## April Run Series #2 - 10K

						Overall Ma	ale Runner					
Place	Bib#	Name		Time	Grade	Athlete Type	Hometown	Pace	Speed	<b>Overall Place</b>	Age	Athlete ID
1.	5103	Steven Grau	pner	00:35:0	4.57	Runner	St. Malo, N	lan	3:30/K	17.1kph	1	29
		Split 1 >	0:17:38.503	(0:17:3	38.503)							
		Split 2 >	0:17:26.070	(0:35:0	04.573)							
2.	2. 5042	Darren Klass	en	00:35:1	0.64	Runner	East St. Paul	, Man	3:31/K	17.1kph	2	49
2. 5042	Split 1 >	0:17:37.923	(0:17:3	37.923)								
		Split 2 >	0:17:32.717	(0:35:1	10.640)							
3.	5066	Jeff Sacco		00:35:4	9.73	Runner	Winnipeg, N	Man	3:35/K	16.8kph	3	28
		Split 1 >	0:17:39.536	(0:17:3	39.536)							
		Split 2 >	0:18:10.197	(0:35:4	49.733)							

						Overall Fen	nale Runner					
Place	Bib#	Name		Time	Grade	Athlete Type	Hometown	Pace	Speed	<b>Overall Place</b>	Age	Athlete ID
1.	5119	Ana Breit		00:45:0	3.22	Runner	Winnipeg, Man		4:30/K	13.3kph	17	25
		Split 1 >	0:22:53.200	(0:22:5	53.200)							
		Split 2 >	0:22:10.026	(0:45:0	0:45:03.226)							
2.	5023 Wendy Dyck 00:46:23.18		Runner	Altona, Man		4:38/K	12.9kph	23	42			
		Split 1 >	0:23:01.586	(0:23:0	01.586)							
		Split 2 >	0:23:21.597	(0:46:2	23.183)							
3.	5058	Janie Parson		00:46:5	3.07	Runner	La Salle, Man		4:41/K	12.8kph	24	45
		Split 1 >	0:22:44.920	(0:22:4	14.920)							
		Split 2 >	0:24:08.156	(0:46:5	53.076)							

	Ma	le	10	-	14
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Place	Bib#	Name		Time	Grade	Athlete Type	Hometown	Pace	Speed	<b>Overall Place</b>	Age	Athlete ID
1.	5034	Blake Harris		00:45:0	4.85	Runner	Sanford, Man		4:30/K	13.3kph	18	13
		Split 1 >	0:22:12.623	(0:22:1	12.623)							
		Split 2 >	0:22:52.227	(0:45:0	04.850)							
2.	5120	Dominic Marlir	ng	00:45:1	0.32	Runner	Winnipeg, Man		4:31/K	13.3kph	19	11
		Split 1 >	0:27:07.186	(0:27:0	07.186)							
		Split 2 >	0:18:03.134	(0:45:	10.320)							
3.	5057	Fayt Paquin		00:56:3	1.61	Runner	Winnipeg		5:39/K	10.6kph	37	11
		Split 1 >	0:26:18.583	(0:26:	18.583)							
		Split 2 >	0:30:13.030	(0:56:3	31.613)							

						<u>Male</u>	<u> 20 - 24</u>					
Place	Bib#	Name		Time	Grade	Athlete Type	Hometown	Pace	Speed	<b>Overall Place</b>	Age	Athlete ID
1.	5104	Cameron Kr	isko	00:41:3	5.56	Runner	Winnipeg,	Man	4:09/K	14.4kph	7	24
		Split 1 > 0:20:38.630		(0:20:3	38.630)							
		Split 2 >	0:20:56.930	(0:41:3	35.560)							

