

Islendingadagurinn 10 Mile Road Race

July 31,2016

Winnipeg Beach to Gimli, MB

OVERALL RESULTS  
DISTANCE CERTIFIED

PLACE	NAME	GENDER	CITY	AGE GROUP	PLACE IN		TIME
					AGE GROUP	GENDER	
1	Mario Fonseca	M	Winnipeg	M40-44	1/13	1/74	1:02:57
2	Kris Joy	M	Selkirk	M30-34	1/14	2/74	1:04:57
3	Kevin Penner	M	Selkirk	M30-34	2/14	3/74	1:07:07
4	Sam Zhou	M	Winnipeg	M45-49	1/6	4/74	1:07:58
5	Janie Parson	F	La Salle	F40-44	1/6	1/43	1:08:34
6	Grant Towns	M	Winnipeg	M65-69	1/5	5/74	1:09:27
7	John Grivell	M	Winnipeg	M40-44	2/13	6/74	1:09:47
8	Garry Nix	M	Winnipeg	M30-34	3/14	7/74	1:10:41
9	Nick Melnyk	M	Winnipeg	M35-39	1/5	8/74	1:10:45
10	Marc Boisjoli	M	Winnipeg	M25-29	1/4	9/74	1:11:23
11	Dan McCaughan	M	Winnipeg	M45-49	2/6	10/74	1:11:32
12	Bob Cox	M	Winnipeg	M55-59	1/9	11/74	1:11:36
13	Dennison Neufeld	M	Winnipeg	M35-39	2/5	12/74	1:12:24
14	Leon Clegg	M	Seven Sisters	M65-69	2/5	13/74	1:12:35
15	Gordon Flett	M	Winnipeg	M55-59	2/9	14/74	1:13:16
16	Kevin Koenig	M	St. Andrews	M35-39	3/5	15/74	1:13:51
17	Rob Rachel	M	Gimli	M40-44	3/13	16/74	1:13:55
18	Candida Doerksen	F	Winnipeg	F30-34	1/7	2/43	1:13:56
19	Kristian Andres	M	Winnipeg	M25-29	2/4	17/74	1:13:57
20	Chris Dick	M	Carman	M45-49	3/6	18/74	1:14:19
21	Ami Samuel	F	Winnipeg	F45-49	1/6	3/43	1:14:19
22	Lindsey Green	F	Winnipeg	F30-34	2/7	4/43	1:14:28
23	Anthony Densmore	M	Winnipeg	M30-34	4/14	19/74	1:14:46
24	Kevin Soloman	M	Winnipeg	M35-39	4/5	20/74	1:14:57
25	Matthew McDonald	M	Winnipeg	M20-24	1/4	21/74	1:15:55
26	Cam Krisko	M	Winnipeg	M20-24	2/4	22/74	1:16:25
27	Justin Maunder	M	Edmonton	M25-29	3/4	23/74	1:17:05
28	Matt Harzing	M	Headingley	M25-29	4/4	24/74	1:17:30
29	Lindsay Boyko	F	Winnipeg	F35-39	1/7	5/43	1:17:31
30	Hal Kurys	M	Gimli	M50-54	1/7	25/74	1:17:48
31	Brian Drummond	M	Winnipeg	M60-64	1/3	26/74	1:19:08
32	Alec Baldwin	M	Gimli	M20-24	3/4	27/74	1:19:39
33	Cheryl Neufeld	F	Winnipeg	F30-34	3/7	6/43	1:19:44
34	Joel Baldwin	M	Gimli	M55-59	3/9	28/74	1:20:03
35	Edwina Keats	F	Winnipeg	F55-59	1/2	7/43	1:20:04
36	Dorothy Quayle	F	Saskatoon	F60-64	1/2	8/43	1:21:48
37	Ryan Younghusband	M	Winnipeg	M40-44	4/13	29/74	1:22:33

