

# East St Paul Canada Day 5K

Line Through = Disqualified

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
1	BRUCE YOUNG	WINNIPEG, Man	RUNNER	575	00:19:50.15	03:58	15.1kph	M	60	
2	DON BEVINGTON	WPG, Man	RUNNER	507	00:20:19.18	04:03	14.8kph	M	51	
3	JOSE NEVES	WINNIPEG, MB	RUNNER	593	00:20:26.17	04:05	14.7kph	M	24	
4	LINDSEY GREEN	WINNIPEG,	RUNNER	531	00:20:40.36	04:08	14.5kph	F	34	
5	BOB COX	WINNIPEG, Man	RUNNER	520	00:20:55.18	04:11	14.3kph	M	58	
6	JOHN GOLLUB	EAST ST PAUL, Man	RUNNER	595	00:20:55.58	04:11	14.3kph	M	40	
7	COLIN HEIER	MITCHELL, Man	RUNNER	537	00:21:03.97	04:12	14.2kph	M	28	
8	JAGER BUECKERT	STEINBACH, Man	RUNNER	510	00:21:20.79	04:16	14.1kph	M	10	
9	NEIL FERGUSON	WINNIPEG, Man	RUNNER	528	00:21:42.62	04:20	13.8kph	M	61	
10	CHRIS DICK	CARMAN, Man	RUNNER	521	00:21:42.76	04:20	13.8kph	M	51	
11	KELVIN KOOTS	WINNIPEG, Man	RUNNER	542	00:21:46.33	04:21	13.8kph	M	26	
12	LEONARD CLEGG	LAC DU BONNET, Man	RUNNER	517	00:21:54.60	04:22	13.7kph	M	72	
13	GORDON FLETT	WINNIPEG, Man	RUNNER	529	00:22:00.01	04:24	13.6kph	M	59	
14	MARK LAWALL	WINNIPEG, MB	RUNNER	597	00:22:04.64	04:24	13.6kph	M	52	
15	SHAWN WATTERS	WINNIPEG, Man	RUNNER	572	00:22:18.50	04:27	13.4kph	M	57	
16	EMILE MORRISSETTE	WINNIPEG, MB	RUNNER	596	00:22:20.72	04:28	13.4kph	M	54	
17	CHASE HOLOWACHUK	WINNIPEG, Man	RUNNER	539	00:22:44.06	04:32	13.2kph	M	13	
18	AMI SAMUEL	WPG, Man	RUNNER	558	00:22:48.44	04:33	13.2kph	F	53	
19	BRYAN EZAKO	CARTIER, Man	RUNNER	526	00:23:02.09	04:36	13.0kph	M	46	
20	MICHAEL THOMPSON	WINNIPEG, Man	RUNNER	568	00:23:16.42	04:39	12.9kph	M	41	
21	DANIELLE PAPIN	WINNIPEG, Man	RUNNER	555	00:23:30.00	04:42	12.8kph	F	63	
22	MITCHELL VANSTONE	WINNIPEG, Man	RUNNER	570	00:23:39.57	04:43	12.7kph	M	15	
23	TRESSA ALEXIUK	WINNIPEG, Man	RUNNER	501	00:23:40.35	04:44	12.7kph	F	43	
24	STEPHEN TERICHOW PARROTT	WINNIPEG, Man	RUNNER	567	00:23:49.39	04:45	12.6kph	M	56	
25	MARIE ROBERTS	WINNIPEG, Man	RUNNER	556	00:23:52.80	04:46	12.6kph	F	46	
26	WILLIAM MARTENS	EAST ST. PAUL,	RUNNER	1012	00:23:57.87	04:47	12.5kph	M	43	
27	JEAN-PIERRE GROLET	WINNIPEG, Man	RUNNER	532	00:24:00.08	04:48	12.5kph	M	60	
28	CATHIE COUGHLIN	WINNIPEG, Man	RUNNER	519	00:24:09.95	04:49	12.4kph	F	58	
29	ERIC THIELE	WINNIPEG, MB	RUNNER	587	00:24:21.95	04:52	12.3kph	M	15	
30	KERRI DROSDOWECH	WINNIPEG, Man	RUNNER	522	00:24:22.52	04:52	12.3kph	F	51	
