

Islandingadagurinn 5K

Overall Male Runner

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	535	DANIEL DOERKSEN	00:21:18.72		Runner	Winnipeg, MB	4:16/K	14.1kph	1	35	
2	550	QUINN FYFE	00:21:38.67		Runner	selkirk, MB	4:20/K	13.9kph	2	15	
3	536	CHRIS DONALD	00:22:45.16		Runner	Gimli, MB	4:33/K	13.2kph	3	46	

Overall Female Runner

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	515	BLAIR CAIN	00:25:59.32		Runner	Winnipeg Beach, MB	5:12/K	11.5kph	10	10	
2	562	SHAWNA JOHNSON	00:26:00.18		Runner	Winnipeg beach, MB	5:12/K	11.5kph	11	36	
3	507	KRYSTYL BERGEN	00:26:42.90		Runner	Winnipeg, MB	5:20/K	11.2kph	13	32	

Male 0 - 9

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	546	CONNOR FRASER	00:29:14.44		Runner	Winnipeg, MB	5:51/K	10.3kph	18	9	
2	518	MAGNUS CAMERON	00:36:33.27		Runner	Winnipeg, MB	7:19/K	8.2kph	44	9	
3	557	ELLIOT HOFFART	00:38:28.71		Runner	Regina, SK	7:42/K	7.8kph	63	9	

Female 0 - 9

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	564	AUTUMN JOHNSON	00:31:39.74		Runner	Winnipeg, MB	6:20/K	9.5kph	26	9	
2	540	PIPER EYOLFSON	00:40:15.55		Runner	Camp Morton, MB	8:03/K	7.5kph	69	9	

Male 10 - 14

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	529	WILLIAM DALE	00:24:30.37		Runner	Winnipeg, MB	4:54/K	12.2kph	4	12	
2	512	LOGAN BOYD MILLER	00:25:45.64		Runner	East Selkirk, MB	5:09/K	11.7kph	9	13	
3	569	JAKE KOWALCHUK	00:27:18.36		Runner	Camp Morton, MB	5:28/K	11.0kph	14	14	
4	618	HENRIK VIGFUSSON	00:28:07.69		Runner	Gimli, MB	5:37/K	10.7kph	16	14	
5	530	JACOB DALE	00:28:36.17		Runner	Winnipeg, MB	5:43/K	10.5kph	17	12	
6	547	LOGAN FRASER	00:32:52.98		Runner	Winnipeg, MB	6:34/K	9.1kph	32	11	
7	520	GRIFFIN CAMERON	00:37:05.50		Runner	Winnipeg, MB	7:25/K	8.1kph	48	11	

Female 10 - 14

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	515	BLAIR CAIN	00:25:59.32		Runner	Winnipeg Beach, MB	5:12/K	11.5kph	10	10	
2	607	KATE STEPHEN	00:38:27.92		Runner	Mississauga, ON	7:41/K	7.8kph	61	14	

Male 15 - 19

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	550	QUINN FYFE	00:21:38.67		Runner	selkirk, MB	4:20/K	13.9kph	2	15	
2	592	MALAKAI PELLETIER	00:30:23.65		Runner	Gimli, MB	6:05/K	9.9kph	20	15	

Female 15 - 19

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	597	SOPHIE SACCO	00:27:39.22		Runner	Winnipeg, MB	5:32/K	10.8kph	15	15	
2	584	AVA MICHALUK	00:38:37.86		Runner	Gimli, MB	7:43/K	7.8kph	65	17	
3	555	OLIVIA HARAPIAK	00:38:38.04		Runner	Gimli, MB	7:44/K	7.8kph	66	17	

Islandingadagurinn 5K

Female 20 - 24

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	505	SIGRID BELANGER	00:30:23.06		Runner	Gimli, MB	6:05/K	9.9kph	19	21	
2	523	MIKAYLA CONCI	00:34:30.26		Runner	winnipeg, MB	6:54/K	8.7kph	38	23	
3	585	MAGGIE MICHALUK	00:36:13.28		Runner	Gimli, MB	7:15/K	8.3kph	42	21	
4	593	ALEXYS PURDIE	00:36:13.47		Runner	Russell, MB	7:15/K	8.3kph	43	22	
5	576	SARAH LIVINGSTONE	02:04:42.87		Runner	Winnipeg, MB	24:56/K	2.4kph	86	22	

Male 25 - 29

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	591	BRAYDEN PAWLUK	00:30:34.68		Runner	Petersfield, MB	6:07/K	9.8kph	22	25	

