

# Riding Mountain 10K

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	DOUG MAY	BOISSEVAIN, MB	M: 1	RUNNER	257	00:44:21.10	04:26	13.5kph	Overall Male Runner: 1
2	LEANNE SWAYZE	BRANDON, MB	F: 1	RUNNER	302	00:45:22.92	04:32	13.2kph	Overall Female Runner: 1
3	CONNOR JOHNSON	WINNIPEG, MB	M: 2	RUNNER	236	00:46:13.82	04:37	13.0kph	Overall Male Runner: 2
4	BRANDY CHEVALIER	ST ALPHONSE, MB	F: 2	RUNNER	346	00:46:34.26	04:39	12.9kph	Overall Female Runner: 2
5	JAKE CULLEN	BRANDON, MB	M: 3	RUNNER	185	00:47:29.67	04:44	12.6kph	Overall Male Runner: 3
6	KEN SHEPHERD	BRANDON, MB	M: 4	RUNNER	289	00:47:45.56	04:46	12.6kph	Overall Male Runner: 4
7	SUSAN KOHINSKI	NEEPAWA, MB	F: 3	RUNNER	241	00:48:46.00	04:52	12.3kph	Overall Female Runner: 3
8	TYLER SCHROEDER	MORDEN, MB	M: 5	RUNNER	283	00:52:06.70	05:12	11.5kph	Overall Male Runner: 5
9	NICHOLAS HUDYMA	DAUPHIN, MB	M: 6	RUNNER	230	00:52:12.66	05:13	11.5kph	Overall Male Runner: 6
10	TARYN SCHROT	BRANDON, MB	F: 4	RUNNER	284	00:52:23.65	05:14	11.5kph	Overall Female Runner: 4
11	WILL CARTER	BRANDON, MB	M: 7	RUNNER	178	00:52:42.19	05:16	11.4kph	Overall Male Runner: 7
12	ANDREW RICHARDS	MINNEDOSA, MB	M: 8	RUNNER	277	00:53:03.36	05:18	11.3kph	Overall Male Runner: 8
13	JULIA UNGER	BRANDON, MB	F: 5	RUNNER	307	00:53:21.63	05:20	11.2kph	Overall Female Runner: 5
14	BRADLEY BALLANTYNE	TEULON, MB	M: 9	RUNNER	157	00:53:38.42	05:21	11.2kph	Overall Male Runner: 9
15	LAURIE SHEPHERD	BRANDON, MB	F: 6	RUNNER	288	00:54:03.07	05:24	11.1kph	Overall Female Runner: 6
16	DAVID BRASSEUR	CAMPERVILLE, MB	M: 10	RUNNER	168	00:54:21.82	05:26	11.0kph	Overall Male Runner: 10
17	DAN OREMA	REGINA, SK	M: 11	RUNNER	266	00:54:24.53	05:26	11.0kph	Overall Male Runner: 11
18	CHRIS ZAPLITNY	EAST SAINT PAUL, MB	M: 12	RUNNER	319	00:54:34.34	05:27	11.0kph	Overall Male Runner: 12
19	KARA BRASCHUK	DAUPHIN, MB	F: 7	RUNNER	166	00:54:37.25	05:27	11.0kph	Overall Female Runner: 7
20	JOHNNY BRASCHUK	DAUPHIN, MB	M: 13	RUNNER	167	00:54:38.07	05:27	11.0kph	Overall Male Runner: 13
21	VIKTOR POPP	ERICKSON, MB	M: 14	RUNNER	272	00:55:15.71	05:31	10.9kph	Overall Male Runner: 14
22	JANNA DZUBINSKI	BRANDON, MB	F: 8	RUNNER	202	00:56:01.27	05:36	10.7kph	Overall Female Runner: 8
23	BRONWYN REMPEL	ERICKSON, MB	F: 9	RUNNER	274	00:56:02.06	05:36	10.7kph	Overall Female Runner: 9