31	JONATHAN STAPINSKY	NAROL, Man	RUNNER	594	00:24:29.14	04:53	12.3kph	M	46	
32	SHERRY SEYMOUR	WINNIPEG, Man	RUNNER	561	00:24:51.29	04:58	12.1kph	F	39	
33	JENNIFER TOEWS	WINNIPEG, Man	RUNNER	569	00:25:26.48	05:05	11.8kph	F	36	
34	EDWARD WILLMOTT	WINNIPEG, Man	RUNNER	574	00:25:44.61	05:08	11.7kph	M	56	
35	NICHOLAS KLASSEN	WINNIPEG, Man	RUNNER	582	00:25:46.08	05:09	11.6kph	M	15	
36	BRENDA KRUEGER	WINNIPEG, Man	RUNNER	543	00:25:52.23	05:10	11.6kph	F	63	
37	ANDREW FERGUSON	WINNIPEG, Man	RUNNER	527	00:26:51.05	05:22	11.2kph	M	31	
38	TEJAS BERTRAND- MEADOWS	WPG, Man	RUNNER	506	00:27:15.98	05:27	11.0kph	M	13	
39	JAMILA REMPEL	WINNIPEG, Man	RUNNER	583	00:27:18.19	05:27	11.0kph	F	24	
40	ELLIOTT MCLEOD	NAROL, Man	RUNNER	548	00:27:51.02	05:34	10.8kph	M	11	
41	SARAH STETSKI	WINNIPEG, Man	RUNNER	566	00:27:51.41	05:34	10.8kph	F	35	
42	MICHAEL HAMM	WINNIPEG, Man	RUNNER	533	00:27:52.47	05:34	10.8kph	M	39	
43	KAITLIN MARTENS	EAST ST. PAUL,	RUNNER	1011	00:28:03.95	05:36	10.7kph	F	34	
44	BEV CHLIBOYKO	GONOR, Man	RUNNER	516	00:28:04.67	05:36	10.7kph	F	60	
45	RANDAL BODNER	WINNIPEG, Man	RUNNER	508	00:28:20.63	05:40	10.6kph	M	62	
46	JULIE BUSBY	BOSTON, MA	RUNNER	512	00:28:22.78	05:40	10.6kph	F	37	
47	RANDY MCKNIGHT	EAST ST PAUL, Man	RUNNER	579	00:28:44.67	05:44	10.4kph	M	55	
48	PAUL BRAULT	HEADINGLEY, Man	RUNNER	509	00:28:59.78	05:47	10.3kph	M	60	
49	CATHERINE MOLTZAN	HEADINGLEY, Man	RUNNER	553	00:29:00.54	05:48	10.3kph	F	50	
50	AMY SEDOR	ILE DES CHENES EAST, Man	RUNNER	560	00:29:05.46	05:49	10.3kph	F	30	
51	IAIN MCLEOD	NAROL, Man	RUNNER	549	00:29:15.80	05:51	10.3kph	M	9	
52	RILEY HALLOWS	EAST ST PAUL, MB	RUNNER	585	00:29:16.24	05:51	10.2kph	M	10	
53	LEE HALLOWS	EAST ST PAUL, Man	RUNNER	586	00:29:16.31	05:51	10.2kph	M	47	
54	KAYLEIGH HOEL	WINNIPEG,	RUNNER	538	00:29:20.59	05:52	10.2kph	F	14	
55	ALLYSON BANAL	WINNIPEG, Man	RUNNER	503	00:30:06.54	06:01	10.0kph	F	22	
56	BARRY ATKINSON	MORDEN, Man	RUNNER	502	00:30:08.06	06:01	10.0kph	M	70	
57	TRINA MCLEOD	NAROL, Man	RUNNER	550	00:30:29.63	06:05	9.8kph	F	38	
58	RICK KLASSEN	WINNIPEG, Man	RUNNER	581	00:30:43.02	06:08	9.8kph	M	49	
59	GARY SUTHERLAND	WINNIPEG, MB	RUNNER	589	00:31:01.82	06:12	9.7kph	M	59	
60	DAVID THIELE	WINNIPEG, MB	RUNNER	588	00:31:15.46	06:15	9.6kph	M	39	

