

# Riding Mountain 10k

## Overall Male Runner

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	253	JOEY SIMMS	00:43:47.00		Runner	Brandon, RID	4:23/K	13.7kph	2	25	
2	185	JAMES HONIBALL	00:44:08.76		Runner	russell, RID	4:25/K	13.6kph	3	49	
3	220	BRETT MCDOUGALL	00:46:15.00		Runner	Brandon, RID	4:38/K	13.0kph	5	39	

## Overall Female Runner

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	229	HAILEE MORISSEAU	00:39:46.23		Runner	Winnipeg, RID	3:59/K	15.1kph	1	23	
2	257	LEANNE SWAYZE	00:44:32.12		Runner	Brandon, RID	4:27/K	13.5kph	4	43	
3	142	TARA COLPITTS	00:46:21.72		Runner	London, RID	4:38/K	12.9kph	6	42	

## Male 10 - 14

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	221	KELTON MCDOUGALL	00:52:57.07		Runner	Brandon, RID	5:18/K	11.3kph	22	12	
2	172	ALEXANDER FUNK	01:00:11.76		Runner	Winnipeg, RID	6:01/K	10.0kph	62	14	
3	173	KAYDEN FUNK	01:00:12.94		Runner	Winnipeg, RID	6:01/K	10.0kph	63	12	
4	265	HAROLD WHYTE	01:01:50.45		Runner	Reston, RID	6:11/K	9.7kph	73	10	

## Female 10 - 14

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	231	ASHLEY NADEAU	01:02:59.24		Runner	Neepawa, RID	6:18/K	9.5kph	74	14	
2	230	ALYSSA NADEAU	01:03:00.04		Runner	Neepawa, RID	6:18/K	9.5kph	75	14	
3	258	EMMA TAIT	01:03:18.64		Runner	Riding mountain, RID	6:20/K	9.5kph	77	13	

## Female 15 - 19

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	271	MIA ZAMRYKUT	00:55:25.47		Runner	Dauphin, RID	5:33/K	10.8kph	36	17	
2	197	PAIGE KABEL	01:20:33.92		Runner	Dauphin, RID	8:03/K	7.4kph	113	19	

## Male 20 - 24

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	138	CHRISTIAN CARYK	00:46:44.66		Runner	Winnipeg, RID	4:40/K	12.8kph	9	23	
2	237	BRADY PERREAULT	00:53:44.65		Runner	Winnipeg, RID	5:22/K	11.2kph	30	22	
3	144	ALEX COOK	00:56:46.51		Runner	Brandon, RID	5:41/K	10.6kph	40	23	
4	239	VIKTOR POPP	00:59:22.85		Runner	Winnipeg, RID	5:56/K	10.1kph	56	24	
5	192	CARTER HYRA	00:59:50.17		Runner	Brandon, RID	5:59/K	10.0kph	60	23	

## Female 20 - 24

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	229	HAILEE MORISSEAU	00:39:46.23		Runner	Winnipeg, RID	3:59/K	15.1kph	1	23	
2	247	BRONWYN REMPEL	00:47:14.28		Runner	Winnipeg, RID	4:43/K	12.7kph	11	21	
3	160	MAKENNA DICKSON	00:52:45.37		Runner	Killarney, RID	5:16/K	11.4kph	21	21	
4	224	ROYLYNN MEYER	00:56:45.94		Runner	Brandon, RID	5:40/K	10.6kph	39	22	
5	175	COURTNEY GANSKE	00:57:45.15		Runner	Killarney, RID	5:46/K	10.4kph	45	23	
6	243	MEGAN QUESNEL	01:00:50.24		Runner	Dauphin, RID	6:05/K	9.9kph	68	22	

## Male 25 - 29

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	253	JOEY SIMMS	00:43:47.00		Runner	Brandon, RID	4:23/K	13.7kph	2	25	
2	198	ANDREW KARKLINS	00:46:56.29		Runner	Whitby, RID	4:42/K	12.8kph	10	25	

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## Male 25 - 29

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
3	151	COLBY CULLEN	00:58:24.36		Runner	Glenboro, RID	5:50/K	10.3kph	51	25	
4	223	TREVOR MCINTYRE	01:14:14.51		Runner	Dauphin, RID	7:25/K	8.1kph	103	29	