24	LIZA BESTLAND	MACDONALD, MB	F: 10	RUNNER	162	00:56:26.11	05:38	10.6kph	Overall Female Runner: 10
25	TARA LYNN FRYKAS	WINNIPEG, MB	F: 11	RUNNER	207	00:56:54.74	05:41	10.5kph	Overall Female Runner: 11
26	HEATHER JAEB	DAUPHIN, MB	F: 12	RUNNER	235	00:56:55.71	05:41	10.5kph	Overall Female Runner: 12
27	BLAINE HINTZ	BRANDON, MB	M: 15	RUNNER	223	00:57:05.21	05:42	10.5kph	Overall Male Runner: 15
28	CORI HUDYMA	DAUPHIN, MB	F: 13	RUNNER	228	00:57:08.86	05:42	10.5kph	Overall Female Runner: 13
29	COLBY CULLEN	GLENBORO, MB	M: 16	RUNNER	183	00:57:29.26	05:44	10.4kph	Overall Male Runner: 16
30	JORDYNNE BADIOU	KILLARNEY, MB	F: 14	RUNNER	153	00:57:32.15	05:45	10.4kph	Overall Female Runner: 14
31	PATTY GOODINE	DAUPHIN, MB	F: 15	RUNNER	214	00:57:36.11	05:45	10.4kph	Overall Female Runner: 15
32	ASHLEY NADEAU	NEEPAWA, MB	F: 16	RUNNER	264	00:57:47.59	05:46	10.4kph	Overall Female Runner: 16
33	ALYSSA NADEAU	NEEPAWA, MB	F: 17	RUNNER	263	00:57:47.61	05:46	10.4kph	Overall Female Runner: 17
34	TROY SCOTT	WINNIPEG, MB	M: 17	RUNNER	286	00:57:49.97	05:46	10.4kph	Overall Male Runner: 17
35	ALEXANDER FUNK	WINNIPEG, MB	M: 18	RUNNER	209	00:57:52.61	05:47	10.4kph	Overall Male Runner: 18
36	LINDA FUNK	WINNIPEG, MB	F: 18	RUNNER	364	00:57:53.81	05:47	10.4kph	Overall Female Runner: 18
37	GREGORY GIESBRECHT	WINNIPEG, MB	M: 19	RUNNER	211	00:57:55.50	05:47	10.4kph	Overall Male Runner: 19
38	TRYNA DEGAGNE	BRANDON, MB	F: 19	RUNNER	191	00:59:15.56	05:55	10.1kph	Overall Female Runner: 19
39	JOSHUA VAN MULLIGEN	BRANDON, MB	M: 20	RUNNER	309	00:59:19.86	05:55	10.1kph	Overall Male Runner: 20
40	LAURA VAN MULLIGEN	BRANDON, MB	F: 20	RUNNER	308	00:59:20.14	05:56	10.1kph	Overall Female Runner: 20
41	KERRY BYRAM	NEEPAWA, MB	F: 21	RUNNER	174	00:59:27.68	05:56	10.1kph	Overall Female Runner: 21
42	SHAELYN LANGLOIS	VIRDEN, MB	F: 22	RUNNER	246	00:59:32.11	05:57	10.1kph	Overall Female Runner: 22
43	CHESTER WOHLGEMUTH	STE ANNE, MB	M: 21	RUNNER	317	00:59:43.56	05:58	10.0kph	Overall Male Runner: 21
44	PAXTON HALL	ONANOLE, MB	M: 22	RUNNER	220	00:59:52.56	05:59	10.0kph	Overall Male Runner: 22
45	MYLES MASSON	STE ROSE DU LAC, MB	M: 23	RUNNER	256	01:00:02.21	06:00	10.0kph	Overall Male Runner: 23
46	LISA MACKEDENSKI	ERICKSON, MB	F: 23	RUNNER	252	01:00:04.08	06:00	10.0kph	Overall Female Runner: 23
47	TANNIS SHEARER	DAUPHIN, MB	F: 24	RUNNER	287	01:00:10.32	06:01	10.0kph	Overall Female Runner: 24