Female 25 - 29

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	503	KYLIE ALEXANDER	00:30:33.68		Runner	Minot, ND	6:07/K	9.8kph	21	26	
2	552	JASMINE GOODMANSON	00:31:53.56		Runner	Brandon, MB	6:23/K	9.4kph	28	26	
3	524	NOREJEAN CORONADO	00:32:36.53		Runner	PLUMAS, MB	6:31/K	9.2kph	30	28	
4	596	MELISSA ROSCOE	00:34:20.76		Runner	Winnipeg, MB	6:52/K	8.7kph	36	25	
5	572	CHARMIE LAUDE	00:37:24.70		Runner	Steinbach, MB	7:29/K	8.0kph	51	28	
6	521	FAITH CASANES	00:37:25.51		Runner	Plumas, MB	7:29/K	8.0kph	52	26	
7	577	ROZELBHEM MAGLINTE	00:42:44.97		Runner	Plumas, MB	8:33/K	7.0kph	81	28	

Female 30 - 34

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	507	KRYSTYL BERGEN	00:26:42.90		Runner	Winnipeg, MB	5:20/K	11.2kph	13	32	
2	598	EMMA SADONICK- CARRIERE	00:32:43.95		Runner	Winnipeg, MB	6:33/K	9.2kph	31	34	
3	600	CHRISTINE SCHIMNOWSKI	00:35:05.18		Runner	Winnipeg, MB	7:01/K	8.6kph	40	32	
4	619	RUTH WANG	00:37:37.70		Runner	Winnipeg, MB	7:31/K	8.0kph	54	34	
5	551	ELISSA GIANG	00:37:38.90		Runner	Winnipeg, MB	7:32/K	8.0kph	55	32	
6	570	JENNIFER KRISTJANSON	00:38:19.13		Runner	Winnipeg, MB	7:40/K	7.8kph	60	33	
7	526	AUBREY D'HONT	00:40:26.10		Runner	Gimli, MB	8:05/K	7.4kph	71	30	
8	561	WILL JAKOBSON	00:40:26.53		Runner	Gimli, MB	8:05/K	7.4kph	72	34	
9	595	SARAH ROBERTSON	00:40:35.62		Runner	Winnipeg, MB	8:07/K	7.4kph	75	33	

Male 35 - 39

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	535	DANIEL DOERKSEN	00:21:18.72		Runner	Winnipeg, MB	4:16/K	14.1kph	1	35	
2	601	CONNOR SCREPNEK	00:36:52.30		Runner	Otterburne, MB	7:22/K	8.1kph	46	36	
3	556	BENJAMIN HETMAN	00:37:56.73		Runner	Winnipeg, MB	7:35/K	7.9kph	57	39	
4	514	CODY BUCHANAN	00:37:57.18		Runner	Winnipeg, MB	7:35/K	7.9kph	58	39	
5	573	LEO LIMA	00:38:53.99		Runner	Winnipeg, MB	7:47/K	7.7kph	67	39	
6	567	NICHOLAS KOTECKI	00:38:59.87		Runner	Winnipeg, AR	7:48/K	7.7kph	68	37	

Female 35 - 39

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	562	SHAWNA JOHNSON	00:26:00.18		Runner	Winnipeg beach, MB	5:12/K	11.5kph	11	36	
2	590	MELISSA PALEN	00:31:55.08		Runner	Gimli, MB	6:23/K	9.4kph	29	38	
3	545	MEREDITH FRASER	00:32:54.20		Runner	Winnipeg, MB	6:35/K	9.1kph	33	39	
4	623	CRYSTAL ZAWADOWSKI	00:33:38.99		Runner	Winnipeg, MB	6:44/K	8.9kph	34	38	
5	583	LISA MASKUS	00:36:51.88		Runner	Otterburne, MB	7:22/K	8.1kph	45	35	

Islendingadagurinn 5K

Female 35 - 39

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
6	566	RANDALL KELLOW	00:42:27.71		Runner	Winnipeg, MB	8:29/K	7.1kph	80	37	
7	525	ASHLEY CORPUZ	00:48:43.81		Runner	Winnipeg, MB	9:45/K	6.2kph	84	38	
8	565	MATET JUNIO	00:51:03.42		Runner	Winnipeg, MB	10:13/K	5.9kph	85	37	
9	508	ASIFA BOKHARI	02:04:48.36		Runner	Winnipeg, MB	24:58/K	2.4kph	87	38	
10	509	JONATHAN BOKHARI	02:04:49.79		Runner	Winnipeg, MB	24:58/K	2.4kph	88	37	

