

Winnipeg 10 and 10
 September 9, 2018
 Winnipeg, MB

OVERALL 5K RESULTS

PLACE	NAME	GENDER	CITY	AGE GROUP	PLACE IN AGE GROUP	IN GENDER	FINISH TIME	CHIP TIME
1	Darcey Harder	M	Winnipeg	M45-49	1/3	1/24	18:22	18:22
2	Jonas Eastcott	M	Winnipeg	M25-29	1/3	2/24	18:29	18:29
3	Benjamin Sz wajcer	M	Winnipeg	M01-14	1/5	3/24	20:28	20:27
4	Jose Neves	M	Winnipeg	M20-24	1/3	4/24	20:28	20:26
5	Aime Lafreniere	M	Fisher Branch	M55-59	1/2	5/24	21:56	21:54
6	Tendekai Matsika	M	Winnipeg	M20-24	2/3	6/24	23:23	23:21
7	Kerri Drosdowech	F	Winnipeg	F50-54	1/2	1/38	24:15	24:13
8	Noah St Laurent	M	Ile Des Chenes	M01-14	2/5	7/24	24:21	24:18
9	Bev Chliboyko	F	Gonor	F55-59	1/1	2/38	27:08	27:04
10	Joud Hawash	M	Winnipeg	M01-14	3/5	8/24	28:20	28:18
11	Philip Lacap	M	Winnipeg	M35-39	1/5	9/24	28:31	28:22
12	Carla Patzer	F	Winnipeg	F40-44	1/5	3/38	29:29	29:22
13	Alma Yegros	F	Mitchell	F35-39	1/6	4/38	29:30	29:28
14	Jayson Morte	M	Winnipeg	M30-34	1/1	10/24	30:03	29:55
15	Mary Hildebrand	F	Mitchell	F40-44	2/5	5/38	30:09	30:07
16	Richard Kopsky	M	Bolingbrook	M45-49	2/3	11/24	30:24	30:18
17	Christiane Pham	F	Winnipeg	F35-39	2/6	6/38	30:43	30:39
18	Debra Kopsky	F	Bolingbrook	F45-49	1/6	7/38	31:47	31:40
19	Caroline Zulkoski	F	St Andrews	F20-24	1/2	8/38	31:54	31:49
20	Romeo Reyes	M	Winnipeg	M35-39	2/5	12/24	32:05	31:56
21	Johanna Kroetsch	F	Winnipeg	F25-29	1/5	9/38	32:13	32:09
22	Danny Ly	M	Winnipeg	M25-29	2/3	13/24	33:37	33:29
23	Janna Hawash	F	Winnipeg	F01-14	1/1	10/38	33:42	33:40
24	Matthew Mi	M	Winnipeg	M01-14	4/5	14/24	33:51	33:49
25	Michael Mi	M	Winnipeg	M50-54	1/1	15/24	33:53	33:51
26	Thi Thur Tr Nguyen	F	Winnipeg	F35-39	3/6	11/38	34:10	34:01
27	Ryan Alessandro	M	Winnipeg	M35-39	3/5	16/24	34:13	34:09
28	John Visser	M	Niverville	M45-49	3/3	17/24	34:14	34:09
29	Sigrid Belanger	F	Gimli	F15-19	1/2	12/38	34:19	34:07
30	Judi Price-Rosen	F	Winnipeg	F45-49	2/6	13/38	34:36	34:29
31	Caden Dobson	M	Winnipeg	M01-14	5/5	18/24	34:37	34:30
32	Cindy Dobson	F	Winnipeg	F45-49	3/6	14/38	34:38	34:31
33	Adriana-Ste Ciupeanu	F	Winnipeg	F25-29	2/5	15/38	34:48	34:47
34	Charlotte Gowie	F	Winnipeg	F45-49	4/6	16/38	34:57	34:50
35	Jessica Wood	F	Winnipeg	F25-29	3/5	17/38	35:17	35:09
36	Laura Glowacki	F	Winnipeg	F30-34	1/8	18/38	35:30	35:28
37	Randy Pagtalunan	M	Winnipeg	M35-39	4/5	19/24	35:41	35:30
38	Shonna Newans	F	Winnipeg	F45-49	5/6	19/38	36:29	36:28