						Male :	<u> 25 - 29</u>					
Place	Bib#	Name		Time	Grade	Athlete Type	Hometown	Pace	Speed	<b>Overall Place</b>	Age	Athlete ID
1.	5103	Steven Grau	pner	00:35:04	4.57	Runner	St. Malo, Man		3:30/K	17.1kph	1	29
		Split 1 >	0:17:38.503	(0:17:3	8.503)							
		Split 2 >	0:17:26.070	(0:35:0	4.573)							
2.	5066	Jeff Sacco		00:35:49	9.73	Runner	Winnipeg, Mar	n	3:35/K	16.8kph	3	28
		Split 1 >	0:17:39.536	(0:17:3	9.536)							
		Split 2 >	0:18:10.197	(0:35:4	9.733)							
3.	5024	Jonas Eastc	ott	00:36:42	2.79	Runner	Sanford, Man		3:40/K	16.3kph	4	26
		Split 1 >	0:18:23.730	(0:18:2	3.730)							
		Split 2 >	0:18:19.066	(0:36:4	2.796)							
4.	5033	Josh Guenth	er	00:36:45	5.89	Runner	Winnipeg, Mar	1	3:40/K	16.3kph	5	26
	CityP	arkTiming.com				Printed: 4/24/2017 1	1:00:55 PM				Page:	1 of 10

		Split 1 >	0:18:23.340	(0:18:23.340)						
		Split 2 >	0:18:22.553	(0:36:45.893)						
5.	5061 Trevor Pilgrim		n	00:44:48.30	Runner	Winnipeg, Man	4:29/K	13.4kph	14	29
		Split 1 >	0:22:46.606	(0:22:46.606)						
		Split 2 >	0:22:01.697	(0:44:48.303)						

<u>Female 25 - 29</u>												
Place	Bib#	Name		Time	Grade	Athlete Type	Hometown	Pace	Speed	<b>Overall Place</b>	Age	Athlete ID
1.	5119	Ana Breit		00:45:0	)3.22	Runner	Winnipeg, Ma	n	4:30/K	13.3kph	17	25
		Split 1 >	0:22:53.200	(0:22:	53.200)							
		Split 2 >	0:22:10.026	(0:45:	03.226)							
2.	5072	Ciara Sebeli	us	00:48:2	20.82	Runner	Winnipeg, Ma	n	4:50/K	12.4kph	29	25
		Split 1 >	0:23:46.810	(0:23:	46.810)							
		Split 2 >	0:24:34.010	(0:48:	20.820)							

						Male :	<u> 30 - 34</u>					
Place	Bib#	Name		Time	Grade	Athlete Type	Hometown	Pace	Speed	<b>Overall Place</b>	Age	Athlete ID
1.	5097	Thomas Uris	h	00:43:40	0.14	Runner	Winnipeg, CAN	1	4:22/K	13.7kph	10	33
		Split 1 >	0:21:10.673	(0:21:1	0.673)							
		Split 2 >	0:22:29.467	(0:43:4	0.140)							
2.	5013	David Cordingley 00:50:40	0.07	Runner	Winnipeg, Mar	n	5:04/K	11.8kph	32	33		
		Split 1 >	0:25:22.143	(0:25:2	2.143)							
		Split 2 >	0:25:17.933	(0:50:4	0.076)							
3.	5044	Brett Lamou	reux	00:51:22	2.34	Runner	Winnipeg, Mar	n	5:08/K	11.7kph	33	34
		Split 1 >	0:24:35.170	(0:24:3	85.170)							
		Split 2 >	0:26:47.170	(0:51:2	2.340)							

						<u>Female</u>	<u>ə 30 - 34</u>					
Place	Bib#	Name		Time	Grade	Athlete Type	Hometown	Pace	Speed	<b>Overall Place</b>	Age	Athlete ID
1.	5031	Ana Gonzale	Z	00:52:26.83		Runner	Winnipeg,	Man	5:15/K	11.4kph	35	34
		Split 1 >	0:26:21.926	(0:26:2	21.926)							
		Split 2 >	0:26:04.904	(0:52:2	?6.830)							

