

Headingley FireFighters 5K Run For Wishes
 Headingley,MB
 May 28, 2016

OVERALL 5K RESULTS
 DISTANCE CERTIFIED

| PLACE | NAME | GENDER | AGE GROUP | PLACE IN | | TIME |
|-------|--------------------------|--------|-----------|-----------|--------|-------|
| | | | | AGE GROUP | GENDER | |
| 1 | Jason Bruce | M | M30-34 | 1/9 | 1/115 | 17:44 |
| 2 | Daryl Fillion | M | M40-44 | 1/8 | 2/115 | 18:25 |
| 3 | Sam Zhou | M | M45-49 | 1/10 | 3/115 | 19:03 |
| 4 | Dennis Lang | M | M60-64 | 1/6 | 4/115 | 19:39 |
| 5 | Garry Nix | M | M30-34 | 2/9 | 5/115 | 19:49 |
| 6 | Craig Erb | M | M40-44 | 2/8 | 6/115 | 19:57 |
| 7 | Stephen Terichow Parrott | M | M50-54 | 1/7 | 7/115 | 19:59 |
| 8 | Chris Dick | M | M45-49 | 2/10 | 8/115 | 20:10 |
| 9 | Neil Ferguson | M | M55-59 | 1/10 | 9/115 | 20:23 |
| 10 | Bob Cox | M | M55-59 | 2/10 | 10/115 | 20:28 |
| 11 | Alex Sala | M | M10-14 | 1/35 | 11/115 | 20:29 |
| 12 | Grant Towns | M | M65-69 | 1/2 | 12/115 | 20:42 |
| 13 | Arden Prouse | M | M10-14 | 2/35 | 13/115 | 20:49 |
| 14 | Janie Parson | F | F40-44 | 1/9 | 1/100 | 20:52 |
| 15 | Leonard Clegg | M | M65-69 | 2/2 | 14/115 | 20:54 |
| 16 | Lindsey Green | F | F30-34 | 1/9 | 2/100 | 21:04 |
| 17 | Ami Samuel | F | F45-49 | 1/2 | 3/100 | 21:24 |
| 18 | Conor Fagan | M | M10-14 | 3/35 | 15/115 | 21:29 |
| 19 | Gordon Flett | M | M55-59 | 3/10 | 16/115 | 21:29 |
| 20 | Edward Willmott | M | M50-54 | 2/7 | 17/115 | 21:35 |
| 21 | Annika Niblock | F | F10-14 | 1/31 | 4/100 | 21:35 |
| 22 | Brent Hutton | M | M40-44 | 3/8 | 18/115 | 21:59 |
| 23 | Brett Hamilton | M | M25-29 | 1/3 | 19/115 | 22:00 |
| 24 | David Lawler | M | M60-64 | 2/6 | 20/115 | 22:18 |
| 25 | George Stewart | M | M55-59 | 4/10 | 21/115 | 22:21 |
| 26 | Mason Prouse | M | M10-14 | 4/35 | 22/115 | 22:22 |
| 27 | Eric Hamilton | M | M30-34 | 3/9 | 23/115 | 22:23 |
| 28 | Margrett Watt | F | F10-14 | 2/31 | 5/100 | 22:27 |
| 29 | Bruce Bain | M | M60-64 | 3/6 | 24/115 | 22:28 |
| 30 | Todd Hamilton | M | M30-34 | 4/9 | 25/115 | 22:30 |
| 31 | Scott McMillan | M | M35-39 | 1/7 | 26/115 | 22:35 |
| 32 | Jaymi Derrett | F | F55-59 | 1/4 | 6/100 | 22:36 |
| 33 | Gregg Vermeulen | M | M45-49 | 3/10 | 27/115 | 22:48 |
| 34 | Tomasz Pich | M | M40-44 | 4/8 | 28/115 | 22:53 |
| 35 | Jim Campbell | M | M55-59 | 5/10 | 29/115 | 22:55 |
| 36 | Preston Maximus | M | M10-14 | 5/35 | 30/115 | 23:00 |

