	3	4					4	4	4	4	. 3				3			3 4	43	129	Qualified	Race Qualified
Sophie Sacco	41	82		3	3	3	3		3	4	3		3	3	4	4	4					3	3			3 4	45	127	Qualified	Race Qualified
Brenda Krueger	38	76	3			3	3	3	3	4		3		3	4	4	4	4	. 3			3		4	3	5	50	126	Qualified	Race Qualified
Shawn Bjornsson	43	86						3	3	4		3		3		4	4	4		4			3		3	3	38	124	Qualified	Race Qualified
Clemus Laurila	42	84		3		3	3	3		4		3		3		4		4	3				3		3	3	39	123	Qualified	Race Qualified
Jack Dubnicoff	43	86	3	3	3	3	3	3		4	3				4	4		4				3				3	36	122	Qualified	Race Qualified
Jessica Drakul	40	80		3	3			3	3		3	3		3	4	4		4	. 3			3	3			3	38	118	Qualified	Race Qualified
Bryanne Deroo	42	84				3		3				3		3			4	4	3			۷			3	3	30	114	Qualified	Race Qualified
Christy Rogowski	42	84		3	3		3	3		4	3					4						3				2	26	110	Qualified	Race Qualified
Gale Walker	39	78	3	3	3	3		3				3						4	. 3				3		3	3	31	109	Qualified	Race Qualified
Brent Houle	35	70	3		3	3				4				3	4	4						3	3		3	2	29	99	Qualified	Race Qualified
Danielle Burtch	26	52		3	3		3	3	3	4		3				4	4				4	3	3		3	4	43	95	Qualified	Race Qualified
Miles Macfarlane	38	76										3				4		4				4			3	1	18	94	Qualified	Race Qualified
Sheldon Pohl	29	58				3	3	3	3		3	3				4	4	4				3				3	33	91	Qualified	Race Qualified
Walter Yuen	35	70						3				3		3					3			3	3		3	2	21		Qualified	Race Qualified
Alan Neumann	38							3																	3		6		Qualified	66.67%
Louise Stuart	23	76 46		3	3		3		3	4						4	4		3			3	3		3	3	36	82	Qualified	Race Qualified
Eduardo Zaldumbide	35	70										3						4	. 3							1	10		Qualified	Race Qualified
Chelsea Owasi	29	58	3		3	3						3									4			4		2	20		Qualified	Race Qualified
Jed Dodd	20	40		3		3	3		3	4		3				4	4	4	. 3			3				3	37		Qualified	Race Qualified
Bryce Desender	17	34		3	3	3		3	3		3	3		3		4	4	4				3			3		12		Qualified	Race Qualified
Sarah Semmler	26	52	3				3		3	4						4		4							3	2	24		Qualified	Race Qualified
Connor Boyd Miller	20	40		3	3	3			3	4			3	3		4						3	3			3 3	35		Qualified	Race Qualified
Lexie Sparrow	33	66							3			3													3		9		Qualified	Race Qualified
Bryan Mintenko	32	64		3	3		3																				9		Qualified	Race Qualified
Bo Huang	26	52		Ŭ	Ŭ		J	3				3		3		4		4	. 3							ر ا	20		Qualified	Race Qualified
Mingdi Zhao	26	52						3				3		3		4		4								_	20		Qualified	Race Qualified
Anita Wrubleski	32	64						J		2	2	J		•		2			J								6		Qualified	Race Qualified
Tim Coombs	12	24	3	3	3			3		4	3	3		3		4	4	Δ				3	3		3	Δ	46		Qualified	Race Qualified
Logan Boyd Miller	17	34	J	3	2	3		J	3	4	J		3	2		4		7				3	3		J		35		Qualified	Race Qualified
Janie Parson	16	32		3	3	3		3	J	4		3	J	3		<del>-</del> Д				4		,	3		3		36		Qualified	Race Qualified
Bob Cox	10	20	3	3	3	3		3	3	4	3	3		ა 3		4 4	4		3				3	4	3		46		Qualified	Race Qualified
Scott Schoonbaert	26	52 52	3	3				3	3	7	3	2		,		<del>4</del> 2	*	1	3		1	2		_	3	1	14		Qualified	Race Qualified
Michelle Skaftfeld	26 15	30	2	3	2		3		3	1	2	2				_		4			4		3		3		32		Qualified	Race Qualified
