

# Riding Mountain 10k

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	HAILEE MORISSEAU	WINNIPEG, RID	F: 1	Runner	229	00:39:46.23	03:58	15.1kph	Overall Female Runner: 1
2	JOEY SIMMS	BRANDON, RID	M: 1	Runner	253	00:43:47.00	04:22	13.7kph	Overall Male Runner: 1
3	JAMES HONIBALL	RUSSELL, RID	M: 2	Runner	185	00:44:08.76	04:24	13.6kph	Overall Male Runner: 2
4	LEANNE SWAYZE	BRANDON, RID	F: 2	Runner	257	00:44:32.12	04:27	13.5kph	Overall Female Runner: 2
5	BRETT MCDOUGALL	BRANDON, RID	M: 3	Runner	220	00:46:15.00	04:37	13.0kph	Overall Male Runner: 3
6	TARA COLPITTS	LONDON, RID	F: 3	Runner	142	00:46:21.72	04:38	12.9kph	Overall Female Runner: 3
7	CHASE CRITCHLOW	NEEPAWA, RID	M: 4	Runner	148	00:46:21.91	04:38	12.9kph	Overall Male Runner: 4
8	KEVIN SUTTON	KAMSACK, RID	M: 5	Runner	256	00:46:31.35	04:39	12.9kph	Overall Male Runner: 5
9	CHRISTIAN CARYK	WINNIPEG, RID	M: 6	Runner	138	00:46:44.66	04:40	12.8kph	Overall Male Runner: 6
10	ANDREW KARKLINS	WHITBY, RID	M: 7	Runner	198	00:46:56.29	04:41	12.8kph	Overall Male Runner: 7
11	BRONWYN REMPEL	WINNIPEG, RID	F: 4	Runner	247	00:47:14.28	04:43	12.7kph	Overall Female Runner: 4
12	ANDREW MORDEN	VIRDEN, RID	M: 8	Runner	228	00:47:37.86	04:45	12.6kph	Overall Male Runner: 8
13	JASON POWERS	ONANOLE, RID	M: 9	Runner	240	00:47:42.16	04:46	12.6kph	Overall Male Runner: 9
14	DOUG MAY	BOISSEVAIN, RID	M: 10	Runner	217	00:48:07.86	04:48	12.5kph	Overall Male Runner: 10
15	JOSÉE LAVOIE	WINNIPEG, RID	M: 11	Runner	209	00:48:35.27	04:51	12.3kph	Overall Male Runner: 11
16	JAIMIE DUTCHAK	BRANDON, RID	F: 5	Runner	165	00:50:22.47	05:02	11.9kph	Overall Female Runner: 5
17	WILL CARTER	BRANDON, RID	M: 12	Runner	137	00:51:34.71	05:09	11.6kph	Overall Male Runner: 12
18	MARK HIEBERT	STEINBACH, RID	M: 13	Runner	183	00:52:04.08	05:12	11.5kph	Overall Male Runner: 13
19	BRYANNE DEROO	BRANDON, RID	F: 6	Runner	158	00:52:04.47	05:12	11.5kph	Overall Female Runner: 6
20	ANDREA ANDREW	VIRDEN, RID	F: 7	Runner	128	00:52:20.10	05:14	11.5kph	Overall Female Runner: 7
21	MAKENNA DICKSON	KILLARNEY, RID	F: 8	Runner	160	00:52:45.37	05:16	11.4kph	Overall Female Runner: 8
22	KELTON MCDOUGALL	BRANDON, RID	M: 14	Runner	221	00:52:57.07	05:17	11.3kph	Overall Male Runner: 14
23	BOBBY DIDAL	BRANDON, RID	M: 15	Runner	161	00:52:57.43	05:17	11.3kph	Overall Male Runner: 15
24	ROB MCCUTCHEON	MELITA, RID	M: 16	Runner	219	00:53:23.25	05:20	11.2kph	Overall Male Runner: 16
