

Run For Your Cause Twosome 5K
 October 6, 2019
 Canadian Mennonite University

***** 2X5K Relay *****
 ***** DISTANCE CERTIFIED*****

PLACE TIME
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	SPLITS	NAMES	TEAMNAME	AGE GROUP
	=====	=====	=====	=====
1.	38:10			
	=====			
	1	18:51 Jason Bruce	Big Bird And Elmo	Male 75-99
	2	19:19 Mario Fonseca	Big Bird And Elmo	Male 75-99
2.	38:28			
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	1	19:06 Darcey Harder	Roadkill Ramblers	Male 75-99
	2	19:22 Thomas Holmes	Roadkill Ramblers	Male 75-99
3.	40:47			
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	1	19:01 Michael Resler	Happy Feet	Mixed 26-49
	2	21:46 Arabella Brudney	Happy Feet	Mixed 26-49
4.	40:49			
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	1	19:18 James Dueck	Brothers Dueck	Male 50-74
	2	21:31 Jared Dueck	Brothers Dueck	Male 50-74
5.	41:03			
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	1	20:08 Don Bevington	Speedy Gonzales & The Road Run	Male 100-124
	2	20:55 Bruce Young	Speedy Gonzales & The Road Run	Male 100-124
6.	42:10			
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	1	20:47 Jay Allardyce	Jay & Jann	Male 50-74
	2	21:23 Jann Garbald	Jay & Jann	Male 50-74
7.	43:23			
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	1	20:53 Colin Heier	Haier-Haussler	Male 26-49
	2	22:30 Tobi Haussler	Haier-Haussler	Male 26-49
8.	44:19			

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1	21:42	Heather Mcdonell	Snacks And Naps	Female 75-99
2	22:37	Cheryl Adam	Snacks And Naps	Female 75-99
9. 44:47				
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1	18:30	Jonas Eastcott	Team Rugrats	Mixed 50-74
2	26:17	Genevieve Mitchell	Team Rugrats	Mixed 50-74
10. 45:13				
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1	22:20	Ami Samuel	Ami & Ed	Mixed 100-124
2	22:53	Edward Willmott	Ami & Ed	Mixed 100-124
11. 45:16				
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1	20:56	Lindsey Green	Heart And Sole	Mixed 50-74
2	24:20	David Hoel	Heart And Sole	Mixed 50-74
12. 45:37				
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1	22:38	Gordon Flett	Doggin' it!	Male 100-124
2	22:59	Bryan Ezako	Doggin' it!	Male 100-124
13. 45:50				
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1	22:33	Brandi Smith	Kickin' Ass-Phalt	Female 75-99
2	23:17	Bernadine Kostyk	Kickin' Ass-Phalt	Female 75-99
14. 45:58				
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1	21:15	Neil Ferguson	Team Ferg-A-Run	Male 75-99
2	24:43	Andrew Ferguson	Team Ferg-A-Run	Male 75-99
15. 46:46				
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1	17:15	Noah Wiens	Nova	Male 75-99
2	29:31	Grant Unger	Nova	Male 75-99
16. 46:50				
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1	19:59	Bryden Bukich	Run Vmc	Male 26-49
2	26:51	Julian Burtniak	Run Vmc	Male 26-49
17. 47:12				
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1	23:20	Tressa Alexiuk	The Girls	Female 100-124
2	23:52	Danielle Papin	The Girls	Female 100-124
18. 48:00				
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1 23:49 Pete Gagne Between A Walk And A Hard Pace Mixed 100-124
2 24:11 Janie Parson Between A Walk And A Hard Pace Mixed 100-124

19. 48:26
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1 23:51 Melvin Yumang Eights Of Base Male 50-74
2 24:35 Brad Tutte Eights Of Base Male 50-74

20. 50:37
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1 19:46 Thomas Urish Peters-Urish Male 75-99
2 30:51 Paul Peters Derry Peters-Urish Male 75-99

21. 50:38
=====

1 20:35 Bob Cox Atkinson-Cox Male 125 & Over
2 30:03 Barry Atkinson Atkinson-Cox Male 125 & Over

22. 50:41
=====

1 23:53 Jean-Pierre Grolet Hamm-Grolet Male 100-124
2 26:48 Michael Hamm Hamm-Grolet Male 100-124

23. 50:52
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1 22:08 Kristin Peterson Krusty And Sniffles Female 26-49
2 28:44 Alyssa Ryan Krusty And Sniffles Female 26-49

