

Go For The Burn 10K 2024

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank	
1	HAYDEN BOWMAN	WINNIPEG, MB,	M: 1	RUNNER	1046	00:40:19.18	04:01	14.9kph	Overall Male Runner: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:19:38.68	03:55	15.3kph	00:19:38.68
						Finish	00:20:40.50	02:04	29.0kph	00:40:19.18
2	COREY MOHR	WINNIPEG, MB,	M: 2	RUNNER	1072	00:40:43.16	04:04	14.7kph	Overall Male Runner: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:19:52.65	03:58	15.1kph	00:19:52.65
						Finish	00:20:50.51	02:05	28.8kph	00:40:43.16
3	MICHAEL BOSZKO	HEADINGLEY, MB,	M: 3	RUNNER	1054	00:42:26.88	04:14	14.1kph	Overall Male Runner: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:21:06.80	04:13	14.2kph	00:21:06.80
						Finish	00:21:20.08	02:08	28.1kph	00:42:26.88
4	BRANDY ADOLPHE	WINNIPEG, MB,	F: 1	RUNNER	1073	00:44:46.84	04:28	13.4kph	Overall Female Runner: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:22:24.74	04:28	13.4kph	00:22:24.74
						Finish	00:22:22.11	02:14	26.8kph	00:44:46.84
5	BEN FOO	WINNIPEG, MAN	M: 4	RUNNER	1006	00:45:34.08	04:33	13.2kph	Male 40 - 49: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:22:53.80	04:34	13.1kph	00:22:53.80
						Finish	00:22:40.28	02:16	26.5kph	00:45:34.08
6	ERIN ROLOFF	DAUPHIN, MB,	F: 2	RUNNER	1022	00:46:39.85	04:39	12.9kph	Overall Female Runner: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:23:31.83	04:42	12.7kph	00:23:31.83
						Finish	00:23:08.02	02:18	25.9kph	00:46:39.85
7	JAMES ROBERTS	WINNIPEG, MB,	M: 5	RUNNER	1056	00:47:25.27	04:44	12.7kph	Male 30 - 39: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:34:20.01	06:52	8.7kph	00:34:20.01
						Finish	00:13:05.26	01:18	45.8kph	00:47:25.27
8	SHAWN CROREY	WINNIPEG, MB,	M: 6	RUNNER	1066	00:47:52.88	04:47	12.5kph	Male 50 - 59: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:24:02.26	04:48	12.5kph	00:24:02.26
						Finish	00:23:50.62	02:23	25.2kph	00:47:52.88
9	KENNEDY CHAMBERS	WINNIPEG, MAN	F: 3	RUNNER	1003	00:49:09.62	04:54	12.2kph	Overall Female Runner: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:25:06.87	05:01	11.9kph	00:25:06.87
						Finish	00:24:02.75	02:24	25.0kph	00:49:09.62
10	NIC BRENNAN	STONEWALL, MB,	M: 7	RUNNER	1027	00:49:10.19	04:55	12.2kph	Male 19 - 29: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:25:30.74	05:06	11.8kph	00:25:30.74
						Finish	00:23:39.45	02:21	25.4kph	00:49:10.19
11	CURTIS WEBER	WINNIPEG, MB,	M: 8	RUNNER	1041	00:49:49.54	04:58	12.0kph	Male 40 - 49: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:25:07.58	05:01	11.9kph	00:25:07.58
						Finish	00:24:41.96	02:28	24.3kph	00:49:49.54
12	CORNELIUS O'DONNELL	WINNIPEG, MAN	M: 9	RUNNER	1013	00:49:59.87	04:59	12.0kph	Male 40 - 49: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:25:08.56	05:01	11.9kph	00:25:08.56
						Finish	00:24:51.31	02:29	24.1kph	00:49:59.87
13	ADRIAN PONCE	WINNIPEG, MAN	M: 10	RUNNER	1008	00:50:37.59	05:03	11.9kph	Male 19 - 29: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:26:22.59	05:16	11.4kph	00:26:22.59
						Finish	00:24:15.00	02:25	24.7kph	00:50:37.59
14	COREY SORENSEN	WINNIPEG, MB,	M: 11	RUNNER	1070	00:50:38.23	05:03	11.8kph	Male 30 - 39: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:25:33.17	05:06	11.7kph	00:25:33.17
						Finish	00:25:05.06	02:30	23.9kph	00:50:38.23
15	COLE PANTING	WINNIPEG, MB,	M: 12	RUNNER	1037	00:51:27.22	05:08	11.7kph	Male 30 - 39: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:25:18.10	05:03	11.9kph	00:25:18.10
						Finish	00:26:09.12	02:36	22.9kph	00:51:27.22
16	STEPHANIE KLASSEN	WEST ST PAUL, MB,	F: 4	RUNNER	1074	00:51:35.29	05:09	11.6kph	Female 30 - 39: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:25:32.07	05:06	11.7kph	00:25:32.07
						Finish	00:26:03.23	02:36	23.0kph	00:51:35.29

