



## 2020 MRA RACE CALENDAR

All events with placings are part of the Run 150 Challenge.

Visit <a href="https://mraweb.ca/run-150/">https://mraweb.ca/run-150/</a>

REVISED July 16, 2020

Sun. 24 Royal Canadian Air Force Run Half Marathon Sun. 26 Frost Bite River Run 5 Mile and 5K 10k, 5k & 3k Family Fun Run \*\*CANCELLED\*\* Riverview Community Centre 10:00 a.m. CFB 17 Wing, 715 Wihuri Rd, Winnipeg 9:00 a.m. 90 Ashland Avenue, Winnipeg M Dwayne Sandall: (204) 833-2500 ext 2355 N Dennis Cunningham: (204) 452-9944 race.director@rcafrun.ca racedirector@frostbiteriverrun.ca A Sun. 31 Northern Aloha Run (formally Lindenwoods Fall Sun. 9 MRA February Flapjack Fundraiser - 8:00 a.m. F Classic) 10k, 5k & 1 Mile \*\*CANCELLED\* Pancake Breakfast to support the MRA Classic Race Series Van Wallengham School, 1 Princemere Rd, Winnipeg Applebee's Grant Park Shopping Centre, Winnipeg  $\mathbf{F}$ Daria Hyworon: (204) 999-0748 Tickets available on the MRA website B racedirector@northernaloharun.com MRA office: (204) 477-5185; office@mraweb.ca Jun 5-7 Huntington Heroes Walk to Cure HD Patrick Riddell April Run Series #1 - 2k & 5k Sun. 5 5k Walk/Run; 10k Run \*\*CANCELLED\*\* \*\*VIRTUAL EVENT-ANY DISTANCE\*\* Assiniboine Park Pavilion, Winnipeg 8:30 a.m. June 5th 12:00 a.m. to midnight June 7th Kathy Malkoske: aprilrunseries@gmail.com Visit the website www.hdmanitoba.ca for more details. Vern Barrett: (204) 694-1779; info@hdmanitoba.ca Mon. 6 MRA Annual General Meeting - 7:30 p.m. U Online from the comfort of your home! A Jun 6-30 Run 4 Your Cause N MRA office: (204) 477-5185; office@mraweb.ca All 2020 members welcome! \*\*VIRTUAL EVENT 10k/5k/3k/5k Awesome Twosome\*\* Ē P MRA Classic Series-5k MRA Youth Series-3k or 5k Sun. 12 Patrick Riddell April Run Series #2 - 2k, 5k & 10k R June 6th 7:00 a.m. to midnight June 30th \*\*CANCELLED\*\* Krista Waring: run4yourcause@gmail.com Assiniboine Park Pavilion, Winnipeg 8:30 a.m. Ι Kathy Malkoske: aprilrunseries@gmail.com Sun. 14 10th Annual Virden Run 10k, 5k & 3k L \*\*CANCELLED\*\* Sun. 19 Patrick Riddell April Run Series #3 - 2k, 5k & 15k Tundra Oil & Gas Place, 900 5th Ave, Virden, MB 8:30 a.m. \*\*CANCELLED\* Cindy Branum: (204) 748-5045; cindybranum@yahoo.ca Assiniboine Park Pavilion, Winnipeg 8:30 a.m. Kathy Malkoske: aprilrunseries@gmail.com Jul 1-7 Canada Day Super Run \*\*VIRTUAL EVENT 3k, 5k & 10k\*\* Sat. 25 Go for the Burn 10k Run; 5k Run/Walk; 3k Youth MRA Classic Series-5k Run & 3k Walk \*\*CANCELLED\*\* MRA Youth Series-3k or 5k Assiniboine Park, Winnipeg 9:00 a.m. July 1 12:00 a.m. to midnight July 7 Ashley Wilson: (204) 298-1379 Dave Lipchen: (204)250-5107; info@windburnraceteam.com ashleyjdwilson@gmail.com Jul 8-22 MRA Family Ice Cream Run #1 May 1-31 Headingley Fire Dept Run for Wishes \*\*VIRTUAL EVENT 2k, 5k & 10k U \*\*VIRTUAL EVENT 1k or 3k or 5k\*\* MRA Classic Series-10k MRA Classic Series-5k; MRA Youth Series-1k, 3k, or 5k L MRA Youth Series-2k or 5k May 1st 12:00 a.m. to midnight May 31st July 8-22; Run anywhere, anytime! Y Glenn Reimer: (204) 333-9007; greimer@shaw.ca MRA Office: (204) 477-5185; office@mraweb.ca Tough Track Mile-600m, 1000m & 1 Mile Sun. 19 Clearwater Lake Half Marathon 21k 🌦 , 10k, 5k, 1k \*\*POSTPONED—DATE TBA\*\* Clearwater Lake Airport Hall, The Pas, MB M Whyte Ridge Elementary School Field 8:30 a.m. Michael O'Rourke: (204) 623-0288 400 Scurfield Blvd, Winnipeg michaelorourke@mymts.net Andy Tough: (204) 963-2502; toughtrack11@shaw.ca Jul 19-52nd Islendingadagurinn Road Race Sat. 9 30th Annual Physio Fit Run 10k Road Race, 5k \*\*VIRTUAL EVENT 10 mile, 5k & 1 mile Aug 2 Run/Walk, 3k Run/Walk & 1k Kids' Run MRA Classic Series-10 mile \*\*CANCELLED\*\* MRA Youth Series-1 mile or 5k Assiniboine Park, Winnipeg 8:00 a.m. July 19 noon — August 2 noon Stephanie Roberecki: (204) 771-7844; info@physiofitrun.ca Brett Lamoureux: brett.lamoureux@gmail.com Aug 5-19 MRA Family Ice Cream Run #2 13th Annual Let's Run-Steinbach 2k (K-4) & 5k Sat. 9 A \*\*VIRTUAL EVENT 2k, 5k & 10k \*\*CANCELLED\*\* MRA Classic Series-10k U Steinbach Soccer Park, Steinbach, MB 9:00 a.m. MRA Youth Series-2k or 5k Greg Penner: (204) 355-7009; letsrunsteinbach@gmail.com G August 5-19; Run anywhere, anytime!