38	Andrew Swan	M	Winnipeg	M45-49	4/6	30/74	1:23:08
39	Wally Mah	M	Winnipeg	M40-44	5/13	31/74	1:24:15
40	Joel Daeley	M	Winnipeg	M30-34	5/14	32/74	1:24:25
41	Sylvia Loewen	F	Winnipeg	F45-49	2/6	9/43	1:25:00
42	Kurt Schroeder	M	Tyndall	M40-44	6/13	33/74	1:25:19
43	Robert Eldjarnson	M	Chestermere	M50-54	2/7	34/74	1:25:52
44	Andrew Joe	M	Toronto	M30-34	6/14	35/74	1:26:00
45	Junior Damianidis	M	Singapore	M40-44	7/13	36/74	1:26:09
46	Ven Block	M	Winnipeg	M45-49	5/6	37/74	1:26:28
47	Kristy Benz	F	Cochrane	F25-29	1/2	10/43	1:26:53
48	Wayne Benz	M	Cochrane	M55-59	4/9	38/74	1:26:53
49	Derek Clarke	M	Gimli	M40-44	8/13	39/74	1:27:15
50	Erin Chapman	F	Morden	F35-39	2/7	11/43	1:27:27
51	Marnie Margolis	F	Winnipeg	F45-49	3/6	12/43	1:27:32
52	Jonathan Leipsic	M	Vancouver	M40-44	9/13	40/74	1:27:55
53	Colin Reed	M	Winnipeg	M70-74	1/1	41/74	1:28:04
54	David Hutton	M	Winnipeg	M55-59	5/9	42/74	1:28:12
55	Kristin Cuthbert	F	Gimli	F35-39	3/7	13/43	1:28:56
56	Sharice Molgat	F	Winnipeg	F15-19	1/2	14/43	1:29:15
57	Richard Dumas	M	Pukatawagan	M30-34	7/14	43/74	1:29:47
58	Cindy Benedictson	F	Edmonton	F50-54	1/7	15/43	1:29:48
59	Karissa Riley	F	Edmonton	F15-19	2/2	16/43	1:30:02
60	Lori Dziejewit	F	Winnipeg	F40-44	2/6	17/43	1:30:04
61	Michelle Couture	F	Gimli	F50-54	2/7	18/43	1:30:40
62	Janelle McLeod	F	Winnipeg	F40-44	3/6	19/43	1:31:45
63	Claude Ouellette	M	Winnipeg	M40-44	10/13	44/74	1:32:14
64	Shelley Borschawa	F	Winnipeg	F55-59	2/2	20/43	1:33:05
65	Corinne Norris	F	Winnipeg	F50-54	3/7	21/43	1:33:14
66	Stefan Moores	M	Toronto	M40-44	11/13	45/74	1:33:40
67	Carol Lloyd	F	Texas	F50-54	4/7	22/43	1:33:48
68	Brett Lamoureux	M	Winnipeg	M30-34	8/14	46/74	1:33:55
69	Scott Friesen	M	Winnipeg	M15-19	1/1	47/74	1:34:12
70	Joanna McMaster	F	Winnipeg	F40-44	4/6	23/43	1:34:14
71	Lyle Jarvis	M	West St. Paul	M60-64	2/3	48/74	1:34:30
72	Lindsay Burns	F	Winnipeg Beach	F30-34	4/7	24/43	1:34:36
73	Sarah Soloman	F	Winnipeg	F35-39	4/7	25/43	1:34:51
74	Jeff Vince	M	East St. Paul	M65-69	3/5	49/74	1:34:58
75	Tammy Skrabek	F	Winnipeg	F40-44	5/6	26/43	1:35:23
76	Dwayne Olson	M	Winnipeg	M40-44	12/13	50/74	1:35:25
77	Jo Hooper	M	Warren	M30-34	9/14	51/74	1:35:39
78	Rick Phillips	M	Winnipeg	M55-59	6/9	52/74	1:36:14
79	Linda Whitfield	F	Winnipeg	F50-54	5/7	27/43	1:36:19
80	Murray Arnason	M	Winnipeg	M50-54	3/7	53/74	1:36:46
81	Darrin Gaffray	M	Winnipeg	M30-34	10/14	54/74	1:37:57
82	Eric Selinger	M	Airdrie	M30-34	11/14	55/74	1:38:28
83	Tomas Kubalak	M	Winnipeg	M30-34	12/14	56/74	1:38:51
84	Jackie Benson	F	Petersfield	F45-49	4/6	28/43	1:40:39
85	Adam Grycko	M	Winnipeg	M30-34	13/14	57/74	1:41:42
86	Joanne Noga	F	Birds Hill	F60-64	2/2	29/43	1:41:59
87	Duane Johnston	M	Winnipeg	M40-44	13/13	58/74	1:42:11
88	Paul Johnson	M	Gimli	M35-39	5/5	59/74	1:43:17

