



2018 MRA Race Calendar

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Sun. 28 Frostbite River Run 5 Mile Race
Riverview Community Centre 10:00 a.m.
90 Ashland Avenue, Winnipeg
Dennis Cunningham: (204) 891-6229
E-mail: racedirector@frostbiteriverrun.ca

Sat. 10 Great Grain Wellness Relay
Max Bell Centre, U of M - 12:00 noon
David Hooper: (204) 926-3848; dhooper@colliers.mb.ca
Website: greatgrainrelay.ca

Sun. 1 MEC Winnipeg Race One - 5k & 10k
Assiniboine Park Conservatory 8:30 a.m.
MEC Winnipeg: (204) 943-4202; Winston.to@mec.ca

Sun. 8 Patrick Riddell April Run Series #1 - 2k & 5k
CS #1 MRA Classic Series-5k; MRA Youth Series 2k or 5k
YS #1 Assiniboine Park Conservatory 9:00 a.m.
Janette Rodewald: janetterodewald@hotmail.com

Mon. 9 MRA Hall of Fame Banquet
Canad Inn - 1824 Pembina Hwy. 5:30 p.m.
MRA office: (204) 477-5185; office@mraweb.ca

Sun. 15 Patrick Riddell April Run Series #2 - 2k, 5k & 10k
CS #2 MRA Classic Series-10k; MRA Youth Series 2k or 5k
YS #2 Assiniboine Park Conservatory 9:00 a.m.
Janette Rodewald: janetterodewald@hotmail.com

Mon. 16 MRA Annual General Meeting - 7:30 p.m.
Reh Fit Centre, 1390 Taylor Ave. Seminar Room "B"
MRA office: (204) 477-5185; office@mraweb.ca
All 2018 members welcome!

Sun. 22 Patrick Riddell April Run Series #3 - 2k, 5k & 15k
CS #3 MRA Classic Series-15k; MRA Youth Series-2k or 5k
YS #3 Assiniboine Park Conservatory 9:00 a.m.
Janette Rodewald: janetterodewald@hotmail.com

Sat. 28 Go for the Burn Run 10k run; 5k run/walk; 3k Youth run; 3k walk
CS #4 MRA Classic Series-10k; MRA Youth Series-3k or 5k
YS #4 Assiniboine Park Conservatory 9:00 a.m.
Ashley Wilson: (204) 298-1379
ashleyjdwilson@hotmail.com

Sun. 29 Lace Up for Diabetes 10k, 5k, 3k & Kids' Fun Run
Assiniboine Park Conservatory 9:00 a.m.
Gwen Smith: (204) 925-6193; gwen.smith@diabetes.ca

Sat. 5 Run at the Ridge 2k & 5k race
YS #5 MRA Youth Series-2k or 5k
Whyte Ridge Elementary School, 400 Scurfield 8:30 a.m.
Sue Zajac: (204) 299-9709; szajac@pembinatrails.ca

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Sun. 6 Foodfare - Winnipeg Police Half Marathon, 2 Person Relay & 5k
CS #5 MRA Classic Series-Half Marathon
Assiniboine Park 8:00 a.m.
www.wpshalfmarathon.ca

This symbol indicates a course that has been measured and certified by Athletics Canada.

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Sat. 12 28th Annual Physio Fit Run 10k (Timed), 5k Run/Walk, 3k walk/run & 1k Kid's Run
CS #6 MRA Classic Series-10k; MRA Youth Series-3k or 5k
YS #6 Assiniboine Park Conservatory 8:00 a.m.
Website: www.physiofitrun.ca
Stephanie Roberecki: (204) 771-7844; info@physiofitrun.ca

Sun. 13 MEC Winnipeg Race Two - 5k, 10k & Half Marathon
East St Paul Community Centre 8:00a.m.
MEC Winnipeg: (204) 943-4202; Winston.to@mec.ca

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Sat. 19 Color Me Rad 5k Fun Run Winnipeg
Red River Exhibition Park 9:00 a.m.
Nathan Johns: (801) 400-6644; nathan@colormerad.com

Sat. 26 Headingley Fire Dept Run for Wishes 5k run & 3k walk
CS #7 MRA Classic Series-5k; MRA Youth Series-3k or 5k
YS #7 Headingley Fire Hall - 126 Bridge Rd. Headingley 9:00 a.m.
Glenn Reimer: (204) 889-5806/333-9007; greimer@shaw.ca