Sat. 23 Boyne Book It Fun Run 2k, 5k & 10k Run/Walk

Carman Dufferin Arena, Carman MB 9:00 a.m.

\*\*CANCELLED\*

Michelle Froese: (204) 745-9547

boynebookitfunrun@gmail.com

There are 14 races in the MRA Classic Race Series. You must run 5 races to qualify for an MRA Classic Series award, with your best 10 races to count. There are 11 races in the MRA Youth Race Series. Runners 16 and under must run in 3 of these races to qualify for Youth Series points, medals, and prizes.

MRA Office: (204) 477-5185; office@mraweb.ca

Age for both Series is determined as of January 1st. 2020.

Sep 1-27 Lace Up for Diabetes \*\*NATIONAL VIRTUAL EVENT 10k\*\* Kelly Lambkin: Kelly.lambkin@diabetes.ca Sep 1-30 Treherne Run for the Hills \*\*VIRTUAL EVENT Marathon, Half Marathon, 10k, 5k & 1 mile\*\* MRA Classic Series-Half Marathon  $MRA\ Youth\ Series-5k\ or\ 1\ mile$ September 1-30 Melanie Wall: (204) 723-2644; trehernerun@gmail.com Sep 7-11 Winnipeg Pride Run \*\*VIRTUAL EVENT 5k \*\* MRA Classic Series-5k MRA Youth Series 1k-5k September 7-11 Andrew McLaren: 204-996-8950; wpgpriderun@gmail.com Sat. 12 Walk/Run for Wildlife 5k & 10k \*\*CANCELLED\* St Vital Park, 180 River Rd, Winnipeg 9:00 a.m. P Lisa Tretiak (204) 510-1855; pwrcentre@gmail.com Sep 12- Point Douglas Run Oct 17 \*\*VIRTUAL EVENT 10k, 5k & 2.5k\*\* MRA Classic Series-10k M MRA Youth Series-2.5k or 5k В Contact: Bridget (204) 330-0022 or Kim (204) 261-9006 Sep 13-28 Winnipeg 10&10 \*\*VIRTUAL EVENT 5k, 10k, 10 Miler & 30k\*\* MRA Classic Series-10k September 13-28 Chris Walton: (204) 880-5042; CWalton@runningroom.com Sep 15-26 Run2Believe \*\*VIRTUAL EVENT 2k, 5k & 10k Walk/Run\*\* MRA Classic Series-5k MRA Youth Series-2k or 5k Suzett: (204) 293-1365; info@championproductions.ca Sat. 19 Run and Walk to Remember 10k Run & 5k Run/ Walk

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Sponsored by the Curtis Klassen Memorial Fund Altona Park, Altona, MB 9:00 a.m.