24. 52:23
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1 24:56 Amy Kendall Fastfolks Mixed 75-99
2 27:27 Chris Harrison Fastfolks Mixed 75-99

25. 52:53
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1 25:23 Gail Johnstone Blonde Ambition Female 100-124
2 27:30 Catherine Mckay Blonde Ambition Female 100-124

26. 52:58
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1 24:22 Tejas Bertrand-Meadows The Tenacious T's Mixed 26-49
2 28:36 Talia Bertrand-Meadows The Tenacious T's Mixed 26-49

27. 53:18
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1 25:38 Serena Derksen Legs Miserables Female 26-49
2 27:40 Tess Derksen Legs Miserables Female 26-49

28. 54:52
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1 23:37 Mark Cardy Big Bros Male 75-99

2	31:15	Darryl Flett	Big Bros	Male 75-99
29. 56:13				
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1	25:57	Carson Hyman	Shoe Dogs	Mixed 50-74
2	30:16	Lindsay Hyman	Shoe Dogs	Mixed 50-74
30. 56:24				
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1	27:11	Paul Brault	Cirque Du Sore Legs	Mixed 100-124
2	29:13	Catherine Moltzan	Cirque Du Sore Legs	Mixed 100-124
31. 56:29				
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1	26:30	Kaytee Isanski	Worst Pace Scenario	Female 75-99
2	29:59	Colleen Semmler	Worst Pace Scenario	Female 75-99
32. 57:02				
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1	28:17	Vanessa Warne	Home Street Happy	Mixed 75-99
2	28:45	Brandon Christopher	Home Street Happy	Mixed 75-99
33. 59:01				
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1	22:58	Corstin Cardno	Better At Runnin' Up a Tab	Mixed 50-74
2	36:03	Kristine Bertin	Better At Runnin' Up a Tab	Mixed 50-74
34. 1:00:14				
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1	24:16	Marie Roberts	Roberts-Costa	Female 75-99
2	35:58	Carla Costa Moreira	Roberts-Costa	Female 75-99
35. 1:00:42				
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1	30:15	Chloe Capan	Avery & Chloe	Female 26-49
2	30:27	Avery Marks Arnold	Avery & Chloe	Female 26-49
36. 1:01:38				
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1	27:28	Quinn Jones	Topnotch Wod Squad	Female 75-99
2	34:10	Deb Vickery	Topnotch Wod Squad	Female 75-99
37. 1:02:06				
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1	27:43	Tristan Harder	Team 23!	Male 25 & Under
2	34:23	Elliot Singleton	Team 23!	Male 25 & Under
38. 1:02:32				
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1	30:25	Amy Black	Runnerds	Mixed 75-99
2	32:07	Ed Alexander	Runnerds	Mixed 75-99

39. 1:03:11

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1	28:53	Wendy Singleton	Scrambled Legs	Female 75-99
2	34:18	Christy Rogowski	Scrambled Legs	Female 75-99

40. 1:03:43

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1	29:53	Henry Schaffer	Team Henry	Mixed 26-49
2	33:50	Susan Tsang	Team Henry	Mixed 26-49

41. 1:05:58

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1	31:41	Dorothy Mccoll	Shake A Leg	Mixed 125 & Over
2	34:17	Jeff Vince	Shake A Leg	Mixed 125 & Over

42. 1:08:36

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1	23:32	Michael Thompson	Team Thompson	Male 50-74
2	45:04	Evan Thompson	Team Thompson	Male 50-74

43. 1:08:57

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1	28:48	Matt Wieler	Team Awesome	Male 50-74
2	40:09	Derek Wesenberg	Team Awesome	Male 50-74

44. 1:11:55

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1	29:49	Kelly Hunter	Hunter	Female 50-74
2	42:06	Amanda Hunter	Hunter	Female 50-74

45. 1:14:05

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1	32:18	George Koch	We Thought They Said Rum!!	Male 125 & Over
2	41:47	Jack Dubnicoff	We Thought They Said Rum!!	Male 125 & Over

46. 1:15:13

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1	24:42	Cathie Coughlin	Team Cat & Nat	Female 75-99
2	50:31	Natalie Pirson	Team Cat & Nat	Female 75-99

47. 1:15:19

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1	35:10	Jacquie Daoudi	Daoudi	Female 75-99
2	40:09	Laura Wesenberg	Daoudi	Female 75-99

