

9th Annual
Royal Canadian Air Force Run
Winnipeg, MB
May 28, 2017

10km Age Group Results

AGE GROUP: Women 14 & under

Place	Name	Finish	Pace
1	Julia Mager	56:23	5:39
2	LEA DARLYN MARTIN	1:05:16	6:32
3	Abbey HARMS	1:07:25	6:45
4	Gracie HARMS	1:10:13	7:02

AGE GROUP: Women 15-19

Place	Name	Finish	Pace
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AGE GROUP: Women 20-24

Place	Name	Finish	Pace
1	Holly Armstrong	56:08	5:37
2	Ashley Bonkowski	1:00:24	6:03
3	Tiana Halabura	1:11:39	7:10
4	Olivia Frank	1:13:18	7:20
5	Micky Humphrey	1:15:36	7:34
6	Brynn Alary	1:19:31	7:58
7	Katie Strickland	1:34:06	9:25

AGE GROUP: Women 25-29

Place	Name	Finish	Pace
1	Nora Staunton	49:44	4:59
2	Alaina Verwey	57:26	5:45
3	Samantha Duguid	58:47	5:53
4	Amanda Shuster	1:00:27	6:03
5	Natalie Fitkowsky	1:01:11	6:08
6	Cheyenne Moore	1:01:57	6:12
7	Monina San Diego	1:04:09	6:25
8	Ashley Sigouin	1:09:23	6:57

9	Jennifer Friess	1:10:32	7:04
10	Kim Egert	1:17:35	7:46
11	Sophie Quan	1:22:12	8:14

AGE GROUP: Women 30-34

Place	Name	Finish	Pace
1	Sarah Brighty	47:23	4:45
2	Lisa Winters	50:24	5:03
3	Fiona Li	57:36	5:46
4	Christine Forbes	58:31	5:52
5	Tracy Dixon	59:31	5:58
6	Ann Gunner	1:08:39	6:52
7	Tina Armstrong	1:09:37	6:58
8	Rebecca Gietz	1:10:16	7:02
9	Carolyn Muir	1:10:34	7:04
10	Shawna Jones	1:12:20	7:14
11	Marie Eve Coleman	1:13:01	7:19
12	Kaeleigh Geddes	1:16:35	7:40

AGE GROUP: Women 35-39

Place	Name	Finish	Pace
1	Hilary McNamee	51:00	5:06
2	Carmen Pietracupa	54:05	5:25
3	Becky Verwey	57:25	5:45
4	Andrea Saj	58:26	5:51
5	Wendy Depratto	1:04:12	6:26
6	Jennifer Land	1:04:16	6:26
7	Jane Brouillette	1:04:53	6:30
8	Erika Bloomfield	1:04:53	6:30
9	MADYLYN LOPEZ	1:05:58	6:36
10	KATHY DMYTRISIN	1:06:42	6:41
11	Amanda Huddleston	1:07:33	6:46
12	Carla McLennan	1:08:34	6:52
13	Oda Batongbakal	1:09:57	7:00
14	Pam Gulenchin	1:11:56	7:12
15	Sandra Proulx	1:12:20	7:14
16	Melissa Wilson	1:14:48	7:29
17	Sophia Kent	1:15:03	7:31
18	IVY SANTOS	1:15:51	7:36
19	Brenda Bastarache	1:16:05	7:37
20	Tessia HARMS	1:19:17	7:56
21	Melanie Pitcher	1:20:07	8:01
22	Lisa Patterson	1:22:33	8:16

AGE GROUP: Women 40-44

Place	Name	Finish	Pace
1	Cheryl Stewart	58:05	5:49
2	Kari Klassen	59:42	5:59
3	Tina Fedak	1:00:36	6:04
4	Eva Kovacs	1:00:43	6:05
5	Lisa Pischke	1:01:32	6:10
6	Andrea Sward	1:02:45	6:17
7	Rhonda Mccallum	1:04:28	6:27
8	Rebecca Sabourin	1:04:56	6:30
9	Colleen Kelly-Wardle	1:05:19	6:32
10	Nicole Drouin	1:07:35	6:46
11	Puspa Todd	1:12:48	7:17
12	Mindy Corrigan	1:14:47	7:29

