10 Mile - Winnipeg Ten & Ten

Place	e Name	Hometown	Gender	Type	Bib#	Time	Pace	Speed	Division Rank
1	TRISTAN DA SILVA	WINNIPEG, MB	M: 1	RUNNER	144	00:54:21.18	03:22	17.8kph	Overall Male Runner: 1
2	MATT AIELLO	WINNIPEG, MB	M: 2	RUNNER	102	00:58:27.79	03:37	16.5kph	Overall Male Runner: 2
3	CHRISTOPHER FRANK	WINNIPEG, MB	M: 3	RUNNER	162	00:58:52.72	03:39	16.4kph	Overall Male Runner: 3
4	KYLE ZORNIAK	ST. ANDREWS, MB	M: 4	RUNNER	274	01:03:25.43	03:56	15.2kph	Overall Male Runner: 4
5	XIAOLUN LIANG	WINNIPEG, MB	M: 5	RUNNER	200	01:03:55.75	03:58	15.1kph	Overall Male Runner: 5
6	IMAAD AHMAD	WINNIPEG, MB	M: 6	RUNNER	101	01:06:04.21	04:06	14.6kph	Overall Male Runner: 6
7	JEMAL HAILU	WINNIPEG, MB	M: 7	RUNNER	168	01:07:50.63	04:12	14.2kph	Overall Male Runner: 7
8	TRENT PLOHMAN	WINNIPEG, MB	M: 8	RUNNER	230	01:08:25.12	04:15	14.1kph	Overall Male Runner: 8
9	ALLEN CASIMIRO	WINNIPEG, MB	M: 9	RUNNER	131	01:11:13.52	04:25	13.6kph	Overall Male Runner: 9
10	ALEXANDRE HAIART	WINNIPEG, MB	M: 10	RUNNER	167	01:11:44.26	04:27	13.5kph	Overall Male Runner: 10
11	TAKEO BODROGI	SHILO, MB	M: 11	RUNNER	118	01:12:22.46	04:29	13.3kph	Overall Male Runner: 11
12	MONIQUE LEDREW	SANDY HOOK, MB	F: 1	RUNNER	197	01:14:02.84	04:36	13.0kph	Overall Female Runner: 1
13	LINDSEY GREEN	WINNIPEG, MB	F: 2	RUNNER	165	01:14:15.87	04:36	13.0kph	Overall Female Runner: 2
14	RYAN AWANG	OAKBANK, MB	M: 12	RUNNER	111	01:14:36.91	04:38	12.9kph	Overall Male Runner: 12
15	LINDSAY BOYKO	WINNIPEG, MB	F: 3	RUNNER	121	01:14:51.59	04:39	12.9kph	Overall Female Runner: 3
16	KYLE BRECKMAN	WINNIPEG, MB	M: 13	RUNNER	124	01:15:04.04	04:39	12.9kph	Overall Male Runner: 13
17	GAIL NYKOLIATION	BRANDON, MB	F: 4	RUNNER	220	01:15:31.45	04:41	12.8kph	Overall Female Runner: 4
18	YOHEI SAITO	WINNIPEG, MB	M: 14	RUNNER	247	01:15:39.76		12.8kph	Overall Male Runner: 14
19	MARVIN ROUTLEY	WINNIPEG,	:1	RUNNER	246	01:17:19.98	04:48	12.5kph	:
20	SEAN WILLIAMS	LA BROQUERIE, MB	M: 15	RUNNER	272	01:17:21.16	04:48	12.5kph	Overall Male Runner: 15
21	PACO CLARETE	WINNIPEG, MB	M: 16	RUNNER	138	01:18:01.89	04:50	12.4kph	Overall Male Runner: 16
22	JENNIFER BHATLA	WINNIPEG, MB	F: 5	RUNNER	114	01:18:04.33	04:51	12.4kph	Overall Female Runner: 5
23	OWEN VAN WALLEGHEM	WINNIPEG, MB	M: 17	RUNNER	263	01:18:18.13	04:51	12.3kph	Overall Male Runner: 17
24	DAVE SILBER AVERY HARTMANN	SHILO, MB	M: 18	RUNNER	254	01:18:22.04	04:52	12.3kph	Overall Male Runner: 18