48. 1:16:08

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1	24:47	Noel Beckel	Beckel - Price	Male 75-99
2	51:21	Chris Price	Beckel - Price	Male 75-99

49. 1:17:15

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1	37:02	Jo-Anne Yuskin	Her-Ricanes	Female 100-124
2	40:13	Karen Sawatzky	Her-Ricanes	Female 100-124

50. 1:17:18

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1	36:37	Pat Prevost	Rascals	Female 75-99
2	40:41	Julie Minsky	Rascals	Female 75-99

51. 1:20:25

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1	34:29	Rita Courchaine	Edu-Girls	Female 100-124
2	45:56	Tamara Gillam	Edu-Girls	Female 100-124

52. 1:21:58

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1	36:04	Jill Saunders	Saunders-Duhame	Female 125 & Over
2	45:54	Dreena Duhame	Saunders-Duhame	Female 125 & Over

53. 1:23:32

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1	36:37	Brenda Richer	The Spitfires	Female 100-124
2	46:55	Annette Pratt	The Spitfires	Female 100-124

54. 1:28:26

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1	40:44	Cheryl Purll	Giddyup And Go!	Female 75-99
2	47:42	Angela Mayen-Obregon	Giddyup And Go!	Female 75-99

55. 1:29:58

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1	44:59	Glennis Bushie	Memengwaasens Ikweg	Female 50-74
2	44:59	Janèle Fréchette	Memengwaasens Ikweg	Female 50-74

56. 1:33:41

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1	29:48	Sherry Seymour	Seymour	Female 100-124
2	1:03:53	Susan Seymour	Seymour	Female 100-124

57. 1:33:42

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1	29:48	Garrett Litzenberger	Seymour-Litzenberger	Male 100-124
2	1:03:54	Murray Seymour	Seymour-Litzenberger	Male 100-124

58. 1:35:56

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1	29:18	Magnus-Thor-Odin Kincaid	All Blacks	Male 26-49
2	1:06:38	William Summers	All Blacks	Male 26-49

59. 1:36:40

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1	30:02	Erika Duguay	This One's For You Neil!!	Female 26-49
2	1:06:38	Emily Summers	This One's For You Neil!!	Female 26-49

60. 1:36:41

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1	30:02	Jordann Wright	Deaf-Blind Can	Female 50-74
2	1:06:39	Denise Gallant	Deaf-Blind Can	Female 50-74

Run 4 Your Cause
 October 6,2019
 Canadian Mennonite University

2X5K Relay
 DISTANCE CERTIFIED

AGE-GROUP RESULTS
 Run 4 Your Cause
 October 6,2019
 Canadian Mennonite University

***** TOP 3 OVERALL TEAM RESULTS FOR Run The Awesome Twosome 2X5K*****

Male 25 & Under

PLACE TIME
 =====

SPLITS NAMES TEAMNAME
 =====

1. 1:02:06

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1	27:43	Tristan Harder	Team 23!
2	34:23	Elliot Singleton	Team 23!

Male 26-49

PLACE TIME
=====

SPLITS NAMES TEAMNAME
=====

1. 43:23
=====

1	20:53	Colin Heier	Haier-Haussler
2	22:30	Tobi Haussler	Haier-Haussler

2. 46:50
=====

1	19:59	Bryden Bukich	Run Vmc
2	26:51	Julian Burtniak	Run Vmc

3. 1:35:56
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1	29:18	Magnus-Thor-Odin Kincaid	All Blacks
2	1:06:38	William Summers	All Blacks

Male 50-74

PLACE TIME
=====

SPLITS NAMES TEAMNAME
=====

1. 40:49
=====

1	19:18	James Dueck	Brothers Dueck
2	21:31	Jared Dueck	Brothers Dueck

2. 42:10
=====

1	20:47	Jay Allardyce	Jay & Jann
2	21:23	Jann Garbald	Jay & Jann

3. 48:26
=====

1	23:51	Melvin Yumang	Eights Of Base
2	24:35	Brad Tutte	Eights Of Base

4. 1:08:36


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1    23:32 Michael Thompson      Team Thompson
2    45:04 Evan Thompson          Team Thompson

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5. 1:08:57

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=====
1    28:48 Matt Wieler                Team Awesome
2    40:09 Derek Wesenberg       Team Awesome

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Male 75-99

PLACE TIME
=====

SPLITS NAMES TEAMNAME
=====

1. 38:10

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=====
1    18:51 Jason Bruce              Big Bird And Elmo
2    19:19 Mario Fonseca     Big Bird And Elmo