89	Diane Delaronde	F	Winnipeg	F45-49	5/6	30/43	1:45:08
90	Megan Bradshaw	F	Winnipeg	F30-34	5/7	31/43	1:45:08
91	Randy Bodner	M	Winnipeg	M55-59	7/9	60/74	1:45:22
92	Andrea Baldwin	F	Gimli	F20-24	1/1	32/43	1:49:43
93	Barbara Balshaw-Dow	F	Winnipeg	F45-49	6/6	33/43	1:49:58
94	Neal Dow	M	Winnipeg	M50-54	4/7	61/74	1:49:58
95	Noel Lapuz	M	Winnipeg	M45-49	6/6	62/74	1:50:01
96	Bruce Benson	M	Gimli	M50-54	5/7	63/74	1:50:39
97	Dj Signiundson	M	Gimli	M50-54	6/7	64/74	1:50:40
98	Jeff Micheals	M	Gimli	M20-24	4/4	65/74	1:51:45
99	Faraz Khan	M	Coquitlam	M30-34	14/14	66/74	1:52:38
100	Nicole Whiteway	F	Gimli	F35-39	5/7	34/43	1:55:54
101	Christina Hooper	F	Warren	F35-39	6/7	35/43	1:56:51
102	Gisele Campbell	F	Winnipeg	F50-54	6/7	36/43	1:58:06
103	Forbes Campbell	M	Winnipeg	M55-59	8/9	67/74	1:58:06
104	Mary Walters	F	Winnipeg	F30-34	6/7	37/43	1:58:14
105	Mwaka Kaonga	F	Winnipeg	F50-54	7/7	38/43	1:58:59
106	Morgyn Ahrens	F	Calgary	F30-34	7/7	39/43	2:00:51
107	Njavwa Simunyoig	F	Winnipeg	F25-29	2/2	40/43	2:01:26
108	Oscar Belanger	M	Gimli	M01-19	1/2	68/74	2:03:37
109	Michelle Belanger	F	Gimli	F35-39	7/7	41/43	2:03:56
110	Dick Paige	M	North Dakota	M65-69	4/5	69/74	2:08:15
111	Darren Bye	M	Winnipeg	M55-59	9/9	70/74	2:08:17
112	Randy Demchuk	M	Winnipeg	M50-54	7/7	71/74	2:10:02
113	Faye Jonasson	F	Sioux Lookout	F65-69	1/1	42/43	2:16:27
114	Dave Jonasson	M	Winnipeg	M65-69	5/5	72/74	2:16:27
115	Bob Sitter	M	Winnipeg	M60-64	3/3	73/74	2:19:06
116	Haden Magnusson	M	Gimli	M01-19	2/2	74/74	2:21:37
117	Kim Magsusson	F	Gimli	F40-44	6/6	43/43	2:22:52

AGE-GROUP RESULTS  
 Islendingadagurinn 10 Mile Road Race  
 July 31, 2016  
 Winnipeg Beach to Gimli, MB

\*\*\*\*\* MALE OVERALL RESULTS FOR Islendingadagurinn 10 Mile Road Race \*\*\*\*\*

1	Mario Fonseca	Winnipeg	1:02:57
2	Kris Joy	Selkirk	1:04:57
3	Kevin Penner	Selkirk	1:07:07

\*\*\*\*\* FEMALE OVERALL RESULTS FOR Islendingadagurinn 10 Mile Road Race \*\*\*\*\*

