

Winnipeg 10 and 10
 September 9, 2018
 Winnipeg, MB

OVERALL 10K RESULTS

PLACE	NAME	GENDER	CITY	AGE GROUP	PLACE IN AGE GROUP	FINISH TIME	CHIP TIME
1	Corey Gallagher	M	Winnipeg	M30-34	1/7	34:43	34:43
2	Kyle McCoy	M	Winnipeg	M20-24	1/3	40:28	40:27
3	Dennis Lang	M	Winnipeg	M65-69	1/1	40:39	40:39
4	Taylor Sprague	F	East St Paul	F20-24	1/6	41:31	41:30
5	Thomas Miller	M	Winnipeg	M25-29	1/9	41:32	41:31
6	Bruce Young	M	Winnipeg	M55-59	1/12	41:45	41:44
7	Milka Kopp	F	Winnipeg	F45-49	1/22	42:07	42:07
8	Don Bevington	M	Beausejour	M50-54	1/10	43:04	43:01
9	Joel Laurier	M	Winnipeg	M25-29	2/9	43:06	43:04
10	Lindsey Green	F	Winnipeg	F30-34	1/26	43:07	43:05
11	Robert Cox	M	Winnipeg	M55-59	2/12	43:21	43:20
12	Dennis Cunningham	M	Winnipeg	M50-54	2/10	44:03	44:01
13	Zena Van De Poel	F	Winnipeg	F30-34	2/26	44:16	44:14
14	Dawn Neal	F	Winnipeg	F35-39	1/17	45:00	44:58
15	Gordon Flett	M	Winnipeg	M55-59	3/12	45:13	45:11
16	Sébastien Durand	M	Winnipeg	M30-34	2/7	45:20	45:12
17	Troy Mawle	M	Winnipeg	M50-54	3/10	45:33	45:31
18	Tanner Sanders	M	Beausejour	M01-14	1/4	46:07	46:00
19	Tim Magas	M	Winnipeg	M50-54	4/10	46:09	45:59
20	Erich Klassen	M	East St Paul	M60-64	1/6	46:15	46:13
21	Neil Ferguson	M	Winnipeg	M60-64	2/6	46:29	46:24
22	Laura Hansan	F	Winnipeg	F35-39	2/17	46:33	46:32
23	David Hooper	M	St. Andrews	M55-59	4/12	46:42	46:40
24	Ami Amleset Samuel	F	Winnipeg	F50-54	1/16	47:20	47:17
25	Nick Niebuhr	M	Winnipeg	M20-24	2/3	47:44	47:38
26	Courtney Gilchrist	F	Winnipeg	F30-34	3/26	47:52	47:42
27	Kevin Robson	M	Winnipeg	M30-34	3/7	48:14	48:09
28	Ray McCoy	M	Winnipeg	M50-54	5/10	48:35	48:33
29	Susan Keely	F	Glens Falls	F50-54	2/16	48:35	48:27
30	James Manguba	M	Winnipeg	M25-29	3/9	48:51	48:43
31	Tim Coombs	M	Winnipeg	M25-29	4/9	48:53	48:46
32	Andrew Swan	M	Winnipeg	M50-54	6/10	48:55	48:44
33	Kathleen Caithness	F	Winnipeg	F50-54	3/16	49:02	48:57
34	Niki Jenkins	F	Elma	F30-34	4/26	49:06	48:48
35	Harold Schellenberg	M	Winnipeg	M40-44	1/6	49:06	49:03
36	Krystal Kemp	F	Winnipeg	F45-49	2/22	49:19	49:14
37	Laura Toews	F	Winnipeg	F45-49	3/22	49:25	49:21

