

### 5 km Women

1	Gracie	Bell	27:59	5-9	Headingley
2	Lola	Parkinson	29:20	5-9	Headingley
3	Stella	Buzinis	33:12	5-9	Headingley
4	Olivia	Bell	41:38	5-9	Headingley
5	Lainey	Harding	44:17	5-9	MEC-2
6	Elizabeth	Sproule	45:28	5-9	MEC-1
7	Emily	Pauch	47:16	5-9	Headingley
8	Emily	Doucette	58:29	5-9	Headingley
1	Marina	Gross	20:15	10-14	Apr Series 2
2	Meredith	Conchatre	21:06	10-14	Headingley
3	Caitlyn	Hollywood	21:12	10-14	Headingley
4	Kristin	Peterson	21:41	10-14	Police
5	Natalie	Fournier	21:57	10-14	Headingley
6	Keilana	Simpson	22:08	10-14	Police
7	Kianna	McIvor	22:45	10-14	Headingley
8	Madison	Lyburn	22:58	10-14	Burn Fund
9	Neve	Parkinson	23:37	10-14	Headingley
10	Lilly	Merz	23:45	10-14	MEC-1
1	Annika	Niblock	21:16	15-19	Apr Series 2
2	Kasadie	Gillick	22:24	15-19	Apr Series 3
3	Megan	Van Heyst	22:33	15-19	Apr Series 2
4	Naomi	Brown	23:59	15-19	Apr Series 2
5	Anneliese	Benning	25:25	15-19	MEC-2
6	Morgan	Parynuik	26:19	15-19	Headingley
7	Barbara	Farpelha	27:28	15-19	MEC-1
8	Elena	Chammartin	27:32	15-19	MEC-2
9	Sandra	Page	28:31	15-19	MEC-1
10	Meaghan	Smith	29:14	15-19	MEC-1
1	Carlyne	Millns	21:12	20-24	RCAF
2	Stefanie	Layne	22:29	20-24	Headingley
3	Stefanie	Sheard	23:04	20-24	Apr Series
4	Caulien	Cockley	23:26	20-24	Police
5	Michelle	Hourihan	24:35	20-24	Apr Series
6	Rianna	Grinham	24:35	20-24	MEC-2
7	Breanne	Plett	25:47	20-24	MEC-1
8	Rachel	Adler	26:17	20-24	Headingley
9	Athena	Skarban	27:00	20-24	MEC-2
10	Yu	Qi Wu	27:26	20-24	Apr Series 2

1	Michelle	Jamieson	23:28	25-29	Headingley
2	Ariane	Morissette	23:37	25-29	Apr Series
3	Kayla	Krahn	23:43	25-29	MEC-1
4	Andrea	Jackson	26:26	25-29	Police
5	Keaton	Whitaker	26:52	25-29	Police
6	Nadine	Mabon	27:18	25-29	Police
7	Linsey	Callaghan	27:20	25-29	MEC-1
8	Christina	Murta	27:29	25-29	RCAF
9	Jasmine	Thorsteinson	27:31	25-29	Headingley
10	Michelle	Allard-Bortolin	27:51	25-29	RCAF

1	Lindsey	Green	20:44	30-34	Headingley
2	Jennifer	Finateri	21:32	30-34	RCAF
3	Laura	Ford	22:09	30-34	Burn Fund
4	Kathryn	Smith	23:30	30-34	Headingley
5	Jennifer	Ginter	23:38	30-34	MEC-2
6	Helen	Giraud	24:25	30-34	Burn Fund
7	Heather	Smith	25:02	30-34	Police
8	Leila	Mostaco-Guidolin	25:31	30-34	RCAF
9	Katy	Hollander	25:55	30-34	MEC-2
10	Bryanne	Hildebrandt	25:57	30-34	MEC-1

1	Brigette	Girouard	19:13	35-39	Apr Series 2
2	Darolyn	Walker	19:46	35-39	Apr Series
3	Rebecca	Cunnane	20:21	35-39	Apr Series
4	Heather	McDonell	21:03	35-39	Apr Series
5	Dayna	Graham	21:39	35-39	Headingley
6	Laura	Hansen	21:52	35-39	Police
7	Annick	Kieffert	22:26	35-39	Apr Series
8	Sandra	Stephen	22:43	35-39	Apr Series
9	Cassie	Guarino	23:45	35-39	Police
10	Christa	Rust	24:02	35-39	Apr Series 2