48	LESLEY KITSCH	LUMSDEN, SK	F: 25	RUNNER	383	01:00:12.82	06:01	10.0kph	Overall Female Runner: 25
49	JOSH ODWAK	WINNIPEG, MB	M: 24	RUNNER	265	01:00:20.10	06:02	9.9kph	Overall Male Runner: 24
50	RAE KINGDON	ONANOLE, MB	F: 26	RUNNER	239	01:00:58.10	06:05	9.8kph	Overall Female Runner: 26
51	LORNA KINLEY	GLADSTONE, MB	F: 27	RUNNER	240	01:01:47.43	06:10	9.7kph	Overall Female Runner: 27
52	JOLYNN HARDER	STE. ROSE, MB	F: 28	RUNNER	221	01:02:07.99	06:12	9.7kph	Overall Female Runner: 28
53	JOCELYN BARNSTABLE	CARBERRY, MB	F: 29	RUNNER	158	01:02:08.46	06:12	9.7kph	Overall Female Runner: 29
54	ADELE POPP	ERICKSON, MB	F: 30	RUNNER	270	01:02:22.26	06:14	9.6kph	Overall Female Runner: 30
55	KEESHA FAIRBROTHER	DAUPHIN, MB	F: 31	RUNNER	205	01:02:23.65	06:14	9.6kph	Overall Female Runner: 31
56	ADAM DUTKA	BRANDON, MB	M: 25	RUNNER	199	01:02:34.37	06:15	9.6kph	Overall Male Runner: 25
57	JOHN POPP	ERICKSON, MB	M: 26	RUNNER	271	01:02:41.65	06:16	9.6kph	Overall Male Runner: 26
58	SYDNEY SMITH	BRANDON, MB	F: 32	RUNNER	295	01:02:43.46	06:16	9.6kph	Overall Female Runner: 32
59	LANA HUTCHISON	VIRDEN, MB	F: 33	RUNNER	231	01:03:11.84	06:19	9.5kph	Overall Female Runner: 33
60	AUDREY DEAMEL	EAST SELKIRK, MB	F: 34	RUNNER	190	01:03:12.80	06:19	9.5kph	Overall Female Runner: 34
61	SARAH BESTLAND	SANFORD, MB	F: 35	RUNNER	160	01:03:14.30	06:19	9.5kph	Overall Female Runner: 35

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62	MARCEL TANGUAY	VIRDEN, MB	M: 27	RUNNER	303	01:03:17.90	06:19	9.5kph	Overall Male Runner: 27
63	ALLYSON BUCHANAN	DAUPHIN, MB	F: 36	RUNNER	172	01:03:55.00	06:23	9.4kph	Overall Female Runner: 36
64	SUZANNAH DUFF	ESTERHAZY, SK	F: 37	RUNNER	197	01:03:59.43	06:23	9.4kph	Overall Female Runner: 37
65	HEATHER HRYMAK	ERICKSON, MB	F: 38	RUNNER	227	01:04:13.30	06:25	9.3kph	Overall Female Runner: 38
66	LANA DAVIDSON	DAUPHIN, MB	F: 39	RUNNER	187	01:05:04.94	06:30	9.2kph	Overall Female Runner: 39
67	KASIE CULLEN	BRANDON, MB	F: 40	RUNNER	184	01:05:31.13	06:33	9.2kph	Overall Female Runner: 40
68	SHERRI HOLLIER	NEEPAWA, MB	F: 41	RUNNER	226	01:05:32.16	06:33	9.2kph	Overall Female Runner: 41
69	CATHIE HOLLIER	BRANDON, MB	F: 42	RUNNER	225	01:05:32.54	06:33	9.2kph	Overall Female Runner: 42
70	KARA DODDS	DAUPHIN, MB	F: 43	RUNNER	195	01:06:09.62	06:36	9.1kph	Overall Female Runner: 43