## Female 25 - 29

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	159	JORDYNNE DICKSON	00:53:39.94		Runner	Killarney, RID	5:22/K	11.2kph	29	26	
2	208	JOSÉE LAVOIE	01:11:17.51		Runner	Winnipeg, RID	7:08/K	8.4kph	95	28	
3	194	LING JIN	01:11:23.52		Runner	Brandon, RID	7:08/K	8.4kph	96	28	
4	275	MONICA OSSACHUK	01:14:54.76		Runner	Winnipeg, RID	7:29/K	8.0kph	106	29	
5	226	JADE MING	01:16:10.97		Runner	Glenboro, RID	7:37/K	7.9kph	110	26	

## Male 30 - 34

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	148	CHASE CRITCHLOW	00:46:21.91		Runner	Neepawa, RID	4:38/K	12.9kph	7	31	
2	209	JOSÉE LAVOIE	00:48:35.27		Runner	Winnipeg, RID	4:51/K	12.3kph	15	33	
3	127	TYLER AMOS	00:57:25.15		Runner	Landmark, RID	5:45/K	10.4kph	44	31	

## Female 30 - 34

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	165	JAIMIE DUTCHAK	00:50:22.47		Runner	Brandon, RID	5:02/K	11.9kph	16	32	
2	167	JANNA DZUBINSKI	00:53:37.85		Runner	Brandon, RID	5:22/K	11.2kph	28	31	
3	189	KAYLA HUNTER	00:54:06.21		Runner	Neepawa, RID	5:25/K	11.1kph	32	31	
4	218	ALLY MCCONNELL	01:01:24.43		Runner	Vancouver, RID	6:08/K	9.8kph	72	33	
5	244	STEVIE QUINNEY	01:04:44.22		Runner	Brandon, RID	6:28/K	9.3kph	80	30	
6	135	HILARY CARMICHAEL	01:05:45.16		Runner	Brandon, RID	6:34/K	9.1kph	85	30	
7	178	LYNDSAY GILLON	01:07:21.86		Runner	Wawanesa, RID	6:44/K	8.9kph	88	33	
8	259	KRISTIN TRENCHARD	01:21:48.64		Runner	Winnipeg, RID	8:11/K	7.3kph	115	34	
9	207	MELANIE LAMER	01:22:54.00		Runner	Cornwall, RID	8:17/K	7.2kph	117	34	

## Male 35 - 39

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	220	BRETT MCDOUGALL	00:46:15.00		Runner	Brandon, RID	4:38/K	13.0kph	5	39	
2	137	WILL CARTER	00:51:34.71		Runner	Brandon, RID	5:09/K	11.6kph	17	37	
3	161	BOBBY DIDAL	00:52:57.43		Runner	Brandon, RID	5:18/K	11.3kph	23	37	
4	145	NATHAN CORRIGAL	00:53:27.23		Runner	melita, RID	5:21/K	11.2kph	26	35	
5	149	KENT CROZIER	00:57:08.87		Runner	Niverville, RID	5:43/K	10.5kph	41	39	
6	255	ANDREW STOKES	00:58:16.95		Runner	Dauphin, RID	5:50/K	10.3kph	49	35	
7	236	JORDAN PERNAROWSKI	01:00:01.92		Runner	Dauphin, RID	6:00/K	10.0kph	61	35	
8	213	ADAM MAHANEY	01:05:00.87		Runner	Brandon, RID	6:30/K	9.2kph	83	36	

## Female 35 - 39

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	158	BRYANNE DEROO	00:52:04.47		Runner	Brandon, RID	5:12/K	11.5kph	19	35	
2	164	JOANN DRUL	00:53:53.89		Runner	Hamiota, RID	5:23/K	11.1kph	31	35	
3	249	TARYN SCHROT	00:58:40.66		Runner	Brandon, RID	5:52/K	10.2kph	53	39	
4	152	KATIE PERNAROWSKI	00:59:41.29		Runner	Dauphin, RID	5:58/K	10.1kph	58	39	
5	245	LINDSEY RAUPERS	01:07:22.15		Runner	Newdale, RID	6:44/K	8.9kph	89	35	
6	205	VERONIQUE LAGACE	01:07:38.45		Runner	Langenburg, RID	6:46/K	8.9kph	90	35	
7	254	ELLEN SMITH	01:11:36.16		Runner	oak lake, RID	7:10/K	8.4kph	97	38	
8	260	JENNIFER TWISS	01:13:05.10		Runner	Brandon, RID	7:18/K	8.2kph	100	35	

