

Frostbite River Run 5 Mile  
 Riverview Community Club  
 January 24, 2017

OVERALL RESULTS

PLACE	NAME	GENDER	AGE GROUP	PLACE IN AGE GROUP	FINISH TIME	CHIP TIME
1	Jan Freihammer	M	M20-24	1/2	32:10	32:09
2	Jonas Eastcott	M	M25-29	1/3	33:01	32:59
3	Stephen Terichow Parrott	M	M50-54	1/8	35:07	35:03
4	Bruce Young	M	M55-59	1/10	35:19	35:16
5	Dan McCaughan	M	M45-49	1/5	35:31	35:29
6	Bob Cox	M	M55-59	2/10	35:41	35:38
7	Gordon Flett	M	M55-59	3/10	36:11	36:07
8	Jonathan Froese	M	M01-19	1/1	36:29	36:27
9	Ian Lawrence	M	M50-54	2/8	36:38	36:32
10	Darryl Stewart	M	M45-49	2/5	36:49	36:49
11	Scott Hartnell	M	M50-54	3/8	36:52	36:52
12	Jeff Clark	M	M40-44	1/2	38:33	38:29
13	David Hooper	M	M55-59	4/10	38:46	38:43
14	Martial Hebert	M	M55-59	5/10	38:55	38:51
15	George Stewart	M	M55-59	6/10	39:12	39:07
16	Edward Willmott	M	M50-54	4/8	39:18	39:15
17	Sean Madden	M	M30-34	1/4	40:26	40:21
18	Stefany Morrison	F	F25-29	1/7	40:34	40:31
19	Sherry Seymour	F	F35-39	1/13	40:40	40:40
20	Taryn Dickson	F	F30-34	1/3	40:50	40:46
21	Kayla Krahn	F	F25-29	2/7	41:12	41:12
22	Pamela Lawrence	M	M50-54	5/8	41:29	41:23
23	David Harrison	M	M50-54	6/8	41:43	41:37
24	Cassie Guarino	F	F30-34	2/3	42:07	42:05
25	Jason Bruce	M	M30-34	2/4	42:07	42:06
26	Till Freihammer	M	M50-54	7/8	42:13	42:08
27	Aldo Furlan	M	M50-54	8/8	42:22	42:16
28	Giguere Simon	M	M25-29	2/3	43:34	43:22
29	Tavia Nelson	F	F40-44	1/2	44:39	44:39
30	Anthony Densmore	M	M30-34	3/4	45:19	45:11
31	Amanda Bone	F	F20-24	1/1	45:19	45:19
32	Matthew Leitao	M	M25-29	3/3	45:43	45:38
33	Jennifer Lowe	F	F35-39	2/13	45:48	45:42
34	Harold Kluger	M	M55-59	7/10	46:11	46:06
35	Iain Pimlott	M	M55-59	8/10	46:12	46:06
36	James Griffith	M	M35-39	1/3	46:33	46:33
37	Mandy Shewchuk	F	F25-29	3/7	46:34	46:23
38	Susan McMurrich	F	F55-59	1/4	46:58	46:55
39	Gary Sutherland	M	M55-59	9/10	47:16	47:14
40	Kirstan Osborne	F	F35-39	3/13	47:32	47:26
41	Nicole Ritchie	F	F25-29	4/7	47:56	47:56

42	Ryan Dobson	M	M35-39	2/3	30/39	47:58	47:52
43	Brad Loewen	M	M60-64	1/1	31/39	48:02	47:52
44	Martina Reslerova	F	F45-49	1/4	13/36	48:03	47:57
45	Lauren Macmillan	F	F35-39	4/13	14/36	48:05	47:58
46	Michelle Macmillan	F	F35-39	5/13	15/36	48:05	47:59
47	Paige Zentner	F	F45-49	2/4	16/36	48:09	48:02
48	Jennefer Larsen	F	F35-39	6/13	17/36	48:14	48:06
49	Bradley Tighe	M	M20-24	2/2	32/39	49:03	48:59
50	Nicole Moores	F	F35-39	7/13	18/36	50:34	50:27
51	Tanya Girouard-Stringer	F	F35-39	8/13	19/36	50:36	50:22
52	Tracy Ryman	F	F30-34	3/3	20/36	51:01	50:51
53	Vanessa Geswein	F	F35-39	9/13	21/36	52:06	52:06
54	Noel Lapuz	M	M45-49	3/5	33/39	52:40	52:30
55	Dave Shoesmith	M	M35-39	3/3	34/39	55:14	55:14
56	Larissa Barr	F	F25-29	5/7	22/36	55:58	55:52
57	Alyssa Funk	F	F25-29	6/7	23/36	55:59	55:52
58	Dallas Jasper	M	M40-44	2/2	35/39	56:18	56:07
59	Ian Clara	M	M45-49	4/5	36/39	56:18	56:06
60	Kassy Bouchard	F	F25-29	7/7	24/36	56:53	56:48
61	Bonnie Clarke	F	F45-49	3/4	25/36	57:40	57:30
62	Andrea Sward	F	F40-44	2/2	26/36	57:40	57:31
63	Mhairi Lintott	F	F50-54	1/1	27/36	59:13	59:06
64	Les Lintott	M	M55-59	10/10	37/39	59:14	59:07
65	Anna Maria Kowalski	F	F55-59	2/4	28/36	59:14	59:14
66	Katherine Perry	F	F55-59	3/4	29/36	59:22	59:14
67	Chris Stiesky	M	M30-34	4/4	38/39	59:47	59:47
68	Shawna Elliott	F	F35-39	10/13	30/36	59:47	59:34
69	Jamie Borlang	F	F35-39	11/13	31/36	1:00:38	1:00:38
70	Chad Smith	M	M45-49	5/5	39/39	1:01:16	1:01:05
71	Randi Hunter	F	F45-49	4/4	32/36	1:01:17	1:01:07
72	Tera-Lynne Dussome	F	F35-39	12/13	33/36	1:02:28	1:02:20
73	Erin Sheldon	F	F35-39	13/13	34/36	1:03:32	1:03:21
74	Monica Blair	F	F55-59	4/4	35/36	1:04:23	1:04:21
75	Clemus Laurila	F	F60-64	1/1	36/36	1:04:48	1:04:45