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|----|---------------------|---|--------|-------|--------|-------|
| 37 | Gavin Saunders | M | M10-14 | 6/35 | 31/115 | 23:04 |
| 38 | Christian Ritchot | M | M55-59 | 6/10 | 32/115 | 23:07 |
| 39 | Natalie Fournier | F | F10-14 | 3/31 | 7/100 | 23:13 |
| 40 | Brayden Lopes | M | M10-14 | 7/35 | 33/115 | 23:31 |
| 41 | Andrew Swan | M | M45-49 | 4/10 | 34/115 | 23:44 |
| 42 | Ethan Harapiak | M | M10-14 | 8/35 | 35/115 | 23:55 |
| 43 | Luke Winstone | M | M01-09 | 1/12 | 36/115 | 24:02 |
| 44 | Brent Winstone | M | M45-49 | 5/10 | 37/115 | 24:03 |
| 45 | Dylan Moon | M | M10-14 | 9/35 | 38/115 | 24:04 |
| 46 | Megan Stefanson | F | F20-24 | 1/6 | 8/100 | 24:06 |
| 47 | Taya Palmeruk | F | F20-24 | 2/6 | 9/100 | 24:06 |
| 48 | Bob Dawson | M | M60-64 | 4/6 | 39/115 | 24:22 |
| 49 | Steve Harapiak | M | M45-49 | 6/10 | 40/115 | 24:22 |
| 50 | Robyn Dicesare | F | F50-54 | 1/6 | 10/100 | 24:32 |
| 51 | Kelly Moon | F | F40-44 | 2/9 | 11/100 | 24:33 |
| 52 | Gus Bonnefoy | M | M10-14 | 10/35 | 41/115 | 24:37 |
| 53 | Madison Lyburn | F | F01-09 | 1/16 | 12/100 | 24:41 |
| 54 | Chris Buzunis | M | M35-39 | 2/7 | 42/115 | 24:43 |
| 55 | Marcel Peters | M | M10-14 | 11/35 | 43/115 | 24:45 |
| 56 | Karson Perche | M | M10-14 | 12/35 | 44/115 | 25:15 |
| 57 | Darren Perche | M | M35-39 | 3/7 | 45/115 | 25:15 |
| 58 | Evan Warsaba | M | M10-14 | 13/35 | 46/115 | 25:27 |
| 59 | James South | M | M10-14 | 14/35 | 47/115 | 25:28 |
| 60 | Caitlyn Hollywood | F | F01-09 | 2/16 | 13/100 | 25:32 |
| 61 | Kathryn Smith | F | F25-29 | 1/2 | 14/100 | 25:34 |
| 62 | Peyton Clark | F | F10-14 | 4/31 | 15/100 | 25:36 |
| 63 | Jeff Clark | M | M40-44 | 5/8 | 48/115 | 25:37 |
| 64 | Megan Vanheyst | F | F10-14 | 5/31 | 16/100 | 25:40 |
| 65 | Jeremiah Sawbo | M | M01-09 | 2/12 | 49/115 | 25:40 |
| 66 | Caslyn Bonnefoy | F | F40-44 | 3/9 | 17/100 | 25:41 |
| 67 | Bob Bonnefoy | M | M45-49 | 7/10 | 50/115 | 25:42 |
| 68 | Eric Seniuk | M | M25-29 | 2/3 | 51/115 | 25:44 |
| 69 | Tima Faria | F | F45-49 | 2/2 | 18/100 | 25:51 |
| 70 | Randal Bodner | M | M55-59 | 7/10 | 52/115 | 25:59 |
| 71 | Shae Guarino | M | M01-09 | 3/12 | 53/115 | 26:02 |
| 72 | Jason Guarino | M | M40-44 | 6/8 | 54/115 | 26:03 |
| 73 | Hunter Baylis | M | M10-14 | 15/35 | 55/115 | 26:04 |
| 74 | Catherine McKay | F | F50-54 | 2/6 | 19/100 | 26:08 |
| 75 | Liam Saunders | M | M01-09 | 4/12 | 56/115 | 26:11 |
| 76 | Rebecca Tardiff | F | F35-39 | 1/9 | 20/100 | 26:17 |
| 77 | Paige Andrusko | F | F10-14 | 6/31 | 21/100 | 26:22 |
| 78 | Leah Inglis | F | F20-24 | 3/6 | 22/100 | 26:31 |
| 79 | Nancy Doern-White | F | F55-59 | 2/4 | 23/100 | 26:40 |
| 80 | Katherine Barnes | F | F35-39 | 2/9 | 24/100 | 26:40 |
| 81 | Marnie Malandrakis | F | F30-34 | 2/9 | 25/100 | 26:44 |
| 82 | Owen Rose | M | M10-14 | 16/35 | 57/115 | 26:46 |
| 83 | Kristin Templeton | F | F30-34 | 3/9 | 26/100 | 26:49 |
| 84 | Colin Reed | M | M70-74 | 1/2 | 58/115 | 26:50 |
| 85 | Brady Hack | M | M10-14 | 17/35 | 59/115 | 26:51 |
| 86 | Dallas Thorsteinson | F | F25-29 | 2/2 | 27/100 | 27:04 |
| 87 | Marniet Tardiff | F | F35-39 | 3/9 | 28/100 | 27:06 |

