

# MEC RACE 3 - 5K

Line Through = Disqualified

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
1	ALVYN BONNET	WINNIPEG, MB	RUNNER	1774	00:20:07.74	4:01/k	14.9kph	M	24	
2	JOHNNY FUKUMOTO	WINNIPEG, MB	RUNNER	7174	00:20:12.38	4:02/k	14.9kph	M	34	
3	LORENCE WILL DELA CRUZ	WINNIPEG, MB	RUNNER	7632	00:21:02.90	4:12/k	14.3kph	M	12	
4	NICOLE DUBOIS	WINNIPEG, MB	RUNNER	7643	00:21:09.53	4:14/k	14.2kph	F	25	
5	JOSH SIMAIR	WINNIPEG,	RUNNER	7698	00:21:09.84	4:14/k	14.2kph	M	30	
6	ALAN HOPKINS	WEST ST. PAUL, MB	RUNNER	7206	00:21:43.56	4:21/k	13.8kph	M	54	
7	ARDEN PROUSE	WINNIPEG, MB	RUNNER	7267	00:21:51.15	4:22/k	13.7kph	M	15	
8	STEVEN SCOLES	WINNIPEG, MB	RUNNER	7287	00:22:11.93	4:26/k	13.5kph	M	45	
9	JENNIFER FUKUMOTO	WINNIPEG, MB	RUNNER	7172	00:22:21.54	4:28/k	13.4kph	F	30	
10	GORDON FLETT	WINNIPEG, MB	RUNNER	7143	00:22:25.39	4:29/k	13.4kph	M	57	
11	ANDREW WILLMS	WINNIPEG, MB	RUNNER	7615	00:22:46.15	4:33/k	13.2kph	M	41	
12	BLAYNE BERARD	BLUMENORT, MB	RUNNER	1756	00:23:21.22	4:40/k	12.8kph	M	19	
13	GEORGE STEWART	PRIVATE, MB	RUNNER	7297	00:23:47.27	4:45/k	12.6kph	M	58	
14	DEREK PAGE	WINNIPEG, MB	RUNNER	7650	00:24:11.21	4:50/k	12.4kph	M	28	
15	ALEXANDRA BREZINSKI	WINNIPEG, MB	RUNNER	1797	00:24:11.50	4:50/k	12.4kph	F	21	
16	FERN MCIVER	WINNIPEG, MB	RUNNER	7242	00:24:35.85	4:55/k	12.2kph	F	43	
17	ETHAN LOEWEN	N/A, MB	RUNNER	7230	00:24:37.18	4:55/k	12.2kph	M	19	
18	SHAWN CLEMENTS	WINNIPEG, MB	RUNNER	1851	00:24:38.18	4:56/k	12.2kph	M	41	
19	MIKE TAYLOR	WINNIPEG, MB	RUNNER	7649	00:24:58.16	5:00/k	12.0kph	M	33	
20	ELIZABETH MCCANDLESS	WINNIPEG, MB	RUNNER	7239	00:25:45.04	5:09/k	11.7kph	F	37	
21	TOMASZ PICH	WINNIPEG, CAN	RUNNER	7652	00:25:57.72	5:11/k	11.6kph	M	43	
22	GASTON LOPEZ FICHER	WINNIPEG, MB	RUNNER	7231	00:25:58.75	5:12/k	11.6kph	M	23	
23	TRACY ROCKE	WINNIPEG, MB	RUNNER	7278	00:26:16.96	5:15/k	11.4kph	F	36	
24	MARK CHAN	WINNIPEG, MB	RUNNER	7633	00:26:29.97	5:18/k	11.3kph	M	35	
25	DAVID SIERHUIS	WINNIPEG, MB	RUNNER	7290	00:26:33.74	5:19/k	11.3kph	M	33	
26	CHRIS KWIATKOWSKI	WINNIPEG, MB	RUNNER	7218	00:26:41.37	5:20/k	11.2kph	M	53	