25	AMY FRYKODA	MINNEDOSA, RID	F: 9	Runner	171	00:53:24.57	05:20	11.2kph	Overall Female Runner: 9
26	NATHAN CORRIGAL	MELITA, RID	M: 17	Runner	145	00:53:27.23	05:20	11.2kph	Overall Male Runner: 17
27	LINDSAY AGNEW	DAUPHIN, RID	F: 10	Runner	126	00:53:33.35	05:21	11.2kph	Overall Female Runner: 10
28	JANNA DZUBINSKI	BRANDON, RID	F: 11	Runner	167	00:53:37.85	05:21	11.2kph	Overall Female Runner: 11
29	JORDYNNE DICKSON	KILLARNEY, RID	F: 12	Runner	159	00:53:39.94	05:21	11.2kph	Overall Female Runner: 12
30	BRADY PERREAULT	WINNIPEG, RID	M: 18	Runner	237	00:53:44.65	05:22	11.2kph	Overall Male Runner: 18
31	JOANN DRUL	HAMIOTA, RID	F: 13	Runner	164	00:53:53.89	05:23	11.1kph	Overall Female Runner: 13
32	KAYLA HUNTER	NEEPAWA, RID	F: 14	Runner	189	00:54:06.21	05:24	11.1kph	Overall Female Runner: 14
33	BROCK ANDREW	VIRDEN, RID	M: 19	Runner	129	00:54:09.20	05:24	11.1kph	Overall Male Runner: 19
34	STACEY HIEBERT	STEINBACH, RID	M: 20	Runner	184	00:54:30.60	05:27	11.0kph	Overall Male Runner: 20
35	ADAM DUTKA	BRANDON, RID	M: 21	Runner	166	00:55:25.12	05:32	10.8kph	Overall Male Runner: 21
36	MIA ZAMRYKUT	DAUPHIN, RID	F: 15	Runner	271	00:55:25.47	05:32	10.8kph	Overall Female Runner: 15
37	DAN OREMBIA	REGINA, RID	M: 22	Runner	235	00:55:34.19	05:33	10.8kph	Overall Male Runner: 22
38	SUE LUCAS	DAUPHIN, RID	F: 16	Runner	140	00:56:01.65	05:36	10.7kph	Overall Female Runner: 16
39	ROYLYNN MEYER	BRANDON, RID	F: 17	Runner	224	00:56:45.94	05:40	10.6kph	Overall Female Runner: 17
40	ALEX COOK	BRANDON, RID	M: 23	Runner	144	00:56:46.51	05:40	10.6kph	Overall Male Runner: 23
41	KENT CROZIER	NIVERVILLE, RID	M: 24	Runner	149	00:57:08.87	05:42	10.5kph	Overall Male Runner: 24
42	NATHAN CAMPBELL	BRANDON, RID	M: 25	Runner	134	00:57:18.11	05:43	10.5kph	Overall Male Runner: 25
43	AMBRR HRUBENIUUK	BRANDON, RID	F: 18	Runner	186	00:57:18.18	05:43	10.5kph	Overall Female Runner: 18
44	TYLER AMOS	LANDMARK, RID	M: 26	Runner	127	00:57:25.15	05:44	10.4kph	Overall Male Runner: 26
45	COURTNEY GANSKE	KILLARNEY, RID	F: 19	Runner	175	00:57:45.15	05:46	10.4kph	Overall Female Runner: 19
46	SHANNON VICKERS	BRANDON, RID	F: 20	Runner	264	00:57:47.86	05:46	10.4kph	Overall Female Runner: 20
47	PAUL ESCH	KIRKLAND LAKE, RID	M: 27	Runner	170	00:57:54.66	05:47	10.4kph	Overall Male Runner: 27
48	PHILIP VICKERS	BRANDON, RID	M: 28	Runner	263	00:58:02.73	05:48	10.3kph	Overall Male Runner: 28
49	ANDREW STOKES	DAUPHIN, RID	M: 29	Runner	255	00:58:16.95	05:49	10.3kph	Overall Male Runner: 29
