	Tra	aining														Ra	aces															l N	1edal Progress	
	Training Runs	Training Points	Frost Bite River Run (V)	Patrick Riddell April Series #1 (V)	Patrick Riddell April Series #2 (V)	Patrick Riddell April Series #3 (V)	Go for the Burn (V)	Make-A-Wish Walk & Run for Joy (V)		Williabulii Cloud Selles #1 (V) Riin for Wishes (X)	Rin 4 Your Cause (V)	Windburn Cloud Series #2 (V)		Ice Cream Run #1 (V)	Islendingadagurinn Road Race (V)	Windburn Cloud Series #4 (V)	Ice Cream Run #2 (V)	Windburn Cloud Series #5 (V)	Manitoba Marathon	Treherne Run for the Hills (V)	Kleefeld Honey Run	Rotary Club Half Marathon	Riding Mountain Half Marathon	Run2Believe (I)	Abas Auto Stony Mountain Run	Teds Run for Literacy	Run Sage Creek	Point Douglas Run (V)	Winkler Thanks for Giving Run (V)	Winnipeg 10& 10 Race Points	Total Points (Training + Race Points)	Points (Minimum of 50 required)	Race count (Minimum of 3 required)	Medal
Participant																																		
Don Bevington	43	86	2	2	2	2	2	2	2	2	2	2 2	2 2	2 2	2 2	2 2	2 2	2 2	2 3	3 2	4			3	4	3	3	2	2	2 62	2 148	Qualified	Race Qualified	Qualified
Clemus Laurila	43	86	2	2	2	2	2		2	2	2	2 2	2 2	2 2	2 2	2 2	2 2	2 2	2 3	3 2	4	3		3	4	3	3			2 59		Qualified	Race Qualified	Qualified
Debbie Felgate-Stone	41	82	2	2	2	2	2	2	2	2	2	2 2	2 2	2 2	2 2	2 2	2 2	2 2	2 3	3 2	4	3		3		3		2		2 56		Qualified	Race Qualified	Qualified
Shawn Bjornsson	43	86	2	2	2	2			2	2	2	2 2	2 2	2 2	2 2	2 2	2 2	2	3	3 2	4					2				2 41		Qualified	Race Qualified	Qualified
Shelley Borschawa	43	86	2	2	2	2			2	2	2	2 2	2 2	2 2	2 2	2 2	2	2	<u> </u>			3				2				2 35	5 121	Qualified	Race Qualified	Qualified
Henri Arbez	43	86	2	2	2	2			2		2	2		2	2 2	2		2	3	}					4					27	7 113	Qualified	Race Qualified	Qualified
Bryanne Deroo	42	84	2	2	2	2	2		2		2	2			2	2				2			4							2 26	110	Qualified	Race Qualified	Qualified
Christy Rogowski	43	86	2	2	2	2	2		2			2		2	2 2	2		2								2				2 24	4 110	Qualified	Race Qualified	Qualified
Bryan Ezako	37	74	2	2	2	2	2		2	2	2	2 2	2 2	2 2	2 2	2 2	2 2	2								2				2 34	4 108	Qualified	Race Qualified	Qualified
Phillip Pawluk	37	74	2	2	2	2			2	2	2	2 2	2 2	2 2	2 2	2 2	2 2	2 2	<u> </u>			3								33	107	Qualified	Race Qualified	Qualified
Aldo Furlan	33	66	2	2	2	2	2		2	2	2	2 2	2 2	2 2	2 2	2 2	2 2	2								3				33	99	Qualified	Race Qualified	Qualified
Kate Isanski	35	70	2	2	2	2	2		2		2	2		2	2			2		2	4									2 28	98	Qualified	Race Qualified	Qualified
Anita Wrubleski	35	70	2	2	2	2	2		2		2	2			2	2		2	3	3								2		2 27	7 97	Qualified	Race Qualified	Qualified
Reg Brown	33	66	2	2	2	2	2		2		2	2		2	2 2	2		2	3	3 2		3								30		Qualified	Race Qualified	Qualified
Kevin Lagacé	43	86	2						2									2	3	3										9	9 95	Qualified	Race Qualified	Qualified
Jamila Rempel	42	84	2															2		2								2		2 10	94	Qualified	Race Qualified	Qualified
Noel Beckel	30	60	2	2	2	2	2		2	2	2	2 2	2 2	2 2	2 2	2 2	2 2	2		2										2 34	4 94	Qualified	Race Qualified	Qualified
Vicki Asu	44	88							2			2																		2 6		Qualified	Race Qualified	Qualified
Darius Konotopetz	42	84																	3	3						3	3			9		Qualified	Race Qualified	Qualified
Brenda Krueger	34	68	2	2	2	2	2		2	2	2	2 2	2					2												22		Qualified	Race Qualified	Qualified