Sat. 26 Run and Walk to Remember (10k Run/5k Run/Walk) Sponsored by the Curtis Klassen Memorial Fund
Altona Park, Altona, MB 9:00 a.m.
Wendy Dyck: (204) 324-7681; ckmemorialfund@hotmail.com

Sun. 27 RCAF Run - Half Marathon, 2-person Relay; 10k & 3k Family Fun Run/Walk
17 Wing, 680 Wihuri Road., Winnipeg, MB 9:00 a.m.
Heather Collins: 204-833-2500 ext 6719; airforcerun@forces.gc.ca

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Sat. 2 Huntington Heroes Walk/Run to Cure HD 5k & 10k Fun Run/Walk
Assiniboine Park Conservatory 9:00 a.m.
Vern Barrett: (204) 694-1779; info@hdmanitoba.ca
www.hdmanitoba.ca

Sat. 2 Winnipeg Frontrunners Pride Run 3k, 5k, & 10k Fun Run/Walk
YS #8 MRA Youth Series-3k or 5k
The Forks Festival Park and Stage 9:30 a.m.
Claude Ouellette: (204) 960-3936; wpgpriderun@gmail.com

Sun. 3 Swan River Fun Run 1k Kids' Run, 5k, 10k & 1/2 Marathon
Legion Park, Swan River, MB 8:00 a.m.
Keith Immerkar: (204) 734-0720; immerkarfarms@hotmail.com
http://swanriverfunrun.webs.com

Sun. 17 Manitoba Marathon: Full Marathon, Half Marathon, 5 Person Relay, 10k & Super Run (4.2k)
CS #8 MRA Classic Series-Full Marathon
University of Manitoba 7:00am
Marathon Office: (204) 415-4517
running@manitobamarathon.mb.ca

There are 16 races in the MRA Classic Race Series. You must run 5 races to qualify for an MRA Classic Series award, with your best 10 races to count.

There are 16 races in the MRA Youth Race Series. Runners 16 and under must run in 3 of these races to qualify for Youth Series points, medals, and prizes.

Age for both series is determined as of January 1st, 2018.

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Sun. 1 East St. Paul Canada Day "Super" Run
10k 🏃, 5k 🏃 & 3k Family Fun Run/Walk
CS # 9 MRA Classic Series-5k; MRA Youth Series-3k or 5k
YS # 9 East St. Paul Community Centre 9:00 a.m.
 264 Hoddinott Road, East St. Paul
 Dave Lipchen: (204)250-5107; info@windburnraceteam.com

Wed. 4 Family Ice Cream Run #1 - 1k & 2.2k
YS #10 MRA Youth Series-1k or 2.2k
 Crescent Drive Park 7:00 p.m.
 MRA Office: (204) 477-5185; office@mraweb.ca

Sun. 15 MEC Winnipeg Race Three Trail Run 5k/10k/15k
 LaBarriere Park 8:00 a.m.
 MEC Winnipeg: (204) 943-4202; Winston.to@mec.ca

Sun. 15 Clearwater Lake Marathon 21k, 10k, 5k & 1k
 Clearwater Lake Airport Hall, The Pas
 8:30 a.m.-21k 9:00 a.m.-10k&5k 9:15 a.m.-1k
 Michael O'Rourke: (204) 623-0288
 michaelorourke@mymts.net

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Wed. 1 Family Ice Cream Run #2 - 1k & 2.2k
YS #11 MRA Youth Series-1k or 2.2k
 Crescent Drive Park 7:00 p.m.
 MRA Office: (204) 477-5185; office@mraweb.ca

Sun. 5 Islendingadagurinn 10 Mile 🏃 Road Race and Jan's 1 Mile Family Fun Run
CS #10 MRA Classic Series-10 Mile
 10 Mile: Winnipeg Beach to Gimli 8:00 a.m.
 1 Mile: Gimli Pavilion Park 8:30 a.m.
 Jill Seymour: flyingathleticclub@hotmail.com
 www.flyingm.ca

Sun. 9 Winnipeg 10&10 5k, 10k 🏃, 10 Miler 🏃 & 30k
CS #11 MRA Classic Series-10k
 Memorial Park (Broadway & Osborne) 7:30 a.m.
 Chris Walton: (204) 880-5042
 CWalton@runningroom.com

Sun. 9 Run2Believe 10k & 5k Fun Walk/Run
 Whittier Park, Winnipeg 9:00 a.m.
 Kimberly Jabusch & Diane Genyk
 run2believe@outlook.com

