

10 Km Women

1	Caitlyn	Hollywood	47:43	10-14	Mb
2	Mikayla	Valente	1:04:52	10-14	RCAF
3	Morgan	Meadows	1:12:22	10-14	ESP
1	Annika	Niblock	46:44	15-19	Mb
2	Kianna	Mclvor	48:55	15-19	Mb
3	Riley	Dudych	49:08	15-19	Mb
4	Scarlett	Regnander	49:35	15-19	Mb
5	Brendan	Knodson	49:43	15-19	Mb
6	Alexis	Steinthorson	52:28	15-19	Mb
7	Olivia	Epp	53:04	15-19	Mb
8	Paige	Linklater	53:19	15-19	Mb
9	Paris	Linklater	54:04	15-19	Mb
10	Melanie	Cairns	54:20	15-19	Mb
1	Sarah	Millns	43:43	20-24	RCAF
2	Belinda	Guerra	44:37	20-24	RCAF
3	Brooke	Richtik	44:55	20-24	MEC-2
4	Patricia	Lausman	46:38	20-24	MEC-2
5	Kirsten	Hooper	47:30	20-24	ESP
6	Stefanie	Sheard	47:47	20-24	Apr Series
7	Michelle	Hourihan	50:14	20-24	Apr Series
8	Monica	Loewen	50:16	20-24	Mb
9	Christina	Hunt	50:42	20-24	MEC-2
10	Shannon	Sarabs	51:04	20-24	Diabetes
1	Paige	Lougheed	44:41	25-29	MEC-2
2	Karly	Tardiff	45:44	25-29	MEC-2
3	Marina	Lovell	46:42	25-29	MEC-1
4	Carrie	Wright	48:09	25-29	Mb
5	Stephanie	Korchynski	50:20	25-29	RCAF
6	Katryna	Barske	50:27	25-29	Diabetes
7	Clara	Sebelius	51:19	25-29	MEC-1
8	Kayla	Tetrault	51:36	25-29	MEC-2
9	Sarak	Friesen	52:51	25-29	MEC-2
10	Stephane	Bunkowsky	53:04	25-29	RCAF
1	Emily	Ratzlaff	41:51	30-34	Apr Series
2	Stephanie	Gerbrand	43:33	30-34	RCAF
3	Brandy	Chevalier	46:16	30-34	ESP
4	Jeanette	Loewen	48:37	30-34	MEC-2
5	Vanessa	Poliquin	49:08	30-34	Physio

6	Samantha	Erichsen	49:48	30-34	Diabetes
7	Bryanne	Hildebrandt	52:42	30-34	MEC-2
8	Jill	Sawchuk	52:25	30-34	Mb
9	Megan	Miller	53:49	30-34	RCAF
10	Heather	Smith	54:09	30-34	Mb
1	Darolyn	Walker	40:46	35-39	Apr Series
2	Rebecca	Cunnane	42:09	35-39	Apr Series
3	Heather	McDonell	43:48	35-39	Apr Series
4	Leslie	Hesse	45:42	35-39	Physio
5	Laura	Hansen	45:51	35-39	RCAF
6	Sandra	Stephen	46:44	35-39	Apr Series
7	Becky	Raddatz	48:18	35-39	Apr Series
8	Kathleen	Elgar	48:59	35-39	Physio
9	Nora	Casson	49:16	35-39	Physio
10	Catherine	Wach	50:04	35-39	MEC-2
1	Jen	Anderson	44:36	40-44	MEC-2
2	Brandi	Smith	47:53	40-44	Diabetes
3	Wendy	Dyck	48:07	40-44	Burn Fund
4	Cheryl	Adam	49:38	40-44	MEC-1
5	Natasha	Penner Loepky	49:46	40-44	MEC-1
6	Jo-Ann	Hartman	50:14	40-44	Burn Fund
7	Charlene	Gunter	51:42	40-44	MEC-2
8	Lasha	Orzechowski	52:40	40-44	Mb
9	Kristin	Kalyta	53:35	40-44	MEC-1
10	Tressa	Alexiuk	53:37	40-44	Burn Fund
1	Milka	Kopp	42:31	45-49	Mb
2	Sarah	Kirby	44:21	45-49	Apr Series
3	Janie	Parson	45:26	45-49	Apr Series
4	Krista	Long	48:40	45-49	MEC-2
5	Marie	Roberts	51:08	45-49	Apr Series
6	Heather	Marks	51:40	45-49	RCAF
7	Valerie	Braun	54:20	45-49	MEC-2
8	Tanya	Buchko	54:46	45-49	Mb
9	Loraine	Manson	54:58	45-49	Physio
10	Catherine	Moltzan	55:37	45-49	Physio
1	Kathleen	Caithness	49:35	50-54	Physio
2	Cindy	Kasak	53:34	50-54	Mb
3	Patricia	Leung	53:54	50-54	Apr Series
4	Cathey	Gornik	55:27	50-54	Mb
5	Rhonda	Brown	56:19	50-54	RCAF
6	Nancy	Stinton	56:26	50-54	Mb