25 26	SHAWN CROREY	ELM CREEK, MB	F: 6	RUNNER	171 142	01:19:00.25	04:54 04:54	12.2kph	Overall Male Rupper: 10
27	COREY CHARMAN	WINNIPEG, MB WINNIPEG, MB	M: 19 M: 20	RUNNER RUNNER	135	01:19:04.28 01:19:13.81	04:55	12.2kph 12.2kph	Overall Male Runner: 19 Overall Male Runner: 20
28	ROB BOHEMIER	WINNIPEG, MB	M: 21	RUNNER	119	01:19:13.61	04:56	12.2kph	Overall Male Runner: 21
29	ANGELA BUCHEL	WINNIPEG, MB	F: 7	RUNNER	126	01:19:43.29	04:57	12.2kph	Overall Female Runner: 7
30	BRAYDEN HIGHAM	WINNIPEG, MB	M: 22	RUNNER	175	01:20:42.20	05:00	12.0kph	Overall Male Runner: 22
31	KATHERINE HAAS	SELKIRK, MB	F: 8	RUNNER	166	01:21:05.88	05:02	11.9kph	Overall Female Runner: 8
32	MARK AQUINO	WINNIPEG, MB	M: 23	RUNNER	107	01:22:21.01	05:07	11.7kph	Overall Male Runner: 23
33	JASON HOWE	WINNIPEG, MB	M: 24	RUNNER	178	01:23:07.35	05:09	11.6kph	Overall Male Runner: 24
34	ILONA RIESEN	MITCHELL, MB	F: 9	RUNNER	241	01:23:19.33	05:10	11.6kph	Overall Female Runner: 9
35	CHRIS HUESER	MORDEN, MB	M: 25	RUNNER	179	01:23:24.11	05:10	11.6kph	Overall Male Runner: 25
36	HAROLD JUST	WINNIPEG, MB	M: 26	RUNNER	183	01:23:31.00	05:11	11.6kph	Overall Male Runner: 26
37	JOEL CYR	WINNIPEG, MB	M: 27	RUNNER	143	01:23:31.62	05:11	11.6kph	Overall Male Runner: 27
38	STEPH MINOR	WINNIPEG, MB	F: 10	RUNNER	210	01:23:37.14	05:11	11.5kph	Overall Female Runner: 10
39	AMANDA CIPRIANO	WINNIPEG, MB	F: 11	RUNNER	137	01:23:40.87	05:11	11.5kph	Overall Female Runner: 11
40	JASMINE YAKABOWICH	WINNIPEG, MB	F: 12	RUNNER	273	01:23:57.48	05:13	11.5kph	Overall Female Runner: 12
41	PAUL BRAULT	HEADINGLEY, MB	M: 28	RUNNER	123	01:24:44.47	05:15	11.4kph	Overall Male Runner: 28
42	GAURAV BHATT	WINNIPEG, MB	M: 29	RUNNER	115	01:25:15.08	05:17	11.3kph	Overall Male Runner: 29
43	CHRISS TENA BLOIS	WINNIPEG,	: 2	RUNNER	117	01:25:21.21	05:18	11.3kph	:
44	NATASHA KYLE	WINNIPEG, MB	F: 13	RUNNER	195	01:25:22.12	05:18	11.3kph	Overall Female Runner: 13
45	AMY SHEPHERDSON	WINNIPEG, MB	F: 14	RUNNER	252	01:25:35.42	05:19	11.3kph	Overall Female Runner: 14
46	ARNOLD KRUL	WINNIPEG, MB	M: 30	RUNNER	193	01:26:07.76	05:21	11.2kph	Overall Male Runner: 30
47	LOUISE CAMERON	WINNIPEG, MB	F: 15	RUNNER	127	01:26:13.60	05:21	11.2kph	Overall Female Runner: 15
48	DANA MCCORMAC	WINNIPEG, MB	F: 16	RUNNER	205	01:26:19.00	05:21	11.2kph	Overall Female Runner: 16
49	JESSICA JOLICOEUR	STE. ANNE, MB	F: 17	RUNNER	182	01:26:25.66		11.2kph	Overall Female Runner: 17
50	ALEXA KASTELLANOS	WINNPEG, MB	F: 18	RUNNER	188	01:27:01.53		11.1kph	Overall Male Runner: 18
