10K Quarry Run

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	THOMAS EROS	BRANDON, MB	M: 1	RUNNER	1049	00:38:00.82	03:48	15.8kph	Overall Male Runner: 1

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:18:05.27	03:37	16.6kph	00:18:05.27
Lap2	00:19:55.55	03:59	15.1kph	00:38:00.82

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
2	SAM ZHOU	WINNIPEG, MB	M: 2	RUNNER	1096	00:42:39.33	04:15	14.1kph	Overall Male Runner: 2

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:20:47.43	04:09	14.4kph	00:20:47.43
Lap2	00:21:51.90	04:22	13.7kph	00:42:39.33

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
3	DIAMOND MAXYMOWICH	MORRIS, MB	M: 3	RUNNER	1069	00:42:39.89	04:15	14.1kph	Overall Male Runner: 3

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:20:18.34	04:03	14.8kph	00:20:18.34
Lap2	00:22:21.56	04:28	13.4kph	00:42:39.89

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
4	TREVOR GREAVES	WINNIPEG, MB	M: 4	RUNNER	1054	00:43:26.14	04:20	13.8kph	Overall Male Runner: 4

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:20:51.32	04:10	14.4kph	00:20:51.32
Lap2	00:22:34.83	04:30	13.3kph	00:43:26.14

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
5	BOB COX	WINNIPEG, MB	M: 5	RUNNER	1038	00:43:33.22	04:21	13.8kph	Overall Male Runner: 5

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:21:16.68	04:15	14.1kph	00:21:16.68
Lap2	00:22:16.55	04:27	13.5kph	00:43:33.22

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
6	LEE BEAUCAGE	HEADINGLEY, MB	M: 6	RUNNER	1220	00:44:02.60	04:24	13.6kph	Overall Male Runner: 6

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:21:10.34	04:14	14.2kph	00:21:10.34
Lap2	00:22:52.26	04:34	13.1kph	00:44:02.60

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
7	MIKE FITZPATRICK	STONEWALL, MB	M: 7	RUNNER	1051	00:44:52.61	04:29	13.4kph	Overall Male Runner: 7

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:21:34.38	04:18	13.9kph	00:21:34.38
Lap2	00:23:18.24	04:39	12.9kph	00:44:52.61

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
8	ANDREW FERGUSON	WINNIPEG, CAN	M: 8	RUNNER	1900	00:45:54.12	04:35	13.1kph	Overall Male Runner: 8

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:22:24.71	04:28	13.4kph	00:22:24.71
Lap2	00:23:29.42	04:41	12.8kph	00:45:54.12

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
9	PHILLIP PAWLUK	EAST SELKIRK, MB	M: 9	RUNNER	1077	00:45:59.08	04:35	13.0kph	Overall Male Runner: 9

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:22:24.05	04:28	13.4kph	00:22:24.05
Lap2	00:23:35.03	04:43	12.7kph	00:45:59.08

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
10	ALDO FURLAN	WINNIPEG, MB	M: 10	RUNNER	1052	00:46:27.61	04:38	12.9kph	Overall Male Runner: 10

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:23:10.50	04:38	12.9kph	00:23:10.50
Lap2	00:23:17.11	04:39	12.9kph	00:46:27.61

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
11	GIRISH MANUEL	WINNIPEG, MB	M: 11	RUNNER	1066	00:46:35.76	04:39	12.9kph	Overall Male Runner: 11

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:22:10.75	04:26	13.5kph	00:22:10.75
Lap2	00:24:25.02	04:53	12.3kph	00:46:35.76

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
12	JOY PALMER	WINNIPEG, MB	F: 1	RUNNER	1075	00:47:25.15	04:44	12.7kph	Overall Female Runner: 1

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:23:11.10	04:38	12.9kph	00:23:11.10
Lap2	00:24:14.05	04:50	12.4kph	00:47:25.15

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
13	CHRIS SHEA	WARREN, MB	M: 12	RUNNER	1086	00:48:00.59	04:48	12.5kph	Overall Male Runner: 12