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2. 38:28

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=====
1    19:06 Darcey Harder           Roadkill Ramblers
2    19:22 Thomas Holmes         Roadkill Ramblers

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3. 45:58

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=====
1    21:15 Neil Ferguson          Team Ferg-A-Run
2    24:43 Andrew Ferguson       Team Ferg-A-Run

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4. 46:46

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1    17:15 Noah Wiens             Nova
2    29:31 Grant Unger           Nova

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5. 50:37

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=====
1    19:46 Thomas Urish           Peters-Urish
2    30:51 Paul Peters Derry     Peters-Urish

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6. 54:52

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=====
1    23:37 Mark Cardy             Big Bros
2    31:15 Darryl Flett          Big Bros

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7. 1:16:08

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1    24:47  Noel Beckel           Beckel - Price
2    51:21  Chris Price           Beckel - Price

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Male 100-124

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PLACE  TIME
=====

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	SPLITS	NAMES	TEAMNAME
	=====	=====	=====
1.	41:03		
	=====		
	1	20:08 Don Bevington	Speedy Gonzales & The Road Run
	2	20:55 Bruce Young	Speedy Gonzales & The Road Run
2.	45:37		
	=====		
	1	22:38 Gordon Flett	Doggin' it!
	2	22:59 Bryan Ezako	Doggin' it!
3.	50:41		
	=====		
	1	23:53 Jean-Pierre Grolet	Hamm-Grolet
	2	26:48 Michael Hamm	Hamm-Grolet
4.	1:33:42		
	=====		
	1	29:48 Garrett Litzenberger	Seymour-Litzenberger
	2	1:03:54 Murray Seymour	Seymour-Litzenberger

Male 125 & Over

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PLACE  TIME
=====

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	SPLITS	NAMES	TEAMNAME
	=====	=====	=====
1.	50:38		
	=====		
	1	20:35 Bob Cox	Atkinson-Cox
	2	30:03 Barry Atkinson	Atkinson-Cox

2. 1:14:05

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1	32:18	George Koch	We Thought They Said Rum!!
2	41:47	Jack Dubnicoff	We Thought They Said Rum!!

Female 26-49

PLACE TIME

=====

SPLITS	NAMES	TEAMNAME
=====	=====	=====

1. 50:52

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1	22:08	Kristin Peterson	Krusty And Sniffles
2	28:44	Alyssa Ryan	Krusty And Sniffles

2. 53:18

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1	25:38	Serena Derksen	Legs Miserables
2	27:40	Tess Derksen	Legs Miserables

3. 1:00:42

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1	30:15	Chloe Capan	Avery & Chloe
2	30:27	Avery Marks Arnold	Avery & Chloe

4. 1:36:40

=====

1	30:02	Erika Duguay	This One's For You Neil!!
2	1:06:38	Emily Summers	This One's For You Neil!!

Female 50-74

PLACE TIME

=====

SPLITS	NAMES	TEAMNAME
=====	=====	=====

1. 1:11:55

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1	29:49	Kelly Hunter	Hunter
2	42:06	Amanda Hunter	Hunter

2. 1:29:58

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1	44:59	Glennis Bushie	Memengwaasens Ikweg
2	44:59	Janèle Fréchette	Memengwaasens Ikweg

3. 1:36:41

=====

1	30:02	Jordann Wright	Deaf-Blind Can
2	1:06:39	Denise Gallant	Deaf-Blind Can

Female 75-99

PLACE TIME

=====

SPLITS	NAMES	TEAMNAME
=====	=====	=====

1. 44:19

=====

1	21:42	Heather Mcdonell	Snacks And Naps
2	22:37	Cheryl Adam	Snacks And Naps

2. 45:50

=====

1	22:33	Brandi Smith	Kickin' Ass-Phalt
2	23:17	Bernadine Kostyk	Kickin' Ass-Phalt

3. 56:29

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1	26:30	Kaytee Isanski	Worst Pace Scenario
2	29:59	Colleen Semmler	Worst Pace Scenario

