

### 5 km Women

1	Gracie	Bell	27:59	5-9	Headingley
2	Lola	Parkinson	29:20	5-9	Headingley
3	Stella	Buzinis	33:12	5-9	Headingley
4	Megane	Paquet	35:55	5-9	MEC-5
5	Bella	Gonzales	39:30	5-9	Ted's Run
6	Niamh	O'Gorman	39:35	5-9	MEC-5
7	Emily	Bailey	41:30	5-9	Ted's Run
8	Olivia	Bell	41:38	5-9	Headingley
9	Lainey	Harding	44:17	5-9	MEC-2
10	Elizabeth	Sproule	45:28	5-9	MEC-1
1	Marina	Gross	20:15	10-14	Apr Series 2
2	Meredith	Conchatre	21:06	10-14	Headingley
3	Caitlyn	Hollywood	21:12	10-14	Headingley
4	Kristin	Peterson	21:41	10-14	Police
5	Natalie	Fournier	21:57	10-14	Headingley
6	Keilana	Simpson	22:08	10-14	Police
7	Kianna	Mclvor	22:45	10-14	Headingley
8	Madison	Lyburn	22:58	10-14	Burn Fund
9	Neve	Parkinson	23:37	10-14	Headingley
10	Lilly	Merz	23:45	10-14	MEC-1
1	Annika	Niblock	21:16	15-19	Apr Series 2
2	Kasadie	Gillick	22:24	15-19	Apr Series 3
3	Megan	Van Heyst	22:33	15-19	Apr Series 2
4	Sayda	Bloom	22:39	15-19	ESP
5	Naomi	Brown	23:59	15-19	Apr Series 2
6	Brooke	Singbell	25:22	15-19	ESP
7	Anneliese	Benning	25:25	15-19	MEC-2
8	Sierra	Dueck	26:15	15-19	MEC-4
9	Morgan	Parynuik	26:19	15-19	Headingley
10	Barbara	Farpelha	27:28	15-19	MEC-1
1	Lindsey	McKenty	20:21	20-24	MEC-5
2	Carlyne	Millns	21:12	20-24	RCAF
3	Stefanie	Sheard	22:17	20-24	ESP
4	Stefanie	Layne	22:29	20-24	Headingley
5	Caulien	Cockley	23:26	20-24	Police
6	Andrea	Mandzuk	24:00	20-24	Run-Cause
7	Louise	Bunce	24:16	20-24	Run-Cause
8	Michelle	Hourihan	24:35	20-24	Apr Series
9	Rianna	Grinham	24:35	20-24	MEC-2

10	Jamie	Dupasquier	24:54	20-24	MEC-5
1	Valerie	Marion	22:44	25-29	Run-Cause
2	Michelle	Jamieson	23:28	25-29	Headingley
3	Ariane	Morissette	23:37	25-29	Apr Series
4	Stephanie	Korchynski	23:39	25-29	ESP
5	Kayla	Krahn	23:43	25-29	MEC-1
6	Amber	Welsh	25:27	25-29	MEC-4
7	Andrea	Jackson	26:26	25-29	Police
8	Celine	Brandt	26:46	25-29	MEC-4
9	Keaton	Whitaker	26:52	25-29	Police
10	Nadine	Mabon	27:18	25-29	Police
1	Sonia	Clark	20:43	30-34	Ted's Run
2	Lindsey	Green	20:44	30-34	Headingley
3	Jennifer	Finateri	21:32	30-34	RCAF
4	Laura	Ford	22:09	30-34	Burn Fund
5	Courtney	Gilchrist	22:41	30-34	Run-Cause
6	Kathryn	Smith	23:30	30-34	Headingley
7	Jennifer	Ginter	23:38	30-34	MEC-2
8	Helen	Giraud	24:25	30-34	Burn Fund
9	Heather	Smith	25:02	30-34	Police
10	Leila	Mostaco-Guidolin	25:31	30-34	RCAF
1	Brigitte	Girouard	18:17	35-39	Nationals
2	Darolyn	Walker	19:46	35-39	Apr Series
3	Rebecca	Cunnane	20:21	35-39	Apr Series
4	Heather	McDonell	21:03	35-39	Apr Series
5	Dayna	Graham	21:35	35-39	MEC-4
6	Laura	Hansen	21:52	35-39	Police
7	Tracy	Rocke	22:11	35-39	MEC-5
8	Annick	Kieffert	22:26	35-39	Apr Series
9	Sandra	Stephen	22:43	35-39	Apr Series
10	Elizabeth	Gojkovic	23:12	35-39	ESP
1	Stephanie	Olafson	22:25	40-44	Run-Cause
2	Tressa	Alexiuk	23:29	40-44	Run-Cause
3	Mari Ann	Dueck	24:50	40-44	MEC-2
4	Carolyn	Ball	25:32	40-44	MEC-5
5	Jenny	Ogston	25:46	40-44	MEC-4
6	Holly	Arnason	26:01	40-44	Police
7	Cheryl	Pearson	26:09	40-44	Burn Fund
8	Kasia	Slobozian	26:13	40-44	ESP
9	Marianne	McPeek	26:35	40-44	MEC-2
10	Cindy	Pettitt	26:47	40-44	RCAF