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|-----|-----------------------|---|--------|-------|--------|-------|
| 88 | Sarah Semmler | F | F30-34 | 4/9 | 29/100 | 27:14 |
| 89 | Colby Shand | M | M25-29 | 3/3 | 60/115 | 27:50 |
| 90 | Marc Charbonneau | M | M20-24 | 1/1 | 61/115 | 27:51 |
| 91 | Mitchell Atken | M | M10-14 | 18/35 | 62/115 | 27:56 |
| 92 | Justina Finch | M | M01-09 | 5/12 | 63/115 | 27:57 |
| 93 | Louis Finch | M | M50-54 | 3/7 | 64/115 | 27:58 |
| 94 | Danika Peters | F | F10-14 | 7/31 | 30/100 | 28:03 |
| 95 | Jim Rennie | M | M55-59 | 8/10 | 65/115 | 28:06 |
| 96 | Jim Thiessen | M | M60-64 | 5/6 | 66/115 | 28:13 |
| 97 | Adam Grycko | M | M30-34 | 5/9 | 67/115 | 28:18 |
| 98 | Melissa Shaw | F | F30-34 | 5/9 | 31/100 | 28:19 |
| 99 | Phillip Pham | M | M10-14 | 19/35 | 68/115 | 28:20 |
| 100 | Carter Friesen | M | M10-14 | 20/35 | 69/115 | 28:20 |
| 101 | Jacob Shinkarik | M | M10-14 | 21/35 | 70/115 | 28:20 |
| 102 | Louise Stuart | F | F50-54 | 3/6 | 32/100 | 28:22 |
| 103 | Bryan Ezako | M | M40-44 | 7/8 | 71/115 | 28:27 |
| 104 | Kelsey Forrest | F | F10-14 | 8/31 | 33/100 | 28:33 |
| 105 | Natalie Polichronakis | F | F30-34 | 6/9 | 34/100 | 28:43 |
| 106 | Gwen Bonneville | F | F60-64 | 1/4 | 35/100 | 28:45 |
| 107 | Rachel Fagan | F | F10-14 | 9/31 | 36/100 | 28:55 |
| 108 | Eric Fagan | M | M15-19 | 1/2 | 72/115 | 28:58 |
| 109 | Jack Walsh | M | M01-09 | 6/12 | 73/115 | 29:05 |
| 110 | Sarah Beel | F | F10-14 | 10/31 | 37/100 | 29:09 |
| 111 | Kara Tyson | F | F10-14 | 11/31 | 38/100 | 29:09 |
| 112 | Matty Andrusko | M | M01-09 | 7/12 | 74/115 | 29:19 |
| 113 | Alexa Mack | F | F10-14 | 12/31 | 39/100 | 29:25 |
| 114 | Colleen Semmler | F | F55-59 | 3/4 | 40/100 | 29:38 |
| 115 | Reece Cretton | M | M30-34 | 6/9 | 75/115 | 29:44 |
| 116 | Jaycek Valentine | M | M15-19 | 2/2 | 76/115 | 29:55 |
| 117 | Carter Reimer | M | M10-14 | 22/35 | 77/115 | 30:01 |
| 118 | Nicodem Cintide | M | M10-14 | 23/35 | 78/115 | 30:04 |
| 119 | Emily Wentz-Chisholm | F | F10-14 | 13/31 | 41/100 | 30:11 |
| 120 | Bronte Charette | F | F20-24 | 4/6 | 42/100 | 30:15 |
| 121 | Jon Moncrief | M | M30-34 | 7/9 | 79/115 | 30:23 |
| 122 | Kelly Chin | F | F30-34 | 7/9 | 43/100 | 30:25 |
| 123 | Matt Muth | M | M40-44 | 8/8 | 80/115 | 30:29 |
| 124 | Aryssa Seymour | F | F01-09 | 3/16 | 44/100 | 30:37 |
| 125 | Kayla Storozinski | F | F10-14 | 14/31 | 45/100 | 30:39 |
| 126 | Cole Warsaba | M | M01-09 | 8/12 | 81/115 | 30:42 |
| 127 | Luke Vanmassenhoven | M | M10-14 | 24/35 | 82/115 | 30:43 |
| 128 | Mitchell Firth | M | M01-09 | 9/12 | 83/115 | 30:45 |
| 129 | Gracie Bell | F | F01-09 | 4/16 | 46/100 | 30:45 |
| 130 | Jim Anderson | M | M75-79 | 1/1 | 84/115 | 30:50 |
| 131 | Sonja Bridges | F | F35-39 | 4/9 | 47/100 | 30:51 |
| 132 | June Horsburgh | F | F60-64 | 2/4 | 48/100 | 30:59 |
| 133 | Keith Solmundson | M | M35-39 | 4/7 | 85/115 | 31:07 |
| 134 | Neya Solmundson | F | F01-09 | 5/16 | 49/100 | 31:07 |
| 135 | Yolanda Langstaff | F | F10-14 | 15/31 | 50/100 | 31:16 |
| 136 | Sydney Beel | F | F10-14 | 16/31 | 51/100 | 31:18 |
| 137 | Olivia Collier | F | F10-14 | 17/31 | 52/100 | 31:20 |
| 138 | Andrew Collier | M | M45-49 | 8/10 | 86/115 | 31:21 |

