

# Riding Mountain 5K

## Overall Male Runner

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	12	AYDEN BRADLEY	00:19:28.42		Runner	Ste. Rose du Lac, MB	3:54/K	15.4kph	1	16	
2	92	DALE KUJANPAA	00:21:06.68		Runner	Winnipeg, MB	4:13/K	14.2kph	2	31	
3	114	FINLEY MCDOUGALL	00:22:19.14		Runner	Brandon, MB	4:28/K	13.4kph	3	11	

## Overall Female Runner

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	139	MELISSA ROBERTS	00:22:50.83		Runner	brandon, MB	4:34/K	13.1kph	4	36	
2	88	DEIRDRE KOLOGIE	00:24:17.81		Runner	YORKTON, SK	4:51/K	12.4kph	6	39	
3	52	KERRI DROSDOWECH	00:24:19.99		Runner	Winnipeg, MB	4:52/K	12.3kph	7	56	

## Male 0 - 9

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	65	GRIFFIN ELLIOTT	00:24:15.62		Runner	Forrest, MB	4:51/K	12.4kph	5	8	
2	123	MAX MYERS	00:24:27.67		Runner	Winnipeg, MB	4:53/K	12.3kph	9	8	
3	239	REID GARDHAM	00:25:43.71		Runner	Hamiota, MB	5:09/K	11.7kph	14	8	
4	61	COOPER ELDER	00:27:58.24		Runner	Grandview, MB	5:36/K	10.7kph	19	8	
5	166	KACETON THOMPSON	00:40:03.60		Runner	Ochre River, MB	8:01/K	7.5kph	107	7	
6	56	THEODORE DRUL	00:44:58.53		Runner	Hamiota, MB	9:00/K	6.7kph	137	8	

## Female 0 - 9

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	178	SHAE WILLIAMS	00:29:58.62		Runner	Melita, MB	6:00/K	10.0kph	32	9	
2	13	REGAN BRASCHUK	00:31:13.32		Runner	Dauphin, MB	6:15/K	9.6kph	40	8	
3	18	JOVIE BUGG	00:38:24.63		Runner	Pierson, MB	7:41/K	7.8kph	89	8	
4	142	ISLA ROPER	00:38:26.51		Runner	Reston, MB	7:41/K	7.8kph	90	9	
5	24	ADDISON CLARKE	00:41:53.68		Runner	Brandon, MB	8:23/K	7.2kph	116	8	
6	162	SITKA TERECK	00:42:19.95		Runner	Onanole, MB	8:28/K	7.1kph	121	9	
7	163	SLOANE TERECK	00:42:41.32		Runner	Onanole, MB	8:32/K	7.0kph	127	6	
8	180	HADDIE WOJNARSKI	00:57:32.12		Runner	Brandon, MB	11:30/K	5.2kph	160	8	
9	116	AVERY MCNISH	00:57:32.48		Runner	Brandon, MB	11:30/K	5.2kph	161	8	

## Male 10 - 14

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	114	FINLEY MCDOUGALL	00:22:19.14		Runner	Brandon, MB	4:28/K	13.4kph	3	11	
2	64	DRAYSON ELLIOTT	00:25:58.11		Runner	Forrest, MB	5:12/K	11.6kph	15	10	
3	63	CALDER ELLIOTT	00:25:59.40		Runner	Forrest, MB	5:12/K	11.5kph	17	12	
4	177	JACK WILLIAMS	00:29:48.52		Runner	Melita, MB	5:58/K	10.1kph	29	12	
5	246	BRAYDON GARDHAM	00:32:53.23		Runner	Hamiota, MB	6:35/K	9.1kph	48	11	
6	176	LEAH WILLIAMS	00:35:05.03		Runner	Melita, MB	7:01/K	8.6kph	65	14	
7	16	NOLAN BUGG	00:37:25.56		Runner	Pierson, MB	7:29/K	8.0kph	80	10	
8	17	MERRIK BUGG	00:37:25.88		Runner	Pierson, MB	7:29/K	8.0kph	81	10	