Wendy Dyck: (204) 324-7681; ckmf2012@gmail.com

Sun. 20 Fort Garry Rotary Half Marathon 🌦 & 5k Fun Run

MRA Classic Series-Half Marathon

St. Vital Park, 180 River Rd, Winnipeg Pat O'Connor: (204) 291-9551; Patrick@blackwoodfes.com

Sun. 20 Soles on Fire 5k Run/Walk \*\*CANCELLED\*\*

Oodena Celebration Circle, The Forks, Winnipeg 9:00am Angela Lavallee: solesonfiremarathon@gmail.com



This symbol indicates courses that have been measured and certified by Athletics Canada

## Manitoba Runners' Association

Box 34148 Fort Richmond Winnipeg, MB R3T 5T5 (204) 477-5185 Email: office@mraweb.ca

Website: www.mraweb.ca

Sun. 20 Riding Mountain Half Marathon, 10k & 5k

Wasagaming Townsite, MB, Riding Mountain N.P. 9:00am Luke Love: lukerlove@gmail.com

Sat. 26 Abas Auto Stony Mountain Run 3k, 5k, & 10k

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MRA Youth Series 3k or 5k

Stony Mountain Community Centre 10:00 a.m. 119 School Road, Stony Mountain, MB Dave Van Heyst: (204) 344-5081; ld@mymts.net www.stonymountain.mb.ca/smrun.html

Sun. 27 Ted's Run for Literacy 10k, 5k & 2k Fun Run \*\*CANCELLED\*\*

> Kildonan Park, 215 Main St, Winnipeg 10:00 a.m. Michael Bennett: (204) 793-0934 teds run for literacy @gmail.com

Sat. 3 Hecla Half Marathon, 10k & 5k \*\*CANCELLED\*\*

> Lakeview Hecla Resort, Hecla Island, MB 11:00a.m. Dwayne Olson: (204) 451-1349; prairietiming@gmail.com

Sat. 3 Winkler Thanks for Giving Run Half Marathon 🌦 , 10k & 5k Winkler Arena, 600 Park St. 9:00 a.m.

Dwight Suderman: (204) 362-8223 thanks for giving run@gmail.com

Sun. 11 Manitoba Marathon

Canadian Half Marathon National Championship 50k, 42.2k 🌦 . 21.1k 🌦 , Relay 🌦 , 10k 🌦 & 4.2k Super Run

MRA Classic Series-Full Marathon

Investors Group Field 7:00 a.m. University of Manitoba, Winnipeg Contact: (204) 415-4517; running@manitobamarathon.mb.ca

Sun. 11 Run Sage Creek 1k, 3k, 5k & 10k \*\*CANCELLED\*\*

Ecole Sage Creek School 9:00 a.m. 315 Sage Creek Blvd, Winnipeg Becky Jones: (204) 293-2273; runsagecreek@gmail.com

Sun. 18 WFPS Half Marathon 🌦 ,10k 🌦 & 5k

MRA Classic Series-Half Marathon

Canadian Mennonite University, North Campus 8:00a.m. 500 Shaftesbury Blvd, Winnipeg Jonathan Torchia: (204) 294-6737; director@wfpshalfmarathon.com Jessica Cranmer: (204) 802-0618; admin@wfpshalfmarathon.com

Mon. 16 MRA Classic Race Series & Youth Race Series **Awards Celebration** 

> Canad Inn, 1824 Pembina Hwy, Winnipeg 6:00pm RSVP: MRA office: (204) 477-5185; office@mraweb.ca

Sat. 21 MRA Race Directors' Meeting - 9:00 a.m.

Reh-Fit Centre, Seminar Room 'D' 1390 Taylor Ave, Winnipeg RSVP: MRA office: (204) 477-5185; office@mraweb.ca

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