27	BRIAN TURCHYN	WINNIPEG, MB	RUNNER	7601	00:26:43.05	5:21/k	11.2kph	M	29	
28	DARCIE RIVERS	WINNIPEG, MB	RUNNER	7275	00:26:47.63	5:21/k	11.2kph	F	35	
29	MARCELO TAVARES	WINNIPEG, MB	RUNNER	7299	00:26:55.12	5:23/k	11.1kph	M	47	
30	DYLAN MURRAY	WINNIPEG, MB	RUNNER	7251	00:26:56.13	5:23/k	11.1kph	M	28	
31	DAVID GLOVER	WINNIPEG, MB	RUNNER	7197	00:27:04.74	5:25/k	11.1kph	M	53	
32	HENRY CORTES	WINNIPEG, MB	RUNNER	7636	00:27:18.85	5:28/k	11.0kph	M	53	
33	GRANT HEATHER	STONY MOUNTAIN, MB	RUNNER	7201	00:27:25.25	5:29/k	10.9kph	M	39	
34	SHAWN MEYLER	WINNIPEG, MB	RUNNER	7248	00:27:32.70	5:30/k	10.9kph	M	44	
35	KEVIN COOK	WINNIPEG, MB	RUNNER	1852	00:27:38.01	5:32/k	10.9kph	M	42	
36	BRYANNE HILDEBRANDT	WINNIPEG, MB	RUNNER	7203	00:27:54.03	5:35/k	10.8kph	F	32	
37	DEE BARSY	WINNIPEG, MB	RUNNER	1723	00:28:01.61	5:36/k	10.7kph	F	30	
38	TRAVIS CAPEIANO	WINNIPEG, MB	RUNNER	7648	00:28:05.32	5:37/k	10.7kph	M	43	
39	JENELLE BOGASKI	WINNIPEG, MB	RUNNER	1760	00:28:27.26	5:41/k	10.5kph	F	21	
40	ELLIE SCHWARTZ	WINNIPEG, MB	RUNNER	7286	00:28:43.34	5:45/k	10.4kph	F	24	
41	ANITA ENS	WINNIPEG, MB	RUNNER	7647	00:28:44.28	5:45/k	10.4kph	F	51	
42	ALYSSA FRASER	WINNIPEG, MB	RUNNER	7162	00:28:52.60	5:46/k	10.4kph	F	27	
43	KAREN BALLINGER	WINNIPEG, MB	RUNNER	1721	00:29:00.91	5:48/k	10.3kph	F	27	
44	CONNIE VAN ROSMALEN	WINNIPEG, MB	RUNNER	7605	00:29:08.54	5:50/k	10.3kph	F	40	
45	SANDRA BAINS	WINNIPEG, MB	RUNNER	1714	00:29:36.32	5:55/k	10.1kph	F	44	
46	LINDSAY SKIBINSKI	WINNIPEG, MB	RUNNER	7293	00:29:40.09	5:56/k	10.1kph	F	33	
47	FIONA LI	WINNIPEG, MB	RUNNER	7228	00:30:01.84	6:00/k	10.0kph	F	32	
48	SIERRA SAWATZKY	WINNIPEG, MB	RUNNER	7285	00:30:22.92	6:04/k	9.9kph	F	27	
49	CARINA KIRK	WINNIPEG, MB	RUNNER	7214	00:30:39.31	6:08/k	9.8kph	F	44	
50	CHASE DLOT	WINNIPEG, MB	RUNNER	7101	00:30:39.61	6:08/k	9.8kph	M	8	
51	MACKENZIE MURRAY	WINNIPEG, MB	RUNNER	7252	00:30:43.25	6:09/k	9.8kph	M	8	
52	AMBER BEARDY	STEINBACH, MB	RUNNER	1732	00:30:45.10	6:09/k	9.8kph	F	16	
53	LIN-PING CHOO-SMITH	WINNIPEG, MB	RUNNER	1846	00:30:54.53	6:11/k	9.7kph	F	48	
54	MEAGAN DLOT	WINNIPEG, MB	RUNNER	1900	00:30:57.84	6:11/k	9.7kph	F	34	