## Female 10 - 14

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	60	HANNAH ELDER	00:24:21.27		Runner	Grandview, MB	4:52/K	12.3kph	8	11	
2	74	KAMDYN GRAHAM	00:35:04.80		Runner	Melita, MB	7:01/K	8.6kph	64	12	
3	97	JACEY LANE	00:36:05.79		Runner	Birtle, MB	7:13/K	8.3kph	70	11	
4	55	AUBREE DRUL	00:38:14.39		Runner	Hamiota, MB	7:39/K	7.8kph	87	10	
5	39	ELLA DAVIS	00:38:55.68		Runner	Kinosota, MB	7:47/K	7.7kph	93	12	
6	54	ZOEY DRUL	00:44:55.61		Runner	Hamiota, MB	8:59/K	6.7kph	136	12	

# Riding Mountain 5K

## Male 15 - 19

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	12	AYDEN BRADLEY	00:19:28.42		Runner	Ste. Rose du Lac, MB	3:54/K	15.4kph	1	16	

## Female 15 - 19

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	128	NICOLE SYLVESTRE	00:33:02.79		Runner	Winnipeg, MB	6:36/K	9.1kph	50	19	
2	76	LEXY HEBERT	00:39:14.82		Runner	Brandon, MB	7:51/K	7.6kph	101	15	

## Female 20 - 24

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	47	MEAGAN DOAN	00:33:20.23		Runner	Erickson, MB	6:40/K	9kph	51	23	
2	51	BEVERLEY-JEAN DOWNEY	00:43:22.67		Runner	Coulter, MB	8:40/K	6.9kph	129	20	

## Male 25 - 29

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	131	AALEKH PATEL	00:24:27.99		Runner	Winnipeg, MB	4:53/K	12.3kph	10	26	
2	87	ALEX KLASSEN	00:25:20.35		Runner	Brandon, MB	5:04/K	11.8kph	13	28	
3	129	RICARDO PALACIOS	00:28:55.60		Runner	Winnipeg, MB	5:47/K	10.4kph	24	27	
4	132	DHRUVIK PATEL	00:29:56.46		Runner	Winnipeg, MB	5:59/K	10.0kph	31	26	
5	130	BRAEDAN PASSALIS	00:30:44.96		Runner	Miniota, MB	6:09/K	9.8kph	36	26	
6	117	JUSTIN MELLIN	00:31:16.02		Runner	Hartney, MB	6:15/K	9.6kph	41	29	
7	1	JD ADIONG	00:36:20.93		Runner	Winnipeg, MB	7:16/K	8.3kph	74	29	

## Female 25 - 29

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	29	NOREJEAN CORONADO	00:31:24.31		Runner	Plumas, MB	6:17/K	9.6kph	43	28	
2	81	HAILEY JOHNSON	00:31:35.03		Runner	Brandon, MB	6:19/K	9.5kph	44	26	
3	86	MEAGAN KLASSEN	00:33:43.50		Runner	Brandon, MB	6:45/K	8.9kph	56	27	
4	93	TAYLOR KURTENBACH	00:35:49.13		Runner	Inglis, MB	7:10/K	8.4kph	69	28	
5	118	GRACIANA MENDOZA	00:36:30.87		Runner	Winnipeg, MB	7:18/K	8.2kph	75	27	
6	106	ALISSA MACGREGOR	00:39:15.57		Runner	Brandon, MB	7:51/K	7.6kph	102	26	
7	179	KRISTA WILTON	00:40:37.40		Runner	Hartney, MB	8:07/K	7.4kph	110	26	
8	20	FAITH CASANES	00:41:15.11		Runner	Plumas, MB	8:15/K	7.3kph	113	26	
9	107	ROZELBHEM MAGLINTE	00:41:45.47		Runner	Plumas, MB	8:21/K	7.2kph	114	28	
10	80	DANIELLE JAMESON	00:42:23.25		Runner	Brandon, MB	8:29/K	7.1kph	124	28	
11	40	MAKAYLA DEAMEL	01:07:46.24		Runner	neepawa, MB	13:33/K	4.4kph	162	26	

