

## 5 km Open

### Women

1	Brigitte	Girouard	18:17	35-39	Nationals
2	Darolyn	Walker	19:46	35-39	Apr Series
3	Marina	Gross	20:15	10-14	Apr Series 2
4	Rebecca	Cunnane	20:21	35-39	Apr Series
5	Lindsey	McKenty	20:21	20-24	MEC-5
6	Sonia	Clark	20:43	30-34	Ted's Run
7	Lindsey	Green	20:44	30-34	Headingley
8	Heather	McDonell	21:03	35-39	Apr Series
9	Meredith	Conchatre	21:06	10-14	Headingley
10	Caitlyn	Hollywood	21:12	10-14	Headingley
11	Carlyne	Millns	21:12	20-24	RCAF
12	Annika	Niblock	21:16	15-19	Apr Series 2
13	Janie	Parson	21:32	45-49	Headingley
14	Jennifer	Finateri	21:32	30-34	RCAF
15	Dayna	Graham	21:35	35-39	MEC-4
16	Kristin	Peterson	21:41	10-14	Police
17	Laura	Hansen	21:52	35-39	Police
18	Natalie	Fournier	21:57	10-14	Headingley
19	Kailana	Simpson	22:08	10-14	Police
20	Laura	Ford	22:09	30-34	Burn Fund
21	Nancy	Buchheim	22:09	45-49	MEC-2
22	Tracy	Rocke	22:11	35-39	MEC-5
23	Stefanie	Sheard	22:17	20-24	ESP
24	Kasadie	Gillick	22:24	15-19	Apr Series 3
25	Stephanie	Olafson	22:25	40-44	Run-Cause
26	Annick	Kieffert	22:26	35-39	Apr Series
27	Stefanie	Layne	22:29	20-24	Headingley
28	Megan	Van Heyst	22:33	15-19	Apr Series 2
29	Sayda	Bloom	22:39	15-19	ESP
30	Courtney	Gilchrist	22:41	30-34	Run-Cause
31	Sandra	Stephen	22:43	35-39	Apr Series
32	Valerie	Marion	22:44	25-29	Run-Cause
33	Kianna	Mclvor	22:45	10-14	Headingley
34	Madison	Lyburn	22:58	10-14	Burn Fund
35	Elizabeth	Gojkovic	23:12	35-39	ESP
36	Ami	Samuel	23:15	50-54	ESP
37	Danielle	Papin	23:16	60-64	ESP
38	Caulien	Cockley	23:26	20-24	Police
39	Michelle	Jamieson	23:28	25-29	Headingley
40	Tressa	Alexiuk	23:29	40-44	Run-Cause

41	Kathryn	Smith	23:30	30-34	Headingley
42	Ariane	Morissette	23:37	25-29	Apr Series
43	Neve	Parkinson	23:37	10-14	Headingley
44	Jennifer	Ginter	23:38	30-34	MEC-2
45	Stephanie	Korchynski	23:39	25-29	ESP
46	Kayla	Krahn	23:43	25-29	MEC-1
47	Lilly	Merz	23:45	10-14	MEC-1
48	Cassie	Guarino	23:45	35-39	Police
49	Lisa	Millns	23:50	50-54	Police
50	Sara	Gross	23:51	10-14	Apr Series 2

Men

1	Nickolas	Kosmenko	16:29	25-29	Headingley
2	Darren	Klassen	17:19	45-49	Apr Series
3	Kris	Joy	17:38	30-34	MEC-5
4	Tyler	Derksen	17:42	25-29	Headingley
5	Haydn	Lysiuk	18:02	10-14	Apr Series 3
6	Jason	Bruce	18:04	35-39	Run-Cause
7	Unai	Apraiz	18:05	15-19	Apr Series 3
8	Darcey	Harder	18:36	45-49	Headingley
9	Thomas	Urish	18:38	35-39	Headingley
10	Andrew	Pickerl	18:42	30-34	Apr Series 3
11	Roney	Tarden	18:50	30-34	MEC-4
12	Richard	Toews	18:56	30-34	MEC-5
13	Mario	Fonseca	18:58	45-49	Run-Cause
14	Jeff	Van Rosmalen	19:08	25-29	Apr Series
15	Marc	Fournier	19:09	50-54	Police
16	Edzard	Guiao	19:15	25-29	MEC-5
17	Blake	Harris	19:16	10-14	Apr Series 3
18	Blaine	McFarlane	19:21	40-44	Police
19	Jonas	Eastcott	19:28	25-29	MEC-5
20	Martin	Trendota	19:29	25-29	MEC-2
21	Josh	Dyck	19:31	40-44	Run-Cause
22	Shannon	Dueck	19:35	40-44	Police
23	Zach	Peters	19:36	30-34	MEC-1
24	Chris	Kozakowski	19:38	40-44	MEC-2
25	Karl	Sproll	19:38	60-64	ESP
26	Thomas	Holmes	19:40	30-34	Headingley
27	Bruce	Young	19:49	55-59	ESP
28	Anthony	Del Vecchio	19:50	25-29	MEC-5
29	Benjamin	Szwajcer	19:52	10-14	Apr Series 3
30	Dennis	Cunningham	19:54	50-54	Headingley
31	Dennis	Lang	19:57	65-69	ESP
32	Tristan	Sampson	20:03	25-29	MEC-5

33	Shayne	Holden	20:06	30-34	RCAF
34	Dan	McCaughan	20:10	45-49	ESP
35	Lorence	Dela Cruz	20:13	10-14	Headingley
36	Amer	Faysal	20:13	15-19	Ted's Run
37	Adam	Smith	20:19	10-14	Apr Series 2
38	Daniel	Russell	20:22	25-29	Run-Cause
39	Jon	Belanger	20:32	30-34	Burn Fund
40	Alan	Hopkins	20:35	55-59	Headingley
41	Tyler	Gubb	20:38	25-29	MEC-4
42	Max	Speiser	20:39	15-19	MEC-2
43	Daryl	Croft	20:40	30-34	Burn Fund
44	Don	Bevington	20:40	50-54	ESP
45	Chris	Buzunis	20:41	35-39	MEC-4
46	Gamal	Hussein	20:42	20-24	Ted's Run
47	Bob	Cox	20:42	55-59	MEC-5
48	Daniel	Galli	20:43	45-49	Headingley
49	Adam	Smith	20:45	10-14	Apr Series
50	Martin	Krowina	20:48	55-59	Apr Series