whichere Skartheid	15	30	3	3	3		3		3	4	3							4					3		3	3	5Z	62	Quaimeu	Race Qualified

	Trainiı	ng												Races														Medal	Progress
Participant	Training Runs	Training Points	Frost Bite River Run	Patrick Riddell April Series #1	Patrick Riddell April Series #2	Patrick Riddell April Series #3	Go For the Burn Run	Foodfare WPS Run	Physio Fit Run	Headingley Fire Dept Run for Wishes	R4YC	Manitoba Marathon	MRA Family Ice Cream Run #1	World Police & Fire Games	MINA railiny ice Cleain nuil #2	Islendingadagurinn Road Race	Grand Beach Sun Run	Southport KUNaway Kleefeld Honey Run	Fort Garry Rotary Club Run	Riding Mountain Run	Treherne Run for the Hills	Ted's Run tor Literacy Reconciliation Run	Lindenwoods Fall Classic	Thanks for Giving Run		Kicking PancreAs Race Points	Total Points (Training + Race Points	Points (Minimum of 5	0 Race count (Minimum of 3 required)
Colin Reed	23	46		3					3	4	3							2								15	6:	1 Qualified	Race Qualified
Jeff Vince	13	26						3	3	4		3		3	4	4	4		3	4					3	34	6	0 Qualified	Race Qualified
Bill Gamache	12	24	3	3	3	3	3		3	4	3							4				3			3	35	5	9 Qualified	Race Qualified
Grace Brykaliuk	25	50						3				3													3	9	5	9 Qualified	Race Qualified
Meaghan Klassen	25	50	3				3					3														9		9 Qualified	Race Qualified
Catherine Moltzan	10	20	3	3		3			3	4	3	3							3			3	3	4	3	38		8 Qualified	Race Qualified
Frederica Emery	13	26		3	3	3	3	3	3	4		3			4	4									3	32	5	8 Qualified	Race Qualified
Lindsey Green	17	34		3					3	4	3							4						4	3	24	5	8 Qualified	Race Qualified
Olivia Burtch	15	30		3	3		3		3						4	4	4				4		3			27		7 Qualified	Race Qualified
Jenn Sacco	15	30						3				3		3	4	4	4					3	3		3	26	5	6 Qualified	Race Qualified
Kingsley Jamieson	15	30	3	3	3	3			3				3	3	3										3	24	54	4 Qualified	Race Qualified
Tiernan Bertrand-Meadows	7	14		3	3	3	3		3	4	3		3	3	3		4					2	3			3 40	54	4 Qualified	Race Qualified
Agoston Fischer	17	34					3			4	3	3										3			3	19	5	3 Qualified	Race Qualified
Lisa Witt	22	44	3								3															3 9	5	3 Qualified	Race Qualified
Martina Reslerova	20	40												3	4	4						3			3	13	5	3 Qualified	Race Qualified
Tane Bertrand-Meadows	9	18		3	3	3	3		3	4	3		3				4					3	3			35	5	3 Qualified	Race Qualified
Alyx Best	21	42											3	3	3							3				9	5:	1 Qualified	Race Qualified
Cassidy Best	21	42											3	3	3							3				9	5:	1 Qualified	Race Qualified
Derek Boutang	20	40	3					3						3								2				11	5:	1 Qualified	Race Qualified
Elli Peterson	14	28				3		3	3	4		3	3		4	4										23	5:	1 Qualified	Race Qualified
Scotia Jamieson	15	30	3	3	3	3			3				3	3	3											21	5:	1 Qualified	Race Qualified
Shelley Bertrand-Meadows	15	30				2			3	2	2						4					2	3			3 <b>21</b>	5:	1 Qualified	Race Qualified
Bruce Bertrand-Meadows	16	32				2			3	2	2						4					2	3			18	5	0 Qualified	Race Qualified