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|-----|---------------------|---|--------|-------|---------|-------|
| 139 | Mieke Vonderbank | F | F50-54 | 4/6 | 53/100 | 31:26 |
| 140 | Jim Daher | M | M50-54 | 4/7 | 87/115 | 31:30 |
| 141 | Jessica Stone | F | F10-14 | 18/31 | 54/100 | 31:34 |
| 142 | Kismayo Demichael | M | M10-14 | 25/35 | 88/115 | 31:34 |
| 143 | Ken Fedorchuk | M | M50-54 | 5/7 | 89/115 | 31:43 |
| 144 | Cameron Petursson | M | M10-14 | 26/35 | 90/115 | 31:45 |
| 145 | Cassie Hallson | F | F01-09 | 6/16 | 55/100 | 31:46 |
| 146 | Katie Moon | F | F10-14 | 19/31 | 56/100 | 31:46 |
| 147 | Ryer Parkinson | F | F10-14 | 20/31 | 57/100 | 31:47 |
| 148 | Al Hallson | M | M45-49 | 9/10 | 91/115 | 31:56 |
| 149 | Patrick Oliver | M | M35-39 | 5/7 | 92/115 | 32:05 |
| 150 | Grace Oliver | F | F10-14 | 21/31 | 58/100 | 32:05 |
| 151 | Morgan Langrell | F | F10-14 | 22/31 | 59/100 | 32:11 |
| 152 | Roger Lambert | M | M50-54 | 6/7 | 93/115 | 32:27 |
| 153 | Andrew Pham | M | M10-14 | 27/35 | 94/115 | 32:30 |
| 154 | Anyieth Michael | F | F01-09 | 7/16 | 60/100 | 32:46 |
| 155 | Quyen Nguyen | F | F35-39 | 5/9 | 61/100 | 32:50 |
| 156 | Lai Pham | M | M45-49 | 10/10 | 95/115 | 32:50 |
| 157 | Morgan McCaughan | F | F20-24 | 5/6 | 62/100 | 32:58 |
| 158 | Deanna Perche | F | F35-39 | 6/9 | 63/100 | 33:12 |
| 159 | Melissa Dayton | F | F20-24 | 6/6 | 64/100 | 33:27 |
| 160 | Alexander Melvin | M | M30-34 | 8/9 | 96/115 | 33:45 |
| 161 | Sam Neis | M | M55-59 | 9/10 | 97/115 | 33:57 |
| 162 | Jennifer Baylis | F | F35-39 | 7/9 | 65/100 | 34:00 |
| 163 | Ella Muth | F | F01-09 | 8/16 | 66/100 | 35:06 |
| 164 | Neve Parkinson | F | F01-09 | 9/16 | 67/100 | 35:06 |
| 165 | Joanne King | F | F65-69 | 1/1 | 68/100 | 35:19 |
| 166 | Daniel Deng | M | M10-14 | 28/35 | 98/115 | 35:31 |
| 167 | Raina Pollock | F | F01-09 | 10/16 | 69/100 | 35:37 |
| 168 | Emily Muth | F | F10-14 | 23/31 | 70/100 | 35:37 |
| 169 | Joey Lambert | M | M10-14 | 29/35 | 99/115 | 35:38 |
| 170 | Aldo Furlan | M | M50-54 | 7/7 | 100/115 | 35:39 |
| 171 | Faron Seymour | M | M01-09 | 10/12 | 101/115 | 35:45 |
| 172 | Sharon Hughes | F | F50-54 | 5/6 | 71/100 | 35:45 |
| 173 | Sherri Nobis | F | F50-54 | 6/6 | 72/100 | 35:51 |
| 174 | Cathy Cordy | F | F55-59 | 4/4 | 73/100 | 35:52 |
| 175 | Marrin McKee | F | F10-14 | 24/31 | 74/100 | 36:20 |
| 176 | Cheryl Pollock | F | F40-44 | 4/9 | 75/100 | 36:24 |
| 177 | Rylee Neill | F | F10-14 | 25/31 | 76/100 | 36:30 |
| 178 | Norman Sheffield | M | M35-39 | 6/7 | 102/115 | 36:31 |
| 179 | Jane Vanmassenhoven | F | F40-44 | 5/9 | 77/100 | 37:09 |
| 180 | Lake Ledrew | M | M01-09 | 11/12 | 103/115 | 37:11 |
| 181 | Chantal Sawbo | F | F30-34 | 8/9 | 78/100 | 37:14 |
| 182 | Jenna Gill | F | F10-14 | 26/31 | 79/100 | 37:16 |
| 183 | Ray Hutton | M | M70-74 | 2/2 | 104/115 | 37:24 |
| 184 | Dreena Duhame | F | F80+ | 1/1 | 80/100 | 37:25 |
| 185 | Peyton Pistawka | M | M10-14 | 30/35 | 105/115 | 37:39 |
| 186 | Keannen Flemington | M | M10-14 | 31/35 | 106/115 | 37:48 |
| 187 | Ken Coupland | M | M60-64 | 6/6 | 107/115 | 38:15 |
| 188 | Lola Parkinson | F | F01-09 | 11/16 | 81/100 | 38:15 |
| 189 | Caelan Dubois | M | M10-14 | 32/35 | 108/115 | 38:17 |