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## Female 35 - 39

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
9	248	ROCHEEN SAMORODNY	01:18:42.37		Runner	Gunton	7:52/K	7.6kph	111	39	
10	266	JENNIFER WHYTE	01:22:52.65		Runner	Reston, RID	8:17/K	7.2kph	116	37	

## Male 40 - 44

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	228	ANDREW MORDEN	00:47:37.86		Runner	Virten, RID	4:46/K	12.6kph	12	42	
2	183	MARK HIEBERT	00:52:04.08		Runner	Steinbach, RID	5:12/K	11.5kph	18	41	
3	184	STACEY HIEBERT	00:54:30.60		Runner	Steinbach, RID	5:27/K	11.0kph	34	44	
4	166	ADAM DUTKA	00:55:25.12		Runner	Brandon, RID	5:33/K	10.8kph	35	40	
5	134	NATHAN CAMPBELL	00:57:18.11		Runner	Brandon, RID	5:44/K	10.5kph	42	42	
6	187	CURTIS HULLICK	01:06:55.55		Runner	Brandon, RID	6:42/K	9.0kph	87	41	

## Female 40 - 44

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	257	LEANNE SWAYZE	00:44:32.12		Runner	Brandon, RID	4:27/K	13.5kph	4	43	
2	142	TARA COLPITTS	00:46:21.72		Runner	London, RID	4:38/K	12.9kph	6	42	
3	126	LINDSAY AGNEW	00:53:33.35		Runner	Dauphin, RID	5:21/K	11.2kph	27	42	
4	186	AMBRR HRUBENIUK	00:57:18.18		Runner	Brandon, RID	5:44/K	10.5kph	43	40	
5	179	KARI HANNESON	00:58:24.26		Runner	Dauphin, RID	5:50/K	10.3kph	50	44	
6	242	MARILYNE PREJET-ADAM	01:00:13.76		Runner	Regina, RID	6:01/K	10.0kph	64	41	
7	157	MELISSA DEROCHE	01:00:14.20		Runner	Lorette West, RID	6:01/K	10.0kph	65	41	
8	174	LINDA FUNK	01:00:18.90		Runner	Winnipeg, RID	6:02/K	10.0kph	66	44	
9	168	JENNIFER ELLIOTT	01:03:32.56		Runner	Forrest, RID	6:21/K	9.4kph	78	40	
10	250	SARA SCOTT	01:04:45.26		Runner	Dauphin, RID	6:28/K	9.3kph	81	40	
11	154	LANA DAVIDSON	01:04:59.95		Runner	Dauphin, RID	6:30/K	9.2kph	82	41	
12	211	AMY LOUTTIT	01:05:38.53		Runner	Melita, RID	6:34/K	9.1kph	84	44	
13	188	SHEILA HULLICK	01:06:53.81		Runner	Brandon, RID	6:41/K	9.0kph	86	42	
14	182	MARIAN HIEBERT	01:09:21.84		Runner	Steinbach, RID	6:56/K	8.7kph	93	41	
15	177	KAREN GILLESPIE	01:10:08.87		Runner	Brandon, RID	7:01/K	8.6kph	94	42	
16	155	JENNIFER DAVIS	01:12:39.06		Runner	Kinosota, RID	7:16/K	8.3kph	99	44	
17	214	ANDREA MALOWSKI	01:13:05.86		Runner	Brandon, RID	7:18/K	8.2kph	101	40	
18	141	RACHELLE CHWALUK	01:14:51.85		Runner	oakburn, RID	7:29/K	8.0kph	105	43	
19	227	ERIN MOLYNEAUX	01:15:34.77		Runner	Brandon, RID	7:33/K	7.9kph	109	43	
20	212	BARB MACLEAN	01:33:32.68		Runner	Oakbank, RID	9:21/K	6.4kph	120	44	

## Male 45 - 49

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	185	JAMES HONIBALL	00:44:08.76		Runner	russell, RID	4:25/K	13.6kph	3	49	
2	235	DAN OREMBA	00:55:34.19		Runner	Regina, RID	5:33/K	10.8kph	37	47	