						Male	<u> 35 - 39</u>					
Place	Bib#	Name		Time	Grade	Athlete Type	Hometown	Pace	Speed	<b>Overall Place</b>	Age	Athlete ID
1.	5010	Mark Chan		01:04:0	4.67	Runner	Winnipeg, N	<i>l</i> lan	6:24/K	9.4kph	46	35
		Split 1 >	0:31:35.720	(0:31::	35.720)							
		Split 2 >	0:32:28.953	(1:04:0	04.673)							

			Female 35 - 39												
Place	Bib#	Name		Time	Grade	Athlete Type	Hometown	Pace	Speed	<b>Overall Place</b>	Age	Athlete ID			
1.	5121	Laura Hanse	en	00:47:3	2.91	Runner	Winnipeg, Ma	in	4:45/K	12.6kph	26	38			
		Split 1 >	0:23:58.416	(0:23:5	58.416)										
		Split 2 >	0:23:34.500	(0:47:3	32.916)										
2.	5003	Michelle Ave	eria	00:52:2	5.78	Runner	winnipeg, Ma	n	5:15/K	11.4kph	34	36			
		Split 1 >	0:26:21.880	(0:26:2	21.880)										
		Split 2 >	0:26:03.903	(0:52:2	25.783)										

	<u>Male 40 - 44</u>											
Place	Bib#	Name		Time	Grade	Athlete Type	Hometown	Pace	Speed	<b>Overall Place</b>	Age	Athlete ID
1.	5059	Scott Penner		00:43:4	9.41	Runner	Altona, Man		4:23/K	13.7kph	11	43
		Split 1 >	0:21:46.396	(0:21:-	46.396)							
		Split 2 >	0:22:03.017	(0:43:4	49.413)							

	<u>Female 40 - 44</u>												
Place	Bib#	Name		Time	Grade	Athlete Type	Hometown	Pace	Speed	<b>Overall Place</b>	Age	Athlete ID	
1.	5023	Wendy Dyck		00:46:23	.18	Runner	Altona, Man		4:38/K	12.9kph	23	42	
		Split 1 > 0:2	23:01.586	(0:23:01.586)									

		Split 2 >	0:23:21.597	(0:46:23.183)						
2.	5067	Joanne Sande	ers	00:59:15.53	Runner	Winnipeg, Man	5:56/K	10.1kph	42	44
		Split 1 >	0:30:04.180	(0:30:04.180)						
		Split 2 >	0:29:11.350	(0:59:15.530)						

		<u>Male 45 - 49</u>										
Place	Bib#	Name		Time	Grade	Athlete Type	Hometown	Pace	Speed	<b>Overall Place</b>	Age	Athlete ID
1.	5042	Darren Klass	sen	00:35:10	0.64	Runner	East St. Paul, Ma	n	3:31/K	17.1kph	2	49
		Split 1 >	0:17:37.923	(0:17:3	87.923)							
		Split 2 >	0:17:32.717	(0:35:1	0.640)							
2.	5078	Andrew Swa			1.85	Runner	Winnipeg, Man		4:49/K	12.5kph	28	49
		Split 1 >	0:24:00.980	(0:24:0	0.980)							
		Split 2 >	0:24:10.870	(0:48:1	1.850)							
3.	5105	Kurt Montgor	mery	00:56:59	9.73	Runner	Winnipeg, Man		5:42/K	10.5kph	39	47
		Split 1 >	0:27:37.343	(0:27:3	37.343)							
		Split 2 >	0:29:22.387	(0:56:5	59.730)							
4.	5084	Craig White		01:03:06	6.48	Runner	Winnipeg, Man		6:19/K	9.5kph	44	45
		Split 1 >	0:30:11.550	(0:30:1	1.550)							
		Split 2 >	0:32:54.933	(1:03:0	6.483)							

	Female 45 - 49												
Place	Bib#	Name		Time	Grade	Athlete Type	Hometown	Pace	Speed	<b>Overall Place</b>	Age	Athlete ID	
1.	5058	Janie Parson		00:46:5	3.07	Runner	La Salle, Ma	ın	4:41/K	12.8kph	24	45	
		Split 1 >	0:22:44.920	(0:22:4	14.920)								
		Split 2 >	0:24:08.156	(0:46:5	53.076)								