Go For The Burn 10K 2024

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank	
17	LINDSAY WALKER	WINNIPEG, MB,	F: 5	RUNNER	1002	00:51:45.40	05:10	11.6kph	Female 40 - 49: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:25:43.45	05:08	11.7kph	00:25:43.45
						Finish	00:26:01.95	02:36	23.0kph	00:51:45.40
18	DANIELLE BURTCH	WINNIPEG, MB,	F: 6	RUNNER	1067	00:52:08.14	05:12	11.5kph	Female 50 - 59: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:26:03.44	05:12	11.5kph	00:26:03.44
						Finish	00:26:04.70	02:36	23.0kph	00:52:08.14
19	JEFF LOMAS	WINNIPEG, MB,	M: 13	RUNNER	1076	00:52:15.05	05:13	11.5kph	Male 50 - 59: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:26:21.97	05:16	11.4kph	00:26:21.97
						Finish	00:25:53.09	02:35	23.2kph	00:52:15.05
20	NATHAN DE LA CRUZ	WINNIPEG, MB,	M: 14	RUNNER	1024	00:52:42.25	05:16	11.4kph	Male 30 - 39: 4	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:27:03.35	05:24	11.1kph	00:27:03.35
						Finish	00:25:38.90	02:33	23.4kph	00:52:42.25
21	BRADEN MILANI	WINNIPEG, MB,	M: 15	RUNNER	1033	00:53:09.83	05:18	11.3kph	Male 19 - 29: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:26:28.04	05:17	11.3kph	00:26:28.04
						Finish	00:26:41.80	02:40	22.5kph	00:53:09.83
22	JARRETT CHAMBERS	WINNIPEG, MAN	M: 16	RUNNER	1004	00:53:31.24	05:21	11.2kph	Male 50 - 59: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:26:21.57	05:16	11.4kph	00:26:21.57
						Finish	00:27:09.68	02:42	22.1kph	00:53:31.24
23	SAVANNAH GAUTHIER WIEBE	WINNIPEG, MB,	F: 7	RUNNER	1030	00:54:04.28	05:24	11.1kph	Female 19 - 29: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:26:15.65	05:15	11.4kph	00:26:15.65
						Finish	00:27:48.64	02:46	21.6kph	00:54:04.28
24	GILLES LESSARD	WINNIPEG, MB,	M: 17	RUNNER	1069	00:54:15.84	05:25	11.1kph	Male 19 - 29: 4	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:27:24.59	05:28	10.9kph	00:27:24.59
						Finish	00:26:51.25	02:41	22.3kph	00:54:15.84
25	STERLING MATTHES	WINNIPEG, MB,	M: 18	RUNNER	1034	00:54:37.16	05:27	11.0kph	Male 30 - 39: 5	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:27:04.70	05:24	11.1kph	00:27:04.70
						Finish	00:27:32.46	02:45	21.8kph	00:54:37.16
26	PAUL SANTOS	WINNIPEG, MAN	M: 19	RUNNER	1009	00:54:40.72	05:28	11.0kph	Male 30 - 39: 6	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:28:32.95	05:42	10.5kph	00:28:32.95
						Finish	00:26:07.78	02:36	23.0kph	00:54:40.72
27	TRACY BOWMAN	WINNIPEG, MB,	F: 8	RUNNER	1045	00:55:36.81	05:33	10.8kph	Female 40 - 49: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:27:01.64	05:24	11.1kph	00:27:01.64
						Finish	00:28:35.17	02:51	21.0kph	00:55:36.81
28	LINDSEY STURGEON	EAST ST. PAUL, MB,	F: 9	RUNNER	1053	00:56:38.35	05:39	10.6kph	Female 40 - 49: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:28:55.28	05:47	10.4kph	00:28:55.28
						Finish	00:27:43.08	02:46	21.6kph	00:56:38.35
29	ALVIN ALMAGRO	WINNIPEG, MB,	M: 20	RUNNER	1023	00:56:39.16	05:39	10.6kph	Male 19 - 29: 5	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:27:17.79	05:27	11.0kph	00:27:17.79
						Finish	00:29:21.38	02:56	20.4kph	00:56:39.16
30	DARRYL DEAR	WINNIPEG, MB,	M: 21	RUNNER	1055	00:56:45.26	05:40	10.6kph	Male 40 - 49: 4	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:28:45.20	05:45	10.4kph	00:28:45.20
						Finish	00:28:00.06	02:48	21.4kph	00:56:45.26
31	MONICA SCHUBERT	WINNIPEG, MB,	F: 10	RUNNER	1021	00:56:54.35	05:41	10.5kph	Female 30 - 39: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:28:12.97	05:38	10.6kph	00:28:12.97
						Finish	00:28:41.39	02:52	20.9kph	00:56:54.35