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:22:38.90	04:31	13.2kph	00:22:38.90
Lap2	00:25:21.70	05:04	11.8kph	00:48:00.59

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
14	AMANDA CIPRIANO	WINNIPEG, MB	F: 2	RUNNER	1037	00:49:12.71	04:55	12.2kph	Overall Female Runner: 2

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:23:53.59	04:46	12.6kph	00:23:53.59
Lap2	00:25:19.13	05:03	11.8kph	00:49:12.71

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
15	CHRIS DICK	CARMAN, MB	M: 13	RUNNER	1041	00:49:37.97	04:57	12.1kph	Overall Male Runner: 13

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:24:16.31	04:51	12.4kph	00:24:16.31
Lap2	00:25:21.66	05:04	11.8kph	00:49:37.97

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
16	BRENT HOULE	WINNIPEG, MB	M: 14	RUNNER	1058	00:50:02.56	05:00	12.0kph	Overall Male Runner: 14

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:23:57.04	04:47	12.5kph	00:23:57.04
Lap2	00:26:05.53	05:13	11.5kph	00:50:02.56

10K Quarry Run

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
17	GLEN EASTON	WINNIPEG, MB	M: 15	RUNNER	1046	00:50:29.31	05:02	11.9kph	Overall Male Runner: 15

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:24:29.07	04:53	12.3kph	00:24:29.07
Lap2	00:26:00.24	05:12	11.5kph	00:50:29.31

18	MEGAN BESWITHERICK	AUSTIN, MB	F: 3	RUNNER	1031	00:50:38.23	05:03	11.8kph	Overall Female Runner: 3

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:23:51.42	04:46	12.6kph	00:23:51.42
Lap2	00:26:46.81	05:21	11.2kph	00:50:38.23

19	CINDY DOBSON	WINNIPEG, MB	F: 4	RUNNER	1042	00:50:43.70	05:04	11.8kph	Overall Female Runner: 4

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:24:29.10	04:53	12.3kph	00:24:29.10
Lap2	00:26:14.61	05:14	11.4kph	00:50:43.70

20	JONATHAN HALES	WINNIPEG, MB	M: 16	RUNNER	1055	00:50:50.84	05:05	11.8kph	Overall Male Runner: 16

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:23:38.61	04:43	12.7kph	00:23:38.61
Lap2	00:27:12.23	05:26	11.0kph	00:50:50.84

21	DAKOTA BLUE-MALBRANCK	WARREN, MB	F: 5	RUNNER	1035	00:50:55.25	05:05	11.8kph	Overall Female Runner: 5

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:24:31.01	04:54	12.2kph	00:24:31.01
Lap2	00:26:24.25	05:16	11.4kph	00:50:55.25

22	JANIE PARSON	LA SALLE, MB	F: 6	RUNNER	1076	00:53:55.97	05:23	11.1kph	Overall Female Runner: 6

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:24:58.41	04:59	12.0kph	00:24:58.41
Lap2	00:28:57.56	05:47	10.4kph	00:53:55.97

23	JEN KENNEDY	HEADINGLEY, MB	F: 7	RUNNER	1888	00:55:13.56	05:31	10.9kph	Overall Female Runner: 7

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:26:31.60	05:18	11.3kph	00:26:31.60
Lap2	00:28:41.97	05:44	10.5kph	00:55:13.56

24	ELDON BERGEN	WINNIPEG, MB	M: 17	RUNNER	1029	00:55:33.11	05:33	10.8kph	Overall Male Runner: 17

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:25:52.84	05:10	11.6kph	00:25:52.84
Lap2	00:29:40.28	05:56	10.1kph	00:55:33.11

25	LINDA DYCK	WINNIPEG, MB	F: 8	RUNNER	1045	00:55:36.61	05:33	10.8kph	Overall Female Runner: 8

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:26:51.70	05:22	11.2kph	00:26:51.70
Lap2	00:28:44.92	05:44	10.4kph	00:55:36.61