55	CRYSTAL LETAIN	WINNIPEG, MB	RUNNER	7630	00:31:02.60	6:12/k	9.7kph	F	44	

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Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
56	LAURA BRESOLINE	WINNIPEG, MB	RUNNER	1796	00:31:03.96	6:13/k	9.7kph	F	34	
57	ALISA MAYBERRY	WINNIPEG, MB	RUNNER	7238	00:31:36.24	6:19/k	9.5kph	F	32	
58	HASSAN HAWASH	WINNIPEG, MB	RUNNER	7634	00:31:41.93	6:20/k	9.5kph	M	52	
59	DARWIN HUDSON	WINNIPEG, MB	RUNNER	7207	00:31:43.61	6:21/k	9.5kph	M	34	
60	STACEY SMORHAY	WINNIPEG, MB	RUNNER	7294	00:31:47.08	6:21/k	9.4kph	F	33	
61	SHANE MELANSON	WINNIPEG, MB	RUNNER	7246	00:31:48.66	6:22/k	9.4kph	M	16	
62	OLEKSIY VASYLYUK	WINNIPEG, MB	RUNNER	7606	00:31:58.43	6:24/k	9.4kph	M	34	
63	CHRISTOPHER NEUFELD	WINNIPEG, MB	RUNNER	7255	00:32:14.50	6:27/k	9.3kph	M	35	
64	CHRISTINE BECKER	WINNIPEG, MB	RUNNER	1743	00:32:22.52	6:28/k	9.3kph	F	36	
65	SEMONE MYRIE	WINNIPEG, MB	RUNNER	7631	00:32:25.77	6:29/k	9.3kph	F	99	
66	GABRIEL ENRICO AJERO	WINNIPEG, MB	RUNNER	7635	00:32:39.13	6:32/k	9.2kph	M	14	
67	ERIN NAULT	WINNIPEG, MB	RUNNER	7254	00:33:02.13	6:36/k	9.1kph	F	38	
68	STEWART WAKEMAN	WINNIPEG, MB	RUNNER	7609	00:33:17.51	6:39/k	9.0kph	M	60	
69	DEIRDRE ZEBROWSKI	ST. ANNE, MB	RUNNER	7646	00:33:19.33	6:40/k	9.0kph	F	45	
70	JOELLE BOILEAU	WINNIPEG, MB	RUNNER	1761	00:33:22.10	6:40/k	9.0kph	F	27	
71	JOZIE MAHARA	STEINBACH, MB	RUNNER	7235	00:33:40.01	6:44/k	8.9kph	F	22	
72	EMMA MCGEOUGH	WINNIPEG, MB	RUNNER	7240	00:33:43.53	6:45/k	8.9kph	F	32	
73	TYLER REMPEL	WINNIPEG, MB	RUNNER	7273	00:33:50.21	6:46/k	8.9kph	M	30	
74	KATHY KWIATKOWSKI	WINNIPEG, MB	RUNNER	7219	00:33:54.69	6:47/k	8.8kph	F	49	
75	SHEILA FUKUMURA	WINNIPEG, MB	RUNNER	7175	00:34:02.83	6:48/k	8.8kph	F	53	
76	LINDA RUBELL	WINNIPEG, MB	RUNNER	7282	00:34:08.03	6:50/k	8.8kph	F	63	
77	LEAH ERUM	WINNIPEG, MB	RUNNER	7628	00:34:09.60	6:50/k	8.8kph	F	38	
78	KARI RIEGER	WINNIPEG, MB	RUNNER	7629	00:34:09.97	6:50/k	8.8kph	F	42	
79	AMBER HILDEBRANDT	WINNIPEG, MB	RUNNER	7204	00:34:33.75	6:55/k	8.7kph	F	36	
80	ROBERTA MITCHELL	WINNIPEG, MB	RUNNER	7249	00:34:35.51	6:55/k	8.7kph	F	52	
