

5 Km Women (2007-2017)

1	Sarah-Anne	Brault	17:29	15-19	Puma	2007
2	Brigitte	Girouard	17:57	30-34	Headingley	2014
3	Darolyn	Walker	18:02	25-29	Puma-3	2010
4	Melissa	Goodwin	18:26	25-29	Puma	2007
5	Dayna	Graham	18:30	30-34	Headingley	2011
6	Andrea	Bradshaw	18:35	25-29	ESP	2017
7	Nicole	Walker	18:36	25-29	Windburn	2015
8	Georgette	Mink	18:42	30-34	Puma	2007
9	Cathy	Cullen	18:44	25-29	Puma	2007
10	Lacey	De Jong	18:45	20-24	Puma	2012
11	Janelle	Vincent	18:52	25-29	Headingley	2007
12	Katrina	Bruckschwaiger	18:56	25-29	Puma	2009
13	Emma	Kusch Dahle	18:56	15-19	Pure-3	2014
14	Brigitte	Girouard	18:59	25-29	Puma	2011
15	Jaclyn	Adamson	19:01	15-19	Puma	2007
16	Payton	Ryz	19:19	15-19	Pure Life-3	2015
17	Gina	Tessmann	19:23	20-24	Puma	2010
18	Kyla	Roy	19:29	15-19	Pure Life-2	2015
19	Alice	Sherwin	19:30	15-19	Puma	2007
20	Rebecca	Carr	19:30	20-24	Puma	2011
21	Cossette	Taylor-Mendes	19:32	30-34	Puma	2007
22	Lindsey	McKenty	19:32	20-24	Haiti Relay	2016
23	Amanda	Younka	19:33	35-39	Puma	2008
24	Melanie	Gregoire	19:33	20-24	Puma	2009
25	Nicole	Balzer	19:35	15-19	Pure Life-3	2015
26	Stevie	Moore	19:45	20-24	Puma-3	2010
27	Andrea	Paci	19:51	40-44	Headingley	2008
28	Nicole	Breault	20:00	20-24	Puma	2010
29	Richelle	Ready	20:02	15-19	Puma	2007
30	Ashlyn	Cortvriendt	20:05	15-19	Puma-2	2012
31	Nicole	Dubois	20:06	20-24	Pure Life-1	2015
32	Jessica	Schofield	20:07	25-29	Headingley	2012
33	Janine	Zajac	20:07	20-24	April Series-2	2017
34	Ami	Samuel	20:18	40-44	Puma	2012
35	Caitlyn	Roy	20:19	1014	Pure Life-3	2015
36	Sandra	Stephen	20:25	30-34	Pure-1	2014
37	Taylor	Sprague	20:28	20-24	Pure-3	2014
38	Reagan	Ricard	20:29	10-14	April Series-2	2017
39	Marina	Gross	20:29	10-14	April Series-2	2017
40	Chantal	Denholm	20:33	25-29	Puma-2	2008
41	Danika	Passler Bates	20:38	10-14	Puma-3	2012

