

Krista Waring ***2024 President's Award***

Krista Waring was born in Winnipeg, raised in Thunder Bay and returned to Winnipeg to study at University of Manitoba (Sociology & Applied Math). Lived in Winnipeg since 1982 except for four years in Africa; Nairobi Kenya ('88 – '90) and Lusaka Zambia ('93 – '95).

Krista has made a career out of volunteering. In addition to serving on the MRA Board since 2016, Krista is currently; the Treasurer for EMAS Canada (Education Medical Aid and Service), a co-team leader for ***Hand in Hand with Haiti*** (a project of EMAS Canada), Treasurer for Epiphany Indigenous Church, serves on the Board of *saint benedict's table* and is the Founder of ***RUN 4 Your Cause***.

Though not a runner, Krista has given much time to the MRA.

So instead of running stats, here is a list of some of Krista's MRA related highlights,

Working with Athletics Manitoba to draft a new Affiliation Agreement

Drafting the documentation for the 'Run as Yourself' campaign

Creating 'Run 4 Your Cause'

Designed and built (with Pierre) custom shelving units for the MRA storage locker

Keeping the MRA strong during COVID

Quickly deploying MB covid grant money (Dec 2020) to wave the initial sanctioning fee for MRA events, which made a 2021 Race Calendar possible.

Working with Kathy and Lorraine on the MRA's 50th Celebration in 2022

Leaving the position of MRA President and the organization in very capable hands.

Krista lives in Wolseley, loves to spend time with family, particularly the Grandbaby☺ and enjoys both renovations and gardening.