71	JANINE WASYLENCHUK	ROBLIN, MB	F: 44	RUNNER	311	01:06:13.58	06:37	9.1kph	Overall Female Runner: 44
72	JENNIFER ELLIOTT	FORREST, MB	F: 45	RUNNER	204	01:06:53.14	06:41	9.0kph	Overall Female Runner: 45
73	MONICA OSSACHUK	WINNIPEG, MB	F: 46	RUNNER	267	01:07:14.23	06:43	8.9kph	Overall Female Runner: 46
74	TRISTYN TIBBETT	NEEPAWA, MB	F: 47	RUNNER	305	01:07:22.33	06:44	8.9kph	Overall Female Runner: 47
75	HAROLD WHYTE	RESTON, MB	M: 28	RUNNER	313	01:07:50.99	06:47	8.8kph	Overall Male Runner: 28
76	VANESSA ZEHTAB	BRANDON, MB	F: 48	RUNNER	320	01:08:31.75	06:51	8.8kph	Overall Female Runner: 48
77	PATTY MCLEOD	BRANDON, MB	F: 49	RUNNER	400	01:09:30.23	06:57	8.6kph	Overall Female Runner: 49
78	ELLEN SMITH	OAK LAKE, MB	F: 50	RUNNER	293	01:09:30.93	06:57	8.6kph	Overall Female Runner: 50
79	ELLA BAKER	CARBERRY, MB	F: 51	RUNNER	155	01:09:35.81	06:57	8.6kph	Overall Female Runner: 51
80	AMY BAKER	CARBERRY, MB	F: 52	RUNNER	154	01:09:35.98	06:57	8.6kph	Overall Female Runner: 52
81	CORINA LIEPERT	THE PAS, MB	F: 53	RUNNER	249	01:09:56.21	06:59	8.6kph	Overall Female Runner: 53
82	OSCAR REYES	WINNIPEG, MB	M: 29	RUNNER	275	01:10:14.80	07:01	8.5kph	Overall Male Runner: 29
83	MAKENNA DICKSON	KILLARNEY, MB	F: 54	RUNNER	193	01:10:25.96	07:02	8.5kph	Overall Female Runner: 54
84	RACHEL SIME	FORK RIVER, MB	F: 55	RUNNER	290	01:10:26.80	07:02	8.5kph	Overall Female Runner: 55
85	EMILY GRANT	WINNIPEG, MB	F: 56	RUNNER	216	01:10:36.87	07:03	8.5kph	Overall Female Runner: 56
86	KINSLEY SKULMOSKI	BRANDON, MB	F: 57	RUNNER	291	01:10:54.84	07:05	8.5kph	Overall Female Runner: 57
87	KAREN GILLESPIE	BRANDON, MB	F: 58	RUNNER	213	01:10:59.84	07:05	8.5kph	Overall Female Runner: 58
88	OLIVIA BURTCH	WINNIPEG, MB	F: 59	RUNNER	173	01:11:21.92	07:08	8.4kph	Overall Female Runner: 59
89	LARISSA GRAY	SHILO, MB	F: 60	RUNNER	217	01:11:31.90	07:09	8.4kph	Overall Female Runner: 60
90	KELSEY ZIMMERMAN	KLEEFELD, MB	F: 61	RUNNER	321	01:11:45.11	07:10	8.4kph	Overall Female Runner: 61
91	NANCY GREXTON	GRANDVIEW, MB	F: 62	RUNNER	218	01:12:44.51	07:16	8.2kph	Overall Female Runner: 62
92	FAVOUR IYKEOKOROCHA	BRANDON, MB	M: 30	RUNNER	234	01:12:51.50	07:17	8.2kph	Overall Male Runner: 30
93	LESLIE ANDRES	ROBLIN, MB	F: 63	RUNNER	152	01:12:53.57	07:17	8.2kph	Overall Female Runner: 63
94	RACHEL SMALL	DAUPHIN, MB	F: 64	RUNNER	292	01:13:25.14	07:20	8.2kph	Overall Female Runner: 64