42	Belinda	Guerra	20:39	15-19	Haiti Relay	2015
43	Nicola	Odaisky	20:40	15-19	Windburn-1	2015
44	Tyra	Dickson	20:42	20-24	Headingley	2007
45	Vanessa	Mulhern	20:43	20-24	Puma	2007
46	Alyssa	Altomare	20:46	20-24	Puma	2009
47	Kim	Witges	20:47	30-34	Puma	2008
48	Kailey	Kroeker	20:49	20-24	Puma	2012
49	Erin	Braun	20:50	20-24	Puma	2007
50	Janie	Parson	20:52	40-44	Headingley	2015
1	Caitlyn	Roy	20:19	1-14	Pure Life-3	2015
2	Payton	Ryz	20:21	1-14	Pure-3	2014
3	Reagan	Ricard	20:29	1-14	April Series-2	2017
4	Marina	Gross	20:29	1-14	April Series-2	2017
5	Danika	Passler Bates	20:38	1-14	Puma-3	2012
6	Ashlyn	Cortvriendt	20:56	1-14	Puma	2010
7	Annika	Niblock	21:08	1-14	Haiti	2016
8	Bridget	Smith	21:12	1-14	RCAF	2015
9	Allison	Bergen	21:18	1-14	Puma	2008
10	Tarina	Ready	21:27	1-14	Puma	2010
1	Sarah-Anne	Brault	17:29	15-19	Puma	2007
2	Emma	Kusch Dahle	18:56	15-19	Pure-3	2014
3	Jaclyn	Adamson	19:01	15-19	Puma	2007
4	Alice	Sherwin	19:30	15-19	Puma	2007
5	Melanie	Gegoire	19:59	15-19	Puma	2007
6	Richelle	Ready	20:02	15-19	Puma	2007
7	Ashlyn	Cortvriendt	20:05	15-19	Puma-2	2012
8	Kyla	Roy	20:21	15-19	Pure-3	2014
9	Nicole	Balzer	20:22	15-19	Pure Life-1	2015
10	Payton	Ryz	20:24	15-19	April Run-1	2016
1	Lacey	De Jong	18:45	20-24	Puma	2012
2	Nicole	Mulder	19:11	20-24	Pure Life	2013
3	Gina	Tessmann	19:23	20-24	Puma	2010
4	Rebecca	Carr	19:30	20-24	Puma	2011
5	Lindsey	McKenty	19:32	20-24	Haiti	2016
6	Melanie	Gregoire	19:33	20-24	Puma	2009
7	Alice	Sherwin	19:33	20-24	Puma	2011
8	Stevie	Moore	19:45	20-24	Puma-3	2010
9	Nicole	Breault	20:00	20-24	Puma	2010
10	Nicole	Dubois	20:06	20-24	Pure Life-1	2015
1	Darolyn	Walker	18:02	25-29	Puma-3	2010
2	Melissa	Goodwin	18:26	25-29	Puma	2007

3	Andrea	Bradshaw	18:35	25-28	ESP	2017
4	Nicole	Walker	18:36	25-29	Windburn-1	2015
5	Cathy	Cullen	18:44	25-29	Puma	2007
6	Janelle	Vincent	18:52	25-29	Headingley	2007
7	Katrina	Bruckschwaiger	18:56	25-20	Puma	2009
8	Brigitte	Girouard	18:59	25-29	Puma	2011
9	Lacey	De Jong	19:17	25-29	Pure Life-1	2015
10	Alice	Sherwin	19:37	25-29	Pure Life	2013

1	Brigitte	Girouard	17:57	30-34	Headingley	2014
2	Darolyn	Walker	18:13	30-34	Headingley	2015
3	Dayna	Graham	18:30	30-34	Headingley	2011
4	Georgette	Mink	18:42	30-34	Puma	2007
5	Melissa	Armstrong	18:49	30-34	Supeene	2009
6	Cossette	Taylor-Mendes	19:32	30-34	Puma	2007
7	Sandra	Stephen	20:25	30-34	Pure-1	2014
8	Kim	Witges	20:47	30-34	Puma	2008
9	Lindsey	Green	21:04	30-34	Headingley	2016
10	Alicia	Slade	21:09	30-34	MEC-3	2016

1	Amanda	Younka	19:33	35-39	Puma	2008
2	Fiona	Garrioch	20:54	35-39	Run-Cause	2017
3	Chantal	Denholm	21:14	35-39	Pure Life-2	2013
4	Heather	McDonnell	21:17	35-39	Pure Life-1	2015
5	Mairead	Drain	21:17	35-39	ESP	2017
6	Cheryl	Adam	21:28	35-39	Haiti	2016
7	Dayna	Graham	21:30	35-39	MEC-1	2016
8	Nadine	Ralf	22:05	35-39	Puma	2008
9	Heather	Marks	22:10	35-39	Puma	2008
10	Kim	Witges	22:23	35-39	Puma	2011

1	Andrea	Paci	19:51	40-44	Headingley	2008
2	Amanda	Younka	19:57	40-44	Supenne	2009
3	Ami	Samuel	20:18	40-44	Puma	2012
4	Janie	Parson	20:52	40-44	Headingley	2016
5	Audrey	Goertzen	21:15	40-44	Puma	2008
6	Diane	Watt	21:21	40-44	G Beach	2008
7	Monica	Young	21:23	40-44	Headingley	2008
8	Lorraine	Murray	22:02	40-44	Investors	2007
9	Donna	Maxwell	22:22	40-44	Puma-3	2010
10	Michelle	Richtik	22:32	40-44	Headingley	2009
10	Wendy	Dyck	22:32	40-44	ESP	2017