## Male 30 - 34

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	92	DALE KUJANPAA	00:21:06.68		Runner	Winnipeg, MB	4:13/K	14.2kph	2	31	
2	159	MARCEL TANGUAY	00:29:50.18		Runner	Virder, MB	5:58/K	10.1kph	30	34	
3	126	KRISTOFOR OHNANDER	00:34:35.60		Runner	Rocanville, SK	6:55/K	8.7kph	60	33	
4	10	ANDREW BLAIR	00:42:12.62		Runner	Brandon, MB	8:26/K	7.1kph	119	33	
5	109	ANDREW MAIDEN	00:44:31.04		Runner	Melita, MB	8:54/K	6.7kph	132	32	
6	34	JOSEPH CZARNECKI	00:46:47.33		Runner	Brookdale, MB	9:21/K	6.4kph	147	33	

## Female 30 - 34

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	21	CHANTAL CERMAK	00:24:42.53		Runner	Minitonas, MB	4:56/K	12.1kph	11	31	

# Riding Mountain 5K

## Female 30 - 34

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
2	169	DANNA TWERDOSKI	00:30:16.42		Runner	Brandon, MB	6:03/K	9.9kph	35	34	
3	99	JOSEE LAVOIE	00:30:59.08		Runner	Winnipeg, MB	6:12/K	9.7kph	38	30	
4	14	KARA BRASCHUK	00:31:12.80		Runner	Dauphin, MB	6:14/K	9.6kph	39	34	
5	152	TAYLOR SNOW	00:32:07.92		Runner	Birtle, MB	6:25/K	9.3kph	47	30	
6	84	MEGAN JONES	00:33:28.89		Runner	Brandon, MB	6:42/K	9.0kph	54	31	
7	127	TANIESHA OHNANDER	00:34:35.08		Runner	Rocanville, SK	6:55/K	8.7kph	59	30	
8	4	GEMMA BASHFORD	00:36:12.95		Runner	Ingis, MB	7:14/K	8.3kph	72	33	
9	77	KYLIE HUMPHRIES	00:36:40.18		Runner	Minnedosa, MB	7:20/K	8.2kph	76	30	
10	141	STEPHANIE ROPER	00:38:27.31		Runner	Reston, MB	7:41/K	7.8kph	91	34	
11	37	LAURA DAVIDSON	00:39:12.23		Runner	Brandon, MB	7:50/K	7.7kph	96	30	
12	147	RACHEL SIME	00:39:13.14		Runner	Fork River, MB	7:51/K	7.6kph	100	30	
13	15	BRIT BRENZEN	00:39:38.86		Runner	Melville, SK	7:56/K	7.6kph	105	30	
14	89	STEPHANIE KRYSCHUK	00:40:13.03		Runner	Neepawa, MB	8:03/K	7.5kph	108	33	
15	165	AMY THOMPSON	00:40:18.59		Runner	OCHRE RIVER, MB	8:04/K	7.4kph	109	33	
16	36	ELIZABETH DAVIDSON	00:44:55.51		Runner	Brandon, MB	8:59/K	6.7kph	135	33	
17	134	ANDREA PLETT	00:47:16.33		Runner	Brandon, MB	9:27/K	6.3kph	148	32	

## Male 35 - 39

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	146	JASON SHURVELL	00:26:55.83		Runner	Birtle, MB	5:23/K	11.1kph	18	36	
2	59	DAVE ELDER	00:28:00.30		Runner	Grandview, MB	5:36/K	10.7kph	20	38	
3	154	WESLEY STAHL	00:31:41.89		Runner	Brandon, MB	6:20/K	9.5kph	45	39	
4	53	DUSTIN DRUL	00:38:15.14		Runner	Hamiota, MB	7:39/K	7.8kph	88	37	
5	94	JASON LAFRENIERE	00:39:35.07		Runner	Melita, MB	7:55/K	7.6kph	104	37	