81	MICHELLE DEWSON	WINNIPEG, MB	RUNNER	1878	00:34:44.67	6:57/k	8.6kph	F	30	
82	KRISTYNE BRANDT	OAKBANK, MB	RUNNER	1794	00:34:45.80	6:57/k	8.6kph	F	36	
83	SANDRA ROBINSON	WINNIPEG, MB	RUNNER	7277	00:34:48.14	6:58/k	8.6kph	F	60	
84	BREANNE KAMENZ	WINNIPEG, MB	RUNNER	7211	00:35:03.31	7:01/k	8.6kph	F	29	
85	CALI ORSULAK	WINNIPEG, MB	RUNNER	7258	00:35:24.38	7:05/k	8.5kph	F	41	
86	SHERRI VAUTOUR	STONY MOUNTAIN, MB	RUNNER	7607	00:35:33.24	7:07/k	8.4kph	F	44	
87	BRIANNA WYN	LA SALLE, MB	RUNNER	7623	00:35:38.80	7:08/k	8.4kph	F	40	
88	KRISTY LACROIX	WINNIPEG, MB	RUNNER	7220	00:35:43.76	7:09/k	8.4kph	F	28	
89	MICHEL KENNY	WINNIPEG, MB	RUNNER	7212	00:35:44.06	7:09/k	8.4kph	M	33	
90	JANET YOUNG	WINNIPEG, MB	RUNNER	7625	00:35:46.51	7:09/k	8.4kph	F	29	
91	KARIN ROSS	WINNIPEG, MB	RUNNER	7281	00:35:56.58	7:11/k	8.3kph	F	44	
92	ASHLEY WILLIAMS	OAKVILLE, MB	RUNNER	7614	00:36:16.60	7:15/k	8.3kph	F	28	
93	JAMIE BORLANG	WINNIPEG, MB	RUNNER	1785	00:36:17.49	7:15/k	8.3kph	F	35	
94	SHELLY PLETT	WINNIPEG, MB	RUNNER	7265	00:36:24.93	7:17/k	8.2kph	F	29	
95	JENNIFER PARISIAN	WINNIPEG, MB	RUNNER	7260	00:36:26.04	7:17/k	8.2kph	F	24	
96	SHERI HEATHER	STONY MOUNTAIN, MB	RUNNER	7202	00:36:32.18	7:18/k	8.2kph	F	36	
97	KATHLEEN MCLEAN	WINNIPEG, MB	RUNNER	7244	00:36:50.04	7:22/k	8.1kph	F	28	
98	KIMBERLY MADSEN	WINNIPEG, MB	RUNNER	7234	00:36:50.11	7:22/k	8.1kph	F	29	
99	LORI BENOIT	WPG, MB	RUNNER	1750	00:36:57.62	7:23/k	8.1kph	F	51	
100	MIRIAM CHAVEZ	WINNIPEG, CAN	RUNNER	7651	00:37:03.61	7:25/k	8.1kph	F	43	
101	ANNA KOSS	WINNIPEG, MB	RUNNER	7215	00:37:34.17	7:31/k	8.0kph	F	37	
102	URSULA FERREIRA	WINNIPEG, MB	RUNNER	7134	00:37:37.82	7:31/k	8.0kph	F	24	
103	TRICIA BARNABE	WINNIPEG, MB	RUNNER	1722	00:37:40.88	7:32/k	8.0kph	F	61	
104	EVA WILLMS	WINNIPEG, MB	RUNNER	7616	00:37:43.22	7:33/k	8.0kph	F	12	
105	KRISTINE CRUZ	WINNIPEG, MB	RUNNER	1853	00:37:51.78	7:34/k	7.9kph	F	35	
106	RHAYNE MOORE	WINNIPEG, MB	RUNNER	7250	00:37:53.10	7:35/k	7.9kph	F	27	
107	RANDI HUNTER	WINNIPEG, MB	RUNNER	7208	00:37:53.64	7:35/k	7.9kph	F	48	
108	ELIZABETH ERICKSON	WINNIPEG, MB	RUNNER	7121	00:37:58.65	7:36/k	7.9kph	F	46	