7	Robin	Veldkamp	56:39	50-54	RCAF
8	Carolyn	Blackner	58:00	50-54	Physio
9	Elena	Warkentin	58:02	50-54	Mb
10	Jennifer	Tackley	58:35	50-54	MEC-1
1	Heather	Ayres	50:12	55-59	ESP
2	Anita	Miller	55:38	55-59	MEC-1
3	Lee	Stewart	56:46	55-59	RCAF
4	Nancy	Gilchrist	57:00	55-59	MEC-1
5	Vicki	Favel	57:00	55-59	MEC-2
6	Jan	Hawkins	57:48	55-59	Apr Series
7	Lorna	Kinley	58:33	55-59	Mb
8	Charlotte	Pirch	58:49	55-59	Burn Fund
9	Nancy	Bezan	1:00:09	55-59	MEC-2
10	Laurie	Lees	1:00:58	55-59	Mb
1	Edwina	Keats	47:53	60-64	Apr Series
2	Danielle	Papin	49:07	60-64	Physio
3	Shelley	Borschawa	54:18	60-64	Physio
4	Maria	Donahue	54:46	60-64	Apr Series
5	Nancy	Doern-White	57:05	60-64	Physio
6	Mary Ann	Loewen	58:13	60-64	Mb
7	Dawn	Torbiak	59:38	60-64	MEC-1
8	Kim	Crawford	1:01:08	60-64	Physio
9	Norma	Jones	1:01:51	60-64	MEC-1
10	Teresa	Convery	1:03:37	60-64	Mb
1	Viola	Labun	58:25	65-69	MEC-2
2	Cathy	Sochasky	1:00:56	65-69	Mb
3	Joanne	Embree	1:03:20	65-69	RCAF
4	June	Horsburgh	1:08:13	65-69	Apr Series
5	Jane	Redpath	1:08:15	65-69	Mb
6	Lyla	Dumont	1:08:21	65-69	Mb
7	Linda	Kokotailo	1:09:24	65-69	RCAF
8	Jean	Hiebert	1:11:28	65-69	Mb
9	Clara	Fjeldsted	1:16:38	65-69	Mb
10	Lauren	Penner	1:18:53	65-69	Mb
1	Lynda	Tunny	1:11:23	70-74	RCAF
2	Dawn	Hanson	1:12:22	70-74	MEC-1
3	Neya	Solmundson	1:15:44	70-74	RCAF
4	Loraine	Delorme	1:15:52	70-74	Mb
5	Wendy	Sutton	1:18:54	70-74	MEC-2
6	Cheryl	Dann	1:26:09	70-74	Mb

7	Marlene	Magnan	1:36:21	70-74	Mb
8	Lynne	Berg	1:39:00	70-74	Mb
9	Erica	Block	1:46:27	70-74	Mb
10	Bonnie	Stafford	1:54:27	70-74	Mb

1	Helen	Peters	1:33:11	75-79	Physio
2	Gloria	Boychuk	1:37:16	75-79	Mb
3	Jocelyn	Barnard	1:48:54	75-79	Mb
4	Joyce	Debreuil	1:54:27	75-79	Mb
5	Donna	Wainikka	2:13:24	75-79	Mb
6	Katherine	Stubbs	2:13:24	75-79	Mb