

Winnipeg 10 and 10  
September 9, 2018  
Winnipeg, MB

OVERALL 30K RESULTS

PLACE	NAME	GENDER	CITY	AGE GROUP	PLACE IN AGE GROUP	IN GENDER	FINISH TIME	CHIP TIME
1	Paul Carr	M	Winnipeg	M30-34	1/6	1/32	1:47:52	1:47:48
2	Steffan Reimer	M	Blumenort	M25-29	1/3	2/32	1:48:10	1:48:09
3	Sheldon Kilcullen	M	Winnipeg	M30-34	2/6	3/32	1:52:28	1:52:25
4	Selene Sharpe	F	Winnipeg	F15-19	1/1	1/40	2:05:33	2:05:33
5	Alice Sherwin	F	Winnipeg	F30-34	1/5	2/40	2:13:13	2:13:13
6	Daryl Croft	M	Morden	M30-34	3/6	4/32	2:14:08	2:14:04
7	Jaala Van Dongen	F	La Broquerie	F35-39	1/7	3/40	2:24:30	2:24:29
8	Ginette Lischenski	F	Winnipeg	F40-44	1/10	4/40	2:25:11	2:25:10
9	Waiyung Iu	M	Winnipeg	M45-49	1/3	5/32	2:25:56	2:25:54
10	Barjinder Kang	M	Winnipeg	M35-39	1/5	6/32	2:27:06	2:27:02
11	Marianela Lopez	F	Winnipeg	F50-54	1/7	5/40	2:27:19	2:27:17
12	Mingdi Zhao	F	Winnipeg	F45-49	1/4	6/40	2:27:40	2:27:37
13	Marnie Margolis	F	Winnipeg	F45-49	2/4	7/40	2:28:36	2:28:36
14	Lindsay Boyko	F	Winnipeg	F40-44	2/10	8/40	2:34:02	2:33:56
15	Kevin Rosen	M	Winnipeg	M45-49	2/3	7/32	2:35:57	2:35:47
16	Steven Hurkett	M	Littleton	M30-34	4/6	8/32	2:37:05	2:37:03
17	Kevin Read	M	Winnipeg	M50-54	1/2	9/32	2:38:24	2:38:18
18	Alan Watts	M	Winnipeg	M45-49	3/3	10/32	2:39:10	2:39:00
19	Daniel Leonard	M	Winnipeg	M30-34	5/6	11/32	2:39:33	2:39:27
20	Ron George	M	Winnipeg	M55-59	1/3	12/32	2:40:36	2:40:30
21	Heather Ayres	F	Oakbank	F55-59	1/1	9/40	2:41:28	2:41:25
22	Claude Ouellette	M	Winnipeg	M40-44	1/7	13/32	2:42:10	2:42:03
23	David Benson	M	Galva	M60-64	1/2	14/32	2:42:13	2:42:04
24	Jenn Walton	F	Winnipeg	F45-49	3/4	10/40	2:42:18	2:42:14
25	Janet Kastellanos	F	Winnipeg	F60-64	1/3	11/40	2:43:08	2:43:07
26	Johann Gietzel	M	Winnipeg	M40-44	2/7	15/32	2:43:30	2:43:29
27	Karen MacKenzie	F	Winnipeg	F40-44	3/10	12/40	2:43:32	2:43:30
28	Catherine Dufour	F	Toronto	F35-39	2/7	13/40	2:47:05	2:47:03
29	Benjamin Reiter	M	Winnipeg	M25-29	2/3	16/32	2:48:27	2:48:20
30	Gillian Sadler	F	Winnipeg	F40-44	4/10	14/40	2:50:13	2:50:03
31	Gweneth Sutton	F	Winnipeg	F60-64	2/3	15/40	2:51:14	2:51:12
32	Collin Martin	M	Winnipeg	M35-39	2/5	17/32	2:51:45	2:51:39
33	Clarice To	F	Winnipeg	F30-34	2/5	16/40	2:53:47	2:53:37
34	Samantha Kee	F	Winnipeg	F25-29	1/2	17/40	2:56:41	2:56:38
35	Neil Cameron	M	Winnipeg	M30-34	6/6	18/32	2:58:01	2:57:56
36	Brenda Krueger	F	Winnipeg	F60-64	3/3	18/40	2:58:33	2:58:27
37	Lee Martin	M	Winnipeg	M40-44	3/7	19/32	2:59:45	2:59:38