Frederica Emery	28	56	2	2	2	2			2	2	2	2	2	2 2	2 2	2 2	2 2	2												26		Qualified	Race Qualified	Qualified
Jed Dodd	24	48	2	2	2	2	2	2	2	2	2	2 2	2	2	2	2	2	2	2 3	3						3				34	4 82	Qualified	Race Qualified	Qualified
Mitch Finlay	38	76	2																									2		2 6		Qualified	Race Qualified	Qualified
Bill Gamache	17	34		2	2	2	2		2	2	2	2 2	2 2	2 2	2 2	2 2	2 2	2 2	2 3	3		3				3				2 43		Qualified	Race Qualified	Qualified
Bryan Mintenko	31	62	2				2		2		2	2 2	2 2	2																14	4 76	Qualified	Race Qualified	Qualified

	Tra	aining	Races																l N	ledal Progress													
	Training Runs	Training Points	Frost Bite River Run (V)	Patrick Riddell April Series #1 (V)	Patrick Riddell April Series #2 (V)	Patrick Riddell April Series #3 (V)	Go for the Burn (V) Make-A-Wish Walk & Run for Joy (V)		Windburn Cloud Series #1 (V)	Run for Wishes (V)		Windburn Cloud Series #2 (V)	Windburn Cloud Series #3 (V)	Ice Cream Run #1 (V)	Islendingadagurinn Road Race (V)	Windburn Cloud Series #4 (V)		Windburn Cloud Series #5 (V)	Manicoba Marathon Treberne Run for the Hills (V)		Rotary Club Half Marathon	Riding Mountain Half Marathon	Run2Believe (I)	Abas Auto Stony Mountain Run	Teds Run for Literacy	Run Sage Creek	Point Douglas Run (V)	Winkler Thanks for Giving Run (V) Winnipeg 108, 10	Race Points	Total Points (Training + Race Points)	Points (Minimum of 50 required)	Race count (Minimum of 3 required)	Medal
Participant																																	
Janie Parson	20	40	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2			2									2 34	74	Qualified	Race Qualified	Qualified
Jack Dubnicoff	24	48	2	2	2	2	2	2	2	2	2	2				2	2												24	72	Qualified	Race Qualified	Qualified
Jeff Vince	19	38	2					2		2	2		2	2	2		2		3	2	3			4					28	66	Qualified	Race Qualified	Qualified
Louise Stuart	19	38	2	2	2	2	2	2		2	2			2		2					3				3				2 28	66	Qualified	Race Qualified	Qualified
Brenna Dixon	17	34		2		2		2	2	2		2	2	2		2			3	2				4	2			:	2 31	65	Qualified	Race Qualified	Qualified
Maureen Peniuk	29	58						2						2			2												6	64	Qualified	Race Qualified	Qualified
Carl Eusebio	26	52	2					2		2	2								3										11	63	Qualified	Race Qualified	Qualified
Marie Roberts	21	42	2	2	2	2	2	2			2			2	2													:	2 20	62	Qualified	Race Qualified	Qualified
Judy Quistberg	18	36	5				2	2		2	2	2	2	2	2	2	2				3							:	2 25	61	Qualified	Race Qualified	Qualified
Grace Brykaliuk	26	52						2						2	2		2												8	60	Qualified	Race Qualified	Qualified
Jugnu Lodha	27	54	2				2	2 2																					6	60	Qualified	Race Qualified	Qualified
Andrew Pullen	24	48	2	2	2	2																							2 10	58	Qualified	Race Qualified	Qualified
Darla Armstrong	26						2	2																					6		Qualified	Race Qualified	Qualified
Scott Schoonbaert	21							2		2				2						2		4	ļ						2 16		Qualified	Race Qualified	Qualified
Shelley Bertrand-Meadows	26												2	2			2												6		Qualified	Race Qualified	Qualified
Bridget Robinson	25													2			2										2		6		Qualified	Race Qualified	Qualified
Bruce Bertrand-Meadows	25												2	2			2												6		Qualified	Race Qualified	Qualified
Sherry Seymour	22			2	2			2								2	2												12		Qualified	Race Qualified	Qualified