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Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
61	JEFF VINCE	EAST ST PAUL, Man	RUNNER	571	00:31:25.43	06:17	9.5kph	M	71	
62	RACHEL CHERIAN	WINNIPEG, Man	RUNNER	515	00:31:45.09	06:21	9.4kph	F	43	
63	ELISA CHARBONNEAU	EAST ST PAUL, Man	RUNNER	514	00:31:45.68	06:21	9.4kph	F	45	
64	JENN GESELL	EAST ST PAUL, Man	RUNNER	530	00:31:46.39	06:21	9.4kph	F	41	
65	GRANT UNGER	WINNIPEG, Man	RUNNER	577	00:31:47.49	06:21	9.4kph	M	59	
66	WENDY SINGLETON	WINNIPEG, Man	RUNNER	565	00:31:56.13	06:23	9.4kph	F	46	
67	CLEMUS LAURILA	WINNIPEG, Man	RUNNER	544	00:32:21.70	06:28	9.3kph	F	64	
68	AMANDA HUNTER	WINNIPEG, Man	RUNNER	540	00:32:28.36	06:29	9.2kph	F	19	
69	KELLY HUNTER	WINNIPEG, Man	RUNNER	541	00:32:30.24	06:30	9.2kph	F	51	
70	CHLOE CAPAN	WINNIPEG,	RUNNER	513	00:32:51.37	06:34	9.1kph	F	15	
71	DEBBIE HECKMANN	EAST ST PAUL, Man	RUNNER	536	00:32:58.72	06:35	9.1kph	F	53	
72	MICHELLE KULCHYCKI	NAROL, Man	RUNNER	584	00:33:15.13	06:39	9.0kph	F	53	
73	PETER WIENS	WINNIPEG, Man	RUNNER	573	00:33:43.28	06:44	8.9kph	M	65	
74	TALIA BERTRAND-MEADOWS	WPG, Man	RUNNER	505	00:34:08.58	06:49	8.8kph	F	15	
75	ELLIOT SINGLETON	WINNIPEG, Man	RUNNER	564	00:34:47.83	06:57	8.6kph	M	12	
76	CHRISTY ROGOWSKI	WINNIPEG, Man	RUNNER	557	00:34:49.02	06:57	8.6kph	F	39	
77	BRENDA BASTARACHE	WINNIPEG, Man	RUNNER	504	00:34:56.28	06:59	8.6kph	F	41	
78	KRIS HANSEN	WINNIPEG, Man	RUNNER	534	00:35:04.41	07:00	8.6kph	M	39	
79	EVERETT BANEK	EAST ST. PAUL, Man	RUNNER	590	00:35:32.14	07:06	8.4kph	M	9	
80	MARK BANEK	EAST ST. PAUL, MB	RUNNER	591	00:35:46.75	07:09	8.4kph	M	39	
81	LORI MCKNIGHT	EAST ST PAUL, Man	RUNNER	580	00:35:58.30	07:11	8.3kph	F	52	
82	JILL SAUNDERS	WINNIPEG, Man	RUNNER	559	00:37:19.52	07:27	8.0kph	F	55	
83	LEASLIE MCPHAIL	WINNIPEG, Man	RUNNER	551	00:37:51.04	07:34	7.9kph	F	53	
84	ALYSSA RYAN	WINNIPEG, Man	RUNNER	578	00:37:59.74	07:35	7.9kph	F	16	
85	DENISE MARKS-TRACH	SELKIRK, Man	RUNNER	592	00:38:02.01	07:36	7.9kph	F	39	
86	CAROL NICOL	ILE DES CHENES, Man	RUNNER	554	00:39:53.99	07:58	7.5kph	F	64	
87	SUSAN THOMPSON	MAPLE RIDGE, CAN	RUNNER	598	00:40:42.28	08:08	7.4kph	F	38	
88	JACK DUBNICOFF	WINNIPEG, Man	RUNNER	523	00:44:22.75	08:52	6.8kph	M	81	
89	MAXWELL MCPHAIL	WINNIPEG, Man	RUNNER	552	00:46:14.99	09:14	6.5kph	M	18	
90	DREENA DUHAME	WINNIPEG, Man	RUNNER	524	00:46:19.35	09:15	6.5kph	F	83	