1	Mari Ann	Dueck	24:50	40-44	MEC-2
2	Tressa	Alexiuk	25:15	40-44	Apr Series
3	Holly	Arnason	26:01	40-44	Police
4	Cheryl	Pearson	26:09	40-44	Burn Fund
5	Marianne	McPeek	26:35	40-44	MEC-2
6	Cindy	Pettitt	26:47	40-44	RCAF
7	Kelly	Smith	27:02	40-44	Headingley
8	Jen	Shapka	27:04	40-44	Police
9	Lori	Palsson	27:34	40-44	MEC-1
10	Jen	Kreitz	27:42	40-44	Police

1	Janie	Parson	21:32	45-49	Headingley
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2	Nancy	Buchheim	22:09	45-49	MEC-2
3	Nadine	Ralph	24:22	45-49	Apr Series 3
4	Nicole	Drouin	25:31	45-49	Police
5	Andrea	Charron	27:16	45-49	RCAF
6	Catherine	Moltzan	27:31	45-49	Apr Series
7	Debbie	Lyttle	28:09	45-49	RCAF
8	Sandra	Bains	28:36	45-49	MEC-2
9	Dianne	Dolyniuk	29:07	45-49	Police
10	Jodi	Harder-Boyle	29:29	45-49	RCAF
1	Lisa	Millns	23:50	50-54	Police
2	Kerri	Drosdowech	24:28	50-54	Police
3	Lisa	Haak	25:39	50-54	Police
4	Leslie	Carter	26:01	50-54	MEC-1
5	Patricia	Leung	26:23	50-54	Apr Series
6	Tami	Bradford	27:00	50-54	MEC-1
7	Sheila	McNeil	28:35	50-54	Apr Series 3
8	Karen	Lovetri	28:52	50-54	Police
9	Kelly	Johannsen	29:14	50-54	RCAF
10	Leaslie	McPhail	30:50	50-54	Headingley
1	Kathy	Maher	24:38	55-59	Police
2	Jane	Lawler	25:59	55-59	Police
3	Jan	Hawkins	28:54	55-59	Apr Series
4	Louise	Stuart	29:12	55-59	Headingley
5	Colleen	Semmler	31:09	55-59	Headingley
6	Gail	Noonan	31:51	55-59	MEC-1
7	Fran	Goossen	32:08	55-59	Police
8	Dawn	Redahl	32:32	55-59	RCAF
9	Karen	Thiessen	33:22	55-59	Burn Fund
10	Patti	Miller	33:54	55-59	Burn Fund
1	Danielle	Papin	23:29	60-64	Headingley
2	Shelley	Borschawa	26:00	60-64	Headingley
3	Nancy	Doern-White	26:35	60-64	Headingley
4	Teresa	Convery	30:00	60-64	Police
5	Linda	Markham	30:56	60-64	MEC-2
6	Lee Ann	Benson	31:45	60-64	MEC-2
7	Elizabeth	Kozoriz	32:22	60-64	MEC-2
8	Gwen	Bird	32:27	60-64	Apr Series
9	Donna	Nespor	32:44	60-64	Police
10	Helga	Klassen	35:40	60-64	Police
1	June	Horsburgh	32:22	65-69	Headigley
2	Barbara	Hawryluk	35:00	65-69	Police

3	Ruth	Lindquist	37:53	65-69	Police
4	Lois	Brisky	40:42	65-69	Police
5	Maxine	Zabenskie	43:38	65-69	Police
6	Donna	Kilburn	46:43	65-69	Burn Fund
7	Sylvia	Lone	49:30	65-69	RCAF
8	Eleanor	Griffiths	49:40	65-69	Police
9	Judy	Webster	56:04	65-69	Police
10	Barbara	Cassin	56:07	65-69	Police
1	Teddi	Sweatman	24:53	70-74	Police
2	Lorraine	Delorme	35:05	70-74	RCAF
3	Eveline	Schiewe	48:08	70-74	Police
4	Carol	Lacey	50:02	70-74	Police
5	Patty	Haglund	50:27	70-74	Burn Fund
6	Eileen	Korponay	54:27	70-74	RCAF
7	Linda	Burdett	1:06:38	70-74	Police
1	Rosemary	Haglund	50:27	75-79	Burn Fund
1	Dreena	Duhamel	41:19	80-84	Apr Series