AGE GROUP: Women 45-49

Place	Name	Finish	Pace
1	Sophie Beaulieu	48:58	4:54
2	Linda Bembridge	54:08	5:25
3	Edith Shaver	55:06	5:31
4	Joanna Jarrett	56:24	5:39
5	Corinne Reimer	1:03:33	6:22
6	Cheryl Purll	1:05:22	6:33
7	Bonnie Clarke	1:11:54	7:12
8	Wanda Kolida	1:11:57	7:12
9	Lia Crabbe	1:12:46	7:17
10	Lisa Strickland	1:34:07	9:25

AGE GROUP: Women 50-54

Place	Name	Finish	Pace
1	Natalie Woodruff	49:47	4:59
2	Debbie Bennett	55:16	5:32
3	Robin Veldkamp	56:54	5:42
4	Rhonda Brown	57:39	5:46
5	Lee Stewart	1:01:30	6:09
6	Lesley Fox	1:02:02	6:13
7	Michele Polinuk	1:03:11	6:20
8	Audrey Prince	1:09:31	6:57
9	Yve Thomson	1:11:15	7:08
10	Sherry MacLeod	1:19:25	7:57

AGE GROUP: Women 55-59

Place	Name	Finish	Pace
1	Rhonda HARMS	49:52	5:00
2	Eleanor Duguid	59:15	5:56
3	Terese Schroeder	1:05:59	6:36
4	Margaret Kubas	1:08:51	6:54
5	Sandra Scott	1:17:47	7:47
6	Nadine Linder	1:19:42	7:59
7	Beverley Smadella	1:28:32	8:52

AGE GROUP: Women 60-64

Place	Name	Finish	Pace
1	Liz Dillon	1:02:27	6:15
2	Nicole Mercier	1:03:56	6:24
3	Irene Williams	1:19:40	7:58
4	Maria Fritsch	1:21:02	8:07

AGE GROUP: Women 65-69

Place	Name	Finish	Pace
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AGE GROUP: Women 70 & Over

Place	Name	Finish	Pace
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AGE GROUP: Men 14 & under

Place	Name	Finish	Pace
1	Hunter Reimer	1:03:30	6:21

AGE GROUP: Men 15-19

Place	Name	Finish	Pace
1	Hunter Fedak	51:35	5:10
2	Dustin Porteous	53:35	5:22
3	Rick-Yan Borduas	57:52	5:48
4	Thomas Reimer	1:00:01	6:01

AGE GROUP: Men 20-24

Place	Name	Finish	Pace
1	Kevin Allard	48:03	4:49
2	Jason Magner	50:42	5:05
3	Kraig Paulenko	56:13	5:38
4	Zachary Ramsey	1:08:32	6:52
5	Adam Al-atiya	1:12:54	7:18

AGE GROUP: Men 25-29

Place	Name	Finish	Pace
1	Darren Dujlovic	41:21	4:09
2	Sean Armstrong	1:09:37	6:58

AGE GROUP: Men 30-34

Place	Name	Finish	Pace
1	Jean-Charles BRAU	41:46	4:11
2	Calvin Slute	44:47	4:29
3	Rob White	45:36	4:34
4	Christopher Nam	46:09	4:37
5	Tyler West	48:07	4:49
6	Neil Dyck	48:11	4:50
7	Charles Lindell	50:28	5:03
8	Daryl Mason	52:30	5:15
9	Kyle Marriott	54:20	5:26
10	Matthew Podolas	54:57	5:30
11	Eric Andrews	55:17	5:32
12	Jean-René Kelly-Poulin	55:33	5:34
13	Christopher Kroeker	56:50	5:41
14	John Ciavaglia	57:23	5:45
15	Sean Workman	58:36	5:52
16	Luc Robichaud	59:59	6:00
17	Kevin Sigouin	1:00:48	6:05
18	Mikaël Lemoine	1:02:34	6:16
19	Umesh Gungiah	1:02:58	6:18
20	Cris Fallarna	1:09:46	6:59