Mandy Shewchuk	24						2	2																					6		Qualified	Race Qualified	Qualified
Tiana Baskin	24																			2									2 6		Qualified	Race Qualified	Qualified
Greg Crisanti	18						2		2			2	2			2		2	3										17		Qualified	Race Qualified	Qualified
Lindsey Green	17	34		2	2	2		2						2	2		2				3				2				19		Qualified	Race Qualified	Qualified
Talia Bertrand-Meadows	8			2	2		2	2	2	2	2	2	2	2	2	2	2	2		2							2		37		Qualified	Race Qualified	Qualified
Tejas Bertrand-Meadows	9			2	2	2	2	2	2	2	2	2	2	2	2	2		2		2							2		35		Qualified	Race Qualified	Qualified
Tiernan Bertrand-Meadows	12	24		2	2	2	2	2		2	2		2	2	2		2			2						3	2		29	53	Qualified	Race Qualified	Qualified

	Tra	aining													Ra	ces															1	Medal Progress	
	Training Runs	Training Points	Frost Bite River Run (V)	Patrick Riddell April Series #1 (V)	Patrick Riddell April Series #2 (V)	Patrick Riddell April Series #3 (V)	Go for the Burn (V) Make_A_Wish Walk & Bun for lov (V)	Physio Fit Run (V)	Windburn Cloud Series #1 (V)	Run for Wishes (V)		Windburn Cloud Series #2 (V)	Ice Cream Run #1 (V)	Islendingadagurinn Road Race (V)	Windburn Cloud Series #4 (V)	Ice Cream Run #2 (V)	Windburn Cloud Series #5 (V)	Manitoba Marathon	Treherne Run for the Hills (V)	Kleefeld Honey Run	Rotary Club Half Marathon	Riding Mountain Half Marathon	Run2Believe (I)	Abas Auto Stony Mountain Run	Teds Run for Literacy	Run Sage Creek	Point Douglas Run (V)	Winkier I nanks Tor Giving Kun (V) Winnipeg 10& 10	Race Points	Total Points (Training + Race Points)	Points (Minimum of 50 required)	Race count	Medal
Participant																																	
J Warkentin	23	46	5										2	2		2											2		6	52	Qualified	Race Qualified	Qualified
Kirk Cook	11	22	2	2	2			2	<u> </u>	2	2		2	<u> </u>	2	2							3	4	3			2	2 30	52	Qualified	Race Qualified	Qualified
Derek Boutang	20	40						2	<u> </u>		2		2	<u> </u>		2									3				11	51	Qualified	Race Qualified	Qualified
Gale Walker	15	30	2	2	2	2		2	<u> </u>					2						4					3		2		21	51	Qualified	Race Qualified	Qualified
Lisa Witt	22	44	ı.		2	2												3											7	51	Qualified	Race Qualified	Qualified
Sean Ticsay	19	38	2					2	<u> </u>		2		2	2				2								3			13	51	Qualified	Race Qualified	Qualified
Tane Bertrand-Meadows	11	22	2	2	2	2	2	2	<u> </u>	2	2	2	. 2	2 2		2			2							3	2		29	51	Qualified	Race Qualified	Qualified
Teague Bertrand-Meadows	11	22	2	2	2	2	2	2	<u> </u>	2	2	2	. 2	2 2		2			2							3	2		29	51	Qualified	Race Qualified	Qualified
Tim Coombs	16	32	2	2	2		2	2	<u> </u>	2	2		2	<u> </u>		2		3											19	51	Qualified	Race Qualified	Qualified
Ana Gonzalez	22	44	2																								2	2	2 6	50	Qualified	Race Qualified	Qualified
Colleen Semmler	19	38		2	2					2			2	2 2		2													12	50	Qualified	Race Qualified	Qualified
Helene Giraud	22	44						2	<u> </u>		2		2	<u> </u>															6	50	Qualified	Race Qualified	Qualified
Martina Reslerova	22	44						2	2					2														2	2 6	50	Qualified	Race Qualified	Qualified
Taylor Goodon	14	28	2	2	2	2	2	2	2 2		2		2	2	2														22	50	Qualified	Race Qualified	Qualified
Krista Waring	13	26	;				2				2	2	2		2	2									2				12	38	76.00%	Race Qualified	
Leanne Zimmerman	10	20																											0	20	40.00%	0.00%	
