

### 10 Km Men

|    |              |               |         |       |           |
|----|--------------|---------------|---------|-------|-----------|
| 1  | Tomas        | Zaburdyaev    | 41:55   | 10-14 | RCAF      |
| 2  | Nik          | Zaburdyaev    | 46:57   | 10-14 | RCAF      |
| 3  | Mekhi        | Gunter        | 47:02   | 10-14 | Physio    |
| 4  | Bohdan       | Rotoff        | 48:43   | 10-14 | Physio    |
| 5  | Michah       | Arpin-Ricci   | 54:55   | 10-14 | Physio    |
| 6  | Zane         | Solmundson    | 1:08:07 | 10-14 | RCAF      |
| 7  | Corbin       | Sutton        | 1:18:54 | 10-14 | MEC-2     |
|    |              |               |         |       |           |
| 1  | Erick        | Berard        | 1:01:44 | 15-19 | MEC-1     |
|    |              |               |         |       |           |
| 1  | Ariel        | Lisogorsky    | 45:34   | 20-24 | MEC-2     |
| 2  | Charles      | Kimball       | 46:12   | 20-24 | MEC-1     |
| 3  | Zach         | Long          | 46:35   | 20-24 | MEC-2     |
| 4  | Cole         | Krisko        | 48:14   | 20-24 | Physio    |
| 5  | Carson       | Krisko        | 48:15   | 20-24 | Physio    |
| 6  | Braden       | Milani        | 50:40   | 20-24 | Physio    |
| 7  | Colton       | Long          | 52:04   | 20-24 | MEC-2     |
| 8  | Sergey       | Lepskiy       | 52:48   | 20-24 | Burn Fund |
| 9  | Stephan      | Yun           | 53:02   | 20-24 | RCAF      |
| 10 | Cordell      | Young         | 54:24   | 20-24 | Burn Fund |
|    |              |               |         |       |           |
| 1  | Mikhail      | Gerylo        | 35:30   | 25-29 | MEC-2     |
| 2  | David        | Snider        | 35:48   | 25-29 | MEC-1     |
| 3  | Alexandre    | Palardy       | 36:15   | 25-29 | MEC-2     |
| 4  | Elliott      | Cooke         | 36:20   | 25-29 | Physio    |
| 5  | Steffan      | Reimer        | 36:26   | 25-29 | MEC-1     |
| 6  | Tyler        | Derksen       | 36:26   | 25-29 | Physio    |
| 7  | Jeff         | Van Rosemalen | 38:38   | 25-29 | MEC-1     |
| 8  | Brady        | Hillis        | 39:26   | 25-29 | MEC-1     |
| 9  | Jonas        | Eastcott      | 40:53   | 25-29 | Burn Fund |
| 10 | MacKenzie    | Keay          | 41:15   | 25-29 | MEC-1     |
|    |              |               |         |       |           |
| 1  | Corey        | Gallagher     | 34:18   | 30-34 | Physio    |
| 2  | Graeme       | Young         | 38:17   | 30-34 | MEC-1     |
| 3  | Jean-Charles | Brau          | 38:58   | 30-34 | RCAF      |
| 4  | Lee          | Siemens       | 39:45   | 30-34 | Burn Fund |
| 5  | Hyojin       | Lee           | 40:33   | 30-34 | MEC-1     |
| 6  | Wayne        | Franz         | 41:47   | 30-34 | MEC-1     |
| 7  | Daryl        | Croft         | 41:49   | 30-34 | MEC-1     |
| 8  | Devin        | Keay          | 42:24   | 30-34 | MEC-1     |
| 9  | Michael      | Harder        | 43:16   | 30-34 | MEC-1     |
| 10 | Paul         | Loewen        | 43:20   | 30-34 | MEC-2     |

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| 1  | Dwayne    | Grantham      | 39:17 | 35-39 | Apr Series |
| 2  | Thomas    | Urish         | 39:59 | 35-39 | Burn Fund  |
| 3  | Mike      | Booth         | 41:50 | 35-39 | Apr Series |
| 4  | Paul      | Allan         | 42:36 | 35-39 | RCAF       |
| 5  | Chris     | Hopiavhori    | 45:12 | 35-39 | MEC-1      |
| 6  | Heriberto | Ayala         | 47:30 | 35-39 | Burn Fund  |
| 7  | Jorge     | Yegros        | 47:46 | 35-39 | Physio     |
| 8  | Scott     | Graham-Derham | 48:19 | 35-39 | MEC-1      |
| 9  | Jorge     | Yegros        | 48:29 | 35-39 | Burn Fund  |
| 10 | Devin     | Reid          | 51:05 | 35-39 | RCAF       |

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|----|---------|--------------|-------|-------|------------|
| 1  | Jon     | McGavock     | 39:39 | 40-44 | Diabetes   |
| 2  | Allen   | Gilleshammer | 41:57 | 40-44 | MEC-1      |
| 3  | Gilles  | Szikora      | 42:22 | 40-44 | RCAF       |
| 4  | Scott   | Hartnell     | 43:52 | 40-44 | MEC-2      |
| 5  | John    | Grivell      | 46:53 | 40-44 | RCAF       |
| 6  | Ian     | Briscoe      | 47:57 | 40-44 | MEC-2      |
| 7  | Michael | Thompson     | 48:17 | 40-44 | Apr Series |
| 8  | Ed      | Davidson     | 48:40 | 40-44 | Burn Fund  |
| 9  | Romel   | Marquez      | 48:54 | 40-44 | MEC-1      |
| 10 | Cameron | Funk         | 49:00 | 40-44 | Physio     |