		<u>Male 50 - 54</u>											
Place	Bib#	Name		Time	Grade	Athlete Type	Hometown	Pace	Speed	<b>Overall Place</b>	Age	Athlete ID	
1.	5062	Kevin Read		00:47:23	3.16	Runner	Winnipeg, Man		4:44/K	12.7kph	25	50	
		Split 1 >	0:23:33.920	(0:23:3	23:33.920)								
		Split 2 >	0:23:49.246	(0:47:2	3.166)								
2.	5122	Aldo Furlan		00:50:10	).34	Runner	Winnipeg, Man		5:01/K	12.0kph	31	52	
		Split 1 >	0:25:57.353	(0:25:5	7.353)								
		Split 2 >	0:24:12.993 (0:50:10.346)										
3.	5102	Shawn Bjorn	sson	01:02:51	.35	Runner	Winnipeg, Man		6:17/K	9.5kph	43	54	
		Split 1 >	0:30:13.353	(0:30:1	3.353)								
		Split 2 >	0:32:37.997	(1:02:5	1.350)								

						Female	<del>e 50 - 54</del>					
Place	Bib#	Name		Time	Grade	Athlete Type	Hometown	Pace	Speed	<b>Overall Place</b>	Age	Athlete ID
1.	5050	Catherine M	atherine McKay Split 1 > 0:26:21.173		1.16	Runner	Winnipeg	, Man	5:22/K	11.2kph	36	52
		Split 1 >			21.173)							
		Split 2 >	0:27:19.990	(0:53:4	1.163)							

						Male	<u>55 - 59</u>					
Place	Bib#	Name		Time	Grade	Athlete Type	Hometown	Pace	Speed	<b>Overall Place</b>	Age	Athlete ID
1.	5087	Bruce Young		00:42:4	5.69	Runner	Winnipeg, Man		4:16/K	14.0kph	8	59
		Split 1 >	0:21:22.113	(0:21:2	22.113)							
		Split 2 >	0:21:23.577	(0:42:4	45.690)							
2.	5016	Bob Cox		00:43:3	6.38	Runner	Winnipeg, Man		4:22/K	13.8kph	9	57
		Split 1 >	0:21:33.390	(0:21:3	33.390)							
		Split 2 >	0:22:02.996	(0:43:3	36.386)							
3.	5029	5029 Gordon Flett		00:44:5	5.98	Runner	Winnipeg, Man		4:30/K	13.4kph	15	57
		Split 1 >	0:22:20.073	(0:22:2	20.073)							
		Split 2 >	0:22:35.913	(0:44:5	55.986)							
4.	5037	Martial Heber	t	00:44:5	7.96	Runner	Winnipeg, Man		4:30/K	13.3kph	16	59
		Split 1 >	0:22:46.856	(0:22:4	46.856)							
		Split 2 >	0:22:11.107	(0:44:5	57.963)							