38	Rainer Wosnitza	M	Winnipeg	M55-59	5/12	25/70	49:35	49:22
39	Danielle Papin	F	Winnipeg	F60-64	1/6	14/132	49:48	49:37
40	Jason Oltrop	M	Winnipeg	M40-44	2/6	26/70	50:15	50:09
41	Andrew Pullen	M	Winnipeg	M30-34	4/7	27/70	50:24	50:17
42	Matthias Rust	M	Winnipeg	M40-44	3/6	28/70	50:26	50:18
43	Bryan Ezako	M	Cartier	M45-49	1/5	29/70	51:04	50:53
44	Henri Arbez	M	Winnipeg	M45-49	2/5	30/70	51:49	51:34
45	Walter Yuen	M	Winnipeg	M50-54	7/10	31/70	51:59	51:43
46	Richard Thurston	M	Winnipeg	M35-39	1/5	32/70	52:18	52:12
47	Tara Champagne	F	Winnipeg	F45-49	4/22	15/132	52:27	52:19
48	Tim Mallari	M	Winnipeg	M30-34	5/7	33/70	52:51	52:39
49	Gail Johnstone	F	Winnipeg	F60-64	2/6	16/132	52:53	52:46
50	Shelley Borschawa	F	Winnipeg	F60-64	3/6	17/132	53:05	52:54
51	Brian Ross	M	Winnipeg	M60-64	3/6	34/70	53:11	53:07
52	Gail Bommersbach	F	Winnipeg	F50-54	4/16	18/132	53:13	53:11
53	Andy Bommersbach	M	Winnipeg	M50-54	8/10	35/70	53:14	53:13
54	Erik Rowson	M	Winnipeg	M25-29	5/9	36/70	53:20	53:10
55	Vanessa Larose	F	Winnipeg	F25-29	1/7	19/132	53:42	53:33
56	Ryan Dueck	M	Winnipeg	M35-39	2/5	37/70	53:42	53:35
57	Geoff Dittman	M	Winnipeg	M40-44	4/6	38/70	54:12	54:04
58	Tammie Anthony	F	Winnipeg	F40-44	1/14	20/132	54:20	54:11
59	Lauren Kaminski	F	Winnipeg	F25-29	2/7	21/132	54:24	54:18
60	Amy Sedor	F	Ile Des Chenes Ea	F30-34	5/26	22/132	55:02	54:54
61	Tracy White	F	Winnipeg	F45-49	5/22	23/132	55:06	54:52
62	Jason Perez	M	Winnipeg	M40-44	5/6	39/70	55:23	55:10
63	Nancy Gilchrist	F	Winnipeg	F55-59	1/11	24/132	55:32	55:21
64	Dennis Hurley	M	Brandon	M55-59	6/12	40/70	55:44	55:30
65	Shelby Brisbin	F	Winnipeg	F25-29	3/7	25/132	56:14	56:08
66	Sherri Pastula	F	Winnipeg	F30-34	6/26	26/132	56:33	56:22
67	Allan Finkel	M	Winnipeg	M60-64	4/6	41/70	56:34	56:28
68	Laura Wiebe	F	Winnipeg	F50-54	5/16	27/132	56:59	56:45
69	Diane L'Heureux	F	Winnipeg	F50-54	6/16	28/132	57:04	56:47
70	Jennifer Nicholson	F	Winnipeg	F35-39	3/17	29/132	57:22	57:16
71	Emelda Spencer	F	Winnipeg	F25-29	4/7	30/132	57:22	57:16
72	Oben-Oben Ashu-Takow	M	Winnipeg	M40-44	6/6	42/70	58:00	57:30
73	Wally Falk	M	Lorette	M55-59	7/12	43/70	58:15	58:09
74	Colin Reed	M	Winnipeg	M70-74	1/2	44/70	58:28	58:07
75	Doug McKay	M	Winnipeg	M55-59	8/12	45/70	58:30	58:12
76	Doreen Perez	F	Winnipeg	F35-39	4/17	31/132	58:40	58:27
77	Kim Sutherland	F	Winnipeg	F40-44	2/14	32/132	58:50	58:46
78	Karanbir Sidhu	F	Winnipeg	F15-19	1/4	33/132	59:03	58:58
79	Liz Pham	F	Winnipeg	F40-44	3/14	34/132	59:13	59:05
80	Sara Robert	F	Winnipeg	F35-39	5/17	35/132	59:40	59:21
81	Ashley Scott	F	Winnipeg	F30-34	7/26	36/132	59:41	59:40
82	Gordon Fitzell	M	Winnipeg	M45-49	3/5	46/70	59:43	59:20
83	Randal Bodner	M	Winnipeg	M60-64	5/6	47/70	59:49	59:31
84	Barry Atkinson	M	Morden	M70-74	2/2	48/70	59:51	59:22
85	Megan Degrow	F	Winnipeg	F30-34	8/26	37/132	59:59	59:57
86	Nancy Harley	F	Winnipeg	F45-49	6/22	38/132	1:00:22	1:00:12
87	Jessica Lang	F	Winnipeg	F20-24	2/6	39/132	1:00:29	1:00:22
88	Adrian Penner	M	Winnipeg	M01-14	2/4	49/70	1:01:09	1:01:09

