

Important Contact Information

Manitoba Runners' Association

Kathy Wiens, Executive Director
Box 34148 Fort Richmond
Winnipeg, MB.
R3T 5T5
Phone: 204-477-5185
E-mail: office@mraweb.ca

City of Winnipeg – Planning an Outdoor Event

Race Directors can find guidance for all permitting requirements and procedures at:
<http://winnipeg.ca/filmandspecialevents/pdfs/PlanningAnOutdoorEvent.pdf>

Scott Stewart (this should be your first contact for city information)
Special Events Liaison-City of Winnipeg
Email: sstewart@winnipeg.ca
Office: 204-986-2976
Cell: 204-619-4865

City of Winnipeg Parks (St. Vital, Kildonan, Whittier & Crescent Drive)

Race Directors can find guidance for all permitting requirements and procedures at:
<http://winnipeg.ca/filmandspecialevents/pdfs/PlanningAnOutdoorEvent.pdf>

Park Bookings Office Phone: 204-986-7469

Assiniboine Park Conservancy

Lisa Lowe
Phone: 204-927-6085
E-mail: [llowe@assiniboinepark.ca](mailto:l Lowe@assiniboinepark.ca)
Events general phone number: 204-927-6060

The Forks National Historic Site (Parks Canada – permit)

Kate Donetz- Special Events Coordinator
Phone: 204-983-2348
E-mail: kate.donetz@pc.gc.ca

The Forks North Portage Partnership-Forks Renewal Corporation

Kristin Pauls – Events Manager
Phone: 204-987-4378
Email: Kristin.pauls@theforks.com
Alternate email: event@theforks.com

Birds Hill Provincial Park

Melissa Bergen - Park Activities Coordinator

Phone: 204-795-7665

E-mail: Melissa.Bergen@gov.mb.ca

Medical Services

Canadian First Aid Training

Christian Clavelle

Phone: 204-955-9241

Email: CC@Canadian-Training.ca

Website: www.Canadian-Training.ca

Xtreme Sports Medics

Robert Paige

Phone: 204-583-7474

Email: Robert@mxmedics.com

Canadian Ski Patrol – Red River Zone

Lori Natuik

Email: m.natuik@shaw.ca

Accurate Fire & Safety-Special Event Medical Division

Gerry Desjardines

Phone: 204-890-3238

Email: mbspecialeventsmedics@gmail.com

St. John's Ambulance

Ruth Howard

Phone: 204-784-7025

Email: Ruth.Howard@mb.sja.ca

WINSAR (Winnipeg Search & Rescue Volunteer Association)

Randy Antonio

Email: info@WinnipegSearchandRescue.ca

www.WinnipegSearchandRescue.ca

<https://www.facebook.com/winipegsearchandrescue/>

Results/Timing Services

Race Results

Steve Gajerski

Email: timing@raceresults.ca

Website: www.raceresults.ca

Prairie Timing Services (formally City Park Timing)

Dwayne Olson

Phone: 204-451-1349

Email: prairietiming@gmail.com

Swamp Donkey

Rick Shone

Phone: 204-793-1314

Zone 4 Timing System (system rental & training)

Cindy Low

Phone: 1-888-444-0199

Registration Services**Running Room**

Website: <https://www.runningroom.com/hm/inside.php?lang=1&id=3027>

Race Roster

Website: <https://raceroster.com/features>

Active Network

Website: <http://www.activeendurance.com/>

Announcing/Master of Ceremonies Services

Chrissy Troy email: Chrissy@virginradio.ca

Mandy Shew email: Mandy.Shew@bellmedia.ca

Steve Scoles email: Steve_Scoles@hotmail.com

Athletic/Physio/Massage Therapy Services**Massage Athletica**

Michael Booth 204-781-4073

Email: info@massageathletica.com

Website: <https://www.massageathletica.com/>

Revolution Rehab

Nikki Smith 204-223-7358

Email: revolution.rehab.therapy@gmail.com