## Female 45 - 49

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	171	AMY FRYKODA	00:53:24.57		Runner	Minnedosa, RID	5:20/K	11.2kph	25	45	
2	270	MARGARET ZAMRYKUT	00:58:28.24		Runner	Dauphin, RID	5:51/K	10.3kph	52	47	
3	190	LANA HUTCHISON	00:58:49.27		Runner	Virten, RID	5:53/K	10.2kph	55	45	
4	262	LEANNE VERVAET	01:01:15.06		Runner	Winnipeg, RID	6:08/K	9.8kph	70	47	
5	241	MELANIE POWERS	01:03:01.20		Runner	Onanole, RID	6:18/K	9.5kph	76	48	
6	130	NATHALIE BEERMAN	01:08:24.17		Runner	Roblin, RID	6:50/K	8.8kph	91	45	
7	272	DANA ZIEROTH	01:14:18.52		Runner	Carberry, RID	7:26/K	8.1kph	104	45	

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## Male 50 - 54

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	240	JASON POWERS	00:47:42.16		Runner	Onanole, RID	4:46/K	12.6kph	13	53	
2	217	DOUG MAY	00:48:07.86		Runner	Boissevain, RID	4:49/K	12.5kph	14	52	
3	170	PAUL ESCH	00:57:54.66		Runner	Kirkland Lake, RID	5:47/K	10.4kph	47	50	
4	263	PHILIP VICKERS	00:58:02.73		Runner	Brandon, RID	5:48/K	10.3kph	48	54	
5	191	BOB HYRA	01:00:47.79		Runner	Brandon, RID	6:05/K	9.9kph	67	53	
6	215	DENNIS MALOWSKI	01:13:31.64		Runner	Brandon, RID	7:21/K	8.2kph	102	50	

## Female 50 - 54

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	128	ANDREA ANDREW	00:52:20.10		Runner	Virden, RID	5:14/K	11.5kph	20	50	
2	264	SHANNON VICKERS	00:57:47.86		Runner	Brandon, RID	5:47/K	10.4kph	46	53	
3	193	SHERRILL-LEE HYRA	01:01:07.08		Runner	Brandon, RID	6:07/K	9.8kph	69	51	
4	238	ADELE POPP	01:03:36.24		Runner	Erickson, RID	6:22/K	9.4kph	79	53	
5	196	ERICA KABEL	01:20:33.81		Runner	Dauphin, RID	8:03/K	7.4kph	112	51	
6	273	SANDRA ZINCHUK	01:20:36.36		Runner	Dauphin, RID	8:04/K	7.4kph	114	53	

## Male 55 - 59

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	219	ROB MCCUTCHEON	00:53:23.25		Runner	Melita, RID	5:20/K	11.2kph	24	56	
2	129	BROCK ANDREW	00:54:09.20		Runner	Virden, RID	5:25/K	11.1kph	33	56	

## Female 55 - 59

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	140	SUE LUCAS	00:56:01.65		Runner	Dauphin, RID	5:36/K	10.7kph	38	58	
2	252	TANNIS SHEARER	00:58:43.15		Runner	Dauphin, RID	5:52/K	10.2kph	54	59	
3	199	RAE KINGDON	00:59:36.97		Runner	Onanole, RID	5:58/K	10.1kph	57	56	
4	131	MISTI BERTRAND	00:59:43.17		Runner	BRANDON, MB (YBR), RID	5:58/K	10.0kph	59	56	
5	206	MARIANNE LAMB	01:15:14.31		Runner	Ottawa, RID	7:31/K	8.0kph	107	59	
6	180	CHRISTINE HARAPIAK	01:15:14.49		Runner	Dauphin, RID	7:31/K	8.0kph	108	57	

## Male 60 - 64

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	256	KEVIN SUTTON	00:46:31.35		Runner	Kamsack, RID	4:39/K	12.9kph	8	64	
2	202	THOMAS KOWALCHUK	01:24:31.52		Runner	Fraserwood, RID	8:27/K	7.1kph	119	62	

## Female 60 - 64

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	200	LORNA KINLEY	01:01:21.88		Runner	Gladstone, RID	6:08/K	9.8kph	71	60	
2	201	ELAINE KOWALCHUK	01:24:31.00		Runner	Fraserwood, RID	8:27/K	7.1kph	118	60	

## Male 65 - 69

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	246	DON RAYMER	01:09:12.93		Runner	Steinbach, RID	6:55/K	8.7kph	92	65	

## Female 65 - 69

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	162	DEBBIE DIXON	01:34:38.94		Runner	Winnipeg, RID	9:28/K	6.3kph	121	65	

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## Male 75 - 79

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Number
1	267	WENDELL WIGHT	01:12:22.97		Runner	newdale, RID	7:14/K	8.3kph	98	77	