89	Greg Block	M	Winnipeg	M55-59	9/12	50/70	1:01:09	1:01:04
90	Miguel Boulet	M	Winnipeg	M01-14	3/4	51/70	1:01:33	1:01:33
91	Morgan Christie	F	Winnipeg	F25-29	5/7	40/132	1:01:34	1:01:23
92	Colleen Semmler	F	Oakbank	F55-59	2/11	41/132	1:01:42	1:01:33
93	Peggy Giang	F	Winnipeg	F20-24	3/6	42/132	1:01:54	1:01:51
94	Hassan Hawash	M	Winnipeg	M50-54	9/10	52/70	1:01:58	1:01:38
95	Shawn Bjornsson	M	Winnipeg	M55-59	10/12	53/70	1:02:01	1:01:49
96	Vicky Wilson	F	Winnipeg	F35-39	6/17	43/132	1:02:33	1:02:03
97	Carl Eusebio	M	Winnipeg	M35-39	3/5	54/70	1:02:48	1:01:59
98	Cory Jaworski	M	Winnipeg	M25-29	6/9	55/70	1:02:56	1:02:48
99	Corrine Kuo	F	Winnipeg	F15-19	2/4	44/132	1:03:30	1:03:26
100	Monica Zimnicki	F	Winnipeg	F30-34	9/26	45/132	1:03:34	1:03:33
101	Amanda Hunter	F	Winnipeg	F15-19	3/4	46/132	1:04:17	1:04:02
102	Michael Hamm	M	Winnipeg	M35-39	4/5	56/70	1:04:22	1:04:06
103	Gideon Gatpayat	M	Winnipeg	M25-29	7/9	57/70	1:04:23	1:04:00
104	Jacquie Dawson	F	Winnipeg	F45-49	7/22	47/132	1:04:48	1:04:26
105	Megan McDonald	F	Winnipeg	F30-34	10/26	48/132	1:04:51	1:04:37
106	Monica Davey	F	Thompson	F30-34	11/26	49/132	1:04:51	1:04:37
107	Carol Lorteau	F	Winnipeg	F50-54	7/16	50/132	1:05:18	1:05:09
108	Glynis Corkal	F	Winnipeg	F50-54	8/16	51/132	1:05:43	1:05:30
109	Laura Loewen	F	Winnipeg	F50-54	9/16	52/132	1:05:55	1:05:33
110	Maureen Roy	F	Winnipeg	F50-54	10/16	53/132	1:05:57	1:05:42
111	Kim St Laurent	F	Ile Des Chenes	F45-49	8/22	54/132	1:06:02	1:05:44
112	Poly Shinkarik	F	Winnipeg	F45-49	9/22	55/132	1:06:07	1:05:47
113	Shirlie Dueck	F	Winkler	F50-54	11/16	56/132	1:07:04	1:06:57
114	Ruben Medrano	M	Winnipeg	M45-49	4/5	58/70	1:07:05	1:06:59
115	Cindy Cordeiro	F	Winnipeg	F40-44	4/14	57/132	1:07:05	1:06:39
116	Jessica Stratton	F	Winnipeg	F40-44	5/14	58/132	1:07:15	1:07:09
117	Recita Mallari	F	Winnipeg	F30-34	12/26	59/132	1:07:17	1:07:06
118	Ardith Boxall	F	Winnipeg	F45-49	10/22	60/132	1:07:17	1:06:59
119	Susan Drysdale	F	Winnipeg	F45-49	11/22	61/132	1:07:54	1:07:50
120	Amie Johnston	F	Winnipeg	F40-44	6/14	62/132	1:07:54	1:07:51
121	Janine Massinon	F	St. Andrews	F30-34	13/26	63/132	1:08:09	1:07:55
122	Megan Sapach	F	Thompson	F30-34	14/26	64/132	1:08:09	1:07:55
123	Joy Marasigan	F	Winnipeg	F30-34	15/26	65/132	1:08:11	1:08:00
124	Arnel Marasigan	M	Winnipeg	M25-29	8/9	59/70	1:08:12	1:08:01
125	Shelley Thiessen	F	Winnipeg	F45-49	12/22	66/132	1:08:12	1:07:59
126	Mandie Nechwediuk	F	Winnipeg	F35-39	7/17	67/132	1:08:17	1:08:02
127	Colin Fletcher	M	Winnipeg	M55-59	11/12	60/70	1:08:23	1:08:04
128	Alyssa Reagh	F	Winnipeg	F25-29	6/7	68/132	1:08:25	1:08:19
129	Karen Tazumi	F	Winnipeg	F60-64	4/6	69/132	1:08:26	1:08:01
130	Dulce Cajigas	F	Winnipeg	F40-44	7/14	70/132	1:08:26	1:08:02
131	Leaslie McPhail	F	Winnipeg	F50-54	12/16	71/132	1:08:50	1:08:30
132	Catherine Card	F	Winnipeg	F35-39	8/17	72/132	1:09:08	1:08:43
133	Terry Brennan	F	Winnipeg	F60-64	5/6	73/132	1:09:41	1:09:36
134	Rebecca Meacham	F	Winnipeg	F35-39	9/17	74/132	1:09:44	1:09:28
135	Alana Sebastyancko	F	East St. Paul	F35-39	10/17	75/132	1:09:44	1:09:29
136	Jp Adiong	M	Winnipeg	M30-34	6/7	61/70	1:10:03	1:09:42
137	Wendy Lazaruk	F	Winnipeg	F45-49	13/22	76/132	1:10:09	1:09:52
138	Jennifer Medrano	F	Winnipeg	F45-49	14/22	77/132	1:10:40	1:10:34
139	Jill Saunders	F	Winnipeg	F50-54	13/16	78/132	1:10:45	1:10:28