1	Janie Parson	La Salle	1:08:34
2	Candida Doerksen	Winnipeg	1:13:56
3	Ami Samuel	Winnipeg	1:14:19

## MALE AGE GROUP: 14 &amp; Under

1 Oscar Belanger	Gimli	2:03:37
2 Haden Magnusson	Gimli	2:21:37

## MALE AGE GROUP: 15 to 19

1 Scott Friesen	Winnipeg	1:34:12
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## MALE AGE GROUP: 20 to 24

1 Matthew McDonald	Winnipeg	1:15:55
2 Cam Krisko	Winnipeg	1:16:25
3 Alec Baldwin	Gimli	1:19:39
4 Jeff Micheals	Gimli	1:51:45

## MALE AGE GROUP: 25 to 29

1 Marc Boisjoli	Winnipeg	1:11:23
2 Kristian Andres	Winnipeg	1:13:57
3 Justin Maunder	Edmonton	1:17:05
4 Matt Harzing	Headingley	1:17:30

## MALE AGE GROUP: 30 to 34

1 Kris Joy	Selkirk	1:04:57
2 Kevin Penner	Selkirk	1:07:07
3 Garry Nix	Winnipeg	1:10:41
4 Anthony Densmore	Winnipeg	1:14:46
5 Joel Daeley	Winnipeg	1:24:25
6 Andrew Joe	Toronto	1:26:00
7 Richard Dumas	Pukatawagan	1:29:47
8 Brett Lamoureux	Winnipeg	1:33:55
9 Jo Hooper	Warren	1:35:39
10 Darrin Gaffray	Winnipeg	1:37:57
11 Eric Selinger	Airdrie	1:38:28
12 Tomas Kubalak	Winnipeg	1:38:51
13 Adam Grycko	Winnipeg	1:41:42
14 Faraz Khan	Coquitlam	1:52:38

## MALE AGE GROUP: 35 to 39

1 Nick Melnyk	Winnipeg	1:10:45
2 Dennison Neufeld	Winnipeg	1:12:24
3 Kevin Koenig	St. Andrews	1:13:51
4 Kevin Soloman	Winnipeg	1:14:57
5 Paul Johnson	Gimli	1:43:17

## MALE AGE GROUP: 40 to 44

1 Mario Fonseca	Winnipeg	1:02:57
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2	John Grivell	Winnipeg	1:09:47
3	Rob Rachel	Gimli	1:13:55
4	Ryan Younghusband	Winnipeg	1:22:33
5	Wally Mah	Winnipeg	1:24:15
6	Kurt Schroeder	Tyndall	1:25:19
7	Junior Damianidis	Singapore	1:26:09
8	Derek Clarke	Gimli	1:27:15
9	Jonathan Leipsic	Vancouver	1:27:55
10	Claude Ouellette	Winnipeg	1:32:14
11	Stefan Moores	Toronto	1:33:40
12	Dwayne Olson	Winnipeg	1:35:25
13	Duane Johnston	Winnipeg	1:42:11

MALE AGE GROUP: 45 to 49

1	Sam Zhou	Winnipeg	1:07:58
2	Dan McCaughan	Winnipeg	1:11:32
3	Chris Dick	Carman	1:14:19
4	Andrew Swan	Winnipeg	1:23:08
5	Ven Block	Winnipeg	1:26:28
6	Noel Lapuz	Winnipeg	1:50:01

MALE AGE GROUP: 50 to 54

1	Hal Kurys	Gimli	1:17:48
2	Robert Eldjarnson	Chestermere	1:25:52
3	Murray Arnason	Winnipeg	1:36:46
4	Neal Dow	Winnipeg	1:49:58
5	Bruce Benson	Gimli	1:50:39
6	Dj Signiundson	Gimli	1:50:40
7	Randy Demchuk	Winnipeg	2:10:02