51 52	ZACKERY ANDERSON	WINNIPEG, MB	M: 31	RUNNER	103	01:27:02.13		11.1kph	Overall Male Runner: 31
52 53	JANET KASTELLANOS	WINNPEG, MB	F: 19 M: 32	RUNNER RUNNER	187 180	01:27:08.05	05:24	11.1kph	Overall Male Rupper: 32
53 54	ERIC KLASSEN ROBERT NEWBURN	EAST ST. PAUL, MB WINNIPEG, MB	M: 32 M: 33	RUNNER	189 217	01:27:15.66 01:27:21.01	05:25 05:25	11.1kph 11.1kph	Overall Male Runner: 32 Overall Male Runner: 33
55	ETHAN LOEWEN	WINNIPEG, MB	M: 34	RUNNER	202	01:28:32.14	05:30	10.9kph	Overall Male Runner: 34
56	JESSE PARROTT	WINNIPEG, MB	M: 35	RUNNER	228	01:28:33.67	05:30	10.9kph	Overall Male Runner: 35
57	CRAIG MELANSON	WINNIPEG, MB	M: 36	RUNNER	208	01:29:03.79		10.8kph	Overall Male Runner: 36
58	VITALII NIKITIN	WINNIPEG, MB	M: 37	RUNNER	219	01:29:08.83		10.8kph	Overall Male Runner: 37
59	CODEY DUECK	WINNIPEG, MB	M: 38	RUNNER	149	01:29:27.14	05:33	10.8kph	Overall Male Runner: 38
60	JORJA WIENS	EAST ST. PAUL, MB	F: 20	RUNNER	271	01:29:29.27		10.8kph	Overall Female Runner: 20
61	HOLLY HARRISON	WINNIPEG, MB	F: 21	RUNNER	170	01:29:29.64	05:33	10.8kph	Overall Female Runner: 21
62	KELVIN KOOTS	WINNIPEG, MB	M: 39	RUNNER	190	01:29:30.67		10.8kph	Overall Male Runner: 39

10 Mile - Winnipeg Ten & Ten

Place	e Name	Hometown	Gender	Туре	Bib#	Time	Pace	Speed	Division Rank
	NANCY BOTELHO	WINNIPEG, MB	F: 22	RUNNER	120	01:29:38.22	05:34	10.8kph	Overall Female Runner: 22
64	BRENDAN POTTER	STONEWALL, MB	M: 40	RUNNER	232	01:31:44.43	05:42	10.5kph	Overall Male Runner: 40
65	PHILIP CAVEY	WINNIPEG, MB	M: 41	RUNNER	132	01:31:46.45	05:42	10.5kph	Overall Male Runner: 41
66	KARYSE RAMOTAR	77	F: 23	RUNNER	275	01:32:54.54	05:46	10.4kph	Overall Female Runner: 23
67	ALANA OLLINGER	WINNIPEG, MB	F: 24	RUNNER	222	01:33:02.75	05:46	10.4kph	Overall Female Runner: 24
68	IVAN MIKLOVSH	WINNIPEG, MB	M: 42	RUNNER	209	01:33:10.72	05:47	10.4kph	Overall Male Runner: 42
69	KATHY PRAGNELL	LOCKPORT, MB	F: 25	RUNNER	234	01:33:24.89	05:48	10.3kph	Overall Female Runner: 25
70	VINCENT SIAPNO	WINNIPEG, MB	M: 43	RUNNER	253	01:33:42.38	05:49	10.3kph	Overall Male Runner: 43
71	JUSTIN PHILLIPS	WINNIPEG, MB	M: 44	RUNNER	229	01:34:09.86	05:51	10.3kph	Overall Male Runner: 44
72	ALLISON LEVEQUE	WINNIPEG, MB	F: 26	RUNNER	199	01:34:24.03	05:51	10.2kph	Overall Female Runner: 26
73	JUMIR ENCARNACION	WINNIPEG, MB	M: 45	RUNNER	154	01:34:27.10	05:52	10.2kph	Overall Male Runner: 45