4. 1:00:14

=====

1	24:16	Marie Roberts	Roberts-Costa
2	35:58	Carla Costa Moreira	Roberts-Costa

5. 1:01:38

=====

1	27:28	Quinn Jones	Topnotch Wod Squad
2	34:10	Deb Vickery	Topnotch Wod Squad

6. 1:03:11

=====

1	28:53	Wendy Singleton	Scrambled Legs
2	34:18	Christy Rogowski	Scrambled Legs

7. 1:15:13

=====

1	24:42	Cathie Coughlin	Team Cat & Nat
2	50:31	Natalie Pirson	Team Cat & Nat

8. 1:15:19

=====

1	35:10	Jacquie Daoudi	Daoudi
2	40:09	Laura Wesenberg	Daoudi

9. 1:17:18

=====

1	36:37	Pat Prevost	Rascals
2	40:41	Julie Minsky	Rascals

10. 1:28:26

=====

1	40:44	Cheryl Purll	Giddyup And Go!
2	47:42	Angela Mayen-Obregon	Giddyup And Go!

Female 100-124

PLACE TIME
=====

SPLITS NAMES TEAMNAME
=====

1. 47:12

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1	23:20	Tressa Alexiuk	The Girls
2	23:52	Danielle Papin	The Girls

2. 52:53

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1	25:23	Gail Johnstone	Blonde Ambition
2	27:30	Catherine Mckay	Blonde Ambition

3. 1:17:15

=====

1	37:02	Jo-Anne Yuskin	Her-Ricanes
2	40:13	Karen Sawatzky	Her-Ricanes

4. 1:20:25

=====

1	34:29	Rita Courchaine	Edu-Girls
2	45:56	Tamara Gillam	Edu-Girls

5. 1:23:32

=====

1	36:37	Brenda Richer	The Spitfires
2	46:55	Annette Pratt	The Spitfires

6. 1:33:41

=====

1	29:48	Sherry Seymour	Seymour
2	1:03:53	Susan Seymour	Seymour

Female 125 & Over

PLACE TIME
=====

SPLITS	NAMES	TEAMNAME
=====	=====	=====

1. 1:21:58

=====

1	36:04	Jill Saunders	Saunders-Duham
2	45:54	Dreena Duham	Saunders-Duham

Mixed 26-49

PLACE TIME
=====

SPLITS	NAMES	TEAMNAME
=====	=====	=====

1. 40:47

=====

1	19:01	Michael Resler	Happy Feet
2	21:46	Arabella Brudney	Happy Feet

2. 52:58

=====

1	24:22	Tejas Bertrand-Meadows	The Tenacious T's
2	28:36	Talia Bertrand-Meadows	The Tenacious T's

3. 1:03:43

=====

1	29:53	Henry Schaffer	Team Henry
2	33:50	Susan Tsang	Team Henry

Mixed 50-74

PLACE TIME
=====

SPLITS NAMES TEAMNAME
=====

1. 44:47
=====

1	18:30	Jonas Eastcott	Team Rugrats
2	26:17	Genevieve Mitchell	Team Rugrats

2. 45:16
=====

1	20:56	Lindsey Green	Heart And Sole
2	24:20	David Hoel	Heart And Sole

3. 56:13
=====

1	25:57	Carson Hyman	Shoe Dogs
2	30:16	Lindsay Hyman	Shoe Dogs

4. 59:01
=====

1	22:58	Corstin Cardno	Better At Runnin' Up a Tab
2	36:03	Kristine Bertin	Better At Runnin' Up a Tab

Mixed 75-99

PLACE TIME
=====

SPLITS NAMES TEAMNAME
=====

1. 52:23
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1	24:56	Amy Kendall	Fastfolks
2	27:27	Chris Harrison	Fastfolks

2. 57:02
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1	28:17	Vanessa Warne	Home Street Happy
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2 28:45 Brandon Christopher Home Street Happy

3. 1:02:32

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1 30:25 Amy Black Runnerds
2 32:07 Ed Alexander Runnerds

Mixed 100-124

PLACE TIME
=====

SPLITS NAMES TEAMNAME
=====

1. 45:13

=====

1 22:20 Ami Samuel Ami & Ed
2 22:53 Edward Willmott Ami & Ed

2. 48:00

=====

1 23:49 Pete Gagne Between A Walk And A Hard Pace
2 24:11 Janie Parson Between A Walk And A Hard Pace

3. 56:24

=====

1 27:11 Paul Brault Cirque Du Sore Legs
2 29:13 Catherine Moltzan Cirque Du Sore Legs

Mixed 125 & Over

PLACE TIME
=====

SPLITS NAMES TEAMNAME
=====

1. 1:05:58

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1 31:41 Dorothy Mccoll Shake A Leg
2 34:17 Jeff Vince Shake A Leg