140	Susan Escritor	F	Winnipeg	F50-54	14/16	79/132	1:11:13	1:11:08
141	Linda Drewe	F	Winnipeg	F50-54	15/16	80/132	1:11:20	1:11:07
142	Shannon Fijal	F	Winnipeg	F45-49	15/22	81/132	1:12:02	1:11:46
143	Peter Merks	M	Winnipeg	M50-54	10/10	62/70	1:12:04	1:11:57
144	Tamara Forlanski	F	Winnipeg	F30-34	16/26	82/132	1:12:19	1:12:03
145	Chelsea Thomson Hawkins	F	Winnipeg	F40-44	8/14	83/132	1:12:42	1:12:18
146	Catherine Delaquis	F	Winnipeg	F35-39	11/17	84/132	1:12:42	1:12:18
147	Michelle Smith	F	Winnipeg	F55-59	3/11	85/132	1:13:06	1:12:48
148	Lorraine Delorme	F	Winnipeg	F70-74	1/1	86/132	1:13:08	1:12:50
149	Krista Clark	F	Winnipeg	F45-49	16/22	87/132	1:13:15	1:12:54
150	Rebecca Watts	F	Winnipeg	F01-14	1/1	88/132	1:13:15	1:13:06
151	Rod Lauder	M	Toronto	M60-64	6/6	63/70	1:13:16	1:12:55
152	Waldo Friesen	M	St. Francois	M55-59	12/12	64/70	1:13:19	1:12:54
153	Christy Rogowski	F	Winnipeg	F35-39	12/17	89/132	1:13:30	1:13:07
154	Mytien Doan	F	Winnipeg	F15-19	4/4	90/132	1:13:46	1:13:37
155	Carol Nicol	F	Ile Des Chenes	F60-64	6/6	91/132	1:13:56	1:13:45
156	Kim Powell	F	Winnipeg	F45-49	17/22	92/132	1:14:15	1:14:00
157	Chantal Cano	F	Winnipeg	F35-39	13/17	93/132	1:14:34	1:14:27
158	Mary Walters	F	Winnipeg	F35-39	14/17	94/132	1:14:47	1:14:22
159	Travis Walters	M	Winnipeg	M35-39	5/5	65/70	1:14:48	1:14:23
160	Lam Doan	F	Winnipeg	F20-24	4/6	95/132	1:14:58	1:14:50
161	Flordeluz Katigbak	F	Winnipeg	F30-34	17/26	96/132	1:15:00	1:14:52
162	Katherine Dyck	F	Winnipeg	F35-39	15/17	97/132	1:15:18	1:15:10
163	Kellee Stewart-Schuff	F	Winnipeg	F45-49	18/22	98/132	1:16:12	1:15:58
164	Robin Turner	F	Winnipeg	F40-44	9/14	99/132	1:16:13	1:15:53
165	Matthew Joaquin	M	Winnipeg	M20-24	3/3	66/70	1:16:35	1:16:25
166	Uyen Duong	F	Winnipeg	F20-24	5/6	100/132	1:16:36	1:16:25
167	Kayla Galbichka	F	Winnipeg	F30-34	18/26	101/132	1:16:56	1:16:43
168	Kyle Monkman	M	Winnipeg	M25-29	9/9	67/70	1:16:56	1:16:44
169	Dennis Estoy	M	Winnipeg	M30-34	7/7	68/70	1:17:18	1:17:14
170	Paige Van Der Zweep	F	Winnipeg	F20-24	6/6	102/132	1:17:43	1:17:29
171	Nadine Linder	F	Winnipeg	F55-59	4/11	103/132	1:18:06	1:17:50
172	Kimberly Hes	F	Winnipeg	F40-44	10/14	104/132	1:18:06	1:17:50
173	Darlene Karlstedt	F	Winnipeg	F55-59	5/11	105/132	1:18:06	1:17:50
174	Cathy Cordy	F	La Salle	F55-59	6/11	106/132	1:18:36	1:18:11
175	Tamara Wiebe	F	Winnipeg	F30-34	19/26	107/132	1:18:39	1:18:20
176	April Klatt	F	Winnipeg	F30-34	20/26	108/132	1:18:54	1:18:36
177	Kim Minsky	F	Winnipeg	F45-49	19/22	109/132	1:18:56	1:18:36
178	Brenna Dixon	F	Winnipeg	F25-29	7/7	110/132	1:19:53	1:19:47
179	Sarah Lacroix	F	Winnipeg	F30-34	21/26	111/132	1:20:35	1:20:14
180	Tam Doan	M	Winnipeg	M01-14	4/4	69/70	1:20:54	1:20:44
181	Mylinh Tran	F	Winnipeg	F40-44	11/14	112/132	1:20:59	1:20:49
182	Marlene Smith	F	Winnipeg	F55-59	7/11	113/132	1:21:08	1:20:48
183	Tracey Seida	F	Winnipeg	F50-54	16/16	114/132	1:21:38	1:21:39
184	Yenny Trinh	F	Winnipeg	F40-44	12/14	115/132	1:22:33	1:22:24
185	Jamie Celestino	F	Winnipeg	F30-34	22/26	116/132	1:22:41	1:22:21
186	Marlene Wisniewski	F	Gonor	F45-49	20/22	117/132	1:25:31	1:25:19
187	Stacy Goldsworthy	F	Oak Bluff	F30-34	23/26	118/132	1:26:15	1:26:11
188	Aynsley Webster	F	Winnipeg	F35-39	16/17	119/132	1:26:17	1:26:13
189	Veronica Benson	F	Galva	F55-59	8/11	120/132	1:27:56	1:27:35
190	Dreena Duhame	F	Winnipeg	F75+	1/1	121/132	1:28:53	1:28:26