5.	5079	Stephen Terichow Split 1 > 0:23:00.360 Split 2 > 0:23:07.093	00:46:07.45 (0:23:00.360) (0:46:07.453)	Runner	Winnipeg, Man	4:37/K	13.0kph	21	55
				Female	<u> 55 - 59</u>				
Place	Bib#	Name	Time Grade	Athlete Type	Hometown Pace	Speed	Overall Place	Age	Athlete ID
1.	5075	Louise Stuart	00:56:39.81	Runner	Winnipeg, Man	5:40/K	10.6kph	38	55
		Split 1 > 0:28:08.033	(0:28:08.033)						
		Split 2 > 0:28:31.780	(0:56:39.813)						
2.	5035	Jan Hawkins	00:57:23.81	Runner	Winnipeg, Man	5:44/K	10.5kph	40	58
		Split 1 > 0:28:11.126	(0:28:11.126)						
		Split 2 > 0:29:12.684	(0:57:23.810)						
				Male 6	SO - 64				
Disco	D11-#	Mana	Time Orada			0	0	•	
Place 1.	Bib# 5027	Name Neil Ferguson	Time Grade 00:43:49.60	Athlete Type Runner	Hometown Pace Winnipeg, Man	Speed 4:23/K	Overall Place 13.7kph	Age 12	Athlete ID 60
		Split 1 > 0:21:45.206	(0:21:45.206)		Winnipog, Main	1.20/10	io		
		Split 2 > 0:22:04.394	(0:43:49.600)						
2.	5030	Pete Gagne	00:46:08.38	Runner	Winnipeg, Man	4:37/K	13.0kph	22	60
		Split 1 > 0:22:59.146	(0:22:59.146)		· · · · · · · · · · · · · · · · · · ·				
		Split 2 > 0:23:09.240	(0:46:08.386)						
				<u>Female</u>	<u>60 - 64</u>				
Place	Bib#	Name	Time Grade	Athlete Type	Hometown Pace	Speed	<b>Overall Place</b>	Age	Athlete ID
1.	5055	Danielle Papin	00:49:55.18	Runner	Winnipeg, Man	5:00/K	12.0kph	30	61
		Split 1 > 0:25:05.310	(0:25:05.310)						
•	5000	Split 2 > 0:24:49.870	(0:49:55.180)	D					0.4
2.	5008	Gwen M Bonneville Split 1 > 0:30:55.630	01:03:28.98	Runner	Winnipeg, Man	6:21/K	9.5kph	45	64
		Split 1 > 0:30:55.630 Split 2 > 0:32:33.353	(0:30:55.630) (1:03:28.983)						
		opin 2 > 0.02.00.000	(1.03.20.903)						
				Male 6	65 - 69				
Place	Bib#	Name	Time Grade	Athlete Type	Hometown Pace	Speed	Overall Place	Age	Athlete ID
1.	5045	Dennis Lang	00:41:14.05	Runner	Winnipeg, Man	4:07/K	14.6kph	6	66
		Split 1 > 0:20:23.790	(0:20:23.790)						
		Split 2 > 0:20:50.266	(0:41:14.056)						
2.	5118	Alphonse Bernard	00:47:57.60	Runner	Winnipeg, Man	4:48/K	12.5kph	27	68
		Split 1 > 0:23:36.656	(0:23:36.656)						
		Split 2 > 0:24:20.944	(0:47:57.600)						
3.	5006	Vern Coot Bird	00:58:30.58	Runner	Winnipeg, Man	5:51/K	10.3kph	41	66
		Split 1 > 0:30:02.960	(0:30:02.960)						
		Split 2 > 0:28:27.620	(0:58:30.580)						
				Male 7	70 - 74				
Place	Bib#	Name	Time Grade	Athlete Type	Hometown Pace	Speed	Overall Place	Age	Athlete ID
1.	5080	Grant Towns	00:44:06.79	Runner	Winnipeg, Man	4:25/K	13.6kph	13	70
		Split 1 > 0:21:44.740	(0:21:44.740)						
		Split 2 > 0:22:22.050	(0:44:06.790)						
2.	5012	Leonard Clegg	00:45:15.02	Runner					71
		0-144	(0.00.45.000)		Seven Sisters Falls, Man	4:32/K	13.3kph	20	
		Split 1 > 0:22:15.630	(0:22:15.630)						
		Split 2 > 0:22:59.396	(0:45:15.026)						
				Male 7	<b>'</b> 5 - 79				
Place	Bib#	Name	Time Grade	Athlete Type	Hometown Pace	Speed	Overall Place	Age	Athlete ID
1.	5001	Jim Anderson	01:04:05.01	Runner	Winnipeg, Man	6:24/K	9.4kph	47	79
		Split 1 > 0:31:33.910	(0:31:33.910)						
		Split 2 > 0:32:31.103	(1:04:05.013)						

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