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|-----|-------------------------|---|--------|-------|---------|-------|
| 190 | Dania Parkinson | F | F40-44 | 6/9 | 82/100 | 38:20 |
| 191 | Kelli Bell | F | F35-39 | 8/9 | 83/100 | 38:21 |
| 192 | Marilyn Coupland | F | F60-64 | 3/4 | 84/100 | 38:44 |
| 193 | Don Humphreys | M | M35-39 | 7/7 | 109/115 | 38:52 |
| 194 | Jaylene Mudge | F | F10-14 | 27/31 | 85/100 | 38:55 |
| 195 | Sydney Miller | F | F10-14 | 28/31 | 86/100 | 38:57 |
| 196 | Kyle Tucker | M | M10-14 | 33/35 | 110/115 | 39:45 |
| 197 | Maryanne Tucker | F | F40-44 | 7/9 | 87/100 | 40:01 |
| 198 | Natalie Vermeulen | F | F10-14 | 29/31 | 88/100 | 40:02 |
| 199 | Grant Parson | M | M55-59 | 10/10 | 111/115 | 40:11 |
| 200 | Gavin Oliver | M | M01-09 | 12/12 | 112/115 | 40:15 |
| 201 | Nikka Cumayas | F | F01-09 | 12/16 | 89/100 | 40:17 |
| 202 | Belynda Saltes-Oliver | F | F40-44 | 8/9 | 90/100 | 40:17 |
| 203 | Lytic Pronger | F | F10-14 | 30/31 | 91/100 | 40:18 |
| 204 | Kendrick Costates | M | M10-14 | 34/35 | 113/115 | 40:23 |
| 205 | Logan Friesen | F | F01-09 | 13/16 | 92/100 | 40:24 |
| 206 | Anna Grieder | F | F01-09 | 14/16 | 93/100 | 40:42 |
| 207 | Kathryn Fenny-Humphreys | F | F30-34 | 9/9 | 94/100 | 40:42 |
| 208 | Zoe Zillman | F | F10-14 | 31/31 | 95/100 | 42:14 |
| 209 | Carolyn Fenny | F | F35-39 | 9/9 | 96/100 | 43:45 |
| 210 | Alexandra Dubois | F | F01-09 | 15/16 | 97/100 | 43:54 |
| 211 | Ruel Cumayas | M | M30-34 | 9/9 | 114/115 | 43:58 |
| 212 | Maddy Ferley | F | F01-09 | 16/16 | 98/100 | 44:01 |
| 213 | Gail Franzmann | F | F60-64 | 4/4 | 99/100 | 44:02 |
| 214 | Mason Pronger | M | M10-14 | 35/35 | 115/115 | 44:34 |
| 215 | Helen Pronger | F | F40-44 | 9/9 | 100/100 | 44:45 |