50	KARI HANNESON	DAUPHIN, RID	F: 21	Runner	179	00:58:24.26	05:50	10.3kph	Overall Female Runner: 21
51	COLBY CULLEN	GLENBORO, RID	M: 30	Runner	151	00:58:24.36	05:50	10.3kph	Overall Male Runner: 30
52	MARGARET ZAMRYKUT	DAUPHIN, RID	F: 22	Runner	270	00:58:28.24	05:50	10.3kph	Overall Female Runner: 22
53	TARYN SCHROT	BRANDON, RID	F: 23	Runner	249	00:58:40.66	05:52	10.2kph	Overall Female Runner: 23
54	TANNIS SHEARER	DAUPHIN, RID	F: 24	Runner	252	00:58:43.15	05:52	10.2kph	Overall Female Runner: 24
55	LANA HUTCHISON	VIRDEN, RID	F: 25	Runner	190	00:58:49.27	05:52	10.2kph	Overall Female Runner: 25
56	VIKTOR POPP	WINNIPEG, RID	M: 31	Runner	239	00:59:22.85	05:56	10.1kph	Overall Male Runner: 31
57	RAE KINGDON	ONANOLE, RID	F: 26	Runner	199	00:59:36.97	05:57	10.1kph	Overall Female Runner: 26
58	KATIE PERNAROWSKI	DAUPHIN, RID	F: 27	Runner	152	00:59:41.29	05:58	10.1kph	Overall Female Runner: 27
59	MISTI BERTRAND	BRANDON, MB (YBR), RID	F: 28	Runner	131	00:59:43.17	05:58	10.0kph	Overall Female Runner: 28
60	CARTER HYRA	BRANDON, RID	M: 32	Runner	192	00:59:50.17	05:59	10.0kph	Overall Male Runner: 32
61	JORDAN PERNAROWSKI	DAUPHIN, RID	M: 33	Runner	236	01:00:01.92	06:00	10.0kph	Overall Male Runner: 33

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62	ALEXANDER FUNK	WINNIPEG, RID	M: 34	Runner	172	01:00:11.76	06:01	10.0kph	Overall Male Runner: 34
63	KAYDEN FUNK	WINNIPEG, RID	M: 35	Runner	173	01:00:12.94	06:01	10.0kph	Overall Male Runner: 35
64	MARILYNE PREJET-ADAM	REGINA, RID	F: 29	Runner	242	01:00:13.76	06:01	10.0kph	Overall Female Runner: 29
65	MELISSA DEROCHE	LORETTE WEST, RID	F: 30	Runner	157	01:00:14.20	06:01	10.0kph	Overall Female Runner: 30
66	LINDA FUNK	WINNIPEG, RID	F: 31	Runner	174	01:00:18.90	06:01	9.9kph	Overall Female Runner: 31
67	BOB HYRA	BRANDON, RID	M: 36	Runner	191	01:00:47.79	06:04	9.9kph	Overall Male Runner: 36
68	MEGAN QUESNEL	DAUPHIN, RID	F: 32	Runner	243	01:00:50.24	06:05	9.9kph	Overall Female Runner: 32
69	SHERRILL-LEE HYRA	BRANDON, RID	F: 33	Runner	193	01:01:07.08	06:06	9.8kph	Overall Female Runner: 33
70	LEANNE VERVAET	WINNIPEG, RID	F: 34	Runner	262	01:01:15.06	06:07	9.8kph	Overall Female Runner: 34
71	LORNA KINLEY	GLADSTONE, RID	F: 35	Runner	200	01:01:21.88	06:08	9.8kph	Overall Female Runner: 35
72	ALLY MCCONNELL	VANCOUVER, RID	F: 36	Runner	218	01:01:24.43	06:08	9.8kph	Overall Female Runner: 36
73	HAROLD WHYTE	RESTON, RID	M: 37	Runner	265	01:01:50.45	06:11	9.7kph	Overall Male Runner: 37