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| 1  | Darren      | Klassen  | 35:16 | 45-49 | Apr Series |
| 2  | Christopher | Frank    | 37:19 | 45-49 | Apr Series |
| 3  | Chris       | Breneman | 40:40 | 45-49 | RCAF       |
| 4  | Mario       | Fonseca  | 41:20 | 45-49 | Diabetes   |
| 5  | Jonathan    | Claussen | 43:38 | 45-49 | Diabetes   |
| 6  | Keith       | Dort     | 43:39 | 45-49 | RCAF       |
| 7  | Eric        | Kenny    | 44:14 | 45-49 | RCAF       |
| 8  | Steve       | Phillips | 46:28 | 45-49 | Burn Fund  |
| 9  | Andrew      | Swan     | 47:41 | 45-49 | Burn Fund  |
| 10 | Kevin       | Wolk     | 48:10 | 45-49 | RCAF       |

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|----|-----------|------------|-------|-------|------------|
| 1  | Grant     | Johnston   | 42:53 | 50-54 | Physio     |
| 2  | Chris     | Dick       | 44:31 | 50-54 | Physio     |
| 3  | Andrew    | Loughead   | 44:39 | 50-54 | MEC-2      |
| 4  | Don       | Bevington  | 45:21 | 50-54 | Physio     |
| 5  | Troy      | Mawle      | 46:06 | 50-54 | Physio     |
| 6  | Dennis    | Cunningham | 46:24 | 50-54 | Apr Series |
| 7  | Christian | Drouin     | 46:33 | 50-54 | RCAF       |
| 8  | Tim       | Magas      | 46:57 | 50-54 | Physio     |
| 9  | Jarrett   | Chambers   | 48:38 | 50-54 | Burn Fund  |
| 10 | Ken       | Zink       | 49:17 | 50-54 | MEC-1      |

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|----|---------|----------|-------|-------|------------|
| 1  | Bruce   | Young    | 41:58 | 55-59 | Apr Series |
| 2  | Martin  | Krowina  | 42:44 | 55-59 | Apr Series |
| 3  | Bob     | Cox      | 42:58 | 55-59 | Apr Series |
| 4  | Martial | Hebert   | 43:53 | 55-59 | MEC-2      |
| 5  | David   | Hooper   | 44:56 | 55-59 | Diabetes   |
| 6  | Gordon  | Flett    | 45:06 | 55-59 | Physio     |
| 7  | Scott   | Hartnell | 45:14 | 55-59 | MEC-1      |
| 8  | Edward  | Willmott | 46:20 | 55-59 | Burn Fund  |
| 9  | Michael | McGovern | 46:39 | 55-59 | Apr Series |
| 10 | Khalid  | Ahmad    | 46:39 | 55-59 | Burn Fund  |

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| 1  | Neil    | Ferguson   | 45:54 | 60-64 | Physio     |
| 2  | Pete    | Gagne      | 47:45 | 60-64 | Apr Series |
| 3  | Kevin   | Miller     | 47:52 | 60-64 | MEC-2      |
| 4  | David   | Lawler     | 49:32 | 60-64 | Apr Series |
| 5  | Bruce   | Bain       | 51:03 | 60-64 | Burn Fund  |
| 6  | Rick    | Lecuyer    | 51:04 | 60-64 | Physio     |
| 7  | Dave    | Reede      | 51:50 | 60-64 | RCAF       |
| 8  | Edward  | Zwingerman | 56:20 | 60-64 | Physio     |
| 9  | Jeffrey | Harris     | 56:52 | 60-64 | Apr Series |
| 10 | Randal  | Bodner     | 58:00 | 60-64 | Physio     |

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| 1 | Dennis | Lang      | 42:46   | 65-69 | Physio    |
| 2 | Glenn  | Campbell  | 50:34   | 65-69 | MEC-1     |
| 3 | Scott  | McChesney | 54:24   | 65-69 | Burn Fund |
| 4 | Robert | Elgar     | 55:02   | 65-69 | Physio    |
| 5 | Vern   | Bird      | 1:01:46 | 65-69 | Physio    |
| 6 | Barry  | Atkinson  | 1:07:07 | 65-69 | Burn Fund |
| 7 | Dennis | Lone      | 1:07:15 | 65-69 | RCAF      |
| 8 | Mayer  | Pawlow    | 1:13:07 | 65-69 | MEC-1     |

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|---|-------|----------|---------|-------|------------|
| 1 | Leon  | Clegg    | 47:18   | 70-74 | Apr Series |
| 2 | Dave  | Densmore | 54:35   | 70-74 | Physio     |
| 3 | Colin | Reed     | 54:39   | 70-74 | Physio     |
| 4 | Jeff  | Vince    | 57:24   | 70-74 | Physio     |
| 5 | Dick  | Tunny    | 1:30:55 | 70-74 | RCAF       |

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|---|--------|----------|---------|-------|------------|
| 1 | Jim    | Anderson | 1:10:42 | 75-79 | Apr Series |
| 2 | Lucien | Debreuil | 1:12:21 | 75-79 | MEC-1      |
| 3 | Ray    | Harris   | 1:13:21 | 75-79 | Physio     |