## Female 35 - 39

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	139	MELISSA ROBERTS	00:22:50.83		Runner	brandon, MB	4:34/K	13.1kph	4	36	
2	88	DEIRDRE KOLOGIE	00:24:17.81		Runner	YORKTON, SK	4:51/K	12.4kph	6	39	
3	31	ALIX COUCILL	00:30:06.46		Runner	Brandon, MB	6:01/K	10.0kph	33	38	
4	45	SHANNON DERKSEN	00:31:45.90		Runner	Winnipeg, MB	6:21/K	9.4kph	46	38	
5	30	KYLA COTTOM	00:33:30.13		Runner	Minnedosa, MB	6:42/K	9.0kph	55	38	
6	156	STEPHANIE STOWE	00:36:07.20		Runner	Birtle, MB	7:13/K	8.3kph	71	39	
7	167	NIKKI TIBBETT	00:36:14.86		Runner	Neepawa, MB	7:15/K	8.3kph	73	37	
8	102	MICHELLE LEWIS	00:36:40.56		Runner	Minnedosa, MB	7:20/K	8.2kph	77	38	
9	85	ALISON JORDAN	00:37:21.59		Runner	Minnedosa, MB	7:28/K	8.0kph	79	39	
10	58	JANE DYKUN	00:37:28.02		Runner	Gilbert Plains, MB	7:30/K	8.0kph	82	39	
11	175	EMILY WEIGELT	00:39:53.88		Runner	Winnipeg, MB	7:59/K	7.5kph	106	37	
12	9	SARAH BLAIR	00:42:13.77		Runner	Brandon, MB	8:27/K	7.1kph	120	35	
13	75	KARLA HACKEWICH	00:42:23.38		Runner	Neepawa, MB	8:29/K	7.1kph	125	35	
14	108	DANIELLE MAIDEN	00:44:30.30		Runner	Melita, MB	8:54/K	6.7kph	131	35	
15	69	NICOLE GERBRANDT	00:46:17.33		Runner	Beausejour, MB	9:15/K	6.5kph	145	37	
16	66	CHANTELLE FORBES	00:46:32.81		Runner	Gilbert Plains, MB	9:18/K	6.4kph	146	35	
17	125	ERIN NEUFELD	00:57:02.45		Runner	Niverville, MB	11:24/K	5.3kph	157	36	
18	124	JACLYN NAY	00:57:30.61		Runner	Brandon, MB	11:30/K	5.2kph	158	36	

## Male 40 - 44

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	230	DEREK ELLIOTT	00:25:58.33		Runner	Forrest, AR	5:12/K	11.6kph	16	43	
2	33	KENT CROZIER	00:28:30.17		Runner	Niverville, MB	5:42/K	10.5kph	22	41	
3	103	ROBERT LIEPERT	00:37:07.14		Runner	The Pas, MB	7:25/K	8.1kph	78	44	
4	42	JASON DEMARCE	00:45:37.93		Runner	Brandon, MB	9:07/K	6.6kph	140	40	
5	23	BRAD CLARKE	00:45:39.03		Runner	Brandon, MB	9:08/K	6.6kph	141	40	