26	BRENDA KRUEGER	WINNIPEG, MB	F: 9	RUNNER	1063	00:56:06.29	05:36	10.7kph	Overall Female Runner: 9

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:27:29.58	05:29	10.9kph	00:27:29.58
Lap2	00:28:36.72	05:43	10.5kph	00:56:06.29

27	SHAWN BJORNSSON	WINNIPEG, MB	M: 18	RUNNER	1033	00:56:50.66	05:41	10.6kph	Overall Male Runner: 18

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:27:14.76	05:26	11.0kph	00:27:14.76
Lap2	00:29:35.91	05:55	10.1kph	00:56:50.66

28	TAKUNDA TAIMU	WINNIPEG, MB	M: 19	RUNNER	1091	00:57:34.77	05:45	10.4kph	Overall Male Runner: 19

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:28:37.58	05:43	10.5kph	00:28:37.58
Lap2	00:28:57.20	05:47	10.4kph	00:57:34.77

29	JACE ETHERIDGE	KOMARNO, MB	M: 20	RUNNER	1050	00:57:51.24	05:47	10.4kph	Overall Male Runner: 20

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:27:08.38	05:25	11.1kph	00:27:08.38
Lap2	00:30:42.87	06:08	9.8kph	00:57:51.24

30	FREDERICA EMERY	ST. ANDREWS, MB	F: 10	RUNNER	1047	00:57:51.26	05:47	10.4kph	Overall Female Runner: 10

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:27:36.38	05:31	10.9kph	00:27:36.38
Lap2	00:30:14.88	06:02	9.9kph	00:57:51.26

31	KEVIN MCCORRISTER	WINNIPEG, MB	M: 21	RUNNER	1071	00:57:56.40	05:47	10.4kph	Overall Male Runner: 21

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:27:51.71	05:34	10.8kph	00:27:51.71
Lap2	00:30:04.69	06:00	10.0kph	00:57:56.40

32	VICTORIA BLOOMFIELD	WINNIPEG, MB	F: 11	RUNNER	1034	00:58:42.91	05:52	10.2kph	Overall Female Runner: 11

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:28:47.93	05:45	10.4kph	00:28:47.93
Lap2	00:29:54.98	05:58	10.0kph	00:58:42.91

10K Quarry Run

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
33	KATHY PRAGNELL	LOCKPORT, MB	F: 12	RUNNER	1080	00:59:22.97	05:56	10.1kph	Overall Female Runner: 12

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:29:07.79	05:49	10.3kph	00:29:07.79
Lap2	00:30:15.18	06:03	9.9kph	00:59:22.97

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
34	GRAEME PERRIE	STONEWALL, MB	M: 22	RUNNER	1078	01:00:01.88	06:00	10.0kph	Overall Male Runner: 22

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:27:51.07	05:34	10.8kph	00:27:51.07
Lap2	00:32:10.82	06:26	9.3kph	01:00:01.88

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
35	BRYAN ENCABO	WINNIPEG, MB	M: 23	RUNNER	1048	01:00:27.08	06:02	9.9kph	Overall Male Runner: 23

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:28:40.17	05:44	10.5kph	00:28:40.17
Lap2	00:31:46.92	06:21	9.4kph	01:00:27.08

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
36	JAMES GOHO	WINNIPEG, MB	M: 24	RUNNER	1053	01:01:28.63	06:08	9.8kph	Overall Male Runner: 24

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:30:15.63	06:03	9.9kph	00:30:15.63
Lap2	00:31:13.00	06:14	9.6kph	01:01:28.63

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
37	JAMES JANZEN	WINNIPEG, MB	M: 25	RUNNER	1059	01:02:18.39	06:13	9.6kph	Overall Male Runner: 25

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:30:29.46	06:05	9.8kph	00:30:29.46
Lap2	00:31:48.94	06:21	9.4kph	01:02:18.39

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
38	KAYLENE REIMER	STONEWALL, MB	F: 13	RUNNER	1081	01:03:19.42	06:19	9.5kph	Overall Female Runner: 13