AGE GROUP RESULTS

Headingley FireFighters 5K Run For Wishes

Headingley,MB

May 28, 2016

***** MALE OVERALL RESULTS FOR Headingley FireFighters 5K Run For Wishes *****

| | | |
|---|---------------|-------|
| 1 | Jason Bruce | 17:44 |
| 2 | Daryl Fillion | 18:25 |
| 3 | Sam Zhou | 19:03 |

***** FEMALE OVERALL RESULTS FOR Headingley FireFighters 5K Run For Wishes *****

| | | |
|---|---------------|-------|
| 1 | Janie Parson | 20:52 |
| 2 | Lindsey Green | 21:04 |
| 3 | Ami Samuel | 21:24 |

MALE AGE GROUP: 9 & Under

| | | |
|---|----------------|-------|
| 1 | Luke Winstone | 24:02 |
| 2 | Jeremiah Sawbo | 25:40 |

| | | |
|----|----------------|-------|
| 3 | Shae Guarino | 26:02 |
| 4 | Liam Saunders | 26:11 |
| 5 | Justina Finch | 27:57 |
| 6 | Jack Walsh | 29:05 |
| 7 | Matty Andrusko | 29:19 |
| 8 | Cole Warsaba | 30:42 |
| 9 | Mitchell Firth | 30:45 |
| 10 | Faron Seymour | 35:45 |
| 11 | Lake Ledrew | 37:11 |
| 12 | Gavin Oliver | 40:15 |

FEMALE AGE GROUP: 9 & Under

| | | |
|----|-------------------|-------|
| 1 | Madison Lyburn | 24:41 |
| 2 | Caitlyn Hollywood | 25:32 |
| 3 | Aryssa Seymour | 30:37 |
| 4 | Gracie Bell | 30:45 |
| 5 | Neya Solmundson | 31:07 |
| 6 | Cassie Hallson | 31:46 |
| 7 | Anyieth Michael | 32:46 |
| 8 | Ella Muth | 35:06 |
| 9 | Neve Parkinson | 35:06 |
| 10 | Raina Pollock | 35:37 |
| 11 | Lola Parkinson | 38:15 |
| 12 | Nikka Cumayas | 40:17 |
| 13 | Logan Friesen | 40:24 |
| 14 | Anna Grieder | 40:42 |
| 15 | Alexandra Dubois | 43:54 |
| 16 | Maddy Ferley | 44:01 |

MALE AGE GROUP: 10 to 14

| | | |
|----|-----------------|-------|
| 1 | Alex Sala | 20:29 |
| 2 | Arden Prouse | 20:49 |
| 3 | Conor Fagan | 21:29 |
| 4 | Mason Prouse | 22:22 |
| 5 | Preston Maximus | 23:00 |
| 6 | Gavin Saunders | 23:04 |
| 7 | Brayden Lopes | 23:31 |
| 8 | Ethan Harapiak | 23:55 |
| 9 | Dylan Moon | 24:04 |
| 10 | Gus Bonnefoy | 24:37 |
| 11 | Marcel Peters | 24:45 |
| 12 | Karson Perche | 25:15 |
| 13 | Evan Warsaba | 25:27 |
| 14 | James South | 25:28 |
| 15 | Hunter Baylis | 26:04 |
| 16 | Owen Rose | 26:46 |
| 17 | Brady Hack | 26:51 |
| 18 | Mitchell Atken | 27:56 |
| 19 | Phillip Pham | 28:20 |

| | | |
|----|---------------------|-------|
| 20 | Carter Friesen | 28:20 |
| 21 | Jacob Shinkarik | 28:20 |
| 22 | Carter Reimer | 30:01 |
| 23 | Nicodem Cintide | 30:04 |
| 24 | Luke Vanmassenhoven | 30:43 |
| 25 | Kismayo Demichael | 31:34 |
| 26 | Cameron Petursson | 31:45 |
| 27 | Andrew Pham | 32:30 |
| 28 | Daniel Deng | 35:31 |
| 29 | Joey Lambert | 35:38 |
| 30 | Peyton Pistawka | 37:39 |
| 31 | Keannen Flemington | 37:48 |
| 32 | Caelan Dubois | 38:17 |
| 33 | Kyle Tucker | 39:45 |
| 34 | Kendrick Costates | 40:23 |
| 35 | Mason Pronger | 44:34 |

