

J
U
L
Y

Jul 6 MRA Family Ice Cream Run #1
1k & 2.2k fun run/walk
Youth Series-1k or 2.2k
Crescent Drive Park Picnic Shelter, Winnipeg 7:00 pm
MRA Office: 204-477-5185; office@mraweb.ca

Jul 23 Clearwater Lake Half Marathon
21k 🇨🇦, 10k, 5k & 1k
Airport Hall, Clearwater Lake, The Pas, MB 8:30am
Michael O'Rourke: 204-623-0288;
michaelorourke@mymts.net

**Jul 30 World Police & Fire Games 2023
Half Marathon** 🇨🇦
Classic Series—Half Marathon
St. Vital Park, Winnipeg, MB 7:00 am
Kelsey Moeller Brown: 204-793-7078;
halfmarathon@wpfg2023.com

A
U
G
U
S
T

Aug 2 MRA Family Ice Cream Run #2
1k & 2.2 k fun run/walk
Youth Series-1k or 2.2k
Crescent Drive Park Picnic Shelter 7:00 pm
MRA Office: 204-477-5185; office@mraweb.ca

Aug 6 Islendingadagurinn Road Race 10 mile 🇨🇦 (55th),
5k (5th) & Jan's 1 Mile Family Fun Run (32nd)
Classic Series-10 mile; Youth Series-1 mile or 5k
10 Mile: Winnipeg Beach to Gimli, MB 8:00 am
5k (8:00 am) & 1 Mile (8:00 am): Gimli Park Pavilion
Brett Lamoureux: ifmrunning@gmail.com

Aug 19 Grand Beach Sun Run
3k, 5k 🇨🇦 & 10k 🇨🇦
Classic Series-10k; Youth Series-3k or 5k
Grand Beach Provincial Park, Grand Beach, MB 8:30 am
Michelle Kusano: GBSunrun@gmail.com

Aug 26 Southport RUNway
5k & 10k
Southport Aerospace, Southport, MB 8:00 am
Nate Coates: ncoates@southport.ca

S
E
P
T
E
M
B
E
R

Sep 9 Point Douglas Run
10k, 5k & 2.5k Fun Run/Walk
Youth Series-2.5k or 5k
Norquay Community Centre, Winnipeg 9:00 am
Bridget Robinson: 204-330-0022; bridget@mymts.net
Kim McCallum: 204-261-9006; mcckim03@gmail.com

Sep 16 Kleefeld Honey Run
5k 🇨🇦 Race
Classic Series-5k
Kleefeld Park, Kleefeld, MB 10:00 am
Veronica English: kleefeldhoneyrun@gmail.com;
204-899-4558

**Sep 17 Fort Garry Rotary Club Half Marathon
Half Marathon** 🇨🇦 & 5k Fun Run
Classic Series-Half Marathon
St. Vital Park, Winnipeg 8:00 am
Jeff Miller: 204-799-7449; jeff@thomasdesignbuilders.ca

Sep 17 Riding Mountain Half Marathon, 10k & 5k
Riding Mountain National Park
Wasagaming Townsite, MB 9:00am
Luke Love: rmhalfmarathon@gmail.com

S
E
P
T
E
M
B
E
R

Sep 24 Treherne Run for the Hills
Full 🇨🇦 & Half 🇨🇦 Marathon, 10k & 5k
(virtual dates TBA)
Classic Series-Full Marathon
224 Vanzile Street, Treherne, MB 9:00 am
Melanie Wall: 204-723-0648; trehernerun@gmail.com

Sep 24 Ted's Run for Literacy
10k 🇨🇦, 5k 🇨🇦 & 2k Fun Run
Classic Series-10k; Youth Series 2k or 5k
Kildonan Park, 2015 Main St, Winnipeg 10:00 am
Mauricio Alfaro: 204-295-9461;
tedsrnforliteracy@gmail.com

Sep 30 Reconciliation Run Half Marathon
Former Birtle Residential School Ruins, Birtle, MB 8:00 am
Trehelle Bunn: 218-242-7621;
trehellebunn@reconciliationrun.ca

O
C
T
O
B
E
R

Oct 1 Lindenwoods Fall Classic Run
10k 🇨🇦 & 5k Run/Walk, Mighty Mile Kids' Run
Classic Series-10k; Youth Series-1 Mile or 5k
Ecole Van Walleghem School, Winnipeg, MB 9:00 am
Rochelle Reynolds: 431-588-5462; dhrr1@hotmail.com

Oct 7 Thanks for Giving Run
Half Marathon 🇨🇦, 10k, 5k & 1.2k Kids' Run
Classic Series-Half Marathon
Winkler Arena, 600 Park St. Winkler, MB 9:30 am
Dwight Suderman: 204-362-8223;
thanksgivingrun@gmail.com

Oct 15 WFPS Run
Half Marathon 🇨🇦, 10k 🇨🇦 & 5k
Classic Series-Half Marathon
Canadian Mennonite University, North Campus 8:00 am
500 Shaftesbury Blvd, Winnipeg
Jonathan Torchia: 204-294-6737; director@wfpsrun.com

Oct 21 Kicking PancreAS 5k & 2.5k
Youth Race Series-2.5k or 5k
St Vital Park, Winnipeg 6:15 pm
Helen Wright: Helen@craigscasue.ca

Oct 29 Pinawa Classic Road Run 5k & 10k
Pinawa Golf Club, Pinawa, MB 10:00 am
Wanda Mathers: 204-292-8057; wandamathers@hotmail.com

N
O
V
E
M
B
E
R

Nov 18 2023 MRA Race Directors' Meeting
Virtual 9:00 am
RSVP: MRA office: 204-477-5185; office@mraweb.ca
All new & returning Race Directors welcome!

Nov 27 2023 MRA Awards Celebration
Canad Inn, 1824 Pembina Hwy, Winnipeg 6:00pm
RSVP: MRA office: 204-477-5185; office@mraweb.ca

There are 19 races in the MRA Classic Race Series. MRA members 17+ must run 5 races to qualify for an MRA Race Series award with your best 10 races to count.

There are 17 races in the MRA Youth Race Series. MRA members 16 and under must run in 3 of these races to qualify for Youth Series points, medals and prizes.

Age for both series is determined as of January 1st, 2023.



This symbol indicates a course that has been measured and certified by Athletics Canada

Manitoba Runners' Association
Box 34148 Fort Richmond
Winnipeg, MB R3T 5T5
(204) 477-5185
Email: office@mraweb.ca
Website: www.mraweb.ca