95	TERRY BLOOMER	DAUPHIN, MB	F: 65	RUNNER	164	01:13:26.26	07:20	8.2kph	Overall Female Runner: 65
96	CHARLOTTE GARLINSKI	DAUPHIN, MB	F: 66	RUNNER	210	01:13:26.88	07:20	8.2kph	Overall Female Runner: 66
97	TREVOR MCINTYRE	DAUPHIN, MB	M: 31	RUNNER	258	01:13:52.22	07:23	8.1kph	Overall Male Runner: 31
98	CALLEIGH DUCHART	MCCREARY, MB	F: 67	RUNNER	196	01:14:37.71	07:27	8.0kph	Overall Female Runner: 67
99	KIRSTEN THOMPSON	OCHRE RIVER, MB	F: 68	RUNNER	304	01:14:40.34	07:28	8.0kph	Overall Female Runner: 68
100	ALYSE RICHARDS	MINNEDOSA, MB	F: 69	RUNNER	278	01:14:41.32	07:28	8.0kph	Overall Female Runner: 69
101	ANDREA MALOWSKI	BRANDON, MB	F: 70	RUNNER	254	01:14:56.79	07:29	8.0kph	Overall Female Runner: 70
102	WENDELL WIGHT	NEWDALE, MB	M: 32	RUNNER	314	01:15:27.53	07:32	8.0kph	Overall Male Runner: 32
103	JOANEY LOCKHART	MCCREARY, MB	F: 71	RUNNER	251	01:16:10.61	07:37	7.9kph	Overall Female Runner: 71
104	ROBIN PERCHALUK	ROBLIN, MB	F: 72	RUNNER	268	01:16:22.62	07:38	7.9kph	Overall Female Runner: 72
105	LISA BIRD	LYLETON, MB	F: 73	RUNNER	163	01:16:41.42	07:40	7.8kph	Overall Female Runner: 73
106	HILARY CARMICHAEL	BRANDON, MB	F: 74	RUNNER	177	01:17:35.57	07:45	7.7kph	Overall Female Runner: 74
107	ANDREW DUTKA	BRANDON, MB	M: 33	RUNNER	200	01:17:36.57	07:45	7.7kph	Overall Male Runner: 33
108	VANESSA SCHURKO	PORTAGE LA PRAIRIE, MB	F: 75	RUNNER	285	01:17:37.21	07:45	7.7kph	Overall Female Runner: 75
109	ROWDY IRWIN	SINCLAIR, MB	M: 34	RUNNER	233	01:18:55.07	07:53	7.6kph	Overall Male Runner: 34
110	JAMES MEYER	BRANDON, MB	M: 35	RUNNER	259	01:18:57.34	07:53	7.6kph	Overall Male Runner: 35
111	RAYCHEL MEYER	BRANDON, MB	F: 76	RUNNER	261	01:18:57.41	07:53	7.6kph	Overall Female Runner: 76
112	WENDY DE LA MARE	DAUPHIN, MB	F: 77	RUNNER	188	01:19:04.52	07:54	7.6kph	Overall Female Runner: 77
113	ROCHEEN SAMORODNY	GUNTON, MB	F: 78	RUNNER	282	01:19:14.61	07:55	7.6kph	Overall Female Runner: 78
114	ROYLYNN MEYER	BRANDON, MB	F: 79	RUNNER	260	01:19:29.94	07:56	7.5kph	Overall Female Runner: 79
115	TYRAL SOLSKI	GILBERT PLAINS, MB	F: 80	RUNNER	297	01:19:47.48	07:58	7.5kph	Overall Female Runner: 80
116	PAMELA GULENCHIN	GILBERT PLAINS, MB	F: 81	RUNNER	219	01:19:47.69	07:58	7.5kph	Overall Female Runner: 81
117	ALLY COOK	MINNEDOSA, MB	F: 82	RUNNER	182	01:20:23.78	08:02	7.5kph	Overall Female Runner: 82