Go For The Burn 10K 2024

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank	
48	JEFFREY HARRIS	WINNIPEG, MB,	M: 26	RUNNER	1060	01:02:54.49	06:17	9.5kph	Male 70 - 79: 1	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:32:00.34	06:24	9.4kph	00:32:00.34
						Finish	00:30:54.15	03:05	19.4kph	01:02:54.49
49	JILL BAIRD	WINNIPEG, MB,	F: 23	RUNNER	1031	01:02:54.66	06:17	9.5kph	Female 60 - 69: 2	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:32:00.42	06:24	9.4kph	00:32:00.42
						Finish	00:30:54.25	03:05	19.4kph	01:02:54.66
50	GRACYN KRAHN	HEADINGLEY, MB,	F: 24	RUNNER	1036	01:02:55.96	06:17	9.5kph	Female 0 - 18: 3	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:29:50.66	05:58	10.1kph	00:29:50.66
						Finish	00:33:05.31	03:18	18.1kph	01:02:55.96
51	ERIC PILOR	WINNIPEG, MB,	M: 27	RUNNER	1018	01:04:29.37	06:26	9.3kph	Male 40 - 49: 6	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:31:31.87	06:18	9.5kph	00:31:31.87
						Finish	00:32:57.51	03:17	18.2kph	01:04:29.37
52	ANNETTE LECLAIR	EAST SAINT PAUL, MB,	F: 25	RUNNER	1063	01:05:52.53	06:35	9.1kph	Female 40 - 49: 8	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:31:32.50	06:18	9.5kph	00:31:32.50
						Finish	00:34:20.04	03:26	17.5kph	01:05:52.53
53	CORRINE KULYK	WINNIPEG, MB,	F: 26	RUNNER	1062	01:06:22.01	06:38	9.0kph	Female 40 - 49: 9	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:31:31.12	06:18	9.5kph	00:31:31.12
						Finish	00:34:50.89	03:29	17.2kph	01:06:22.01
54	ROMAN ROMANIW	ST. ANDREWS, MB,	M: 28	RUNNER	1058	01:07:05.93	06:42	8.9kph	Male 50 - 59: 5	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:32:30.01	06:30	9.2kph	00:32:30.01
						Finish	00:34:35.93	03:27	17.3kph	01:07:05.93
55	MARIA BARONE	WINNIPEG, MB,	F: 27	RUNNER	1040	01:08:52.81	06:53	8.7kph	Female 0 - 18: 4	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:33:01.16	06:36	9.1kph	00:33:01.16
						Finish	00:35:51.65	03:35	16.7kph	01:08:52.81
56	TREVOR GRAUMANN	WINNIPEG, MB,	M: 29	RUNNER	1057	01:09:09.40	06:54	8.7kph	Male 30 - 39: 7	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:32:30.71	06:30	9.2kph	00:32:30.71
						Finish	00:36:38.70	03:39	16.4kph	01:09:09.40
57	JOHANNA KROETSCH	WINNIPEG, MB,	F: 28	RUNNER	1026	01:09:19.20	06:55	8.7kph	Female 30 - 39: 4	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:33:58.99	06:47	8.8kph	00:33:58.99
						Finish	00:35:20.21	03:32	17.0kph	01:09:19.20
58	GORDON GUENTHER	EAST SAINT PAUL, MB,	M: 30	RUNNER	1032	01:10:14.31	07:01	8.5kph	Male 40 - 49: 7	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:35:13.56	07:02	8.5kph	00:35:13.56
						Finish	00:35:00.76	03:30	17.1kph	01:10:14.31
59	ALEXANDRA BROGGY	WINNIPEG, MB,	F: 29	RUNNER	1025	01:10:32.41	07:03	8.5kph	Female 19 - 29: 5	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:35:18.01	07:03	8.5kph	00:35:18.01
						Finish	00:35:14.40	03:31	17.0kph	01:10:32.41
60	VANESSA SCHURKO	PORTAGE LA PRAIRIE, MAN	F: 30	RUNNER	1010	01:10:44.63	07:04	8.5kph	Female 40 - 49: 10	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:35:44.47	07:08	8.4kph	00:35:44.47
						Finish	00:35:00.16	03:30	17.1kph	01:10:44.63
61	TREVOR DUECK	WINNIPEG, MB,	M: 31	RUNNER	1061	01:11:31.73	07:09	8.4kph	Male 50 - 59: 6	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:35:46.80	07:09	8.4kph	00:35:46.80
						Finish	00:35:44.93	03:34	16.8kph	01:11:31.73
62	CHARLIE KIMACOVICH	WINNIPEG, MB,	F: 31	RUNNER	1075	01:15:04.48	07:30	8.0kph	Female 0 - 18: 5	
						<u>Split Description</u>	<u>Split Time</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
						Split 1	00:36:35.90	07:19	8.2kph	00:36:35.90
						Finish	00:38:28.58	03:50	15.6kph	01:15:04.48

