

Brett Lamoureux

I have been a Race Director for the Islendingadagurinn 10 Mile, 5K and 1 Mile run for the past three years, two of which will be virtual races.

I became involved to improve the quality of the Icelandic Festival's running races and offer something better to our community as well as to provide better value for our race participants.

I began as a volunteer board director for the Icelandic Festival of Manitoba and started volunteering to be responsible for race logistics in Gimli.

It's very satisfying to provide such a positive and healthy activity for people during the Covid-19 pandemic.

My favourite memory of my running involvement is seeing runners complete their first 5k, parents and children competing in our 1 Mile race, and having so many runners still dedicated to our 10 mile road race.

My favourite race is the Hecla Half-Marathon for its beautiful race course and high quality participant experience (hot/cold pools at the hotel and a great reception).

My favourite road running memory is generally, improving my race times and the dedication of my Roadkill running coach, Ken Perchaluk, and my worst experience is no in person races between 2020-2021.