5K AGE GROUP RESULTS

Triathlon Manitoba April Run Series

Sponsored by Woodcock Cycle Works

Assiniboine Park

April 17, 2016

***** MALE OVERALL RESULTS FOR April Run Series 5K Run *********

| 1 Quinn Desrochers 17:15 |
|--------------------------|
|--------------------------|

2 Keagan Kantimer 18:57

3 Carson Cortvriendt 19:09

***** FEMALE OVERALL RESULTS FOR April Run Series 5K Run **********

| 1 Caitlyn Roy | 21:19 |
|------------------|-------|
| 2 Annika Niblock | 22:27 |
| 3 Christa Rusk | 23:41 |

MALE AGE GROUP: 14 & Under

| 1 Carson Cortvriendt | 19:09 |
|----------------------|-------|
| 2 Unai Apraiz Zenon | 21:18 |
| | 21.10 |
| 3 Jackson Healey | 21:59 |
| 4 Ben Szwajcer | 22:24 |
| 5 Adam Smith | 23:36 |
| 6 Michael Resler | 25:00 |
| 7 Kaiden Kendel | 25:27 |
| 8 Tristan Yasinsky | 27:33 |
| 9 Jackson Smith | 27:58 |
| 10 Matthew Parobec | 35:27 |

MALE AGE GROUP: 15 to 19

| 1 Quinn Desrochers | 17:15 |
|--------------------|-------|
| 2 Keagan Kantimer | 18:57 |

MALE AGE GROUP: 30 to 34

| 1 Taren Gesell | 19:51 |
|----------------|-------|
| 2 Phil Cook | 27:38 |

MALE AGE GROUP: 35 to 39

1 Blake Morris 25:52

MALE AGE GROUP: 40 to 44

1 Corrado D'Antonio 23:18

MALE AGE GROUP: 45 to 49

1 Kevin Read 23:22

MALE AGE GROUP: 50 to 54

| 1 Michael Scarcella | 23:35 |
|---------------------|---------|
| 2 Richard Rusk | 25:04 |
| 3 Brent McCallum | 1:01:35 |

MALE AGE GROUP: 55 to 59

1 David Markham 27:21

FEMALE AGE GROUP: 14 & Under

| 1 Annika Niblock | 22:27 |
|----------------------|-------|
| 2 Nina Klein Laberge | 25:10 |
| 3 Megan VanHeyst | 25:38 |

| 4 Tess Derksen | 25:52 |
|---------------------|-------|
| 5 Caitlyn Hollywood | 27:53 |
| 6 Jimena Sanchez | 30:11 |
| 7 Emma Zentner | 32:11 |

FEMALE AGE GROUP: 15 to 19

| 1 Caitlyn Roy | 21:19 |
|------------------|-------|
| 2 Morgan Ott | 24:28 |
| 3 Serena Derksen | 28:44 |

FEMALE AGE GROUP: 25 to 29

1 Hanna Schutt 30:21

FEMALE AGE GROUP: 30 to 34

1 Kelly Malcolmson 30:04

FEMALE AGE GROUP: 40 to 44

| 1 Christa Rusk | 23:41 |
|----------------|-------|
| 2 Fanny Levy | 32:49 |
| 3 Nicki Lees | 37:00 |

FEMALE AGE GROUP: 45 to 49

1 Liliana Ardiles 29:14

FEMALE AGE GROUP: 50 to 54

1 Katelyn Parobec 35:41

FEMALE AGE GROUP: 55 to 59

1 Cindy East 34:19

Triathlon Manitoba is grateful for the support from our Title Sponsor Woodcock Cycle Works, our secondary sponsor Stride Ahead Sports, RBC Day of Service, Sport Manitoba, Manitoba Runners Association, Isagenix, Alan Reiss Realtor, Superior Technologies Weighing & Controls, EY Ernst & Young – School Run Sponsor, ParticipACTION Teen Challenge – School Run Sponsor and Partners By Design.

Thank you to ALL the hard working and dedicated volunteers including Triathlon Manitoba members, Manitoba Triathlon Centre Athletes & their families, and the Royal Canadian Air Force.