74	ASHLEY NADEAU	NEEPAWA, RID	F: 37	Runner	231	01:02:59.24	06:17	9.5kph	Overall Female Runner: 37
75	ALYSSA NADEAU	NEEPAWA, RID	F: 38	Runner	230	01:03:00.04	06:18	9.5kph	Overall Female Runner: 38
76	MELANIE POWERS	ONANOLE, RID	F: 39	Runner	241	01:03:01.20	06:18	9.5kph	Overall Female Runner: 39
77	EMMA TAIT	RIDING MOUNTAIN, RID	F: 40	Runner	258	01:03:18.64	06:19	9.5kph	Overall Female Runner: 40
78	JENNIFER ELLIOTT	FORREST, RID	F: 41	Runner	168	01:03:32.56	06:21	9.4kph	Overall Female Runner: 41
79	ADELE POPP	ERICKSON, RID	F: 42	Runner	238	01:03:36.24	06:21	9.4kph	Overall Female Runner: 42
80	STEVIE QUINNEY	BRANDON, RID	F: 43	Runner	244	01:04:44.22	06:28	9.3kph	Overall Female Runner: 43
81	SARA SCOTT	DAUPHIN, RID	F: 44	Runner	250	01:04:45.26	06:28	9.3kph	Overall Female Runner: 44
82	LANA DAVIDSON	DAUPHIN, RID	F: 45	Runner	154	01:04:59.95	06:29	9.2kph	Overall Female Runner: 45
83	ADAM MAHANEY	BRANDON, RID	M: 38	Runner	213	01:05:00.87	06:30	9.2kph	Overall Male Runner: 38
84	AMY LOUTTIT	MELITA, RID	F: 46	Runner	211	01:05:38.53	06:33	9.1kph	Overall Female Runner: 46
85	HILARY CARMICHAEL	BRANDON, RID	F: 47	Runner	135	01:05:45.16	06:34	9.1kph	Overall Female Runner: 47
86	SHEILA HULLICK	BRANDON, RID	F: 48	Runner	188	01:06:53.81	06:41	9.0kph	Overall Female Runner: 48
87	CURTIS HULLICK	BRANDON, RID	M: 39	Runner	187	01:06:55.55	06:41	9.0kph	Overall Male Runner: 39
88	LYNDSAY GILLON	WAWANESA, RID	F: 49	Runner	178	01:07:21.86	06:44	8.9kph	Overall Female Runner: 49
89	LINDSEY RAUPERS	NEWDALE, RID	F: 50	Runner	245	01:07:22.15	06:44	8.9kph	Overall Female Runner: 50
90	VERONIQUE LAGACE	LANGENBURG, RID	F: 51	Runner	205	01:07:38.45	06:45	8.9kph	Overall Female Runner: 51
91	NATHALIE BEERMAN	ROBLIN, RID	F: 52	Runner	130	01:08:24.17	06:50	8.8kph	Overall Female Runner: 52
92	DON RAYMER	STEINBACH, RID	M: 40	Runner	246	01:09:12.93	06:55	8.7kph	Overall Male Runner: 40
93	MARIAN HIEBERT	STEINBACH, RID	F: 53	Runner	182	01:09:21.84	06:56	8.7kph	Overall Female Runner: 53
94	KAREN GILLESPIE	BRANDON, RID	F: 54	Runner	177	01:10:08.87	07:00	8.6kph	Overall Female Runner: 54
95	JOSÉE LAVOIE	WINNIPEG, RID	F: 55	Runner	208	01:11:17.51	07:07	8.4kph	Overall Female Runner: 55
96	LING JIN	BRANDON, RID	F: 56	Runner	194	01:11:23.52	07:08	8.4kph	Overall Female Runner: 56
97	ELLEN SMITH	OAK LAKE, RID	F: 57	Runner	254	01:11:36.16	07:09	8.4kph	Overall Female Runner: 57
98	WENDELL WIGHT	NEWDALE, RID	M: 41	Runner	267	01:12:22.97	07:14	8.3kph	Overall Male Runner: 41