MALE AGE GROUP: 55 to 59

1	Bob Cox	Winnipeg	1:11:36
2	Gordon Flett	Winnipeg	1:13:16
3	Joel Baldwin	Gimli	1:20:03
4	Wayne Benz	Cochrane	1:26:53
5	David Hutton	Winnipeg	1:28:12
6	Rick Phillips	Winnipeg	1:36:14
7	Randy Bodner	Winnipeg	1:45:22
8	Forbes Campbell	Winnipeg	1:58:06
9	Darren Bye	Winnipeg	2:08:17

MALE AGE GROUP: 60 to 64

1	Brian Drummond	Winnipeg	1:19:08
2	Lyle Jarvis	West St. Paul	1:34:30
3	Bob Sitter	Winnipeg	2:19:06

MALE AGE GROUP: 65 to 69

1 Grant Towns	Winnipeg	1:09:27
2 Leon Clegg	Seven Sisters	1:12:35
3 Jeff Vince	East St. Paul	1:34:58
4 Dick Paige	North Dakota	2:08:15
5 Dave Jonasson	Winnipeg	2:16:27

MALE AGE GROUP: 70 to 74

1 Colin Reed	Winnipeg	1:28:04
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FEMALE AGE GROUP: 15 to 19

1 Sharice Molgat	Winnipeg	1:29:15
2 Karissa Riley	Edmonton	1:30:02

FEMALE AGE GROUP: 20 to 24

1 Andrea Baldwin	Gimli	1:49:43
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FEMALE AGE GROUP: 25 to 29

1 Kristy Benz	Cochrane	1:26:53
2 Njavwa Simunyoig	Winnipeg	2:01:26

FEMALE AGE GROUP: 30 to 34

1 Candida Doerksen	Winnipeg	1:13:56
2 Lindsey Green	Winnipeg	1:14:28
3 Cheryl Neufeld	Winnipeg	1:19:44
4 Lindsay Burns	Winnipeg Beach	1:34:36
5 Megan Bradshaw	Winnipeg	1:45:08
6 Mary Walters	Winnipeg	1:58:14
7 Morgyn Ahrens	Calgary	2:00:51

FEMALE AGE GROUP: 35 to 39

1 Lindsay Boyko	Winnipeg	1:17:31
2 Erin Chapman	Morden	1:27:27
3 Kristin Cuthbert	Gimli	1:28:56
4 Sarah Soloman	Winnipeg	1:34:51
5 Nicole Whiteway	Gimli	1:55:54
6 Christina Hooper	Warren	1:56:51
7 Michelle Belanger	Gimli	2:03:56

FEMALE AGE GROUP: 40 to 44

1 Janie Parson	La Salle	1:08:34
2 Lori Dziejewit	Winnipeg	1:30:04
3 Janelle McLeod	Winnipeg	1:31:45

4	Joanna McMaster	Winnipeg	1:34:14
5	Tammy Skrabek	Winnipeg	1:35:23
6	Kim Magsusson	Gimli	2:22:52

FEMALE AGE GROUP: 45 to 49

1	Ami Samuel	Winnipeg	1:14:19
2	Sylvia Loewen	Winnipeg	1:25:00
3	Marnie Margolis	Winnipeg	1:27:32
4	Jackie Benson	Petersfield	1:40:39
5	Diane Delaronde	Winnipeg	1:45:08
6	Barbara Balshaw-Dow	Winnipeg	1:49:58

FEMALE AGE GROUP: 50 to 54

1	Cindy Benedictson	Edmonton	1:29:48
2	Michelle Couture	Gimli	1:30:40
3	Corinne Norris	Winnipeg	1:33:14
4	Carol Lloyd	Texas	1:33:48
5	Linda Whitfield	Winnipeg	1:36:19
6	Gisele Campbell	Winnipeg	1:58:06
7	Mwaka Kaonga	Winnipeg	1:58:59

FEMALE AGE GROUP: 55 to 59

1	Edwina Keats	Winnipeg	1:20:04
2	Shelley Borschawa	Winnipeg	1:33:05

FEMALE AGE GROUP: 60 to 64

1	Dorothy Quayle	Saskatoon	1:21:48
2	Joanne Noga	Birds Hill	1:41:59

FEMALE AGE GROUP: 65 to 69

1	Faye Jonasson	Sioux Lookout	2:16:27
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