39	Randy Zulkoski	M	St Andrews	M55-59	2/2	20/24	36:48	36:43
40	Teresa Looy	F	Winnipeg	F25-29	4/5	20/38	37:20	37:08
41	Kristine Cruz	F	Winnipeg	F35-39	4/6	21/38	37:24	37:15
42	Aiza Sola	F	Winnipeg	F30-34	2/8	22/38	37:45	37:39
43	Ween Eusebio	F	Winnipeg	F30-34	3/8	23/38	38:53	38:50
44	Laura Forrest	F	Winnipeg	F50-54	2/2	24/38	39:16	39:05
45	Lindsay Galupe	F	Winnipeg	F30-34	4/8	25/38	41:00	40:51
46	Delaney Coelho	F	Winnipeg	F30-34	5/8	26/38	41:13	41:04
47	Shondell Babb	F	Winnipeg	F40-44	3/5	27/38	41:37	41:33
48	Andrew Rhoden	M	Thompson	M20-24	3/3	21/24	41:55	41:44
49	Ace Abrenica	M	Winnipeg	M35-39	5/5	22/24	41:58	41:48
50	Dexeryll Balolong	F	Winnipeg	F40-44	4/5	28/38	42:14	42:09
51	Kaye Mariano	F	Narol	F40-44	5/5	29/38	42:16	42:12
52	Keriann Jones	F	Winnipeg	F15-19	2/2	30/38	44:20	44:07
53	Ying Wang	F	Winnipeg	F45-49	6/6	31/38	44:25	44:22
54	Maridel Pagtalunan	F	Winnipeg	F35-39	5/6	32/38	45:24	45:14
55	Sarah Wilton	F	Winnipeg	F35-39	6/6	33/38	46:42	46:34
56	Kim Lacap	F	Winnipeg	F30-34	6/8	34/38	47:44	47:34
57	Kellie Jones	F	Winnipeg	F20-24	2/2	35/38	49:22	49:10
58	Rick Harding	M	Winnipeg	M60-64	1/1	23/24	49:22	49:15
59	Shawn Macalalad	M	Winnipeg	M25-29	3/3	24/24	49:40	49:35
60	Emily Aguilar	F	Winnipeg	F25-29	5/5	36/38	49:42	49:36
61	Karla Christianson	F	Winnipeg	F30-34	7/8	37/38	53:41	53:26
62	Kathryn Cruz	F	Winnipeg	F30-34	8/8	38/38	59:36	59:25