1	Janie	Parson	21:32	45-49	Headingley
2	Nancy	Buchheim	22:09	45-49	MEC-2
3	Nadine	Ralph	24:22	45-49	Apr Series 3
4	Nicole	Drouin	25:31	45-49	Police
5	Sheila	Wiebe	25:34	45-49	Run-Cause
6	Heidi	Tremblay	26:55	45-49	MEC-5
7	Catherine	Moltzan	27:07	45-49	ESP
8	Andrea	Charron	27:16	45-49	RCAF
9	Kim	Wilton	27:59	45-49	MEC-4
10	Debbie	Lyttle	28:09	45-49	RCAF

1	Ami	Samuel	23:15	50-54	ESP
2	Lisa	Millns	23:50	50-54	Police
3	Kerri	Drosdowech	24:28	50-54	Police
4	Lisa	Haak	25:39	50-54	Police
5	Catherine	McKay	26:59	50-54	Run-Cause
6	Leslie	Carter	26:01	50-54	MEC-1
7	Patricia	Leung	26:23	50-54	Apr Series
8	Tami	Bradford	27:00	50-54	MEC-1
9	Sheila	McNeil	28:35	50-54	Apr Series 3
10	Karen	Lovetri	28:52	50-54	Police

1	Kathy	Maher	24:38	55-59	Police
2	Nancy	Gilchrist	25:51	55-59	ESP
3	Jane	Lawler	25:59	55-59	Police
4	Kathy	Taylor	26:47	55-59	MEC-5
5	Louise	Stuart	28:20	55-59	Run-Cause
6	Bev	Chilboyko	28:33	55-59	ESP
7	Colleen	Semmler	28:49	55-59	Run-Cause
8	Jan	Hawkins	28:54	55-59	Apr Series
9	Gail	Noonan	31:51	55-59	MEC-1
10	Fran	Goossen	32:08	55-59	Police

1	Danielle	Papin	23:16	60-64	ESP
2	Gail	Johnstone	25:47	60-64	Run-Cause
3	Shelley	Borschawa	26:00	60-64	Headingley
4	Nancy	Doern-White	26:35	60-64	Headingley
5	Teresa	Convery	30:00	60-64	Police
6	Linda	Markham	30:56	60-64	MEC-2
7	Dorothy	Mccoll	31:35	60-64	Run-Cause
8	Lee Ann	Benson	31:45	60-64	MEC-2
9	Anita	Wribleski	32:12	60-64	Run-Cause
10	Elizabeth	Kozoriz	32:22	60-64	MEC-2

1	June	Horsburgh	32:22	65-69	Headigley
2	Barbara	Hawryluk	35:00	65-69	Police
3	Ruth	Lindquist	37:53	65-69	Police
4	Lois	Brisky	40:42	65-69	Police
5	Maxine	Zabenskie	43:38	65-69	Police
6	Donna	Kilburn	46:43	65-69	Burn Fund
7	Sylvia	Lone	49:30	65-69	RCAF
8	Eleanor	Griffiths	49:40	65-69	Police
9	Judy	Webster	56:04	65-69	Police
10	Barbara	Cassin	56:07	65-69	Police
1	Teddi	Sweatman	24:53	70-74	Police
2	Loraine	Delorme	35:05	70-74	RCAF
3	Eveline	Schiewe	48:08	70-74	Police
4	Carol	Lacey	50:02	70-74	Police
5	Patty	Haglund	50:27	70-74	Burn Fund
6	Eileen	Korponay	54:27	70-74	RCAF
7	Linda	Burdett	1:06:38	70-74	Police
1	Rosemary	Haglund	50:27	75-79	Burn Fund
1	Dreena	Duhamel	40:11	80-84	Run-Cause