FEMALE AGE GROUP: 10 to 14

| | | |
|----|----------------------|-------|
| 1 | Annika Niblock | 21:35 |
| 2 | Margrett Watt | 22:27 |
| 3 | Natalie Fournier | 23:13 |
| 4 | Peyton Clark | 25:36 |
| 5 | Megan Vanheyst | 25:40 |
| 6 | Paige Andrusko | 26:22 |
| 7 | Danika Peters | 28:03 |
| 8 | Kelsey Forrest | 28:33 |
| 9 | Rachel Fagan | 28:55 |
| 10 | Sarah Beel | 29:09 |
| 11 | Kara Tyson | 29:09 |
| 12 | Alexa Mack | 29:25 |
| 13 | Emily Wentz-Chisholm | 30:11 |
| 14 | Kayla Storozinski | 30:39 |
| 15 | Yolanda Langstaff | 31:16 |
| 16 | Sydney Beel | 31:18 |
| 17 | Olivia Collier | 31:20 |
| 18 | Jessica Stone | 31:34 |
| 19 | Katie Moon | 31:46 |
| 20 | Ryer Parkinson | 31:47 |
| 21 | Grace Oliver | 32:05 |
| 22 | Morgan Langrell | 32:11 |
| 23 | Emily Muth | 35:37 |
| 24 | Marrin McKee | 36:20 |
| 25 | Rylee Neill | 36:30 |
| 26 | Jenna Gill | 37:16 |
| 27 | Jaylene Mudge | 38:55 |
| 28 | Sydney Miller | 38:57 |
| 29 | Natalie Vermeulen | 40:02 |
| 30 | Lyric Pronger | 40:18 |
| 31 | Zoe Zillman | 42:14 |

MALE AGE GROUP: 15 to 19

| | |
|--------------------|-------|
| 1 Eric Fagan | 28:58 |
| 2 Jaycek Valentine | 29:55 |

MALE AGE GROUP: 20 to 24

| | |
|--------------------|-------|
| 1 Marc Charbonneau | 27:51 |
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FEMALE AGE GROUP: 20 to 24

| | |
|--------------------|-------|
| 1 Megan Stefanson | 24:06 |
| 2 Taya Palmeruk | 24:06 |
| 3 Leah Inglis | 26:31 |
| 4 Bronte Charette | 30:15 |
| 5 Morgan McCaughan | 32:58 |
| 6 Melissa Dayton | 33:27 |

MALE AGE GROUP: 25 to 29

| | |
|------------------|-------|
| 1 Brett Hamilton | 22:00 |
| 2 Eric Seniuk | 25:44 |
| 3 Colby Shand | 27:50 |

FEMALE AGE GROUP: 25 to 29

| | |
|-----------------------|-------|
| 1 Kathryn Smith | 25:34 |
| 2 Dallas Thorsteinson | 27:04 |

MALE AGE GROUP: 30 to 34

| | |
|--------------------|-------|
| 1 Jason Bruce | 17:44 |
| 2 Garry Nix | 19:49 |
| 3 Eric Hamilton | 22:23 |
| 4 Todd Hamilton | 22:30 |
| 5 Adam Grycko | 28:18 |
| 6 Reece Cretton | 29:44 |
| 7 Jon Moncrief | 30:23 |
| 8 Alexander Melvin | 33:45 |
| 9 Ruel Cumayas | 43:58 |

FEMALE AGE GROUP: 30 to 34

| | |
|-------------------------|-------|
| 1 Lindsey Green | 21:04 |
| 2 Marnie Malandrakis | 26:44 |
| 3 Kristin Templeton | 26:49 |
| 4 Sarah Semmler | 27:14 |
| 5 Melissa Shaw | 28:19 |
| 6 Natalie Polichronakis | 28:43 |
| 7 Kelly Chin | 30:25 |
| 8 Chantal Sawbo | 37:14 |

9 Kathryn Fenny-Humphreys 40:42

MALE AGE GROUP: 35 to 39

1 Scott McMillan 22:35
2 Chris Buzunis 24:43
3 Darren Perche 25:15
4 Keith Solmundson 31:07
5 Patrick Oliver 32:05
6 Norman Sheffield 36:31
7 Don Humphreys 38:52