99	JENNIFER DAVIS	KINOSOTA, RID	F: 58	Runner	155	01:12:39.06	07:15	8.3kph	Overall Female Runner: 58
100	JENNIFER TWISS	BRANDON, RID	F: 59	Runner	260	01:13:05.10	07:18	8.2kph	Overall Female Runner: 59
101	ANDREA MALOWSKI	BRANDON, RID	F: 60	Runner	214	01:13:05.86	07:18	8.2kph	Overall Female Runner: 60
102	DENNIS MALOWSKI	BRANDON, RID	M: 42	Runner	215	01:13:31.64	07:21	8.2kph	Overall Male Runner: 42
103	TREVOR MCINTYRE	DAUPHIN, RID	M: 43	Runner	223	01:14:14.51	07:25	8.1kph	Overall Male Runner: 43
104	DANA ZIEROTH	CARBERRY, RID	F: 61	Runner	272	01:14:18.52	07:25	8.1kph	Overall Female Runner: 61
105	RACHELLE CHWALUK	OAKBURN, RID	F: 62	Runner	141	01:14:51.85	07:29	8.0kph	Overall Female Runner: 62
106	MONICA OSSACHUK	WINNIPEG, RID	F: 63	Runner	275	01:14:54.76	07:29	8.0kph	Overall Female Runner: 63
107	MARIANNE LAMB	OTTAWA, RID	F: 64	Runner	206	01:15:14.31	07:31	8.0kph	Overall Female Runner: 64
108	CHRISTINE HARAPIAK	DAUPHIN, RID	F: 65	Runner	180	01:15:14.49	07:31	8.0kph	Overall Female Runner: 65
109	ERIN MOLYNEAUX	BRANDON, RID	F: 66	Runner	227	01:15:34.77	07:33	7.9kph	Overall Female Runner: 66
110	JADE MING	GLENBORO, RID	F: 67	Runner	226	01:16:10.97	07:37	7.9kph	Overall Female Runner: 67
111	ROCHEEN SAMORODNY	GUNTON,	F: 68	Runner	248	01:18:42.37	07:52	7.6kph	Overall Female Runner: 68
112	ERICA KABEL	DAUPHIN, RID	F: 69	Runner	196	01:20:33.81	08:03	7.4kph	Overall Female Runner: 69
113	PAIGE KABEL	DAUPHIN, RID	F: 70	Runner	197	01:20:33.92	08:03	7.4kph	Overall Female Runner: 70
114	SANDRA ZINCHUK	DAUPHIN, RID	F: 71	Runner	273	01:20:36.36	08:03	7.4kph	Overall Female Runner: 71
115	KRISTIN TRENCHARD	WINNIPEG, RID	F: 72	Runner	259	01:21:48.64	08:10	7.3kph	Overall Female Runner: 72
116	JENNIFER WHYTE	RESTON, RID	F: 73	Runner	266	01:22:52.65	08:17	7.2kph	Overall Female Runner: 73
117	MELANIE LAMER	CORNWALL, RID	F: 74	Runner	207	01:22:54.00	08:17	7.2kph	Overall Female Runner: 74
118	ELAINE KOWALCHUK	FRASERWOOD, RID	F: 75	Runner	201	01:24:31.00	08:27	7.1kph	Overall Female Runner: 75
119	THOMAS KOWALCHUK	FRASERWOOD, RID	M: 44	Runner	202	01:24:31.52	08:27	7.1kph	Overall Male Runner: 44
120	BARB MACLEAN	OAKBANK, RID	F: 76	Runner	212	01:33:32.68	09:21	6.4kph	Overall Female Runner: 76
121	DEBBIE DIXON	WINNIPEG, RID	F: 77	Runner	162	01:34:38.94	09:27	6.3kph	Overall Female Runner: 77
DNF	ANDREW CHARTRAND	MELITA, RID	M: 45	Runner	139	00:35:55.25	03:35	16.7kph	:

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