

## Darolyn Walker

Darolyn Walker is one of the elite road running athletes in Manitoba, and has been since early in this century. She got her start on the roads in the Manitoba Marathon Super Run in 1992 (age 10). From her first run in elementary school, it was apparent that she had talent, and she competed for her schools and in university, then known as Darolyn Trembath. Her best events in those years were the middle distance events such as the 800 m and the 1500 m and so it was an adjustment to compete in the longer races on the roads. In one of her first 10 kms (CN Tracks of Glory) she got nausea at the end. But over time, she got used to the longer effort and became extremely good at it.

Darolyn's most satisfying achievement on the roads was her 1:19:59 half marathon in the WPS event in May, 2016. The clock showed a faster time as she finished, but her official time was one second under the 1:20 barrier. Another notable performance was her 2:54:00 in the Twin Cities marathon, also in 2016.

Darolyn has run 5 km in 17:28, 10 km in 36:20 and did a 10 mile in Minneapolis in 60:00, beating the world famous Zola Budd in that race! However, her favourite event continues to be the Manitoba Marathon, whether in the super run as a child, or on her school relay team (that placed second in the open women's category!), or in the longer races as an individual. She loves the buzz of all those people gathering at the University for the great challenge of running their best.

Darolyn was born on February 19, 1982 (currently 42 years old) and has 3 children, ages 7, 10 and about to turn 13. Although diagnosed with Multiple Sclerosis in the fall of 2007, she continues to run and to race. As a 42 year old, she placed 4<sup>th</sup> in the 2024 WPS half marathon in a time of 1:29:38, after running the Palm Desert ½ in 1:27:59 in February, 2024.

2024 Times:

5k: 19:35

10k: 40:45

Half Marathon: 1:29:38