AGE GROUP RESULTS
Winnipeg 10 and 10
September 9, 2018
Winnipeg, MB

***** MALE OVERALL RESULTS FOR 5K *****

1	Darcey Harder	Winnipeg	18:22
2	Jonas Eastcott	Winnipeg	18:29
3	Benjamin Szwajcer	Winnipeg	20:28

***** FEMALE OVERALL RESULTS FOR 5K *****

1	Kerri Drosdowech	Winnipeg	24:15
2	Bev Chliboyko	Gonor	27:08
3	Carla Patzer	Winnipeg	29:29

MALE AGE GROUP: 14 & Under

1	Benjamin Szwajcer	Winnipeg	20:28
2	Noah St Laurent	Ile Des Chenes	24:21
3	Joud Hawash	Winnipeg	28:20

4 Matthew Mi	Winnipeg	33:51
5 Caden Dobson	Winnipeg	34:37

MALE AGE GROUP: 20 to 24

1 Jose Neves	Winnipeg	20:28
2 Tendekai Matsika	Winnipeg	23:23
3 Andrew Rhoden	Thompson	41:55

MALE AGE GROUP: 25 to 29

1 Jonas Eastcott	Winnipeg	18:29
2 Danny Ly	Winnipeg	33:37
3 Shawn Macalalad	Winnipeg	49:40

MALE AGE GROUP: 30 to 34

1 Jayson Morte	Winnipeg	30:03
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MALE AGE GROUP: 35 to 39

1 Philip Lacap	Winnipeg	28:31
2 Romeo Reyes	Winnipeg	32:05
3 Ryan Alessandro	Winnipeg	34:13
4 Randy Pagtalunan	Winnipeg	35:41
5 Ace Abrenica	Winnipeg	41:58

MALE AGE GROUP: 45 to 49

1 Darcey Harder	Winnipeg	18:22
2 Richard Kopsky	Bolingbrook	30:24
3 John Visser	Niverville	34:14

MALE AGE GROUP: 50 to 54

1 Michael Mi	Winnipeg	33:53
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MALE AGE GROUP: 55 to 59

1 Aime Lafreniere	Fisher Branch	21:56
2 Randy Zulkoski	St Andrews	36:48

MALE AGE GROUP: 60 to 64

1 Rick Harding	Winnipeg	49:22
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FEMALE AGE GROUP: 14 & Under

1 Janna Hawash	Winnipeg	33:42
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FEMALE AGE GROUP: 15 to 19

1	Sigrid Belanger	Gimli	34:19
2	Keriann Jones	Winnipeg	44:20

FEMALE AGE GROUP: 20 to 24

1	Caroline Zulkoski	St Andrews	31:54
2	Kellie Jones	Winnipeg	49:22

FEMALE AGE GROUP: 25 to 29

1	Johanna Kroetsch	Winnipeg	32:13
2	Adriana-Ste Ciupeanu	Winnipeg	34:48
3	Jessica Wood	Winnipeg	35:17
4	Teresa Looy	Winnipeg	37:20
5	Emily Aguilar	Winnipeg	49:42

FEMALE AGE GROUP: 30 to 34

1	Laura Glowacki	Winnipeg	35:30
2	Aiza Sola	Winnipeg	37:45
3	Ween Eusebio	Winnipeg	38:53
4	Lindsay Galupe	Winnipeg	41:00
5	Delaney Coelho	Winnipeg	41:13
6	Kim Lacap	Winnipeg	47:44
7	Karla Christianson	Winnipeg	53:41
8	Kathryn Cruz	Winnipeg	59:36

FEMALE AGE GROUP: 35 to 39

1	Alma Yegros	Mitchell	29:30
2	Christiane Pham	Winnipeg	30:43
3	Thi Thur Tr Nguyen	Winnipeg	34:10
4	Kristine Cruz	Winnipeg	37:24
5	Maridel Pagtalunan	Winnipeg	45:24
6	Sarah Wilton	Winnipeg	46:42

FEMALE AGE GROUP: 40 to 44

1	Carla Patzer	Winnipeg	29:29
2	Mary Hildebrand	Mitchell	30:09
3	Shondell Babb	Winnipeg	41:37
4	Dexeryll Balolong	Winnipeg	42:14
5	Kaye Mariano	Narol	42:16

FEMALE AGE GROUP: 45 to 49

1	Debra Kopsky	Bolingbrook	31:47
2	Judi Price-Rosen	Winnipeg	34:36
3	Cindy Dobson	Winnipeg	34:38

4 Charlotte Gowie	Winnipeg	34:57
5 Shonna Newans	Winnipeg	36:29
6 Ying Wang	Winnipeg	44:25

FEMALE AGE GROUP: 50 to 54

1 Kerri Drosdowech	Winnipeg	24:15
2 Laura Forrest	Winnipeg	39:16

FEMALE AGE GROUP: 55 to 59

1 Bev Chliboyko	Gonor	27:08
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