# Riding Mountain 5K

## Female 40 - 44

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	181	CARA ZAHARYCHUK	00:29:29.05		Runner	Melita, MB	5:54/K	10.2kph	26	44	
2	35	JANINE DANILUCK	00:29:34.34		Runner	Dauphin, MB	5:55/K	10.1kph	28	42	
3	78	KATE JACKMAN-ATKINSON	00:30:54.53		Runner	Neepawa, MB	6:11/K	9.7kph	37	40	
4	238	ALLISON GARDHAM	00:32:53.50		Runner	Hamiota, MB	6:35/K	9.1kph	49	41	
5	115	PAIGE MCDOUGALL	00:33:58.03		Runner	Brandon, MB	6:48/K	8.8kph	58	41	
6	6	SARAH BEGG	00:34:43.04		Runner	Winnipeg, MB	6:57/K	8.6kph	61	43	
7	48	MANDY DOERKSEN	00:35:16.98		Runner	McCreary, MB	7:03/K	8.5kph	67	41	
8	153	ALYSON STAHL	00:40:49.80		Runner	Brandon, MB	8:10/K	7.3kph	111	43	
9	83	KATIE JONES	00:40:59.87		Runner	Pierson, MB	8:12/K	7.3kph	112	42	
10	120	JENNA MENNIE CLARKE	00:41:53.61		Runner	Brandon, MB	8:23/K	7.2kph	115	40	
11	164	ROBERTA TESAR	00:42:42.38		Runner	Onanole, MB	8:32/K	7.0kph	128	41	
12	110	KERRI MALAZDREWICZ	00:45:43.43		Runner	Brandon, MB	9:09/K	6.6kph	142	42	
13	57	ANDREA DUNN	00:46:16.29		Runner	Rocanville, SK	9:15/K	6.5kph	144	41	
14	32	JILLIAN CREASOR	00:50:01.35		Runner	Brandon, MB	10:00/K	6.0kph	152	42	
15	149	KINSLEY SKULMOSKI	00:57:32.05		Runner	Brandon, MB	11:30/K	5.2kph	159	40	

## Male 45 - 49

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	11	STEVEN BRADLEY	00:25:13.70		Runner	Ste. Rose du Lac, MB	5:03/K	11.9kph	12	45	
2	105	NAZARIO JR LIWANAG	00:28:53.10		Runner	BRANDON, MB	5:47/K	10.4kph	23	48	
3	151	CURTIS SMITH	00:29:21.28		Runner	Dauphin, MB	5:52/K	10.2kph	25	45	
4	28	RYAN COOK	00:33:50.61		Runner	Birtle, MB	6:46/K	8.9kph	57	49	
5	161	READE TERECK	00:42:20.98		Runner	Onanole, MB	8:28/K	7.1kph	122	45	

## Female 45 - 49

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	226	LINDA RALPH	00:34:56.75		Runner	Melfort, MB	6:59/K	8.6kph	62	49	
2	8	SAVANNA BICKERTON	00:35:16.91		Runner	Portage la Prairie, MB	7:03/K	8.5kph	66	47	
3	3	MICHELLE AUGUSTYN	00:35:39.16		Runner	Brandon, MB	7:08/K	8.4kph	68	49	
4	96	LAURA LAMB	00:37:38.90		Runner	Minnedosa, MB	7:32/K	8.0kph	84	47	
5	27	MELODIE COOK	00:38:57.88		Runner	Birtle, MB	7:47/K	7.7kph	94	46	
6	38	JENNIFER DAVIS	00:39:03.61		Runner	Kinosota, MB	7:49/K	7.7kph	95	46	
7	104	AMAPOLA LIWANAG	00:39:12.46		Runner	BRANDON, MB	7:50/K	7.7kph	99	48	
8	68	KERI FRYKAS	00:39:22.04		Runner	Dauphin, MB	7:52/K	7.6kph	103	45	
9	121	LISA MONTEITH	00:42:22.43		Runner	Winnipeg, MB	8:28/K	7.1kph	123	49	
10	112	BUFFY MAXWELL	00:44:48.78		Runner	Grandview, MB	8:58/K	6.7kph	133	48	

## Male 50 - 54

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	145	TREVOR SHEWFELT	00:45:12.29		Runner	Dauphin, MB	9:02/K	6.6kph	138	52	