Wendy Singleton		0	2	2	2		2			2	2					2									2			2	2 18	18	36.00%	Race Qualified	
Terri Khalek	3	6	2	2	2											2		3											11	17	34.00%	Race Qualified	
Jen Shapka	8	16																											0	16			
Ken Rickert	8	16																											0	16	32.00%	0.00%	
Michelle Skaftfeld	5	10						2	2 2	2																			6	16			
Amy Passmore		0	2	2	2	2	2	2	2	2																			14	14			
Kristine Cruz	6	12	2					2	2																				2	14	28.00%	33.33%	
Deanne Duke		0		2				2	2	2	2		2	2											3				13	13	26.00%	Race Qualified	
Walter Yuen	2	4												2				2			3							2	2 9	13	26.00%	Race Qualified	

	Tr	aining														Race	es																Me	dal Pro	gress		
	Training Runs	Training Points	Frost Bite River Run (V)		Patrick Riddell April Series #2 (V)	Patrick Riddell April Series #3 (V)	GO for the Burn (V) Make-A-Wish Walk & Run for lov (V)	Physio Fit Run (V)	Windburn Cloud Series #1 (V)	Run for Wishes (V)	Run 4 Your Cause (V)	Windburn Cloud Series #2 (V)	Windburn Cloud Series #3 (V)	Ice Cream Run #1 (V)	<u> </u>	4 (V)		Windburn Cloud Series #5 (V)	Manitoba Marathon	Treherne Run for the Hills (V)	Kleereld Honey Run	Kotary Club Hair Marathon	Kiding Mountain Hair Marathon P.m.2 Politica (1)	Kunzbelleve (I) Abas Arto Stony Mountain Run	Teds Run for Literacy	Run Sage Creek	Point Douglas Run (V)	Winkler Thanks for Giving Run (V) Winnipeg 10& 10	Race Points	Total Poin (Training Race Point	+	s (Minin 0 requir	num	Race (Minim	count um of 3 iired)	Medal	_
Participant David Hoel Diego Zabalegui Jennifer Merrell Jennifer Zacharias Carrie Crisanti Joel Remis Kayleigh Hoel Lady Eliza Linnéa Gatzwiller Mingdi Zhao Nathan Dyck Kathy Wiens Amanda Li Maddy Hoel Craig Melanson Cat Brown Jason Oltrop Wendy Lazaruk-Trueman Brian Mullins Donja Darai Isabelle Knox Jeremy Knox Jon Warkentin Krista Masters Meghan Lemoine Mitch Rosset	5 4 4 2 3 3 3	8 8 0 4 0 6 6 0 0 0 4 4 4 0 0	2	2	2	2	2				2			2					3			3			4	3		2	0 0 0 7 2 6 0 0 6 6 5 0 0 0 2 0 0 0 0 0 0		10 8 7 6 6 6 6 6 6 6 6 6 7 0 0 0 0 0 0 0 0 0	16. 16. 14. 12. 12. 12. 12. 12. 10. 8. 6. 4. 4. 0. 0. 0. 0. 0. 0.	00% 00% 00% 00% 00% 00% 00% 00% 00% 00%		0.00% 0.00% 0.00% 0.00% 0.00% 0.00% 66.67% 66.67% 0.00% 33.33% 0.00% 0.00% 30.00% 0.00% 0.00% 0.00%		

	Training	Races		Medal Progress	
Participant	Training Runs Autorian Augusts	Frost Bite River Run (V) Patrick Riddell April Series #1 (V) Patrick Riddell April Series #2 (V) Go for the Burn (V) Make-A-Wish Walk & Run for Joy (V) Physio Fit Run (V) Run for Wishes (V) Run for Wishes (V) Run 4 Your Cause (V) Windburn Cloud Series #1 (V) Ice Cream Run #1 (V) Ice Cream Run #1 (V) Ice Cream Run #2 (V) Windburn Cloud Series #5 (V) Windburn Cloud Series #5 (V) Windburn Cloud Series #5 (V) Manitoba Marathon Treherne Run for the Hills (V) Kleefeld Honey Run Rotary Club Half Marathon Run2Believe (I) Abas Auto Stony Mountain Run Teds Run for Literacy Run Sage Creek Point Douglas Run (V) Winkler Thanks for Giving Run (V) Winkler Thanks for Giving Run (V)	Total Points (Training + Race Points)	Points (Minimum (Minimum of 3 of 50 required) required)	edal
Natalie Knox Natalie Lam	0		0	0.00% 0.00% 0.00% 0.00%	
Paul Kostna	0		0	0.00% 0.00%	
Peter Wiens	0		0	0.00% 0.00%	
Saul Henteleff	0		0	0.00% 0.00%	