Male 40 - 44

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	610	MICHAEL SZALAI	00:24:47.87		Runner	Winnipeg, MB	4:57/K	12.1kph	6	42	
2	501	SHAWN ADAMS	00:31:23.90		Runner	Winnipeg, MB	6:17/K	9.6kph	25	40	
3	563	CHRIS JOHNSON	00:31:39.98		Runner	Winnipeg, MB	6:20/K	9.5kph	27	41	
4	517	JUSTIN CAMERON	00:35:31.36		Runner	Winnipeg, MB	7:06/K	8.4kph	41	44	
5	539	CHRIS EYOLFSON	00:40:22.69		Runner	Camp Morton, MB	8:04/K	7.4kph	70	42	

Female 40 - 44

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	516	MEGHAN CAMERON	00:37:05.22		Runner	Winnipeg, MB	7:25/K	8.1kph	47	41	
2	510	HEATHER BOYD	00:37:40.03		Runner	East Selkirk, MB	7:32/K	8.0kph	56	40	
3	574	ALANNA LITTMAN	00:40:32.20		Runner	Sandy Hook, MB	8:06/K	7.4kph	73	44	
4	604	LISA STANSELL	00:41:26.90		Runner	ARBORG, MB	8:17/K	7.2kph	76	43	
5	559	TARILE HOFFMANN	00:42:26.23		Runner	Winnipeg, MB	8:29/K	7.1kph	78	41	
6	603	CHRISTINA STACHOWICZ	00:42:26.41		Runner	Winnipeg, MB	8:29/K	7.1kph	79	43	

Male 45 - 49

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	536	CHRIS DONALD	00:22:45.16		Runner	Gimli, MB	4:33/K	13.2kph	3	46	
2	548	JASON FROESE	00:24:36.23		Runner	Winnipeg, MB	4:55/K	12.2kph	5	47	
3	571	BRENT KUBISH	00:34:17.23		Runner	Stonewall, MB	6:51/K	8.8kph	35	49	
4	620	CURTIS WEBER	00:34:20.91		Runner	Winnipeg, MB	6:52/K	8.7kph	37	46	
5	558	DEREK HOFFART	00:38:29.63		Runner	Regina, SK	7:42/K	7.8kph	64	47	

Female 45 - 49

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	533	HOLLY DELORME	00:37:19.44		Runner	Winnipeg, MB	7:28/K	8.0kph	50	46	
2	528	JEAN DALE	00:38:09.29		Runner	Winnipeg, MB	7:38/K	7.9kph	59	49	
3	581	AMY MARKS	00:42:20.05		Runner	St. Clements, MB	8:28/K	7.1kph	77	45	

Male 50 - 54

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	527	ANDY DALE	00:26:12.94		Runner	Winnipeg, MB	5:14/K	11.5kph	12	50	
2	544	REID FONTAINE	00:34:32.63		Runner	St. Clements, MB	6:54/K	8.7kph	39	50	
3	606	JEFF STEPHEN	00:38:28.44		Runner	Mississauga, ON	7:42/K	7.8kph	62	52	

Female 50 - 54

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	612	DANIELA TANEDO	00:48:16.87		Runner	Winnipeg, MB	9:39/K	6.2kph	83	54	

Islendingadagurinn 5K

Female 55 - 59

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	549	KAREN KORNIK	00:37:18.44		Runner	Dauphin, AR	7:28/K	8.0kph	49	59	

Male 60 - 64

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	609	BLAIR SWANSON	00:30:35.04		Runner	Winnipeg, MB	6:07/K	9.8kph	23	62	

Female 60 - 64

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	602	COLLEEN SEMMLER	00:37:35.30		Runner	Oakbank, MB	7:31/K	8.0kph	53	63	

Male 65 - 69

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	554	BOB HANSEN	00:25:05.97		Runner	Winnipeg, MB	5:01/K	12.0kph	7	65	
2	502	RALPH AIELLO	00:25:31.90		Runner	Winnipeg, MB	5:06/K	11.8kph	8	66	

Female 65 - 69

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	622	TERRY A WILSON	00:44:51.20		Runner	Camp Morton, MB	8:58/K	6.7kph	82	69	

Male 70 - 74

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	621	TERRY WILSON	00:30:58.94		Runner	Camp Morton, MB	6:12/K	9.7kph	24	70	
2	575	CHARLIE LITTMAN	00:40:32.76		Runner	Sandy Hook, MB	8:06/K	7.4kph	74	74	