

9th Annual
Royal Canadian Air Force Run
Winnipeg, MB
May 28, 2017

Half Marathon Age Group Results

AGE GROUP: Women 14 & under

Place	Name	Finish	Pace
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AGE GROUP: Women 15-19

Place	Name	Finish	Pace
=====	=====	=====	=====

AGE GROUP: Women 20-24

Place	Name	Finish	Pace
=====	=====	=====	=====
1	Sarah Vaage	2:40:15	7:36

AGE GROUP: Women 25-29

Place	Name	Finish	Pace
=====	=====	=====	=====
1	Kelsey Uminski	1:51:49	5:18
2	Samantha Erichsen	1:54:22	5:26
3	Jessica Shaver	2:06:12	5:59
4	Ines Caren Biernoth	2:06:40	6:01
5	Shelley Burns	2:06:47	6:01
6	Jacqueline Gagnon	2:20:18	6:39
7	Shannara Friesen	2:29:17	7:05

AGE GROUP: Women 30-34

Place	Name	Finish	Pace
=====	=====	=====	=====
1	Joanna Webb	1:51:11	5:17
2	Ainsley Hamm	1:57:26	5:34
3	Tamara Sawatzky	2:05:01	5:56

4	Melissa Pryce	2:07:28	6:03
5	Christine Fenton	2:08:02	6:05
6	Tina Bergen	2:24:26	6:51
7	Chantal Sawbo	2:27:15	6:59
8	Sylvia Champion	2:30:38	7:09

AGE GROUP: Women 35-39

Place	Name	Finish	Pace
=====	=====	=====	=====
1	Rebecca Cunnane	1:32:43	4:24
2	Kayla Bowser	1:57:29	5:35
3	Margaret Jacula	1:57:57	5:36
4	Jacqueline Dueck	2:08:02	6:05
5	Morgan Sales	2:10:48	6:12
6	Holly-Ann Larose	2:18:01	6:33
7	Kari Tkach	2:21:00	6:41
8	Marla Riekman	2:21:13	6:42
9	Andrea Richardson-Lipon	2:29:19	7:05
10	Karen Spence	2:36:26	7:25
11	Grace Brykaliuk	2:36:32	7:26
12	Jamie Dahl	2:40:15	7:36
13	Esther Van De Walle	2:44:38	7:49
14	Tracy Stempnick	3:07:28	8:54

AGE GROUP: Women 40-44

Place	Name	Finish	Pace
=====	=====	=====	=====
1	BRANDY ADOLPHE	1:35:46	4:33
2	Amanda Campbell	1:47:48	5:07
3	Christy Weitzel	2:03:08	5:51
4	Candice Foreman	2:12:08	6:16
5	Nancy Buchheim	2:15:19	6:25
6	Dama Slutchuk	2:15:30	6:26
7	Janet Timmerman	2:20:36	6:40
8	Shelagh Bakos	2:25:07	6:53
9	Tamara Coutu	2:50:29	8:05

AGE GROUP: Women 45-49

Place	Name	Finish	Pace
=====	=====	=====	=====
1	Esther Adamson	1:56:14	5:31
2	Gaylene Nicholson	2:03:22	5:51
3	Janice Haney	2:22:08	6:45

AGE GROUP: Women 50-54

Place	Name	Finish	Pace
1	Patti LeBlanc	3:01:00	8:35
2	Colleen Legary	3:01:00	8:35

AGE GROUP: Women 55-59

Place	Name	Finish	Pace
1	Judy Otto	2:11:45	6:15
2	Debra Kato	2:29:09	7:05
3	Patricia Mondt	3:07:27	8:54

AGE GROUP: Women 60-64

Place	Name	Finish	Pace
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AGE GROUP: Women 65-69

Place	Name	Finish	Pace
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AGE GROUP: Women 70 & Over

Place	Name	Finish	Pace
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AGE GROUP: Men 14 & under

Place	Name	Finish	Pace
1	Zachary P	2:30:38	7:09

AGE GROUP: Men 15-19

Place	Name	Finish	Pace
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AGE GROUP: Men 20-24

Place	Name	Finish	Pace
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AGE GROUP: Men 25-29

