

Frostbite River Run 5 Mile
 Rivervie w Community Club
 Jan uary 24, 2016

OV ERALL RESULTS

PLACE	NAME	GENDER	CITY	AGE GROUP	PLACE IN	
					AGE GROUP	GENDER
1	Josh Guenther	M	Winnipeg	M20-24	1/2	1/40
2	Jan Freihammer	M	Winnipeg	M20-24	2/2	2/40
3	Mario Fonseca	M	Winnipeg	M40-44	1/8	3/40
4	Maddie Horton	F	Winnipeg	F35-39	1/6	1/52
5	Jay Horton	M	Winnipeg	M40-44	2/8	4/40
6	Dan McCaughan	M	Winnipeg	M40-44	3/8	5/40
7	Alan Hopkins	M	West St. Paul	M50-54	1/5	6/40
8	Max Freihammer	M	Winnipeg	M01-19	1/2	7/40
9	Stephen Terichow Parrott	M	Winnipeg	M50-54	2/5	8/40
10	Edward Willmott	M	Winnipeg	M50-54	3/5	9/40
11	Ami Amleset Samuel	F	Winnipeg	F45-49	1/10	2/52
12	Gordon Flett	M	Winnipeg	M55-59	1/7	10/40
13	Amanda Younka	F	Winnipeg	F45-49	2/10	3/52
14	Chris Dick	M	Winnipeg	M45-49	1/4	11/40
15	David Lawler	M	Winnipeg	M60-64	1/1	12/40
16	Bob Cox	M	Winnipeg	M55-59	2/7	13/40
17	Candida Doerksen	F	Winnipeg	F30-34	1/5	4/52
18	Ryan Rolston	M	Winnipeg	M40-44	4/8	14/40
19	Pam Lawrence	F	Winnipeg	F45-49	3/10	5/52
20	Kevin Morris	M	Winnipeg	M25-29	1/1	15/40
21	Carly Isaak	F	Winnipeg	F25-29	1/5	6/52
22	Earl Isaak	M	Winnipeg	M55-59	3/7	16/40
23	Jeff Clark	M	Winnipeg	M40-44	5/8	17/40
24	Aaron Letts	M	Winnipeg	M30-34	1/5	18/40
25	Larry Konotopetz	M	Winnipeg	M65-69	1/1	19/40
26	Sherry Seymour	F	Winnipeg	F35-39	2/6	7/52
27	Taryn Dickson	F	Winnipeg	F30-34	2/5	8/52
28	Robyn Dicesare	F	Winnipeg	F50-54	1/12	9/52
29	Andrew Pullen	M	Winnipeg	M30-34	2/5	20/40
30	Becky Raddatz	F	Winnipeg	F35-39	3/6	10/52
31	Kevin Boon	M	Winnipeg	M35-39	1/4	21/40
32	Cassie Guarino	F	Winnipeg	F30-34	3/5	11/52
33	Jason Bruce	M	Winnipeg	M30-34	3/5	22/40
34	Christian Ritchot	M	Winnipeg	M55-59	4/7	23/40
35	Adam Grycko	M	Winnipeg	M30-34	4/5	24/40
36	Marla Bigelow	F	Winnipeg	F25-29	2/5	12/52