191	Josephine Robles	F	Winnipeg	F45-49	21/22	122/132	1:29:11	1:28:58
192	Shain Brown	M	Winnipeg	M45-49	5/5	70/70	1:31:33	1:31:29
193	Angela Switzer	F	Winnipeg	F40-44	13/14	123/132	1:31:37	1:31:17
194	Sandra Gupta	F	Winnipeg	F35-39	17/17	124/132	1:32:44	1:32:26
195	Tammy Vermette	F	Winnipeg	F40-44	14/14	125/132	1:34:15	1:33:47
196	Alejandra Chavarria-Littl	F	Winnipeg	F30-34	24/26	126/132	1:34:46	1:34:42
197	Patricia Mondt	F	Winnipeg	F55-59	9/11	127/132	1:39:23	1:38:59
198	Emily Cooper	F	Winnipeg	F30-34	25/26	128/132	1:40:56	1:40:38
199	Christina Worm	F	Oakbank	F30-34	26/26	129/132	1:43:28	1:43:06
200	Katrina Choquette	F	Winnipeg	F45-49	22/22	130/132	1:43:36	1:43:14
201	Monica Blair	F	Winnipeg	F55-59	10/11	131/132	1:45:20	1:45:07
202	Carol Webster	F	Winnipeg	F55-59	11/11	132/132	1:47:30	1:46:43