## Female 50 - 54

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	73	CANDICE GRAHAM	00:37:40.14		Runner	East Selkirk, MB	7:32/K	8.0kph	85	52	
2	71	BARBRA GILLESHAMMER	00:37:40.31		Runner	Minnedosa, MB	7:32/K	8.0kph	86	52	
3	2	LISA ANDREYCHUK	00:39:12.33		Runner	Dauphin, MB	7:50/K	7.7kph	97	52	
4	41	JANET DEMARCE	00:41:56.47		Runner	Brandon, MB	8:23/K	7.2kph	117	53	
5	79	SHERRY JACKS	00:41:59.25		Runner	Calgary, AB	8:24/K	7.1kph	118	53	
6	155	KATRIN STEDRONSKY	00:42:25.33		Runner	Winnipeg, MB	8:29/K	7.1kph	126	54	
7	101	JODI LEE	00:44:49.69		Runner	Portage la Prairie, MB	8:58/K	6.7kph	134	50	

# Riding Mountain 5K

## Male 55 - 59

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	46	TIM DOAN	00:28:16.39		Runner	Erickson, MB	5:39/K	10.6kph	21	59	
2	90	DON KRYSCHUK	00:33:28.67		Runner	Neepawa, MB	6:42/K	9.0kph	53	57	

## Female 55 - 59

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	52	KERRI DROSDOWECH	00:24:19.99		Runner	Winnipeg, MB	4:52/K	12.3kph	7	56	
2	133	SONIA PENSAERT	00:30:15.42		Runner	Dauphin, MB	6:03/K	9.9kph	34	56	
3	113	HEATHER MCCUTCHEON	00:31:17.34		Runner	Melita, MB	6:15/K	9.6kph	42	56	
4	140	LORI RODYCH	00:37:38.25		Runner	Minnedosa, MB	7:32/K	8.0kph	83	56	
5	138	MELANIE RENWICK	00:38:31.84		Runner	Melita, MB	7:42/K	7.8kph	92	57	
6	158	COLLEEN TALBOT	00:39:12.38		Runner	Dauphin, MB	7:50/K	7.7kph	98	56	
7	100	DONNA LE HEIGET	00:46:14.48		Runner	St. Claude, MB	9:15/K	6.5kph	143	56	
8	150	CINDY SMITH	00:55:04.04		Runner	Winnipeg, MB	11:01/K	5.4kph	154	59	

## Male 60 - 64

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	122	DWIGHT MURRAY	00:29:29.85		Runner	Melita, MB	5:54/K	10.2kph	27	61	
2	19	TERRY CARTER	00:33:23.68		Runner	Brandon, MB	6:41/K	9.0kph	52	63	

## Female 60 - 64

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	111	BEV MATWEE	00:35:02.67		Runner	Dauphin, MB	7:00/K	8.6kph	63	62	
2	22	JACQUELINE CHAPIN-DOWNEY	00:43:23.19		Runner	Coulter, MB	8:41/K	6.9kph	130	61	
3	157	LEESA SYLVESTRE	00:53:26.39		Runner	Winnipeg, MB	10:41/K	5.6kph	153	60	

## Female 65 - 69

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	82	LORI JONES	00:45:14.13		Runner	Pierson, MB	9:03/K	6.6kph	139	69	
2	119	KATHY MENNIE	00:48:57.96		Runner	Brandon, MB	9:47/K	6.1kph	150	68	
3	25	SHEENA COCHRAN	00:56:00.71		Runner	Boissevain, MB	11:12/K	5.4kph	155	65	
4	168	IVY TURNER	00:56:00.94		Runner	Boissevain, MB	11:12/K	5.4kph	156	65	

## Female 70 - 74

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	171	DEBORAH VALCOURT	00:48:57.34		Runner	Brandon, MB	9:47/K	6.1kph	149	70	

## Female 80 - 84

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	98	CAROLE MASSON	00:49:46.53		Runner	Winnipeg, MB	9:57/K	6.0kph	151	81	