FEMALE AGE GROUP: 35 to 39

1 Rebecca Tardiff 26:17
2 Katherine Barnes 26:40
3 Marniet Tardiff 27:06
4 Sonja Bridges 30:51
5 Quyen Nguyen 32:50
6 Deanna Perche 33:12
7 Jennifer Baylis 34:00
8 Kelli Bell 38:21
9 Carolyn Fenny 43:45

MALE AGE GROUP: 40 to 44

1 Daryl Fillion 18:25
2 Craig Erb 19:57
3 Brent Hutton 21:59
4 Tomasz Pich 22:53
5 Jeff Clark 25:37
6 Jason Guarino 26:03
7 Bryan Ezako 28:27
8 Matt Muth 30:29

FEMALE AGE GROUP: 40 to 44

1 Janie Parson 20:52
2 Kelly Moon 24:33
3 Caslyn Bonnefoy 25:41
4 Cheryl Pollock 36:24
5 Jane Vanmassenhoven 37:09
6 Dania Parkinson 38:20
7 Maryanne Tucker 40:01
8 Belynda Saltes-Oliver 40:17
9 Helen Pronger 44:45

MALE AGE GROUP: 45 to 49

1 Sam Zhou 19:03
2 Chris Dick 20:10

| | | |
|----|-----------------|-------|
| 3 | Gregg Vermeulen | 22:48 |
| 4 | Andrew Swan | 23:44 |
| 5 | Brent Winstone | 24:03 |
| 6 | Steve Harapiak | 24:22 |
| 7 | Bob Bonnefoy | 25:42 |
| 8 | Andrew Collier | 31:21 |
| 9 | Al Hallson | 31:56 |
| 10 | Lai Pham | 32:50 |

FEMALE AGE GROUP: 45 to 49

| | | |
|---|------------|-------|
| 1 | Ami Samuel | 21:24 |
| 2 | Tima Faria | 25:51 |

MALE AGE GROUP: 50 to 54

| | | |
|---|--------------------------|-------|
| 1 | Stephen Terichow Parrott | 19:59 |
| 2 | Edward Willmott | 21:35 |
| 3 | Louis Finch | 27:58 |
| 4 | Jim Daher | 31:30 |
| 5 | Ken Fedorchuk | 31:43 |
| 6 | Roger Lambert | 32:27 |
| 7 | Aldo Furlan | 35:39 |

FEMALE AGE GROUP: 50 to 54

| | | |
|---|------------------|-------|
| 1 | Robyn Dicesare | 24:32 |
| 2 | Catherine McKay | 26:08 |
| 3 | Louise Stuart | 28:22 |
| 4 | Mieke Vonderbank | 31:26 |
| 5 | Sharon Hughes | 35:45 |
| 6 | Sherri Nobis | 35:51 |

MALE AGE GROUP: 55 to 59

| | | |
|----|-------------------|-------|
| 1 | Neil Ferguson | 20:23 |
| 2 | Bob Cox | 20:28 |
| 3 | Gordon Flett | 21:29 |
| 4 | George Stewart | 22:21 |
| 5 | Jim Campbell | 22:55 |
| 6 | Christian Ritchot | 23:07 |
| 7 | Randal Bodner | 25:59 |
| 8 | Jim Rennie | 28:06 |
| 9 | Sam Neis | 33:57 |
| 10 | Grant Parson | 40:11 |

FEMALE AGE GROUP: 55 to 59

| | | |
|---|-------------------|-------|
| 1 | Jaymi Derrett | 22:36 |
| 2 | Nancy Doern-White | 26:40 |
| 3 | Colleen Semmler | 29:38 |

4 Cathy Cordy 35:52

MALE AGE GROUP: 60 to 64

1 Dennis Lang 19:39
2 David Lawler 22:18
3 Bruce Bain 22:28
4 Bob Dawson 24:22
5 Jim Thiessen 28:13
6 Ken Coupland 38:15

FEMALE AGE GROUP: 60 to 64

1 Gwen Bonneville 28:45
2 June Horsburgh 30:59
3 Marilyn Coupland 38:44
4 Gail Franzmann 44:02

MALE AGE GROUP: 65 to 69

1 Grant Towns 20:42
2 Leonard Clegg 20:54

FEMALE AGE GROUP: 65 to 69

1 Joanne King 35:19

MALE AGE GROUP: 70 to 74

1 Colin Reed 26:50
2 Ray Hutton 37:24

MALE AGE GROUP: 75 to 79

1 Jim Anderson 30:50

FEMALE AGE GROUP: 80 & Over

1 Dreena Duhamel 37:25