AGE GROUP RESULTS
Winnipeg 10 and 10
September 9, 2018
Winnipeg, MB

***** MALE OVERALL RESULTS FOR 10K *****

1	Corey Gallagher	Winnipeg	34:43
2	Kyle McCoy	Winnipeg	40:28
3	Dennis Lang	Winnipeg	40:39

***** FEMALE OVERALL RESULTS FOR 10K *****

1	Taylor Sprague	East St Paul	41:31
2	Milka Kopp	Winnipeg	42:07
3	Lindsey Green	Winnipeg	43:07

MALE AGE GROUP: 14 & Under

1	Tanner Sanders	Beausejour	46:07
2	Adrian Penner	Winnipeg	1:01:09
3	Miguel Boulet	Winnipeg	1:01:33
4	Tam Doan	Winnipeg	1:20:54

MALE AGE GROUP: 20 to 24

1	Kyle McCoy	Winnipeg	40:28
2	Nick Niebuhr	Winnipeg	47:44
3	Matthew Joaquin	Winnipeg	1:16:35

MALE AGE GROUP: 25 to 29

1	Thomas Miller	Winnipeg	41:32
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2	Joel Laurier	Winnipeg	43:06
3	James Manguba	Winnipeg	48:51
4	Tim Coombs	Winnipeg	48:53
5	Erik Rowson	Winnipeg	53:20
6	Cory Jaworski	Winnipeg	1:02:56
7	Gideon Gatpayat	Winnipeg	1:04:23
8	Arnel Marasigan	Winnipeg	1:08:12
9	Kyle Monkman	Winnipeg	1:16:56

MALE AGE GROUP: 30 to 34

1	Corey Gallagher	Winnipeg	34:43
2	Sébastien Durand	Winnipeg	45:20
3	Kevin Robson	Winnipeg	48:14
4	Andrew Pullen	Winnipeg	50:24
5	Tim Mallari	Winnipeg	52:51
6	Jp Adiong	Winnipeg	1:10:03
7	Dennis Estoy	Winnipeg	1:17:18

MALE AGE GROUP: 35 to 39

1	Richard Thurston	Winnipeg	52:18
2	Ryan Dueck	Winnipeg	53:42
3	Carl Eusebio	Winnipeg	1:02:48
4	Michael Hamm	Winnipeg	1:04:22
5	Travis Walters	Winnipeg	1:14:48

MALE AGE GROUP: 40 to 44

1	Harold Schellenberg	Winnipeg	49:06
2	Jason Oltrop	Winnipeg	50:15
3	Matthias Rust	Winnipeg	50:26
4	Geoff Dittman	Winnipeg	54:12
5	Jason Perez	Winnipeg	55:23
6	Oben-Oben Ashu-Takow	Winnipeg	58:00

MALE AGE GROUP: 45 to 49

1	Bryan Ezako	Cartier	51:04
2	Henri Arbez	Winnipeg	51:49
3	Gordon Fitzell	Winnipeg	59:43
4	Ruben Medrano	Winnipeg	1:07:05
5	Shain Brown	Winnipeg	1:31:33

MALE AGE GROUP: 50 to 54

1	Don Bevington	Beausejour	43:04
2	Dennis Cunningham	Winnipeg	44:03
3	Troy Mawle	Winnipeg	45:33
4	Tim Magas	Winnipeg	46:09
5	Ray McCoy	Winnipeg	48:35

6	Andrew Swan	Winnipeg	48:55
7	Walter Yuen	Winnipeg	51:59
8	Andy Bommersbach	Winnipeg	53:14
9	Hassan Hawash	Winnipeg	1:01:58
10	Peter Merks	Winnipeg	1:12:04

MALE AGE GROUP: 55 to 59

1	Bruce Young	Winnipeg	41:45
2	Robert Cox	Winnipeg	43:21
3	Gordon Flett	Winnipeg	45:13
4	David Hooper	St. Andrews	46:42
5	Rainer Wosnitza	Winnipeg	49:35
6	Dennis Hurley	Brandon	55:44
7	Wally Falk	Lorette	58:15
8	Doug McKay	Winnipeg	58:30
9	Greg Block	Winnipeg	1:01:09
10	Shawn Bjornsson	Winnipeg	1:02:01
11	Colin Fletcher	Winnipeg	1:08:23
12	Waldo Friesen	St. Francois	1:13:19