Teague Bertrand-Meadows	3	6		3	3	3	3		3	4	3		3	3	3		4					3	3		3	3 <b>4</b> 4		0 Qualified	Race Qualified
Tejas Bertrand-Meadows	6	12		3		3	3	3	3	4			3	3	3		4					3				3 <b>38</b>		0 Qualified	Race Qualified
Vanessa Trujillo	21	42																4								4	4	92.00	
Thomas Neave	0	0	3	3	3			3		4		3		3	4	4		4 4				3	3		3	43	4:	86.00	% Race Qualified
Aldo Furlan	16	32																4	3			3				10	4:	2 84.00	% Race Qualified
Jason Evans	18	36										3														3	3	78.00	% 33.33%
Jared Desrosiers	0	0		3	3			3	3	4		3			4	4	4				4	3			3	37	3	74.00	% Race Qualified
Jade Marshall	15	30							3																3	6	3	72.00	% 66.67%
Linda Barnes	0	0			3			3			3				4	4	4	4	3	4			3			31	3:	62.00	% Race Qualified
Brenna Dixon	0	0		3			3	3	3	4	3	3		3				4								29			•
Peter Miller	7	14						3										4 4								3 <b>1</b> 4			•
Erid Mendoza	10	20																					3			6			

	Traini	ng												Races														Medal Progress				
Participant	Training Runs	Training Points	Frost Bite River Run	Patrick Riddell April Series #1	Patrick Riddell April Series #2	Patrick Riddell April Series #3	Go For the Burn Run	Foodfare WPS Run	Physio Fit Run	Headingley Fire Dept Run for Wishes	R4YC	Manitoba Marathon	MRA Family Ice Cream Run #1	World Police & Fire Games		Islendingadagurinn Road Race	l Beac	Southport RUNaway Kleefeld Honey Run	Fort Garry Rotary Club Run	Riding Mountain Run	ne Run for the	Ted's Run for Literacy Reconciliation Run	Lindenwoods Fall Classic	Thanks for Giving Run	WFPS Run	Kicking PancreAS Race Points	<b>Total Poin</b> (Training - Race Point	+	<b>Points</b> (Minimo required	um of 50 <b>R</b>		
Wendy Le Breton	0	0		3	3	3		3		4		3		3					3							25	7	25		50.00%	Race C	Qualified
Cameron Funk	0	0		3	3				3			3									4			4	3	23	1	23		46.00%	Race C	Qualified
Jason Oltrop	9	18		3																						3	2	21		42.00%		33.33%
Talia Bertrand-Meadows	2	4					3		3	4	3						4									17	1	21		42.00%	Race C	Qualified
Valentyn Pluzhnyk	9	18	3																							3	2	21		42.00%		33.33%
Linda Funk	0	0	3						3			3									4			4	3	20	2	20		40.00%	Race C	Qualified
Melissa Pryce	0	0	3								3	3											3		3	15	1	15		30.00%	Race C	Qualified
Alexander Funk	0	0							3												4			4		11	1	11		22.00%	Race C	Qualified
Kayden Funk	0	0	3																					4	3	10	1	10		20.00%		Qualified
Tressa Alexiuk	0	0					3		3		3															9		9		18.00%	Race C	Qualified
Takeo Bodrogi	0	0															4			4						8		8		16.00%		66.67%
Marius Mendoza	0	0											3	3	3											6		6		12.00%		66.67%
Nazir Ahmad	0	0										3										3				6		6		12.00%		66.67%
Yacine Mendoza	0	0												3	3								3			6		6		12.00%		66.67%
Kathy Wiens	2	4																								0		4		8.00%		0.00%
Alicia Kliewer	0	0										3														3		3		6.00%		33.33%
Dana Kliewer	0	0										3														3		3		6.00%		33.33%
Lorraine Walton	0	0										3														3		3		6.00%		33.33%