73 74	MICHELLE COUTTS	SHILO, MB	F: 27	RUNNER	141	01:34:27:10	05:54	10.2kph	Overall Female Runner: 27
74 75	CATHERINE MOLTZAN	HEADINGLEY, MB	F: 28	RUNNER	215	01:35:34.96	05:56	10.2kpii 10.1kph	Overall Female Runner: 28
75 76	DAWN TORBIAK	WINNIPEG, MB		RUNNER	261	01:35:35.10		•	Overall Female Runner: 29
76	MICHAEL BIGELOW	•	F: 29	RUNNER	116	01:35:35.77	05:56	10.1kph	Overall Male Runner: 46
77 78	JEN SHAPKA	PINAWA, MB WINNIPEG, MB	M: 46 F: 30	RUNNER	251	01:35:38.61	05:56	10.1kph	Overall Female Runner: 30
	PAUL MALONZO	·		RUNNER			05:56	10.1kph	Overall Male Runner: 47
79		WINNIPEG, MB	M: 47	_	204	01:36:03.10	05:58	10.1kph	
80	OLIVIA BALDWIN	WINNIPEG, MB	F: 31	RUNNER	112	01:36:30.96	05:59	10.0kph	Overall Female Runner: 31
81	DEBORAH BAZAN	WINNIPEG, MB	F: 32	RUNNER	113	01:37:01.42	06:01	10.0kph	Overall Female Runner: 32
82	BRENDA KRUEGER	WINNIPEG, MB	F: 33	RUNNER	192	01:37:18.36	06:02	9.9kph	Overall Female Runner: 33
83	DAVID THIESSEN	WINNIPEG, MB	M: 48	RUNNER	259	01:37:21.30	06:02	9.9kph	Overall Male Runner: 48
84	ANYA NAZERAVICH	WINNIPEG, MB	F: 34	RUNNER	216	01:37:58.99	06:05	9.9kph	Overall Female Runner: 34
85	ROXANA IBANEZ	WINNIPEG, MB	F: 35	RUNNER	180	01:38:08.89	06:05	9.8kph	Overall Female Runner: 35
86	RYAN HAYES	WINNIPEG, MB	M: 49	RUNNER	172	01:38:16.72	06:06	9.8kph	Overall Male Runner: 49
87	TYLER VAN VLIET	WINNIPEG, MB	M: 50	RUNNER	262	01:38:20.10	06:06	9.8kph	Overall Male Runner: 50
88	MARTINA RESLEROVA	WINNIPEG, MB	F: 36	RUNNER	240	01:38:31.29	06:07	9.8kph	Overall Female Runner: 36
89	SARA REMPEL	WINNIPEG, MB	F: 37	RUNNER	239	01:38:48.08	06:08	9.8kph	Overall Female Runner: 37
90	MARIE BROCK	WINNIPEG, MB	F: 38	RUNNER	125	01:38:58.43	06:09	9.8kph	Overall Female Runner: 38
91	KAYCEE CAPULONG	WINNIPEG, MB	M: 51	RUNNER	129	01:39:08.17	06:09	9.7kph	Overall Male Runner: 51
92	JOSH ODWAK	WINNIPEG, MB	M: 52	RUNNER	221	01:39:27.28	06:10	9.7kph	Overall Male Runner: 52
93	LAURA REDEKOP	WINNIPEG, MB	F: 39	RUNNER	238	01:39:29.51	06:10	9.7kph	Overall Female Runner: 39
94	MARYANN MCCREIGHT-	WINNIPEG, MB	F: 40	RUNNER	207	01:39:55.79	06:12	9.7kph	Overall Female Runner: 40
	BALSHAW								
95	LINDSEY FANCY	WINNIPEG, MB	F: 41	RUNNER	157	01:40:30.46	06:14	9.6kph	Overall Female Runner: 41
96	HOLLY POTTER	STONEWALL, MB	F: 42	RUNNER	233	01:41:32.66	06:18	9.5kph	Overall Female Runner: 42
97	JAMES HOUSTON	WINNIPEG, MB	M: 53	RUNNER	177	01:41:44.45	06:19	9.5kph	Overall Male Runner: 53