MALE AGE GROUP: 60 to 64

1	Erich Klassen	East St Paul	46:15
2	Neil Ferguson	Winnipeg	46:29
3	Brian Ross	Winnipeg	53:11
4	Allan Finkel	Winnipeg	56:34
5	Randal Bodner	Winnipeg	59:49
6	Rod Lauder	Toronto	1:13:16

MALE AGE GROUP: 65 to 69

1	Dennis Lang	Winnipeg	40:39
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MALE AGE GROUP: 70 to 74

1	Colin Reed	Winnipeg	58:28
2	Barry Atkinson	Morden	59:51

FEMALE AGE GROUP: 14 & Under

1	Rebecca Watts	Winnipeg	1:13:15
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FEMALE AGE GROUP: 15 to 19

1	Karanbir Sidhu	Winnipeg	59:03
2	Corrine Kuo	Winnipeg	1:03:30
3	Amanda Hunter	Winnipeg	1:04:17
4	Mytien Doan	Winnipeg	1:13:46

FEMALE AGE GROUP: 20 to 24

1 Taylor Sprague	East St Paul	41:31
2 Jessica Lang	Winnipeg	1:00:29
3 Peggy Giang	Winnipeg	1:01:54
4 Lam Doan	Winnipeg	1:14:58
5 Uyen Duong	Winnipeg	1:16:36
6 Paige Van Der Zweep	Winnipeg	1:17:43

FEMALE AGE GROUP: 25 to 29

1 Vanessa Larose	Winnipeg	53:42
2 Lauren Kaminski	Winnipeg	54:24
3 Shelby Brisbin	Winnipeg	56:14
4 Emelda Spencer	Winnipeg	57:22
5 Morgan Christie	Winnipeg	1:01:34
6 Alyssa Reagh	Winnipeg	1:08:25
7 Brenna Dixon	Winnipeg	1:19:53

FEMALE AGE GROUP: 30 to 34

1 Lindsey Green	Winnipeg	43:07
2 Zena Van De Poel	Winnipeg	44:16
3 Courtney Gilchrist	Winnipeg	47:52
4 Niki Jenkins	Elma	49:06
5 Amy Sedor	Ile Des Chenes Ea	55:02
6 Sherri Pastula	Winnipeg	56:33
7 Ashley Scott	Winnipeg	59:41
8 Megan Degrow	Winnipeg	59:59
9 Monica Zimnicki	Winnipeg	1:03:34
10 Megan McDonald	Winnipeg	1:04:51
11 Monica Davey	Thompson	1:04:51
12 Recita Mallari	Winnipeg	1:07:17
13 Janine Massinon	St. Andrews	1:08:09
14 Megan Sapach	Thompson	1:08:09
15 Joy Marasigan	Winnipeg	1:08:11
16 Tamara Forlanski	Winnipeg	1:12:19
17 Flordeluz Katigbak	Winnipeg	1:15:00
18 Kayla Galbichka	Winnipeg	1:16:56
19 Tamara Wiebe	Winnipeg	1:18:39
20 April Klatt	Winnipeg	1:18:54
21 Sarah Lacroix	Winnipeg	1:20:35
22 Jamie Celestino	Winnipeg	1:22:41
23 Stacy Goldsworthy	Oak Bluff	1:26:15
24 Alejandra Chavarria-Littl	Winnipeg	1:34:46
25 Emily Cooper	Winnipeg	1:40:56
26 Christina Worm	Oakbank	1:43:28

FEMALE AGE GROUP: 35 to 39

1 Dawn Neal	Winnipeg	45:00
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2	Laura Hansan	Winnipeg	46:33
3	Jennifer Nicholson	Winnipeg	57:22
4	Doreen Perez	Winnipeg	58:40
5	Sara Robert	Winnipeg	59:40
6	Vicky Wilson	Winnipeg	1:02:33
7	Mandie Nechwediuk	Winnipeg	1:08:17
8	Catherine Card	Winnipeg	1:09:08
9	Rebecca Meacham	Winnipeg	1:09:44
10	Alana Sebastyancko	East St. Paul	1:09:44
11	Catherine Delaquis	Winnipeg	1:12:42
12	Christy Rogowski	Winnipeg	1:13:30
13	Chantal Cano	Winnipeg	1:14:34
14	Mary Walters	Winnipeg	1:14:47
15	Katherine Dyck	Winnipeg	1:15:18
16	Aynsley Webster	Winnipeg	1:26:17
17	Sandra Gupta	Winnipeg	1:32:44