1	Ami	Samuel	20:45	45-49	Headingley	2014
2	Amanda	Younka	20:52	45-49	Pure-3	2014

3	Dawn	Clark	21:08	45-49	Investors	2007
4	Marianela	Lopez	21:41	45-49	Puma	2012
5	Velvet	Cadre	21:44	45-49	Puma	2010
6	Nancy	Goodall	21:46	45-49	Headingley	2013
7	Andrea	Paci	22:06	45-49	R Mountain	2011
8	Cherrie	Fournier	22:12	45-49	Pure-2	2014
9	Carolyn	Rempel	22:19	45-49	MEC-2	2017
10	Jaymi	Derrett	22:40	45-49	Headingley	2009
1	Kathy	Wiens	21:31	50-54	Puma	2010
2	Jaymi	Derrett	21:37	50-54	Headingley	2010
3	Gloria	Juvonen	23:26	50-54	G Beach	2011
4	Shelley	Masson	23:36	50-54	Puma	2012
5	Nancy	Pallett	23:49	50-54	Com-Fit	2009
6	Robyn	Dicesare	23:49	50-54	Haiti	2014
7	Gail	Johnstone	24:30	50-54	Puma	2009
8	Nancy	Hill	24:45	50-54	Headingley	2009
9	Marlene	Naylor	24:55	50-54	Windburn-2	2015
10	Shelley	Borschawa	25:00	50-54	Investors	2007
1	Jaymi	Derrett	22:36	55-59	Headingley	2016
2	Betty	Hazeu	22:50	55-59	Headingley	2011
3	Danielle	Papin	23:27	55-59	MEC-2	2015
4	Darlene	Warner	23:29	55-59	Headingley	2008
5	Jan	Pickell	23:39	55-59	Supeene	2009
6	Kathy	Wiens	25:11	55-59	Windburn-2	2015
7	Janet	Kastellanos	25:19	55-59	Haiti	2016
8	Lynn	Glowach	25:23	55-59	Haiti	2016
9	Heather	Hrymak	25:48	55-59	Neepawa	2014
10	Nancy	Hill	25:52	55-59	Headingley	2013
1	Danielle	Papin	22:58	60-64	Haiti	2016
2	Jackie	Terry	24:10	60-64	RCAF	2015
3	Georgine	Cook	24:59	60-64	Investors	2007
4	Maria	Donahue	25:49	60-64	April Run-1	2016
5	Patricia	Konantz	26:38	60-64	Pure-2	2014
6	Shelley	Borschawa	26:53	60-64	MEC-5	2017
7	Carol	Bohn	27:02	60-64	Pure Life	2013
8	Muriel	Gamey	27:18	60-64	Neepawa	2012
9	Nancy	Doern-White	27:47	60-64	MEC-5	2017
10	Francis	Usunier	27:48	60-64	Headingley	2014
1	Georgine	Cook	27:23	65-69	Headingley	2011
2	Joanne	King	29:36	65-69	History	2013
3	Lorraine	Delorme	31:21	65-69	RCAF	2017

4	June	Horsburgh	31:47	65-69	Headingley	2017
5	June	Bell	33:43	65-69	Police	2017
6	Ruth	Lindquist	35:22	65-69	Police	2016
7	Sandy	Bellew	36:20	65-69	Police	2017
8	Margot	Christie	36:41	65-69	Puma	2012
9	Lynn	Samuel	43:58	65-69	R Mountain	2011
10	Gail	Dunlop	43:59	65-69	Police	2017
1	Georgine	Cook	27:50	70-74	Haiti	2014
2	Beverley	Scheiffert	28:41	70-74	Police	2015
3	Dreena	Duhamé	32:53	70-74	Supeene	2009
4	Saba	Harding	35:22	70-74	RCAF	2014
5	Nevayah	Anderson	39:17	70-74	RCAF	2015
6	Margot	Christie	39:18	70-74	Pure Life	2013
7	Bernice	Makarchuk	41:57	70-74	Com-Fit	2009
8	Myra	Westman	42:11	70-74	Com-Fit	2009
9	Yvonne	Balencourt	44:14	70-74	RCAF	2014
10	Bobbi	Troniak	45:43	70-74	ESP	2017
1	Dreena	Duhamé	32:54	75-79	Headingley	2013
2	Ada	Letinsky	35:28	75-79	ESP	2017
3	Helen	Peters	45:04	75-79	Physio	2017
1	Dreena	Duhamé	37:25	80-84	Headingley	2016
2	Marie	Montsion	51:29	80-84	R Mountain	2011