98	STACEY MOFFAT	PORTAGE LA	F: 43	RUNNER	213	01:41:45.02	06:19	9.5kph	Overall Female Runner: 43
00	EDICA CUDEDMAN	PRAIRIE, MB	E. 44	DUNNED	057	04.40.40.74	00.04	0.41	Overell Female Dynaman 44
99	ERICA SUDERMAN	WINNIPEG, MB	F: 44	RUNNER	257	01:42:12.74	06:21	9.4kph	Overall Female Runner: 44
	PAIGE CARLONI	WINNIPEG, MB	F: 45	RUNNER	130	01:42:33.18	06:22	9.4kph	Overall Female Runner: 45
	ELRY ASCANO	WINNIPEG, MB	M: 54	RUNNER	109	01:42:56.02	06:23	9.4kph	Overall Male Runner: 54
	RACHEL ANDERSON	WINNIPEG, MB	F: 46	RUNNER	105	01:43:03.00	06:24	9.4kph	Overall Female Runner: 46
	XUAN NGUYEN	WINNIPEG, MB	F: 47	RUNNER	218	01:43:52.55	06:27	9.3kph	Overall Female Runner: 47
	TIM COOMBS	WINNIPEG, MB	M: 55	RUNNER	139	01:44:01.98	06:27	9.3kph	Overall Male Runner: 55
	KRISTEN LYON	WINNIPEG, MB	F: 48	RUNNER	203	01:44:21.98	06:29	9.3kph	Overall Female Runner: 48
	JAKE ROBLES	WINNIPEG, MB	M: 56	RUNNER	244	01:44:22.40	06:29	9.3kph	Overall Male Runner: 56
	DON WEBB	WINNIPEG, MB	M: 57	RUNNER	268	01:45:45.83	06:34	9.1kph	Overall Male Runner: 57
	SHANNON CORDNER	WINNIPEG, MB	F: 49	RUNNER	140	01:45:54.80	06:34	9.1kph	Overall Female Runner: 49
	WENHAO MO	WINNIPEG, MB	M: 58	RUNNER	212	01:46:46.60	06:38	9.0kph	Overall Male Runner: 58
	JAID G	WINNIPEG, MB	F: 50	RUNNER	163	01:46:55.96	06:38	9.0kph	Overall Female Runner: 50
	VICKI STEVENS	WINNIPEG, MB	F: 51	RUNNER	256	01:47:22.06	06:40	9.0kph	Overall Female Runner: 51
	MISTY LE NEAL	WINNIPEG, MB	F: 52	RUNNER	196	01:47:47.06	06:41	9.0kph	Overall Female Runner: 52
113	JENNA FENN	WINNIPEG, MB	F: 53	RUNNER	158	01:47:57.38	06:42	8.9kph	Overall Female Runner: 53
114	CORRINE KULYK	WINNIPEG, MB	F: 54	RUNNER	194	01:48:15.83	06:43	8.9kph	Overall Female Runner: 54
	ERIN DUNSMORE	LOCKPORT, MB	F: 55	RUNNER	151	01:48:35.19	06:44	8.9kph	Overall Female Runner: 55
116	DANIEL LOCKE	WINNIPEG, MB	M: 59	RUNNER	201	01:48:35.78	06:44	8.9kph	Overall Male Runner: 59
117	MICHELLE VANDAL	WINNIPEG, MB	F: 56	RUNNER	264	01:50:11.05	06:50	8.8kph	Overall Female Runner: 56
118	DARLENE FOSTER	WINNIPEG, MB	F: 57	RUNNER	161	01:50:31.38	06:52	8.7kph	Overall Female Runner: 57
119	NICOLE POIRIER	ST ADOLPHE, MB	F: 58	RUNNER	231	01:50:57.40	06:53	8.7kph	Overall Female Runner: 58
120	CHERYL TAYLOR-KASHTON	NWINNIPEG, MB	F: 59	RUNNER	258	01:51:15.50	06:54	8.7kph	Overall Female Runner: 59
121	HUMEIRA RIYAZ	WINNIPEG, MB	F: 60	RUNNER	243	01:51:37.74	06:56	8.6kph	Overall Female Runner: 60