FEMALE AGE GROUP: 40 to 44

1	Tammie Anthony	Winnipeg	54:20
2	Kim Sutherland	Winnipeg	58:50
3	Liz Pham	Winnipeg	59:13
4	Cindy Cordeiro	Winnipeg	1:07:05
5	Jessica Stratton	Winnipeg	1:07:15
6	Amie Johnston	Winnipeg	1:07:54
7	Dulce Cajigas	Winnipeg	1:08:26
8	Chelsea Thomson Hawkins	Winnipeg	1:12:42
9	Robin Turner	Winnipeg	1:16:13
10	Kimberly Hes	Winnipeg	1:18:06
11	Mylinh Tran	Winnipeg	1:20:59
12	Yenny Trinh	Winnipeg	1:22:33
13	Angela Switzer	Winnipeg	1:31:37
14	Tammy Vermette	Winnipeg	1:34:15

FEMALE AGE GROUP: 45 to 49

1	Milka Kopp	Winnipeg	42:07
2	Krystal Kemp	Winnipeg	49:19
3	Laura Toews	Winnipeg	49:25
4	Tara Champagne	Winnipeg	52:27
5	Tracy White	Winnipeg	55:06
6	Nancy Harley	Winnipeg	1:00:22
7	Jacquie Dawson	Winnipeg	1:04:48
8	Kim St Laurent	Ile Des Chenes	1:06:02
9	Poly Shinkarik	Winnipeg	1:06:07
10	Ardith Boxall	Winnipeg	1:07:17
11	Susan Drysdale	Winnipeg	1:07:54
12	Shelley Thiessen	Winnipeg	1:08:12
13	Wendy Lazaruk	Winnipeg	1:10:09
14	Jennifer Medrano	Winnipeg	1:10:40
15	Shannon Fijal	Winnipeg	1:12:02

16 Krista Clark	Winnipeg	1:13:15
17 Kim Powell	Winnipeg	1:14:15
18 Kellee Stewart-Schuff	Winnipeg	1:16:12
19 Kim Minsky	Winnipeg	1:18:56
20 Marlene Wisniewski	Gonor	1:25:31
21 Josephine Robles	Winnipeg	1:29:11
22 Katrina Choquette	Winnipeg	1:43:36

FEMALE AGE GROUP: 50 to 54

1 Ami Amleset Samuel	Winnipeg	47:20
2 Susan Keely	Glens Falls	48:35
3 Kathleen Caithness	Winnipeg	49:02
4 Gail Bommersbach	Winnipeg	53:13
5 Laura Wiebe	Winnipeg	56:59
6 Diane L'Heureux	Winnipeg	57:04
7 Carol Lorteau	Winnipeg	1:05:18
8 Glynis Corkal	Winnipeg	1:05:43
9 Laura Loewen	Winnipeg	1:05:55
10 Maureen Roy	Winnipeg	1:05:57
11 Shirly Dueck	Winkler	1:07:04
12 Leaslie McPhail	Winnipeg	1:08:50
13 Jill Saunders	Winnipeg	1:10:45
14 Susan Escritor	Winnipeg	1:11:13
15 Linda Drewe	Winnipeg	1:11:20
16 Tracey Seida	Winnipeg	1:21:38

FEMALE AGE GROUP: 55 to 59

1 Nancy Gilchrist	Winnipeg	55:32
2 Colleen Semmler	Oakbank	1:01:42
3 Michelle Smith	Winnipeg	1:13:06
4 Nadine Linder	Winnipeg	1:18:06
5 Darlene Karlstedt	Winnipeg	1:18:06
6 Cathy Cordy	La Salle	1:18:36
7 Marlene Smith	Winnipeg	1:21:08
8 Veronica Benson	Galva	1:27:56
9 Patricia Mondt	Winnipeg	1:39:23
10 Monica Blair	Winnipeg	1:45:20
11 Carol Webster	Winnipeg	1:47:30

FEMALE AGE GROUP: 60 to 64

1 Danielle Papin	Winnipeg	49:48
2 Gail Johnstone	Winnipeg	52:53
3 Shelley Borschawa	Winnipeg	53:05
4 Karen Tazumi	Winnipeg	1:08:26
5 Terry Brennan	Winnipeg	1:09:41
6 Carol Nicol	Ile Des Chenes	1:13:56

FEMALE AGE GROUP: 70 to 74

