





# 10K - Go For the Burn

| Place | Name                | Hometown              | Gender                   | Type              | Bib # | Time        | Pace  | Speed        | Division Rank             |
|-------|---------------------|-----------------------|--------------------------|-------------------|-------|-------------|-------|--------------|---------------------------|
| 33    | CAMILLE DALY        | WINNIPEG, MAN         | F: 15                    | Runner            | 653   | 01:01:40.60 | 06:10 | 9.7kph       | Overall Female Runner: 15 |
|       |                     |                       | <u>Split Description</u> | <u>Split Time</u> |       | <u>Pace</u> |       | <u>Speed</u> | <u>Cumulative</u>         |
|       |                     |                       | Finish                   | 00:29:55.909      |       |             |       | 0.0kph       | 00:29:55.909              |
|       |                     |                       | Split 2                  | 00:31:44.694      |       | 06:20       |       | 9.5kph       | 01:01:40.603              |
| 34    | VICTORIA BLOOMFIELD | WINNIPEG, MAN         | F: 16                    | Runner            | 643   | 01:02:17.37 | 06:13 | 9.6kph       | Overall Female Runner: 16 |
|       |                     |                       | <u>Split Description</u> | <u>Split Time</u> |       | <u>Pace</u> |       | <u>Speed</u> | <u>Cumulative</u>         |
|       |                     |                       | Finish                   | 00:29:54.752      |       |             |       | 0.0kph       | 00:29:54.752              |
|       |                     |                       | Split 2                  | 00:32:22.622      |       | 06:28       |       | 9.3kph       | 01:02:17.374              |
| 35    | SHAWNA PFEFFER      | WINNIPEG, MAN         | F: 17                    | Runner            | 678   | 01:02:18.25 | 06:13 | 9.6kph       | Overall Female Runner: 17 |
|       |                     |                       | <u>Split Description</u> | <u>Split Time</u> |       | <u>Pace</u> |       | <u>Speed</u> | <u>Cumulative</u>         |
|       |                     |                       | Finish                   | 00:29:55.216      |       |             |       | 0.0kph       | 00:29:55.216              |
|       |                     |                       | Split 2                  | 00:32:23.036      |       | 06:28       |       | 9.3kph       | 01:02:18.252              |
| 36    | JEFFREY HARRIS      | WINNIPEG, MAN         | M: 19                    | Runner            | 662   | 01:02:18.25 | 06:13 | 9.6kph       | Overall Male Runner: 19   |
|       |                     |                       | <u>Split Description</u> | <u>Split Time</u> |       | <u>Pace</u> |       | <u>Speed</u> | <u>Cumulative</u>         |
|       |                     |                       | Finish                   | 00:30:48.504      |       |             |       | 0.0kph       | 00:30:48.504              |
|       |                     |                       | Split 2                  | 00:31:29.748      |       | 06:17       |       | 9.5kph       | 01:02:18.252              |
| 37    | KENNEDY CHAMBERS    | WINNIPEG, MAN         | F: 18                    | Runner            | 649   | 01:02:33.42 | 06:15 | 9.6kph       | Overall Female Runner: 18 |
|       |                     |                       | <u>Split Description</u> | <u>Split Time</u> |       | <u>Pace</u> |       | <u>Speed</u> | <u>Cumulative</u>         |
|       |                     |                       | Finish                   | 00:30:26.126      |       |             |       | 0.0kph       | 00:30:26.126              |
|       |                     |                       | Split 2                  | 00:32:07.295      |       | 06:25       |       | 9.3kph       | 01:02:33.421              |
| 38    | JARRETT CHAMBERS    | WINNIPEG, MAN         | M: 20                    | Runner            | 648   | 01:02:34.00 | 06:15 | 9.6kph       | Overall Male Runner: 20   |
|       |                     |                       | <u>Split Description</u> | <u>Split Time</u> |       | <u>Pace</u> |       | <u>Speed</u> | <u>Cumulative</u>         |
|       |                     |                       | Finish                   | 00:30:25.180      |       |             |       | 0.0kph       | 00:30:25.180              |
|       |                     |                       | Split 2                  | 00:32:08.829      |       | 06:25       |       | 9.3kph       | 01:02:34.009              |
| 39    | JEFF KLASSEN        | WEST ST. PAUL,<br>MAN | M: 21                    | Runner            | 664   | 01:02:40.04 | 06:16 | 9.6kph       | Overall Male Runner: 21   |
|       |                     |                       | <u>Split Description</u> | <u>Split Time</u> |       | <u>Pace</u> |       | <u>Speed</u> | <u>Cumulative</u>         |
|       |                     |                       | Finish                   | 00:26:29.939      |       |             |       | 0.0kph       | 00:26:29.939              |