AGE-GROUP RESULTS  
STATISTICAL PURPOSES ONLY, NO AWARDS GIVEN OUT  
Frostbite River Run 5 Mile  
Riverview Community Club  
January 24, 2017

\*\*\*\*\* MALE OVERALL RESULTS FOR Frostbite River Run 5 Mile \*\*\*\*\*

1 Jan Freihammer	32:10
2 Jonas Eastcott	33:01
3 Stephen Terichow Parrott	35:07

\*\*\*\*\* FEMALE OVERALL RESULTS FOR Frostbite River Run 5 Mile \*\*\*\*\*

1 Stefany Morrison	40:34
2 Sherry Seymour	40:40
3 Taryn Dickson	40:50

FEMALE AGE GROUP: 20 to 24

1 Amanda Bone	45:19
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FEMALE AGE GROUP: 25 to 29

1 Stefany Morrison	40:34
2 Kayla Krahn	41:12
3 Mandy Shewchuk	46:34
4 Nicole Ritchie	47:56
5 Larissa Barr	55:58
6 Alyssa Funk	55:59
7 Kassy Bouchard	56:53

FEMALE AGE GROUP: 30 to 34

1 Taryn Dickson	40:50
2 Cassie Guarino	42:07
3 Tracy Ryman	51:01

FEMALE AGE GROUP: 35 to 39

1 Sherry Seymour	40:40
2 Jennifer Lowe	45:48
3 Kirstan Osborne	47:32
4 Lauren Macmillan	48:05
5 Michelle Macmillan	48:05
6 Jennefer Larsen	48:14
7 Nicole Moores	50:34
8 Tanya Girouard-Stringer	50:36

9 Vanessa Geswein	52:06
10 Shawna Elliott	59:47
11 Jamie Borlang	1:00:38
12 Tera-Lynne Dussome	1:02:28
13 Erin Sheldon	1:03:32

FEMALE AGE GROUP: 40 to 44

1 Tavia Nelson	44:39
2 Andrea Sward	57:40

FEMALE AGE GROUP: 45 to 49

1 Martina Reslerova	48:03
2 Paige Zentner	48:09
3 Bonnie Clarke	57:40
4 Randi Hunter	1:01:17

FEMALE AGE GROUP: 50 to 54

1 Mhairi Lintott	59:13
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FEMALE AGE GROUP: 55 to 59

1 Susan McMurrich	46:58
2 Anna Maria Kowalski	59:14
3 Katherine Perry	59:22
4 Monica Blair	1:04:23

FEMALE AGE GROUP: 60 to 64

1 Clemus Laurila	1:04:48
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MALE AGE GROUP: 19 & Under

1 Jonathan Froese	36:29
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MALE AGE GROUP: 20 to 24

1 Jan Freihammer	32:10
2 Bradley Tighe	49:03

MALE AGE GROUP: 25 to 29

1 Jonas Eastcott	33:01
2 Giguere Simon	43:34
3 Matthew Leitao	45:43

MALE AGE GROUP: 30 to 34

1 Sean Madden	40:26
2 Jason Bruce	42:07
3 Anthony Densmore	45:19
4 Chris Stiesky	59:47

MALE AGE GROUP: 35 to 39

1 James Griffith	46:33
2 Ryan Dobson	47:58
3 Dave Shoesmith	55:14

MALE AGE GROUP: 40 to 44

1 Jeff Clark	38:33
2 Dallas Jasper	56:18

MALE AGE GROUP: 45 to 49

1 Dan McCaughan	35:31
2 Darryl Stewart	36:49
3 Noel Lapuz	52:40
4 Ian Clara	56:18
5 Chad Smith	1:01:16

MALE AGE GROUP: 50 to 54

1 Stephen Terichow Parrott	35:07
2 Ian Lawrence	36:38
3 Scott Hartnell	36:52
4 Edward Willmott	39:18
5 Pamela Lawrence	41:29
6 David Harrison	41:43
7 Till Freihammer	42:13
8 Aldo Furlan	42:22

MALE AGE GROUP: 55 to 59

1 Bruce Young	35:19
2 Bob Cox	35:41
3 Gordon Flett	36:11
4 David Hooper	38:46
5 Martial Hebert	38:55
6 George Stewart	39:12
7 Harold Kluger	46:11
8 Iain Pimlott	46:12
9 Gary Sutherland	47:16
10 Les Lintott	59:14

MALE AGE GROUP: 60 to 64

1 Brad Loewen	48:02
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