Sat. 15 Point Douglas Run—10k, 5k & 2.5k Fun Run & Walk
YS #12 MRA Youth Series-2.5k or 5k
 Norquay Community Centre, Point Douglas 9:00 a.m.
 Bridget: (204) 330-0022 or Kim: (204) 261-9006
 www.streetfeetrunwell.ca/events

Sun. 16 MEC Winnipeg Race Four - 5k 🏃, 10k 🏃 & Full Marathon 🏃
 St Norbert Farmer's Market 8:00 a.m.
 MEC Winnipeg: (204) 943-4202; Winston.to@mec.ca

Sun. 16 Fort Garry Rotary Half Marathon 🏃 & 5k Fun Run
CS #12 MRA Classic Series-Half Marathon
 St. Vital Park, Winnipeg 8:00 a.m.
 Patrick O'Connor: (204) 291-9551

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Sun. 16 Riding Mountain Half Marathon & 10k
 Riding Mountain National Park, Wasagaming MB 9:00am
 Dave Lipchen (204)250-5107; info@windburnraceteam.com
 www.windburnraceteam.com

Sat. 22 Abas Auto Stony Mountain Run— 3k, 5k, 10k & Relay
YS #13 MRA Youth Series-3k or 5k
 Stony Mountain Community Centre 10:00 a.m.
 Dave VanHeyst: (204) 344-5081; ld@mymts.net
 http://stonymountainmb.ca/smrun.html

Sun. 23 Ted's Run for Literacy - 8th Annual 10k 🏃, 5k 🏃 & 2k Fun Run
CS #13 MRA Classic Series-10k
 Kildonan Park, Winnipeg 10:00 a.m.
 M. Bennett: (204) 793-0934; tedsrnforliteracy@gmail.com
 Website: tedsrnforliteracy.com

Sun. 30 Treherne Marathon 🏃, Half Marathon 🏃, 10k & 5k
 Treherne Community Centre 9:00 a.m.
 Melanie Wall: trehernerun@gmail.com

Sun. 30 Linden Woods Fall Classic 10k 🏃, 5k & Mighty Mile
CS #14 MRA Classic Series-10k; MRA Youth Series-Mile or 5k
YS #14 Van Wallegghem School, 1 Princemere Road 9:00 a.m.
 Wil Hedges: (204) 430-5770; lwfc@outlook.com
 Website: www.lwfc.ca

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Sat. 6 Winkler's Thanks for Giving Run Half Marathon 🏃, 10k Run & 5k Run
 Winkler Arena, 600 Park St. Winkler, MB 9:00 a.m.
 Dwight Suderman: (204) 362-8223
 Website: www.thanksforgivingrun.ca

Sun. 7 Run Sage Creek 1k, 3k, 5k & 10k
 Ecole Sage Creek School, 315 Sage Creek Blvd. 8:00 a.m.
 Becky Hryniuk: (204) 293-2273; runsagecreek@gmail.com

Sat. 13 Hecla Half Marathon 🏃 & 10k
 Lakeview Hecla Resort, Hecla Island, MB 11:00 a.m.
 Dwayne Olson: (204) 451-1349; prairietiming@gmail.com

Sun. 14 7th Annual WFPS Half Marathon 🏃, 10k 🏃 & 5k
CS #15 MRA Classic Series-Half Marathon
 Canadian Mennonite University (North Campus) 8:00a.m.
 Jonathan Torchia: (204) 294-6737
 wfpshalfmarathon@hotmail.com

Sun. 21 Run 4 Your Cause - 5k 🏃 Awesome Twosome, 3.3k & Happy Feet Dash
CS #16 MRA Classic Series-5k; MRA Youth Series-3.3k or 5k
YS #15 Canadian Mennonite University, North Campus 9:00a.m.
 Contact: (204) 416-0063; run4yourcause@gmail.com

Sun. 28 MEC Winnipeg Race Five Spooky Dash 3k, 5k 🏃 & 10k 🏃
YS #16 MRA Youth Series-3k or 5k
 Assiniboine Park Pavilion 8:30 a.m.
 MEC Winnipeg: (204) 943-4202; Winston.to@mec.ca

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Wed. 14 MRA Race Series & Youth Series Awards Pizza Night
 Starts at 6:00 p.m.; Location TBA
 MRA office:: (204)477-5185; E-mail: office@mraweb.ca

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Manitoba Runners' Association

Box 34148 Fort Richmond
 Winnipeg, MB R3T 5T5
 (204) 477-5185
 Email: office@mraweb.ca

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