38	Jennie MacCosham	F	Winnipeg	F30-34	3/5	19/40	3:00:24	3:00:21
39	Dama Slutchuk	F	Winnipeg	F40-44	5/10	20/40	3:09:53	3:09:45
40	Mike Cook	M	Winnipeg	M55-59	2/3	20/32	3:12:01	3:11:49
41	Linda Stupack	F	Winnipeg	F50-54	2/7	21/40	3:12:02	3:11:52
42	Sean Bracken	M	Winnipeg	M35-39	3/5	21/32	3:12:02	3:11:50
43	Paul Bernardin	M	Winnipeg	M60-64	2/2	22/32	3:12:44	3:12:36
44	Morgan Sales	F	Narol	F35-39	3/7	22/40	3:13:05	3:12:56
45	Nicholas Rush	M	Winnipeg	M40-44	4/7	23/32	3:13:33	3:13:23
46	Khosi Mashinini	F	Winnipeg	F40-44	6/10	23/40	3:17:34	3:17:25
47	Bryan Madsen	M	Oakbank	M25-29	3/3	24/32	3:19:31	3:19:22
48	Jerry Buckland	M	Winnipeg	M55-59	3/3	25/32	3:19:31	3:19:23
49	Alex Mabilangan	M	Winnipeg	M50-54	2/2	26/32	3:21:16	3:21:07
50	Carianne Mackey	F	Kenora	F50-54	3/7	24/40	3:22:12	3:22:03
51	Man Doan	M	Winnipeg	M40-44	5/7	27/32	3:22:36	3:22:31
52	Brooke Irving	F	La Salle	F35-39	4/7	25/40	3:22:49	3:22:41
53	Phuong Nguyen	F	Winnipeg	F35-39	5/7	26/40	3:25:35	3:25:31
54	Kathleen McCready	F	Oakbank	F50-54	4/7	27/40	3:28:51	3:28:44
55	Elisabeth Nguyen	F	Winnipeg	F50-54	5/7	28/40	3:29:00	3:28:57
56	Mwaka Kaonga	F	Winnipeg	F50-54	6/7	29/40	3:32:19	3:32:15
57	Norman Garcia	M	Winnipeg	M40-44	6/7	28/32	3:42:44	3:42:31
58	Angela Lebrun	F	Winnipeg	F40-44	7/10	30/40	3:43:48	3:43:38
59	Darlene Whitehill	F	Winnipeg	F45-49	4/4	31/40	3:45:18	3:45:10
60	Felicia Wiltshire	F	Winnipeg	F35-39	6/7	32/40	3:45:36	3:45:28
61	Kelsey Petersen	F	Winnipeg	F25-29	2/2	33/40	3:49:43	3:49:37
62	Brenda Marion-Gerula	F	Winnipeg	F40-44	8/10	34/40	3:55:56	3:55:52
63	Chris Streilein	M	Winnipeg	M35-39	4/5	29/32	3:55:57	3:55:49
64	Ashleigh Sanduliak	F	Winnipeg	F35-39	7/7	35/40	3:55:58	3:55:53
65	Eddie Marion-Gerula	M	Winnipeg	M40-44	7/7	30/32	3:59:23	3:59:18
66	Joanne Kim	F	Winnipeg	F30-34	4/5	36/40	4:01:01	4:00:57
67	Lam Nguyen	M	Winnipeg	M35-39	5/5	31/32	4:01:01	4:00:57
68	Katie Smith	F	Winnipeg	F40-44	9/10	37/40	4:08:06	4:07:55
69	Bridget Robinson	F	Winnipeg	F50-54	7/7	38/40	4:09:02	4:08:50
70	Elizabeth Salvador	F	Winnipeg	F30-34	5/5	39/40	4:10:07	4:10:02
71	James Johnston	M	Nepean	M70-74	1/1	32/32	4:10:20	4:10:09
72	Brandy Pantel	F	Winnipeg	F40-44	10/10	40/40	4:10:47	4:10:35

AGE GROUP RESULTS  
Winnipeg 10 and 10  
September 9, 2018  
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\*\*\*\*\* MALE OVERALL RESULTS FOR 30K \*\*\*\*\*

1	Paul Carr	Winnipeg	1:47:52
2	Steffan Reimer	Blumenort	1:48:10
3	Sheldon Kilcullen	Winnipeg	1:52:28

\*\*\*\*\* FEMALE OVERALL RESULTS FOR 30K \*\*\*\*\*

1 Selene Sharpe	Winnipeg	2:05:33
2 Alice Sherwin	Winnipeg	2:13:13
3 Jaala Van Dongen	La Broquerie	2:24:30

MALE AGE GROUP: 25 to 29

1 Steffan Reimer	Blumenort	1:48:10
2 Benjamin Reiter	Winnipeg	2:48:27
3 Bryan Madsen	Oakbank	3:19:31

MALE AGE GROUP: 30 to 34

1 Paul Carr	Winnipeg	1:47:52
2 Sheldon Kilcullen	Winnipeg	1:52:28
3 Daryl Croft	Morden	2:14:08
4 Steven Hurkett	Littleton	2:37:05
5 Daniel Leonard	Winnipeg	2:39:33
6 Neil Cameron	Winnipeg	2:58:01