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:30:04.70	06:00	10.0kph	00:30:04.70
Lap2	00:33:14.72	06:38	9.0kph	01:03:19.42

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
39	KYLE DOHERTY	WINNIPEG, MB	M: 26	RUNNER	1043	01:04:40.33	06:28	9.3kph	Overall Male Runner: 26

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:30:47.55	06:09	9.7kph	00:30:47.55
Lap2	00:33:52.79	06:46	8.9kph	01:04:40.33

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
40	CECILIA TURNER	STONEWALL, MB	F: 14	RUNNER	1092	01:05:11.00	06:31	9.2kph	Overall Female Runner: 14

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:32:05.09	06:25	9.4kph	00:32:05.09
Lap2	00:33:05.91	06:37	9.1kph	01:05:11.00

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
41	KRISTY BIGELOW	STONEWALL, MB	F: 15	RUNNER	1032	01:05:24.48	06:32	9.2kph	Overall Female Runner: 15

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:33:13.66	06:38	9.0kph	00:33:13.66
Lap2	00:32:10.83	06:26	9.3kph	01:05:24.48

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
42	CELINA ROMANIW	ST. ANDREWS, MB	F: 16	RUNNER	1082	01:06:10.07	06:37	9.1kph	Overall Female Runner: 16

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:30:56.69	06:11	9.7kph	00:30:56.69
Lap2	00:35:13.38	07:02	8.5kph	01:06:10.07

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
43	SHAWNA PFEFFER	WINNIPEG, MB	F: 17	RUNNER	1079	01:06:17.23	06:37	9.1kph	Overall Female Runner: 17

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:30:43.65	06:08	9.8kph	00:30:43.65
Lap2	00:35:33.59	07:06	8.4kph	01:06:17.23

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
44	LEIGH NESBITT	STONEWALL, MB	F: 18	RUNNER	1072	01:06:36.82	06:39	9.0kph	Overall Female Runner: 18

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:32:03.63	06:24	9.4kph	00:32:03.63
Lap2	00:34:33.20	06:54	8.7kph	01:06:36.82

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
45	LINDSAY NOEL	STONEWALL, MB	F: 19	RUNNER	1073	01:06:37.77	06:39	9.0kph	Overall Female Runner: 19

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:32:04.59	06:24	9.4kph	00:32:04.59
Lap2	00:34:33.19	06:54	8.7kph	01:06:37.77

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
46	LOUISE STUART	WINNIPEG, MB	F: 20	RUNNER	1089	01:06:53.49	06:41	9.0kph	Overall Female Runner: 20

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:31:28.43	06:17	9.5kph	00:31:28.43
Lap2	00:35:25.07	07:05	8.5kph	01:06:53.49

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
47	DAVID SCHULZ	WINNIPEG, MB	M: 27	RUNNER	1084	01:10:58.66	07:05	8.5kph	Overall Male Runner: 27

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:28:41.52	05:44	10.5kph	00:28:41.52
Lap2	00:42:17.15	08:27	7.1kph	01:10:58.66

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
48	NORMA JONES	WINNIPEG, MB	F: 21	RUNNER	1060	01:11:44.00	07:10	8.4kph	Overall Female Runner: 21

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:34:18.92	06:51	8.7kph	00:34:18.92
Lap2	00:37:25.09	07:29	8.0kph	01:11:44.00

10K Quarry Run

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
49	CINDY BERGEN	WINNIPEG, MB	F: 22	RUNNER	1030	01:12:38.93	07:15	8.3kph	Overall Female Runner: 22

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:34:16.64	06:51	8.8kph	00:34:16.64
Lap2	00:38:22.29	07:40	7.8kph	01:12:38.93

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
50	KEVIN JUNGBLUTH	MORRIS, MB	M: 28	RUNNER	1061	01:12:41.15	07:16	8.3kph	Overall Male Runner: 28

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:30:56.57	06:11	9.7kph	00:30:56.57
Lap2	00:41:44.58	08:20	7.2kph	01:12:41.15

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
51	NETANYA HINOJOSA	WINNIPEG, MB	F: 23	RUNNER	1056	01:13:41.59	07:22	8.1kph	Overall Female Runner: 23

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:35:53.19	07:10	8.4kph	00:35:53.19
Lap2	00:37:48.41	07:33	7.9kph	01:13:41.59

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
52	JOHN CUBE	WINNIPEG, MB	M: 29	RUNNER	1040	01:13:58.65	07:23	8.1kph	Overall Male Runner: 29

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:35:04.03	07:00	8.6kph	00:35:04.03
Lap2	00:38:54.62	07:46	7.7kph	01:13:58.65

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
53	VANESSA SCHURKO	PORTAGE LA PRAIRIE, MB	F: 24	RUNNER	1085	01:14:19.04	07:25	8.1kph	Overall Female Runner: 24

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:35:18.33	07:03	8.5kph	00:35:18.33
Lap2	00:39:00.72	07:48	7.7kph	01:14:19.04

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
54	REG BROWN	WINNIPEG, MB	M: 30	RUNNER	1036	01:14:46.66	07:28	8.0kph	Overall Male Runner: 30

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:34:56.64	06:59	8.6kph	00:34:56.64
Lap2	00:39:50.03	07:58	7.5kph	01:14:46.66

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
55	JASON KAROS	WINNIPEG, MB	M: 31	RUNNER	1062	01:14:54.22	07:29	8.0kph	Overall Male Runner: 31

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:35:50.34	07:10	8.4kph	00:35:50.34
Lap2	00:39:03.89	07:48	7.7kph	01:14:54.22

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
56	DEBORAH BAZAN	WINNIPEG, MB	F: 25	RUNNER	1028	01:18:05.97	07:48	7.7kph	Overall Female Runner: 25

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:37:27.75	07:29	8.0kph	00:37:27.75
Lap2	00:40:38.23	08:07	7.4kph	01:18:05.97

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
57	JODY WASSERMAN	KOMARNO, MB	F: 26	RUNNER	1094	01:19:58.67	07:59	7.5kph	Overall Female Runner: 26

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:36:48.76	07:21	8.1kph	00:36:48.76
Lap2	00:43:09.91	08:37	7.0kph	01:19:58.67

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
58	JESSICA SUTCLIFFE	WINNIPEG, MB	F: 27	RUNNER	1090	01:21:30.29	08:09	7.4kph	Overall Female Runner: 27

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:39:16.23	07:51	7.6kph	00:39:16.23
Lap2	00:42:14.06	08:26	7.1kph	01:21:30.29

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
59	GILLIAN CRAWFORD	WINNIPEG, MB	F: 28	RUNNER	1039	01:21:35.79	08:09	7.4kph	Overall Female Runner: 28

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:38:22.74	07:40	7.8kph	00:38:22.74
Lap2	00:43:13.05	08:38	6.9kph	01:21:35.79

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
60	TREVOR DUECK	WINNIPEG, MB	M: 32	RUNNER	1044	01:35:48.88	09:34	6.3kph	Overall Male Runner: 32

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:54:17.29	10:51	5.5kph	00:54:17.29
Lap2	00:41:31.60	08:18	7.2kph	01:35:48.88

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
61	CLEMUS LAURILA	WINNIPEG, MB	F: 29	RUNNER	1065	01:44:34.89	10:27	5.7kph	Overall Female Runner: 29

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:49:15.33	09:51	6.1kph	00:49:15.33
Lap2	00:55:19.57	11:03	5.4kph	01:44:34.89

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
62	JEFF VINCE	EAST ST PAUL, MB	M: 33	RUNNER	1093	01:44:35.80	10:27	5.7kph	Overall Male Runner: 33

Split Description	Split Time	Pace	Speed	Cumulative
Lap1	00:49:18.16	09:51	6.1kph	00:49:18.16
Lap2	00:55:17.65	11:03	5.4kph	01:44:35.80