

5 km Open

Women

1	Brigitte	Girouard	19:13	35-39	Apr Series 2
2	Darolyn	Walker	19:46	35-39	Apr Series
3	Marina	Gross	20:15	10-14	Apr Series 2
4	Rebecca	Cunnane	20:21	35-39	Apr Series
5	Lindsey	Green	20:44	30-34	Headingley
6	Heather	McDonall	21:03	35-39	Apr Series
7	Meredith	Conchatre	21:06	10-14	Headingley
8	Caitlyn	Hollywood	21:12	10-14	Headingley
9	Carlyne	Millns	21:12	20-24	RCAF
10	Annika	Niblock	21:16	15-19	Apr Series 2
11	Janie	Parson	21:32	45-49	Headingley
12	Jennifer	Finateri	21:32	30-34	RCAF
13	Dayna	Graham	21:39	35-39	Headingley
14	Kristin	Peterson	21:41	10-14	Police
15	Laura	Hansen	21:52	35-39	Police
16	Natalie	Fournier	21:57	10-14	Headingley
17	Kailana	Simpson	22:08	10-14	Police
18	Laura	Ford	22:09	30-34	Burn Fund
19	Nancy	Buchheim	22:09	45-49	MEC-2
20	Kasadie	Gillick	22:24	15-19	Apr Series 3
21	Annick	Kieffert	22:26	35-39	Apr Series
22	Stefanie	Layne	22:29	20-24	Headingley
23	Megan	Van Heyst	22:33	15-19	Apr Series 2
24	Sandra	Stephen	22:43	35-39	Apr Series
25	Kianna	Mclvor	22:45	10-14	Headingley
26	Madison	Lyburn	22:58	10-14	Burn Fund
27	Stefanie	Sheard	23:04	20-24	Apr Series
28	Caulien	Cockley	23:26	20-24	Police
29	Michelle	Jamieson	23:28	25-29	Headingley
30	Danielle	Papin	23:29	60-64	Headingley
31	Kathryn	Smith	23:30	30-34	Headingley
32	Ariane	Morissette	23:37	25-29	Apr Series
33	Neve	Parkinson	23:37	10-14	Headingley
34	Jennifer	Ginter	23:38	30-34	MEC-2
35	Kayla	Krahn	23:43	25-29	MEC-1
36	Lilly	Merz	23:45	10-14	MEC-1
37	Cassie	Guarino	23:45	35-39	Police
38	Lisa	Millns	23:50	50-54	Police
39	Sara	Gross	23:51	10-14	Apr Series 2
40	Naomi	Brown	23:59	15-19	Apr Series 2

41	Christa	Rust	24:02	35-39	Apr Series 2
42	Nadine	Ralph	24:22	45-49	AprSeries 3
43	Helen	Giraud	24:25	30-34	Burn Fund
44	Kerri	Drosdowech	24:28	50-54	Police
45	Sherriann	Dexter	24:33	35-39	Headingley
46	Michelle	Hourihan	24:35	20-24	Apr Series
47	Rianna	Grinham	24:35	20-24	MEC-2
48	Sherry	Seymour	24:38	35-39	Apr Series
49	Kathy	Maher	24:38	55-59	Police
50	Danielle	Gaucher	24:39	35-39	MEC-2

Men

1	Nickolas	Kosmenko	16:29	25-29	Headingley
2	Darren	Klassen	17:19	45-49	Apr Series
3	Tyler	Derksen	17:42	25-29	Headingley
4	Haydn	Lysiuk	18:02	10-14	Apr Series 3
5	Unai	Apraiz	18:05	15-19	Apr Series 3
6	Darcey	Harder	18:36	45-49	Headingley
7	Thomas	Urish	18:38	35-39	Headingley
8	Andrew	Pickerl	18:42	30-34	Apr Series 3
9	Jeff	Van Rosmalen	19:08	25-29	Apr Series
10	Marc	Fournier	19:09	50-54	Police
11	Blake	Harris	19:16	10-14	Apr Series 3
12	Blaine	McFarlane	19:21	40-44	Police
13	Martin	Trendota	19:29	25-29	MEC-2
14	Shannon	Dueck	19:35	40-44	Police
15	Zach	Peters	19:36	30-34	MEC-1
16	Chris	Kozavowski	19:38	40-44	MEC-2
17	Thomas	Holmes	19:40	30-34	Headingley
18	Karl	Sproll	19:52	60-64	Headingley
19	Benjamin	Szwajcer	19:52	10-14	Apr Series 3
20	Dennis	Cunningham	19:54	50-54	Headingley
21	Shayne	Holden	20:06	30-34	RCAF
22	Lorence	Dela Cruz	20:13	10-14	Headingley
23	Richard	Toews	20:18	30-34	MEC-1
24	Dennis	Lang	20:19	65-69	Headingley
25	Adam	Smith	20:19	10-14	Apr Series 2
26	Jon	Belanger	20:32	30-34	Burn Fund
27	Alan	Hopkins	20:35	55-59	Headingley
28	Bruce	Young	20:39	55-59	Apr Series
29	Max	Speiser	20:39	15-19	MEC-2
30	Neff	Guiao	20:40	25-29	MEC-1
31	Daryl	Croft	20:40	30-34	Burn Fund

32	Daniel	Galli	20:43	45-49	Headingley
33	Don	Bevington	20:43	50-54	Headingley
34	Adam	Smith	20:45	10-14	Apr Series
35	Martin	Krowina	20:48	55-59	Apr Series
36	Craig	Erb	20:51	40-44	Headingley
37	Greg	Wernham	20:57	25-29	Apr Series
38	Garry	Nix	20:58	30-34	Headingley
39	Abe	Dueck	20:59	25-29	MEC-2
40	Scott	Dennis	21:01	30-34	MEC-2
41	Adam	Stamler	21:01	10-14	RCAF
42	Bejamin	Reiter	21:03	25-29	Apr Series
43	Jesse	Dudych	21:04	15-19	Headingley
44	Alejandro	Civetta	21:04	10-14	Headingley
45	Zachary	Einerson	21:05	10-14	Headingley
46	Neil	Ferguson	21:08	60-64	Apr Series
47	Chris	Dick	21:08	50-54	Headingley
48	Vakhid	Nshanov	21:08	35-39	RCAF
49	Albert	Dueck	21:10	30-34	MEC-2
50	Bob	Cox	21:11	55-59	Apr Series