MALE AGE GROUP: 35 to 39

1 Barjinder Kang	Winnipeg	2:27:06
2 Collin Martin	Winnipeg	2:51:45
3 Sean Bracken	Winnipeg	3:12:02
4 Chris Streilein	Winnipeg	3:55:57
5 Lam Nguyen	Winnipeg	4:01:01

MALE AGE GROUP: 40 to 44

1 Claude Ouellette	Winnipeg	2:42:10
2 Johann Gietzel	Winnipeg	2:43:30
3 Lee Martin	Winnipeg	2:59:45
4 Nicholas Rush	Winnipeg	3:13:33
5 Man Doan	Winnipeg	3:22:36
6 Norman Garcia	Winnipeg	3:42:44
7 Eddie Marion-Gerula	Winnipeg	3:59:23

MALE AGE GROUP: 45 to 49

1 Waiyung Iu	Winnipeg	2:25:56
2 Kevin Rosen	Winnipeg	2:35:57
3 Alan Watts	Winnipeg	2:39:10

MALE AGE GROUP: 50 to 54

1 Kevin Read	Winnipeg	2:38:24
2 Alex Mabilangan	Winnipeg	3:21:16

MALE AGE GROUP: 55 to 59

1 Ron George	Winnipeg	2:40:36
2 Mike Cook	Winnipeg	3:12:01
3 Jerry Buckland	Winnipeg	3:19:31

MALE AGE GROUP: 60 to 64

1 David Benson	Galva	2:42:13
2 Paul Bernardin	Winnipeg	3:12:44

MALE AGE GROUP: 70 to 74

1 James Johnston	Nepean	4:10:20
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FEMALE AGE GROUP: 15 to 19

1 Selene Sharpe	Winnipeg	2:05:33
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FEMALE AGE GROUP: 25 to 29

1 Samantha Kee	Winnipeg	2:56:41
2 Kelsey Petersen	Winnipeg	3:49:43

FEMALE AGE GROUP: 30 to 34

1 Alice Sherwin	Winnipeg	2:13:13
2 Clarice To	Winnipeg	2:53:47
3 Jennie MacCosham	Winnipeg	3:00:24
4 Joanne Kim	Winnipeg	4:01:01
5 Elizabeth Salvador	Winnipeg	4:10:07

FEMALE AGE GROUP: 35 to 39

1 Jaala Van Dongen	La Broquerie	2:24:30
2 Catherine Dufour	Toronto	2:47:05
3 Morgan Sales	Narol	3:13:05
4 Brooke Irving	La Salle	3:22:49
5 Phuong Nguyen	Winnipeg	3:25:35
6 Felicia Wiltshire	Winnipeg	3:45:36
7 Ashleigh Sanduliak	Winnipeg	3:55:58

FEMALE AGE GROUP: 40 to 44

1 Ginette Lischenski	Winnipeg	2:25:11
2 Lindsay Boyko	Winnipeg	2:34:02
3 Karen MacKenzie	Winnipeg	2:43:32
4 Gillian Sadler	Winnipeg	2:50:13
5 Dama Slutchuk	Winnipeg	3:09:53
6 Khosi Mashinini	Winnipeg	3:17:34

7	Angela Lebrun	Winnipeg	3:43:48
8	Brenda Marion-Gerula	Winnipeg	3:55:56
9	Katie Smith	Winnipeg	4:08:06
10	Brandy Pantel	Winnipeg	4:10:47

FEMALE AGE GROUP: 45 to 49

1	Mingdi Zhao	Winnipeg	2:27:40
2	Marnie Margolis	Winnipeg	2:28:36
3	Jenn Walton	Winnipeg	2:42:18
4	Darlene Whitehill	Winnipeg	3:45:18

FEMALE AGE GROUP: 50 to 54

1	Marianela Lopez	Winnipeg	2:27:19
2	Linda Stupack	Winnipeg	3:12:02
3	Carianne Mackey	Kenora	3:22:12
4	Kathleen McCready	Oakbank	3:28:51
5	Elisabeth Nguyen	Winnipeg	3:29:00
6	Mwaka Kaonga	Winnipeg	3:32:19
7	Bridget Robinson	Winnipeg	4:09:02

FEMALE AGE GROUP: 55 to 59

1	Heather Ayres	Oakbank	2:41:28
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FEMALE AGE GROUP: 60 to 64

1	Janet Kastellanos	Winnipeg	2:43:08
2	Gweneth Sutton	Winnipeg	2:51:14
3	Brenda Krueger	Winnipeg	2:58:33