AGE GROUP: Men 35-39

Place	Name	Finish	Pace
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1	Paul Shapka	43:25	4:21
2	Andrew Armstrong	50:30	5:03
3	Kyle Rebryna	51:05	5:07
4	Evan Hurak	54:10	5:25
5	Christopher Struhan	55:27	5:33
6	Matthew Machnee	55:55	5:36
7	Luc Martin	56:10	5:37
8	Trevor Porteous	57:30	5:45
9	Brendan Innes	57:47	5:47
10	Brian Rochat	1:00:02	6:01
11	Corey Brandt	1:04:46	6:29
12	Carl Eusebio	1:04:52	6:30
13	Jeffery Coleman	1:13:02	7:19
14	ALFREDO SANTOS	1:15:50	7:35

AGE GROUP: Men 40-44

Place	Name	Finish	Pace
1	Ronald Blanchard	42:30	4:15
2	YONG ZENG	48:41	4:52
3	Tomasz Pich	49:46	4:59
4	Alexander Bolt	53:46	5:23
5	Rob Clarke	53:59	5:24
6	Dan Hudson	58:01	5:49
7	Robert Olivier	59:15	5:56
8	Neil Spears	1:03:14	6:20
9	Patrick Borduas	1:04:08	6:25
10	Tim Gunner	1:08:40	6:52
11	David Dunwoody	1:16:07	7:37
12	Aaron Windle	1:17:05	7:43
13	Glenn Fleetwood	1:19:17	7:56

AGE GROUP: Men 45-49

Place	Name	Finish	Pace
1	Martin Gros-Jean	46:42	4:41
2	Ken Kohut	49:59	5:00
3	Corey Smith	51:59	5:12
4	Jason Radford	52:16	5:14
5	Michael Tintor	53:11	5:20
6	Neil Cameron	54:49	5:29
7	Kevin Luellman	55:18	5:32
8	Steven Hart	55:42	5:35
9	Apollo Edmilao	55:48	5:35
10	Kevin Kendel	58:00	5:48
11	Iain Huddleston	58:42	5:53
12	Tim LeBlanc	58:53	5:54

13	NOEL LAPUZ	1:00:29	6:03
14	Cory Rybuck	1:01:24	6:09
15	Scott Todd	1:05:22	6:33
16	Tom Connon	1:07:17	6:44

AGE GROUP: Men 50-54

Place	Name	Finish	Pace
1	Sean Boyle	39:57	4:00
2	Roy Balacano	47:16	4:44
3	Jose Peralta-Huertas	49:15	4:56
4	Christian Drouin	50:21	5:03
5	Rod Delisle	53:40	5:22
6	Jeff Enquist	55:30	5:33
7	Rande Gatbonton	58:09	5:49
8	John Prevost	1:02:25	6:15
9	Colin Craddock	1:03:57	6:24

AGE GROUP: Men 55-59

Place	Name	Finish	Pace
1	Ken Reynolds	54:02	5:25
2	Chris Harrison	56:18	5:38
3	Michael Scarcella	56:23	5:39
4	John Sauder	57:22	5:45
5	Keith Arnoldus	1:01:31	6:10
6	Leroy Berndt	1:02:48	6:17
7	Jeff O'leary	1:04:23	6:27
8	Andrew Orobko	1:09:11	6:56
9	Chris Enquist	1:15:28	7:33
10	Tom Scott	1:17:49	7:47
11	Mark Rootes	1:32:01	9:13

AGE GROUP: Men 60-64

Place	Name	Finish	Pace
1	John Brighty	56:22	5:39
2	Randy Bodner	56:55	5:42
3	Ed Smadella	58:20	5:50
4	Richard Schroeder	1:16:37	7:40
5	Grant MacLeod	1:19:43	7:59

AGE GROUP: Men 65-69

Place	Name	Finish	Pace
1	Dennis Lone	1:05:31	6:34

AGE GROUP: Men 70 & Over

Place	Name	Finish	Pace
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