

# **BRIAN WALKER - ATHLETE**

## **ROAD RUNNING PERSONAL BESTS**

Road:

5k -15:03

10k-30:53

½ Marathon - 1:09:55

Marathon - 2:24:11

2-time winner of Manitoba Marathon - 2014, 2021

Masters Personal Bests:

10k-32:49

½ Marathon 1:11:27

## **EARLY YEARS-TRACK & FIELD/CROSS COUNTRY**

Brian started running with his dad, Tim, and twin brother, Jeremy, in grade 2 at the Super Run and school cross country races.

Brian ran track at River East Collegiate, which further reinforced his love for the sport, being coached by Anne McLaren, and being part of a cross country team that won the provincial championships 3 consecutive years.

From 2000-2005, Brian ran cross country and track for the University of Manitoba coached by Claude Berube.

Highlights were travelling to the University of Minnesota for the Roy Griak X-Country race with his Bison teammates.

Best individual finish-7th out of 400

PB's-1500m-3:52:20, 3000m-8:16:15, 5000m-14:27:38

Cross Country-Canadian University Championships.

Team placed in the top 5 on 3 occasions.

Double gold medalist at the 2003 Western Canada

Summer Games in the 1500m and 5000m.

Canadian University Championships in 2005. Placed third at 3000m - 8:25:00

## **ROAD RACE RESULTS**

Brian represented Manitoba at the Canadian Road Race 10k Championships five times, running a personal best of 30:53 in Ottawa in 2008.

He was very active on the Manitoban road running scene from 2000-2010, winning many 5k and 10k races prior to moving to the Marathon. After a failed attempt at his first Marathon in Manitoba in 2009, Brian tried again in 2012, running 2:31 in Ottawa. From 2012-2014, Brian placed 2nd twice and 1st once at the Manitoba Marathon, with his personal best of 2:24:11 coming at the 2013 Chicago Marathon.

Brian returned to the Marathon in 2021, winning the fall COVID version of the Manitoba Marathon in 2:29 at the age of 39. He has run under 2:30 5 times.

## **COMMUNITY INVOLVEMENT**

Board Director-Athletics Manitoba (2014-present)

Beausejour Track Club coach (along with his wife, Darolyn). (2022-present)

Brian owes much his success to his supportive wife and fellow runner, Darolyn, to whom he has shared many running trips and memories. Also, his long-time training partners, Jeremy Walker and Bradley Keefe, and his supportive parents, Tim and Judy, and family.