109	BEN HEWERTSON	WINNIPEG, MB	RUNNER	7638	00:38:21.24	7:40/k	7.8kph	M	11	
110	ZACHARY WILKINSON	WINNIPEG, MB	RUNNER	7639	00:38:22.10	7:40/k	7.8kph	M	11	
111	CHRIS WILKINSON	WINNIPEG, MB	RUNNER	7641	00:38:22.38	7:40/k	7.8kph	M	45	

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112	STACEY MATSUMOTO	WINNIPEG, MB	RUNNER	7237	00:39:22.29	7:52/k	7.6kph	F	32	
113	CHRISTINE JANZEN	WINNIPEG, MB	RUNNER	7210	00:39:28.90	7:54/k	7.6kph	F	33	
114	KATY HOLLANDER	WINNIPEG, MB	RUNNER	7205	00:39:29.26	7:54/k	7.6kph	F	31	
115	BRENT BUSS	WINNIPEG, MB	RUNNER	1812	00:39:41.73	7:56/k	7.6kph	M	40	
116	ELOISE FREITAS	WINNIPEG, MB	RUNNER	7164	00:39:51.02	7:58/k	7.5kph	F	44	
117	TERESA BUSS	WINNIPEG, MB	RUNNER	1831	00:39:59.03	8:00/k	7.5kph	F	36	
118	CHRISTINA TURNER	WINNIPEG, MB	RUNNER	7602	00:40:31.15	8:06/k	7.4kph	F	35	
119	LINDSEY LAMBOO	WINNIPEG, MB	RUNNER	7223	00:40:33.95	8:07/k	7.4kph	F	27	
120	ERIC FRANCIS	WINNIPEG, MB	RUNNER	7157	00:40:35.65	8:07/k	7.4kph	M	16	
121	ALLAN FRANCIS	WINNIPEG, MB	RUNNER	7152	00:40:36.92	8:07/k	7.4kph	M	54	
122	LAURA FEHR	BLUMENORT, MB	RUNNER	7129	00:41:11.39	8:14/k	7.3kph	F	31	
123	KERRI WILSON SMITH	DRYDEN, ON	RUNNER	7618	00:41:11.75	8:14/k	7.3kph	F	42	
124	STACEY TEETAERT	WINNIPEG, MB	RUNNER	7300	00:41:47.81	8:21/k	7.2kph	F	33	
125	BONNIE RIVERS	GRANDE POINTE, MB	RUNNER	7276	00:42:47.74	8:33/k	7.0kph	F	67	
126	VEVIENE GAUTRON	WINNIPEG, MB	RUNNER	7637	00:45:25.36	9:05/k	6.6kph	F	40	
127	ANDREA DIETRICH	WINNIPEG, MB	RUNNER	1892	00:45:56.00	9:11/k	6.5kph	F	34	
128	EMILY GEORGE	WINNIPEG, MB	RUNNER	7184	00:45:56.40	9:11/k	6.5kph	F	32	
129	LEIGH LEGAL-YOUNG	WINNIPEG, MB	RUNNER	7225	00:50:10.46	10:02/k	6.0kph	F	30	
130	ADAM DECKER	WINNIPEG, MB	RUNNER	1866	00:50:10.69	10:02/k	6.0kph	M	33	
131	MARK FELLNER	WINNIPEG, MB	RUNNER	7130	00:50:35.45	10:07/k	5.9kph	M	65	
132	CHERYLE MELANSON	WINNIPEG, MB	RUNNER	7247	00:51:01.40	10:12/k	5.9kph	F	46	
133	PAUL MELANSON	WINNIPEG, MB	RUNNER	7245	00:51:02.49	10:12/k	5.9kph	M	50	
134	AURA WILKINSON	WINNIPEG, MB	RUNNER	7640	00:51:12.60	10:14/k	5.9kph	F	16	
DQ	DEIRDRE ZEBROWSKI	STE. ANNE, MB	RUNNER	7627	00:21:53.26	4:23/k	13.7kph	F	45	