118	JADE WOHLGEMUTH	GILBERT PLAINS, MB	F: 83	RUNNER	316	01:20:43.85	08:04	7.4kph	Overall Female Runner: 83
119	MEAGAN RICHARDS	BRANDON, MB	F: 84	RUNNER	276	01:21:19.41	08:07	7.4kph	Overall Female Runner: 84
120	HENRI TSUNA	WINNIPEG, MB	M: 36	RUNNER	306	01:22:05.22	08:12	7.3kph	Overall Male Runner: 36
121	JENNIFER RUF-WILSON	ESTERHAZY, SK	F: 85	RUNNER	281	01:24:49.11	08:28	7.1kph	Overall Female Runner: 85
122	DANIELLE CURRIE	BRANDON, MB	F: 86	RUNNER	186	01:24:50.91	08:29	7.1kph	Overall Female Runner: 86

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123	CHRISTINA CHEATER	DAUPHIN, MB	F: 87	RUNNER	179	01:26:25.13	08:38	6.9kph	Overall Female Runner: 87
124	DARCIE STANOWSKI	WINNIPEGOSIS, MB	F: 88	RUNNER	299	01:27:47.86	08:46	6.8kph	Overall Female Runner: 88
125	SARAH WOYCHYSHYN	MINNEDOSA, MB	F: 89	RUNNER	318	01:29:27.22	08:56	6.7kph	Overall Female Runner: 89
126	JODI BAUMUNG	DAUPHIN, MB	F: 90	RUNNER	159	01:30:08.49	09:00	6.7kph	Overall Female Runner: 90
127	JENA CLAUSON	DAUPHIN, MB	F: 91	RUNNER	180	01:30:09.58	09:00	6.7kph	Overall Female Runner: 91
128	ELAINE KOWALCHUK	FRASERWOOD, MB	F: 92	RUNNER	243	01:30:52.91	09:05	6.6kph	Overall Female Runner: 92
129	THOMAS KOWALCHUK	FRASERWOOD, MB	M: 37	RUNNER	242	01:30:53.34	09:05	6.6kph	Overall Male Runner: 37
130	SHEY SPARROW	DAUPHIN, MB	F: 93	RUNNER	298	01:31:13.56	09:07	6.6kph	Overall Female Runner: 93
131	KAREN WAKEGIJIG	PORTAGE LA PRAIRIE, MB	F: 94	RUNNER	310	01:34:10.52	09:25	6.4kph	Overall Female Runner: 94
132	SAMIUL SOAD	WINNIPEG, MB	M: 38	RUNNER	296	01:34:55.66	09:29	6.3kph	Overall Male Runner: 38
133	BARB MACLEAN	OAKBANK, MB	F: 95	RUNNER	253	01:37:37.75	09:45	6.1kph	Overall Female Runner: 95
134	JENNIFER WHYTE	RESTON, MB	F: 96	RUNNER	312	01:40:20.14	10:02	6.0kph	Overall Female Runner: 96
135	VICKI IRWIN	SINCLAIR, MB	F: 97	RUNNER	232	01:40:20.93	10:02	6.0kph	Overall Female Runner: 97
136	MELANIE LAMER	CORNWALL, ON	F: 98	RUNNER	245	01:40:21.55	10:02	6.0kph	Overall Female Runner: 98
137	KAHLEA BALL	ESTERHAZY, SK	F: 99	RUNNER	156	01:45:07.54	10:30	5.7kph	Overall Female Runner: 99
138	TAYLOR GILCHUK	SPY HILL, SK	F: 100	RUNNER	212	01:45:07.89	10:30	5.7kph	Overall Female Runner: 100
DQ	CARLY ROPER	WINNIPEG, MB	F: 101	RUNNER	279	00:32:17.09	03:13	18.6kph	:
DQ	COLLEEN SULATYSKI	DAUPHIN, MB	F: 102	RUNNER	301	00:33:19.88	03:19	18.0kph	: