



KEYNOTE SPEAKER

JUNEL MALAPAD

Junel Malapad has run dozens of half and full marathons, several ultramarathons, and has organized countless fun runs for the members of his community. He is a co-leader for Winnipeg Run Club, a run leader for City Park Runners, and has been a run ambassador for Lululemon. He is the founder of the BridgeForks Running group, Trash Stigma and Change Boxing Day to Running Day.

He started running in his late thirties. To celebrate his 50th year of life, Junel ran 50 kilometres 50 times in the 12 months of 2020. He was awarded a Manitoba 150 Honour Award in 2021.

Between May 1-7, 2022 he ran 490 kms across Manitoba to raise awareness and funds for mental health programs in our community.

He is happily married to his wicked awesome wife and has 2 beautiful daughters. Currently, he is enjoying his “Runtirement” by running, fishing and RVing. All while working his rewarding part time job at City Park Runners.

Junel has impacted and inspired many to lace up their shoes and just start moving.