

Lockport Rivers Edge Run
30K Division Results

Generated by Jim Rennie
on May 10, 2026 3:19:45pm EDT

RANK	NAME	HOMETOWN	PR_DIV	TIME	PACE	BIB
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Female

1	JILL ZAMRYKUT	Selkirk, Canada	Female 30-34	02:46:16.07	08:56	5675
2	CANDACE KOSACK	Winnipeg, Canada	Female 40-44	02:53:08.93	09:18	5671
3	NANETTE GOLDSWORTHY	Oakbank, Canada	Female 45-49	03:06:13.43	10:00	5676
4	AMANDA DEVOS	Dugald, Canada	Female 35-39	03:08:03.85	10:06	5656
5	NOREEN GNITZINGER	Winnipeg, Canada	Female 65-69	03:29:41.86	11:15	5665
6	AMANDA COUTTS	Winnipeg, Canada	Female 30-34	03:29:42.15	11:15	5666
7	ANNE SMITH	Saint Andrews, Canada	Female 35-39	03:39:47.32	11:48	5660

Female 30-34

1	JILL ZAMRYKUT	Selkirk, Canada	Female 30-34	02:46:16.07	08:56	5675
2	AMANDA COUTTS	Winnipeg, Canada	Female 30-34	03:29:42.15	11:15	5666

Female 35-39

1	AMANDA DEVOS	Dugald, Canada	Female 35-39	03:08:03.85	10:06	5656
2	ANNE SMITH	Saint Andrews, Canada	Female 35-39	03:39:47.32	11:48	5660

Female 40-44

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RANK	NAME	HOMETOWN	PR_DIV	TIME	PACE	BIB
1	CANDACE KOSACK	Winnipeg, Canada	Female 40-44	02:53:08.93	09:18	5671

Female 45-49

1	NANETTE GOLDSWORTHY	Oakbank, Canada	Female 45-49	03:06:13.43	10:00	5676
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Female 65-69

1	NOREEN GNITZINGER	Winnipeg, Canada	Female 65-69	03:29:41.86	11:15	5665
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Male

1	BOB COX	Winnipeg, Canada	Male 65-69	02:31:47.67	08:09	5657
2	CARSON CIESZECKI	Winnipeg, Canada	Male 19-24	02:48:40.59	09:03	5673
3	ZACHARY PANKRATZ	Winnipeg, Canada	Male 25-29	02:48:58.72	09:04	5674
4	NICHOLAS MALZAHN	Winnipeg, Canada	Male 40-44	02:52:33.31	09:16	5664
5	JOASH ROCABERTE	Winnipeg, Canada	Male 19-24	02:56:47.17	09:30	5679
6	ROB BACHMAN	Selkirk, Canada	Male 40-44	02:59:25.97	09:38	5663
7	DON BEVINGTON	Beausejour, Canada	Male 55-59	02:59:26.10	09:38	5667
8	CAM TRAN	Beausejour, Canada	Male 45-49	03:06:13.43	10:00	5677
9	HANZ VALDEZ	Winnipeg, Canada	Male 25-29	03:19:12.53	10:42	5668
10	ALDRIN DESTACAMENTO	Winnipeg, Canada	Male 35-39	03:22:37.88	10:53	5659
11	JASON NAULT	East Saint Paul, Canada	Male 40-44	03:22:41.99	10:53	5680
12	ADRIAN DANO	Winnipeg, Canada	Male 25-29	03:30:16.75	11:17	5678
13	JEREMY CORBETT	Winnipeg, Canada	Male 45-49	03:32:27.49	11:24	5661
14	DAVID PHAN	Winnipeg, Canada	Male 19-24	03:41:03.73	11:52	5670
15	KYLE INOCENCIO	Winnipeg, Canada	Male 19-24	04:09:37.89	13:24	5681

Male 19-24

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RANK	NAME	HOMETOWN	PR_DIV	TIME	PACE	BIB
1	CARSON CIESZECKI	Winnipeg, Canada	Male 19-24	02:48:40.59	09:03	5673
2	JOASH ROCABERTE	Winnipeg, Canada	Male 19-24	02:56:47.17	09:30	5679
3	DAVID PHAN	Winnipeg, Canada	Male 19-24	03:41:03.73	11:52	5670
4	KYLE INOCENCIO	Winnipeg, Canada	Male 19-24	04:09:37.89	13:24	5681

Male 25-29

1	ZACHARY PANKRATZ	Winnipeg, Canada	Male 25-29	02:48:58.72	09:04	5674
2	HANZ VALDEZ	Winnipeg, Canada	Male 25-29	03:19:12.53	10:42	5668
3	ADRIAN DANO	Winnipeg, Canada	Male 25-29	03:30:16.75	11:17	5678

Male 35-39

1	ALDRIN DESTACAMENTO	Winnipeg, Canada	Male 35-39	03:22:37.88	10:53	5659
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Male 40-44

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Male 55-59

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Male 65-69

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RANK	NAME	HOMETOWN	PR_DIV	TIME	PACE	BIB
1	BOB COX	Winnipeg, Canada	Male 65-69	02:31:47.67	08:09	5657