37	Till Freihammer	M	Winnipeg	M50-54	4/5	25/40
38	Trent Vos	M	Winnipeg	M30-34	5/5	26/40
39	Irena Farova	F	Winnipeg	F50-54	2/12	13/52
40	Marie Roberts	F	Winnipeg	F40-44	1/2	14/52
41	Melanie Sharp	F	Oakbank	F25-29	3/5	15/52
42	Jenn Dent	F	Winnipeg	F35-39	4/6	16/52
43	Susan McMurrich	F	Winnipeg	F55-59	1/9	17/52
44	Joan Cochrane	F	Saskatoon	F55-59	2/9	18/52
45	Winston Harding	M	Winnipeg	M40-44	6/8	27/40
46	Melissa Scouten	F	Winnipeg	F35-39	5/6	19/52
47	Fiona Fleming	F	Winnipeg	F55-59	3/9	20/52
48	Brigette Depape	F	Winnipeg	F25-29	4/5	21/52
49	Stephanie Friesen	F	Altoona	F20-24	1/1	22/52
50	Craig Hamilton	M	Winnipeg	M35-39	2/4	28/40
51	Michael Sullivan	M	Stonewall	M01-19	2/2	29/40
52	Oti Ometie	M	Winnipeg	M35-39	3/4	30/40
53	Fern Dooucet	M	Winnipeg	M45-49	2/4	31/40
54	Carol Ferguson	F	East St Paul	F50-54	3/12	23/52
55	Elaine Ross	F	Winnipeg	F45-49	4/10	24/52
56	Kiera Wortley	F	Winnipeg	F01-19	1/1	25/52
57	Adrian Wortley	M	Winnipeg	M40-44	7/8	32/40
58	Debbie Bennett	F	Winnipeg	F50-54	4/12	26/52
59	Paige Zentner	F	Winnipeg	F45-49	5/10	27/52
60	Sara Carmichael	F	Winnipeg	F30-34	4/5	28/52
61	Jaye McEwen	F	Winnipeg	F35-39	6/6	29/52
62	Dorothy McColl	F	Winnipeg	F55-59	4/9	30/52
63	Fiona Desmet	F	Winnipeg	F50-54	5/12	31/52
64	Geralyn Wichers	F	Steinbach	F25-29	5/5	32/52
65	Patricia Leung	F	Winnipeg	F50-54	6/12	33/52
66	Laurie Kirkwood	F	Winnipeg	F45-49	6/10	34/52
67	Cari Roller	F	Winnipeg	F45-49	7/10	35/52
68	Catherine Carlson	F	Winnipeg	F50-54	7/12	36/52
69	Chad Smith	M	Winnipeg	M45-49	3/4	33/40
70	Sue-Anne Hamilton	F	Winnipeg	F40-44	2/2	37/52
71	Diane Scott	F	Winnipeg	F50-54	8/12	38/52
72	Scott Mundle	M	Winnipeg	M55-59	5/7	34/40
73	Michelle Georgi	F	Winnipeg	F55-59	5/9	39/52
74	Monica Sama	F	Winnipeg	F55-59	6/9	40/52
75	Carolyn Gillson	F	Edmonton	F50-54	9/12	41/52
76	Greg Joss	M	Dugald	M55-59	6/7	35/40
77	Dallas Jasper	M	Winnipeg	M40-44	8/8	36/40
78	Dave Shoesmith	M	Winnipeg	M35-39	4/4	37/40
79	Bridget Robinson	F	Winnipeg	F45-49	8/10	42/52
80	Kimberley McCallum	F	Winnipeg	F60-64	1/1	43/52
81	Al Sullivan	M	Stonewall	M45-49	4/4	38/40
82	Kathy Descoteau	F	Winnipeg	F45-49	9/10	44/52
83	Tracey Waugh-Smith	F	Winnipeg	F50-54	10/12	45/52

84 Kathy Hunter	F	Howden	F45-49	10/10	46/52
85 Gwen Timm	F	Winnipeg	F55-59	7/9	47/52
86 Tracey Machan	F	Oak Bluff	F50-54	11/12	48/52
87 Erin Sheldon	F	Winnipeg	F30-34	5/5	49/52
88 Sandra Scott	F	Winnipeg	F55-59	8/9	50/52
89 Tom Scott	M	Winnipeg	M55-59	7/7	39/40
90 Shawna Musto	F	Winnipeg	F50-54	12/12	51/52
91 Annette Pratt	F	Narol	F55-59	9/9	52/52
92 Michael Pasloski	M	Winnipeg	M50-54	5/5	40/40

FINISH TIME	CHIP TIME
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31:46	31:46:00
32:22	32:21:00
33:52	33:51:00
34:15	34:13:00
34:21	34:19:00
36:06	36:05:00
36:36	36:34:00
37:11	37:10:00
37:21	37:20:00
37:27	37:26:00
37:46	37:45:00
38:02	38:01:00
38:17	38:15:00
38:23	38:21:00
38:28	38:27:00
38:43	38:42:00
39:02	39:00:00
39:23	39:19:00
40:00	39:56:00
40:07	40:01:00
40:09	40:04:00
40:15	40:10:00
40:40	40:36:00
40:55	40:45:00
41:15	41:13:00
41:40	41:37:00
41:52	41:48:00
42:32	42:30:00
42:46	42:33:00
43:12	43:02:00
43:14	43:09:00
43:15	43:13:00
43:15	43:12:00
43:38	43:34:00
44:11	44:09:00
44:28	44:21:00

44:37	44:32:00
44:48	44:44:00
44:58	44:51:00
45:16	45:11:00
45:41	45:36:00
45:50	45:47:00
46:22	46:16:00
46:40	46:35:00
47:00	46:51:00
47:26	47:24:00
47:41	47:33:00
47:51	47:49:00
48:41	48:39:00
48:58	48:53:00
49:24	49:18:00
49:40	49:30:00
49:57	49:53:00
50:04	49:55:00
50:04	49:55:00
50:25	50:19:00
50:26	50:19:00
51:10	50:57:00
51:11	50:57:00
51:12	50:56:00
51:57	51:47:00
52:02	51:54:00
52:08	51:59:00
53:09	53:01:00
53:42	53:33:00
53:56	53:47:00
54:06	54:00:00
54:06	54:01:00
55:26	55:14:00
55:41	55:29:00
56:02	55:51:00
56:45	56:37:00
56:46	56:37:00
57:02	57:00:00
58:02	57:49:00
58:03	57:50:00
58:29	58:17:00
58:30	58:19:00
59:25	59:18:00
59:25	59:18:00
1:00:09	1:00:03
1:00:48	1:00:44
1:03:10	1/2/1956

1:04:06	1/3/1959
1:04:07	1/4/2000
1:04:07	1/4/2000
1:04:21	1/4/2010
1:05:58	1/5/1943
1:05:58	1/5/1944
1:07:18	1/7/2005
1:07:21	1/7/2008
1:07:29	1/7/2026