|       |                     |                       | Split 2                  | 00:36:10.103      |       | 07:14       |       | 8.3kph       | 01:02:40.042              |
| 40    | JOHANNA KROETSCH    | WINNIPEG, MAN         | F: 19                    | Runner            | 668   | 01:03:12.86 | 06:19 | 9.5kph       | Overall Female Runner: 19 |
|       |                     |                       | <u>Split Description</u> | <u>Split Time</u> |       | <u>Pace</u> |       | <u>Speed</u> | <u>Cumulative</u>         |
|       |                     |                       | Finish                   | 00:30:50.842      |       |             |       | 0.0kph       | 00:30:50.842              |
|       |                     |                       | Split 2                  | 00:32:22.026      |       | 06:28       |       | 9.3kph       | 01:03:12.868              |
| 41    | JODY BUTTERFIELD    | LAURIER, MAN          | F: 20                    | Runner            | 646   | 01:04:42.23 | 06:28 | 9.3kph       | Overall Female Runner: 20 |
|       |                     |                       | <u>Split Description</u> | <u>Split Time</u> |       | <u>Pace</u> |       | <u>Speed</u> | <u>Cumulative</u>         |
|       |                     |                       | Finish                   | 00:31:58.515      |       |             |       | 0.0kph       | 00:31:58.515              |
|       |                     |                       | Split 2                  | 00:32:43.722      |       | 06:32       |       | 9.2kph       | 01:04:42.237              |
| 42    | KHALID AHMAD        | WINNIPEG, MAN         | M: 22                    | Runner            | 638   | 01:07:33.42 | 06:45 | 8.9kph       | Overall Male Runner: 22   |
|       |                     |                       | <u>Split Description</u> | <u>Split Time</u> |       | <u>Pace</u> |       | <u>Speed</u> | <u>Cumulative</u>         |
|       |                     |                       | Finish                   | 00:33:11.502      |       |             |       | 0.0kph       | 00:33:11.502              |
|       |                     |                       | Split 2                  | 00:34:21.919      |       | 06:52       |       | 8.7kph       | 01:07:33.421              |
| 43    | DIANE KOWERKO       | WINNIPEG, MAN         | F: 21                    | Runner            | 667   | 01:09:54.76 | 06:59 | 8.6kph       | Overall Female Runner: 21 |
|       |                     |                       | <u>Split Description</u> | <u>Split Time</u> |       | <u>Pace</u> |       | <u>Speed</u> | <u>Cumulative</u>         |
|       |                     |                       | Finish                   | 00:34:33.800      |       |             |       | 0.0kph       | 00:34:33.800              |
|       |                     |                       | Split 2                  | 00:35:20.965      |       | 07:04       |       | 8.5kph       | 01:09:54.765              |
| 44    | CHRIS MAXEMUCK      | LORETTE WEST,<br>MAN  | M: 23                    | Runner            | 673   | 01:10:20.74 | 07:02 | 8.5kph       | Overall Male Runner: 23   |
|       |                     |                       | <u>Split Description</u> | <u>Split Time</u> |       | <u>Pace</u> |       | <u>Speed</u> | <u>Cumulative</u>         |
|       |                     |                       | Finish                   | 00:32:03.101      |       |             |       | 0.0kph       | 00:32:03.101              |
|       |                     |                       | Split 2                  | 00:38:17.644      |       | 07:39       |       | 7.8kph       | 01:10:20.745              |
| 45    | FAYROSE ABAS        | WINNIPEG, MAN         | F: 22                    | Runner            | 636   | 01:16:48.36 | 07:40 | 7.8kph       | Overall Female Runner: 22 |
|       |                     |                       | <u>Split Description</u> | <u>Split Time</u> |       | <u>Pace</u> |       | <u>Speed</u> | <u>Cumulative</u>         |
|       |                     |                       | Finish                   | 00:37:47.103      |       |             |       | 0.0kph       | 00:37:47.103              |
|       |                     |                       | Split 2                  | 00:39:01.259      |       | 07:48       |       | 7.7kph       | 01:16:48.362              |
| 46    | REG BROWN           | WINNIPEG, MAN         | M: 24                    | Runner            | 645   | 01:19:33.50 | 07:57 | 7.5kph       | Overall Male Runner: 24   |
|       |                     |                       | <u>Split Description</u> | <u>Split Time</u> |       | <u>Pace</u> |       | <u>Speed</u> | <u>Cumulative</u>         |
|       |                     |                       | Finish                   | 00:40:23.684      |       |             |       | 0.0kph       | 00:40:23.684              |
|       |                     |                       | Split 2                  | 00:39:09.818      |       | 07:49       |       | 7.7kph       | 01:19:33.502              |