122	AGNES WAWRZYNCZAK	WINNIPEG, MB	F: 61	RUNNER	267	01:51:56.66	06:57	8.6kph	Overall Female Runner: 61
123	KRISTIE LEVANDOSKI	WINNIPEG, MB	F: 62	RUNNER	198	01:52:00.56	06:57	8.6kph	Overall Female Runner: 62
				d: 2023-09-18					Page: 2 of 3

Printed: 2023-09-18 8:06:01 PM Page: 2 of 3

10 Mile - Winnipeg Ten & Ten

Place Name	Hometown	Gender	Туре	Bib#	Time	Pace	Speed	Division Rank
124 SHANNON CAMPBELL	SAINT ANDREWS, MB	F: 63	RUNNER	128	01:52:50.78	07:00	8.6kph	Overall Female Runner: 63
125 DAWSON DOUCET	SELKIRK, MB	M: 60	RUNNER	148	01:52:51.02	07:00	8.6kph	Overall Male Runner: 60
126 JAMES VAZ	GARSON, MB	M: 61	RUNNER	265	01:53:14.00	07:02	8.5kph	Overall Male Runner: 61
127 CAMILLE DALY	ROLAND, MB	F: 64	RUNNER	145	01:54:26.21	07:06	8.4kph	Overall Female Runner: 64
128 JOANNA AQUINO	WINNIPEG, MB	F: 65	RUNNER	106	01:57:17.88	07:17	8.2kph	Overall Female Runner: 65
129 KHALID AHMAD	WINNIPEG, MB	M: 62	RUNNER	100	01:58:04.75	07:20	8.2kph	Overall Male Runner: 62
130 SARAH JAMES	WINNIPEG, MB	F: 66	RUNNER	181	01:58:25.05	07:21	8.2kph	Overall Female Runner: 66
131 DALLAS KOVACS	GIMLI, MB	M: 63	RUNNER	191	01:59:53.23	07:26	8.1kph	Overall Male Runner: 63
132 COLTON DUECK	STEINBACH, MB	M: 64	RUNNER	150	01:59:55.80	07:27	8.1kph	Overall Male Runner: 64
133 ANDREW DESENDER	WINNIPEG, MB	M: 65	RUNNER	146	02:00:23.72	07:28	8.0kph	Overall Male Runner: 65
134 KRYSTAN O'ROURKE	WINNIPEG, MB	F: 67	RUNNER	223	02:00:25.75	07:29	8.0kph	Overall Female Runner: 67
135 ROGERIO AREIAS	WINNIPEG, MB	M: 66	RUNNER	108	02:03:30.88	07:40	7.8kph	Overall Male Runner: 66
136 VANESSA SCHURKO	PORTAGE LA PRAIRIE, MB	F: 68	RUNNER	250	02:06:08.75	07:50	7.7kph	Overall Female Runner: 68
137 JORDYN JUVONEN	GARSON, MB	F: 69	RUNNER	184	02:06:22.47	07:51	7.6kph	Overall Female Runner: 69
138 JASON GLADU	WINNIPEG, MB	M: 67	RUNNER	164	02:07:46.08	07:56	7.6kph	Overall Male Runner: 67
139 EMILY VEA	WINNIPEG, MB	F: 70	RUNNER	266	02:08:18.66	07:58	7.5kph	Overall Female Runner: 70
140 LEXIE SPARROW	WINNIPEG, MB	F: 71	RUNNER	255	02:12:52.57	08:15	7.3kph	Overall Female Runner: 71
141 KATHLEEN MCCREADY	OAKBANK, MB	F: 72	RUNNER	206	02:14:15.50	08:20	7.2kph	Overall Female Runner: 72
142 JIM WHITEHILL	WINNIPEG, MB	M: 68	RUNNER	270	02:15:22.63	08:24	7.1kph	Overall Male Runner: 68
143 DIANA KASPERSION	WINNIPEG, MB	F: 73	RUNNER	186	02:16:15.08	08:27	7.1kph	Overall Female Runner: 73
144 LINDSEY FAIRMAN	NIVERVILLE, MB	F: 74	RUNNER	156	02:19:34.06	08:40	6.9kph	Overall Female Runner: 74