Place	Name	Finish	Pace
1	Jeff Sacco	1:17:15	3:40
2	Neff Guiao	1:39:07	4:42
3	Jean The Mean Dancing Machine	1:48:24	5:09
4	Ward Lentz	1:50:15	5:14
5	Kyle Melia	1:59:06	5:39
6	Charlie Ulloa	2:08:52	6:07
7	Peter Kowalchuk	2:13:39	6:21
8	Jonathan Regalado	2:14:02	6:22

AGE GROUP: Men 30-34

Place	Name	Finish	Pace
1	HYOJIN Lee	1:25:33	4:04
2	Stephane Lacroix	1:34:15	4:28
3	Brad Micholson	1:57:52	5:36
4	Stephen Mullins	2:17:06	6:30
5	Graham Noyes	2:20:56	6:41
6	Nathan Carrigan	2:34:53	7:21

AGE GROUP: Men 35-39

Place	Name	Finish	Pace
1	Jeremy Walker	1:14:29	3:32
2	Scott Watson	1:24:53	4:02
3	Aaron Webb	1:32:20	4:23
4	Christopher James	1:34:47	4:30
5	Shea Land	1:43:26	4:55
6	Jefferson Cortez	1:46:26	5:03
7	Joshua Martin	1:53:17	5:23
8	Ian Brown	1:53:24	5:23
9	Adam Grycko	1:59:13	5:39
10	Danny Dupuis	2:03:11	5:51
11	Adam Briggs	2:06:13	5:59
12	Ariel Mogan	2:14:17	6:22
13	Kristjan Paulson	2:23:09	6:48

14 Adam Carrigan 2:35:14 7:22

AGE GROUP: Men 40-44

Place	Name	Finish	Pace
1	Julian Regehr	1:41:08	4:48
2	J. Collin Stevenson	1:47:17	5:06
3	Hartley Lowenthal	1:49:09	5:11
4	Gord Currie	1:49:45	5:13
5	Marc-Antoine Fecteau	1:50:50	5:16
6	Dan Chevrier	2:13:44	6:21
7	Dean Van De Walle	2:14:44	6:24

AGE GROUP: Men 45-49

Place	Name	Finish	Pace
1	Ted Furness	1:29:19	4:14
2	Doug Martin	1:32:36	4:24
3	Tom Elskamp	1:41:26	4:49
4	Henry Aalbers	1:54:22	5:26
5	Jason Haney	1:55:01	5:28
6	Jamie Hardy	1:59:57	5:42
7	Dwayne Olson	2:02:07	5:48
8	Jeff Thiessen	2:05:27	5:57
9	Jumir Encarnacion	2:06:36	6:00
10	Paul Surgeoner	2:12:30	6:17
11	Warren Banks	2:39:21	7:34
12	Curtis Tymko	2:50:25	8:05

AGE GROUP: Men 50-54

Place	Name	Finish	Pace
1	Richard Alary	1:32:23	4:23
2	Chad Manske	1:35:15	4:31
3	Thane Smith	1:49:49	5:13
4	Dave Gilbert	1:52:19	5:20
5	Tamirat Mekonnen	1:53:35	5:23
6	Doug Eyolfson	1:54:59	5:27
7	Mark Van Schepdael	2:01:38	5:46
8	Scott Munn	2:06:31	6:00
9	David Jurczak	2:11:37	6:15

AGE GROUP: Men 55-59

Place	Name	Finish	Pace
1	Bob Cox	1:31:44	4:21
2	Ronald Allen	1:51:32	5:18
3	David Watson	1:55:59	5:30
4	Donald Stewart	1:59:25	5:40
5	Bob Nicholson	2:06:20	6:00
6	Doug McKay	2:11:27	6:14

AGE GROUP: Men 60-64

Place	Name	Finish	Pace
1	William Dymond	1:37:22	4:37
2	Doug Sadler	2:06:40	6:01
3	Rod Lauder	2:29:13	7:05
4	Bob Sitter	2:42:07	7:41
5	Mike Clarke	3:52:14	11:01

AGE GROUP: Men 65-69

Place	Name	Finish	Pace
1	Jeff Vince	2:17:59	6:33

AGE GROUP: Men 70 & Over

Place	Name	Finish	Pace
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