

FROST BITE RIVER RUN
 Riverview Community Centre
 18-Jan-26
5 Mile OVERALL RESULTS

Place	Name	Gender	Age Group	Place in Age Group	Place in Gender	Clock Time	Chip Time
1	Sam Zhou	M	M55-59	1/3	1/35	38:46	38:46
2	Gilbert Blostein	M	M35-39	1/2	2/35	39:11	39:00
3	Jon Hill	M	M40-44	1/6	3/35	39:18	39:17
4	Raymond Blostein	M	M35-39	2/2	4/35	40:14	40:02
5	Tyler Metcalfe	M	M40-44	2/6	5/35	40:22	39:56
6	David Harrison	M	M40-44	3/6	6/35	41:21	41:19
7	Melanie Morris	F	F45-49	1/7	1/30	41:35	41:34
8	Jamal Abas	M	M30-34	1/2	7/35	42:19	42:14
9	Osareme Dav Dom-Okoebu	M	M30-34	2/2	8/35	42:25	42:05
10	Chris Struhan	M	M45-49	1/4	9/35	42:40	42:23
11	Bob Cox	M	M65-69	1/3	10/35	43:20	43:20
12	Andrew Stuart-Edwards	M	M50-54	1/3	11/35	45:24	45:23
13	Michael Imlah	M	M25-29	1/3	12/35	46:35	46:28
14	David Lawler	M	M70+	1/1	13/35	47:04	47:02
15	Jim Campbell	M	M65-69	2/3	14/35	47:20	47:16
16	Arshdeep Sandhu	M	M20-24	1/2	15/35	47:59	47:55
17	Ian Lawrence	M	M55-59	2/3	16/35	48:03	47:57
18	Pam Lawrence	F	F55-59	1/2	2/30	48:03	47:58
19	Jeff Kendall	M	M40-44	4/6	17/35	48:05	47:56
20	Dominic Lloyd	M	M50-54	2/3	18/35	48:36	48:30
21	Alexa Dettman	F	F35-39	1/4	3/30	48:40	48:30
22	Candice Tremblay	F	F40-44	1/7	4/30	48:52	48:41
23	Devin Keay	M	M40-44	5/6	19/35	48:53	48:41

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24	Eldon Bergen	M	M55-59	3/3	20/35	49:20	49:07
25	Heather Stoesz	F	F40-44	2/7	5/30	49:24	49:04
26	Ava Thompson	F	F35-39	2/4	6/30	49:29	49:22
27	Victoria Bloomfield	F	F45-49	2/7	7/30	49:38	49:28
28	Jennefer Larsen	F	F40-44	3/7	8/30	50:02	50:00
29	Kassy Bouchard	F	F35-39	3/4	9/30	50:05	50:03
30	Mitch Finlay	F	F40-44	4/7	10/30	50:14	49:59
31	Jerick Bautista	M	M25-29	2/3	21/35	50:27	50:26
32	Harold Kluger	M	M60-64	1/4	22/35	51:06	51:02
33	Meaghan Klassen	F	F20-24	1/1	11/30	51:10	51:02
34	Till Freihammer	M	M60-64	2/4	23/35	51:42	51:38
35	Maddie Fontaine	F	F40-44	5/7	12/30	52:06	51:55
36	Natalia Vergara	F	F30-34	1/2	13/30	52:10	52:04
37	Brenda Krueger	F	F70+	1/2	14/30	52:45	52:40
38	Chris Schnerch	M	M50-54	3/3	24/35	52:56	52:41
39	Ian McCallister	M	M45-49	2/4	25/35	53:42	53:34
40	Sean Workman	M	M40-44	6/6	26/35	54:07	53:57
41	Pranav Sharma	M	M20-24	2/2	27/35	57:30	57:26
42	Shawna Pfeffer	F	F45-49	3/7	15/30	58:02	57:52
43	Carolyn Jenkins	F	F40-44	6/7	16/30	58:04	58:00
44	Martina Reslerova	F	F55-59	2/2	17/30	58:29	58:22
45	Becky Raddatz	F	F45-49	4/7	18/30	58:52	58:45
46	Phaedra Miller	F	F45-49	5/7	19/30	58:52	58:45

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47	Ming Hoi Le Fai	M	M45-49	3/4	28/35	59:17	59:15
48	Navdeep Sandhu	M	M01-19	1/2	29/35	59:55	59:50
49	Sukhdeep Sandhu	M	M01-19	2/2	30/35	59:56	59:53
50	Rakesh Chaudhary	M	M60-64	3/4	31/35	1:00:06	1:00:00
51	Lindsay Struhan	F	F40-44	7/7	20/30	1:00:07	59:50
52	Irene Wasilewski	F	F50-54	1/3	21/30	1:04:05	1:03:55
53	Cory Kaglik	F	F35-39	4/4	22/30	1:06:51	1:06:40
54	Tracy Waugh-Smith	F	F60-64	1/2	23/30	1:07:11	1:06:56
55	Alroy Nonato	M	M25-29	3/3	32/35	1:08:16	1:07:59
56	Christine Lichti	F	F60-64	2/2	24/30	1:10:41	1:10:26
57	Diane Kowerko	F	F45-49	6/7	25/30	1:10:43	1:10:30
58	Glenn Mazur	M	M60-64	4/4	33/35	1:10:45	1:10:34
59	Sara Tereck	F	F30-34	2/2	26/30	1:10:48	1:10:36
60	Alexis Mooney	F	F70+	2/2	27/30	1:10:50	1:10:36
61	Eileen Page	F	F50-54	2/3	28/30	1:11:13	1:11:01
62	Joel Kowerko	M	M45-49	4/4	34/35	1:11:13	1:11:00
63	Jenny Gunston	F	F45-49	7/7	29/30	1:11:51	1:11:42
64	Krista Wilkinson	F	F50-54	3/3	30/30	1:11:52	1:11:43
65	Guy Madill	M	M65-69	3/3	35/35	1:21:57	1:21:48